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## A case of tinea corporis treated with homoeopathic medicine in 200<sup>th</sup> potency

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### Abstract

Tinea corporis is a superficial fungal infection of the skin that can affect any part of the body. It is commonly called 'ringworm' as it presents with characteristic ring-shaped lesions. Homeopathic system of medicine is more effective in treating this type of case and also helps to prevent the recurrence. This is a case of a 47 year old female patient came with complaint of Itching with reddish eruptions over skin (axilla, buttocks) since one year. The case was diagnosed with Tinea corporis and successfully treated with LACHESIS MUTUS 200 one dose for 2 weeks and with Sac Lac on the next visit and the patient complaint got reduced.

**Keywords:** 200<sup>th</sup> Potency, Homoeopathy, Individualization, Lachesis, Tinea corporis

### Introduction

Tinea infections are among the most common dermatologic conditions throughout the world. Skin ringworm infections, such as tinea corporis and tinea cruris, are primarily caused by the dermatophytes *Trichophyton rubrum*, *Trichophyton mentagrophytes*, and *Microsporum canis*. Tinea corporis comes under ICD 10 classification code B35.4<sup>[1]</sup>.

Humans may become infected through close contact with an infected individual, an infected animal (in particular, domestic dog or cat), contaminated fomites, or contaminated soil. Infection may be acquired as a result of spread from another site of dermatophyte infection (e.g. tinea capitis, tinea pedis, onychomycosis<sup>[2]</sup>). The incubation period is 1–3 weeks<sup>[3]</sup>. Tinea corporis typically presents as a well-demarcated, sharply circumscribed, oval or circular, mildly erythematous, scaly patch or plaque with a raised leading edge<sup>[3]</sup>. The lesion starts off as a flat scaly spot that spreads centrifugally and clears centrally to form a characteristic annular lesion giving rise to the term 'ringworm'<sup>[4]</sup>. Preventative measures of tinea infections include practicing good personal hygiene; keeping the skin dry and cool at all times; and avoiding sharing towels, clothing, or hair accessories with infected individuals.

### Materials and Methods

#### Case presentation

A 47 year old female patient from Manakkavilai came with complaint of itching with reddish eruptions on axillary region as a small spot and got spreaded gradually as a round erythematous eruption which is present since one year. The complaints gets worsen during summer season, from perspiration and from tight clothing, feels better by fanning and warm water application on the affected area. She took allopathic medication but got only temporary relief. Mental generals of the patient gets angered easily, worried about financial issues, Very sensitive and cries. Physical generals of the patient were good, except sweat which is increased over whole body. Patient wants of eggs, sour foods and wants to be fanned, sourness of tongue.

#### Homoeopathic analysis

The case was taken in an acute format and arranges the totality of symptoms after analysis of symptoms as shown in table 1. Repertory chart is included in table 3.

#### Homoeopathic intervention

The patient was treated with homoeopathic medicine that has been shown in the table 2.

**Table 1:** Symptoms evaluation and totality of symptoms

Mental generals	Physical generals	Particulars
Worried about financial issues	Desire sweets	Itching with reddish eruptions
Very sensitive and cries	Desire to be fanned	Burning sensation
Angered easily	Desire sour foods	< Summer season
	Sweat increased over whole body	< Perspiration
	Sourness of tongue	> Fanning
		Warm water application

**Table 2:** Reportorial Totality and the Reportorial Result

S. No.	Rubric
1.	Mind - Sensitive, oversensitive
2.	Generalities - Food and drinks - eggs - desire
3.	Generalities - Food and drinks - Sour ,acid desires
4.	Generalities - Summer agg
5.	Generalities - Fanning fanned amel
6.	Skin - eruptions - red
7.	Skin - Itching - Burning - Smarting
8.	Skin - Itching - Perspiration- During
9.	Taste - Sour -Tongue

PULS	APIS	LACH	LYC	SIL	BRY
20/7	19/7	19/7	19/6	18/7	18/6

**Table 3:** Repertory chart

Remedy Name	Puls	Apis	Lach	lyc	Sil	Bry	Nat-m	Phos	Thuj	Ant-c
<b>Totally</b>	20	19	19	19	18	18	18	18	17	17
<b>Symptoms Covered</b>	7	7	7	6	7	6	6	5	7	6
Kingdom										
[Complete ] [Mind] Sensitive, oversensitive: (527)	3	2	3	3	4	3	3	4	3	2
[Complete ] [Generalities] Food and drinks: Eggs: Desires: (56)	3				3				2	
[Complete ] [Generalities] Food and drinks: Sour, acid: Desires: (182)	3	3	3	1	1	3	4	4	3	4
[Complete ] [Generalities] Summer: Agg.: (196)	4	1	4	3	1	4	3	3	1	4
[Complete ] [Generalities] Fanning, fanned: Amel.: (27)		3	1							
[Complete ] [Skin] Eruptions: Red: (404)	1	4	3	4	1	3	3	4	3	3
[Complete ] [Skin] Itching: Burning, smarting: (261)	4	3	4	4	4	4	3	3	3	2
[Complete ] [Skin] Itching: Perspiration: During: (51)	2	3	1	4	4	1	2		2	2
[Complete ] [Taste] Sour: Tongue: (4)										

**First Prescription**

R<sub>x</sub>  
1. LACHESIS MUTUS 200 / 1 DOSE (M x 1day)

**Follow up**

On 06 /10/2022.

Symptoms	Prescription
Itching better than before < Perspiration	1. SAC LAC 7 doses (M x 7 days) x 2 weeks
Eruptions color faded	2. B. Pills (3 x TDS) x 2 weeks
	3. B. Disk (1 x BD) x 2 weeks



**Fig 1:** Before Treatment



**Fig 2:** After Treatment

## Discussion

In this case medicine Lachesis 200 was selected based on individualization. In another case report of Persistent and Recurrent Tinea Corporis Calcarea carbonica 200 was given as Individualized medicine and cure attained in a period of three weeks period<sup>[5]</sup>.

In Organon of medicine, Samuel Hahnemann explains about the Individualization in aphorism 82 that, “The duty of a careful apprehension of its ascertainable symptoms and characteristics is as indispensable for the homoeopathic physician as it was before that discovery, as no real cure of this or of other diseases can take place without a strict particular treatment (individualization) of each case of disease”

“The true physician will take care to avoid making favourite remedies of medicines, the employment of which he has, by chance, perhaps found often useful, and which he has had opportunities of using with good effect. If he do so, some remedies of rarer use, which would have been more homoeopathically suitable, consequently more serviceable, will often, be neglected<sup>[6]</sup>.”

## Results

The patient came with complaint of Itching with blackish eruptions on axilla and she was treated with LACHSIS MUTUS in 200<sup>th</sup> potency. Before and after treatment was shown in figure no. 1 and figure no. 2. Homoeopathy has a lots of medicines for treating Tina corporis like Sulphur, Graphites, Arsenicum album, Natrum muriaticum, Sepia officinalis. But, on the basis of Individualization, Lachesis was selected and administered in 200<sup>th</sup> potency, a single dose was given for 2 weeks and on the next visit eruptions along with itching got reduced.

## Conclusion

Tinea Corporis was successfully treated with Homoeopathic medicine LACHESIS in this case. It shows the effectiveness of Homoeopathic medicine in Management of Tinea Corporis efficiently.

## Conflict of Interest

Not available

## Financial Support

Not available

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### How to Cite This Article

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