



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2020; 4(3): 76-78

Received: 04-05-2020

Accepted: 06-06-2020

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Efficacy of homoeopathy in the prevention of epidemic diseases and cure

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Abstract

In conventional system to prevent the burden of epidemic diseases, vaccination was the source to prevent these infectious diseases. Drug resisting strains of organisms were emerging, which are variants of existing nature of infectious agent, so difficult for manufacture of vaccine.

Homoeopathic remedy will allow vital force immediately to deal with exposure of any agent, therefore this study was done with intention to show, the effectiveness of homoeopathy as both preventive and curative in epidemic diseases, by finding out genus epidemicus.

Keywords: Genus epidemicus, epidemic diseases

Introduction

Dr. Samuel Hahnemann in his Lesser writings, In the friend of health says that during the prevalence of contagious diseases, air concentrated fumigations for the supposed purification of air, without driving away the disease spreading Miasm, this is just like the old superstition of hanging in eagle stone at hip of woman in labor, at the very moment when all hopes of saving her, even by forceps are over.

When visiting the patient, endeavour to maintain over mind and body in good equilibrium, we must not permit ourselves to be acted on by debilitating emotions, excess in venery, anger, grief, care, over exertion of mind of all sorts, over great promoters of infection. Hahnemann gave a girl of ten years of age, who already affected by the 1st symptoms of scarlet fever, a dose of medicine, [1/432,000th part of given extract of belladonna], the following day, she was lively, ate and played, complained of nothing. The other five children of family perfectly free from infection, Hahnemann reasoned thus a remedy that is capable of quickly checking in its onset, must be preventive.

It is only by stirring that a liquid medicine obtains the largest number of points of contact for living fiber.

Hahnemann in his Organon of Medicine has given the following instructions in aphorisms.

Aphorism 73: Hahnemann says about acute Epidemic disease, many persons with suffering from same cause identical origin identical disease process terminate in moderate period of time, contagious when they prevail in thick masses of human population, exciting cause, calamities of wars, floods, inundations, famine.

Aphorism 100: In investigating the totality of symptoms of Epidemic and sporadic diseases, physician must anyway regard the pure picture of disease as if were something new and unknown, and careful examining it in all phrases, every prevailing disease is in respects a phenomenon of many unique character, differing vastly from previous epidemics.

Aphorism 101: Close observation of several cases of every such collective disease can become conversant with totality of signs and symptoms, however the carefully observing physician can however from examination of even 1st and 2nd symptoms patients characteristic portrait succeed in finding a suitable homeopathic remedy.

Aphorism 102: Whole extent of Epidemic disease and totality of its symptoms is obtained by complete survey of morbid picture, cannot be learned from one single patient, but only to be perfectly deduced and ascertain from sufferings of several patients of different constitution.

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Aphorism 103: Epidemic diseases, acute character, psora must be investigated, as to whole sphere of symptoms, especially to psora, can only be ascertained from the observation of very many single patients affected with such a chronic disease, and without complete survey and collective picture of symptoms, the medicines capable of curing whole malady, homeopathically cannot be discovered.

Aphorism 104: Totality of symptoms, most difficult part of task accomplished, now has a picture of disease guide him to treatment, during treatment wishes to ascertain, at this fresh those that become ameliorated; what still remain and any new symptoms that may have supervened.

Aphorism 241: Each single epidemic is of peculiar uniform character, common to all individuals attacked when this character is found in totality of symptoms common to all, points to specific homeopathic remedy, suitable for all cases. If in such an epidemic intermittent fever, the 1st paroxysm have been left uncured, or if the patient has been treated by improper allopathic treatment, latent psora becomes developed, medicine useful in 1st paroxysm no longer suitable.

Aphorism 244: A healthy man may become habituated to marshy districts remain in good health with a healthy regimen. Endemic intermittent fever would attack him on his 1st arrival, few doses of potentized cinchona with a well regulated mode of living can free from disease. In spite of exercises, healthy intellectual, occupation and bodily regimen, if person not cured by few doses of Cinchona, then it is psora at root of disease. ANTIPSORIC TREATMENT When such patients move to dry mountainous region apparently recover, but still need antipsoric treatment. Psora has only returned to its latent state.

Methods of collection of data: Posted to SIR RONALD ROSS INSTITUTE OF TROPICAL AND COMMUNICABLE DISEASES, Nallakunta, [FEVER HOSPITAL], at Nallakunta, HYDERABAD, in the month of February 2019, at that time typhoid fever was more prevalent in pyrexia wards than any other fever, and also than any infectious diseases as per my survey in that hospital. So I had collected a study on typhoid fever as an Epidemic to find out Genus Epidemicus for typhoid fever.

Sampling procedure

- 104 Cases had been studied, sample had been selected as a purposive sampling, only typhoid fever patients to find out Genus Epidemicus according to instructions given by Dr. Samuel Hahnemann. The areas that I had taken these 104 cases in fever hospital are from Nallakunta, Tilaknagar, Amberpet, Chikkadpally, Mehaboob Nagar, Alinagar, East mardepally, Ramanthapur, Chadarghat, Nampally, Bilalnagar, Mustadpura, parsigutta, koti, mountopera, Medhipatnam, Rajendra nagar, Champapet, Balajinagar, Ballingampally, Sasthipuram, Khairthabad, Borubanda, Yakkodpura, Ibrahimpatnam, Uppuguda, Tarban, Chanchalguda, L.B. Nagar, Old city, Miralmandi, Acchampet, Borubanda, Malakpet, Narayanaguda, jiyaguda.
- The following procedure had been done after collecting

symptoms from these 104 cases to find out Genus Epidemicus:

- Chills ascending in 16 persons during fever
- Chills descending in 43 persons during fever
- Chills from back to spine to upper part of body 2 persons during fever.
- Chills from abdomen during fever 3 persons
- On drinking water chills used to appear in fever 11 persons
- After drinking water chills aggravate in fever 6 persons.
- On eating food chills appear in fever 2 persons
- Chills on putting the feet on the floor during fever 2 persons.
- Chills ameliorated by covering in 38 persons
- Chills more at night time 14 persons
- Fever more at night time 46 persons
- Fever more at evening 1 person
- Fever more at afternoon and at night time 1 person
- Fever more in the morning and evening 1 person
- Fever more at afternoon and evening 1 person.
- Fever more in afternoon 1 person.
- Loose stools watery in consistency during fever 1 person
- Passage of stool immediately after eating during fever 4 persons
- Loose stools on drinking water during fever 1 person
- No passage of stools during fever 2 persons.
- Nausea and vomiting during fever 45 persons.
- Pain over head region during fever 70 persons
- Thirst decreased during fever 32 persons
- Thirst more in 10 persons during fever
- Appetite diminished in 50 persons during fever
- Sleep diminished in 52 persons during fever
- Weakness during fever 55 persons
- Pains all over the body [bone pains] 45 persons
- Pulse more in 70 persons.
- Cough with greenish yellow expectoration 1 person
- Cough with white expectoration 8 persons
- Cough with greenish white expectoration 3 persons
- Cough without expectoration 13 persons
- Heat from head to down 80 persons.

Totality of the symptoms constructed from the above data for Genus Epidemicus

- Chills, descending ; upper part of body to legs to spine to back
- Chills, from back to spine to upper part of body
- Chills > by covering
- chills more at night
- fever more at night
- Pain over abdomen during fever
- pain over head region during fever
- On drinking water chills used to aggravate
- Loose stools watery in consistency
- Vomiting during fever and nausea also
- Thirst decreased during fever
- Appetite decreased during fever
- Sleep decreased during fever
- Weakness severe during fever
- Cough during fever, no expectoration
- Pains all over body sore and bruised during fever
- Pulse rapid

From the above totality repertorization, using BBCR repertory

- FEVER- Pathological types- typhoid fever
- CIRCULATION- Pulse- Pulse- quick
- CHILL- Chill – descending
- CHILL- Chill, etc – time – night
- CHILL- Partial chill- on back- proceeding from
- CHILL – Shivering – in general
- CHILL- Chills, etc aggravation – drinking
- CONDITIONS OF AGGRAVATION AND AMELIORATION IN GENERAL- Covers – amel, desires etc
- HEAT AND FEVER IN GENERAL- Time-night
- HEAT AND FEVER IN GENERAL- Partial heat – partial heat- head on- proceeding from
- HEAT AND FEVER IN GENERAL – Concomitants – appetite – aversion- food in general
- HEAT AND FEVER IN GENERAL – Concomitants – thirst – thirstlessness
- HEAT AND FEVER IN GENERAL – Concomitants – head –pain, headache
- HEAT AND FEVER IN GENERAL – Concomitants – Stomach- Stomach –pain in general
- HEAT AND FEVER IN GENERAL – Concomitants – nausea and vomiting- vomiting in general
- HEAT AND FEVER IN GENERAL- Concomitants – stool- diarrhoea
- HEAT AND FEVER IN GENERAL – Concomitants – cough – expectoration – without
- HEAT AND FEVER IN GENERAL- Concomitants – sleep - sleeplessness
- HEAT AND FEVER IN GENERAL- Concomitants – Sensations and generalities- exhaustion [weakness]
- HEAT AND FEVER IN GENERAL – Concomitants – bones- bones, pains.

Remedies obtained are Arsenic, Pulsatilla, Bryonia, Natrum mur, Phosphorus etc.

- Arsenic alb had been finalized and verified and administered to typhoid fever patients of sample size 30, of both sexes different age groups, from March to May 2019, at Dharmakiran Government Homoeopathic hospital Ramanthapur and follow up had been done. The areas, that I had taken 30 cases of typhoid are; Tilaknagar, Ramanthapur, Uppal, Hyathnagar, Amberpet, Nagole, Hastinapur, Kukatpally, Kothapet, Somajiguda, Bodduppall, Golnaka, L.B. Nagar, Tolichowk.
- Arsenic Album Has Been Finalized As Genus Epidemicus, because as typhoid is an intestinal fever, cause of fever due to contamination of food and water, faeco- oral route, arsenic works wonderfully. IN the repertorization arsenic covered many symptoms, borecike materia medica also indicates for typhoid fever. Prostration also arsenic works wonderfully.
- Arsenic Alb 1m Water Doses Prescribed. Divided Doses Had Been Prescribed.
- cases observation;
- Acute diseases follow up.
- 3 months follow up.
- During 1st Visit Physical Generals Improved., Weakness A Bit Present
- Sac Lac
- Again For Next Visit No Weakness, No Fever.

Reappeared

- Sac Lac.
- For Final Visit No Reappearance Of Fever Feeling Better. Three Months. Follow Up.
- Simultaneously Arsenic Alb had been administered as a preventive in the month of May at Andhra Pradesh sample size of 23 persons of both sexes and different age groups in month of May 2019.

Results

- 90% of cases had not suffered with reappearance of fever, after the administration of Genus Epidemicus, only three cases out of 30 had suffered with reappearance of fever after giving genus epidemicus.
- **Preventive:** Simultaneously preventive had been given in the month of may at GUDARIGUNTA, KAKINADA ANDHRAPRADESH, typhoid exposed area, many are susceptible, family history of typhoid present. For 23 persons ARSENIC ALB 200 3 DOSES HAS BEEN PRESCRIBED IN THE MONTH OF MAY 14/5/19. Follow up had been done for every 7 to 10 days, subtle appearance of cold, slight rise of temp, then sac lac for 10 days, automatically subsided the symptoms.

Results

- Arsenic alb had shown preventive action. 90 % of the persons had shown subtle symptoms.

Discussion

- Homoeopathy can prevent and can also treat Epidemic diseases, by administering Genus Epidemicus, by strictly following the instructions of our master Dr. Samuel Hahnemann. As the observations are obtained from limited number of samples in available time period. Further study should be carried taking larger sample size.

Conclusion

- I therefore conclude that Hahnemannian suggestions on Genus Epidemicus are quite relevant and effective in present era.
- In view of new and reemerging old infectious diseases in endemic and epidemic forms, homoeopathy can be utilised effectively by the authorities
- The effectiveness of homoeopathic preventive medicines needs further clinical, molecular, biological models invitro studies as well

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