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## Case of baldness treated with individualized homoeopathic remedy

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### Abstract

Hair loss (especially the head) or loss of Hair; in humans, it can be caused by genetic or hormonal imbalances, certain illnesses or medications or treatments (chemotherapy for cancer). Alopecia is hair loss in areas where hair is usually found. Baldness is the condition of having no hair on the top of the head. Here presenting a case of Mr. Xx, age 30 year old male having issue of Baldness.

**Keywords:** Hair, hair loss, baldness, alopecia, homoeopathy, baryta carb

### Introduction

In animals, hair fulfills an important function of protection against heat, cold, light and trauma. In humans, hair has minimal functional benefit, but is very important for personal adornment<sup>[1]</sup>.

There are two types of hair, lanugo (vellus) hair and terminal hair. Lanugo hair forms fuzz present over the entire surface. Terminal hairs are coarse, thick and pigmented and develop best on the face, scalp and limbs<sup>[1, 3]</sup>.

Hair does not grow indefinitely. Its growth is periodic. There are two main stages in the cycle: growth phase (resting phase) and resting phase (resting phase). At the end of the growth phase, club or resting hair is formed (catagen phase). The regression period lasts 14 days. Under normal conditions, the number of hairs is 85-95% during anagen, 1% during catagen, and 4-14% during telogen. Scalp hair follicles are usually dormant for 3 months and are active for 2-6 years, but are known to grow for up to 25 years<sup>[1]</sup>.

Hair loss (especially the head) or loss of Hair; in humans, it can be caused by genetic or hormonal imbalances, certain illnesses or medications or treatments (chemotherapy for cancer).

Alopecia is hair loss in areas where hair is usually found. In general, this means the loss of hair on the scalp. Alopecia can be arbitrarily divided into scarring (cicatricial) and non-scarring (non cicatricial).

Hair loss may be due to a disease of the hair follicles that makes the scalp look normal (non-scarring alopecia) or a disease of the scalp that results in permanent loss of the hair follicles (scarring or scarring alopecia). This latter form causes a shiny, atrophic bald area of the scalp that lacks the opening of the hair follicles<sup>[2]</sup>.

### Classification<sup>[4]</sup>

Hairs are classified into three main types.

- 1. Lanugo hairs:** Long, thin hair covers the fetus, but it falls off about a month before birth.
- 2. Vellus hairs:** Thin, short, unmedullated hair that covers most of the body's surface. They change their hair just before birth.
- 3. Terminal hairs:** For example, long, coarse, medullated hair found on the scalp and pubic hair. Their growth is often affected by circulating androgen levels. In androgenetic alopecia, Terminal hairs turns into vellus hair, and in hirsutism, vellus hair turns into terminal hair. There are no hair follicles on the lips, glans, labia minora, palms, or soles of the feet.

**Causes <sup>[1]</sup>****Non cicatricial alopecias**

A.	Physiologic alopecia of infants, post-partum alopecia
B.	Alopecia areata
C.	Telogen effluvium
D.	Infections, e.g. dermatophytosis, bacterial and spirochaetal
E.	Chemicals and drugs, e.g. thallium, heparin, cancer chemotherapeutic compounds, hypervitaminosis A
F.	Self-induced physical trauma, e.g. trichotillomania, scratching of neurodermatitis
G.	Endocrinopathy, e.g. hypothyroidism, hyperthyroidism, hypopituitarism, hypo- and hyperparathyroidism
H.	Physical agents, e.g. mild trauma, epilating dose of X-ray, short-term hair traction
I.	Serious systemic diseases, e.g. SLE, dermatomyositis, lymphoma

**Cicatricial alopecias**

A.	Physical trauma, e.g. overdose of X-ray, burns, long-term traction on hair
B.	Infections: Bacterial, e.g. leprosy, tuberculosis, late secondary and tertiary syphilis, folliculitis decalvans, dissecting folliculitis, carbuncles. Dermatophytosis, e.g. zoophilic fungi. Viral, e.g. herpes zoster, recurrent herpes simplex
C.	Chemical injury by caustics
D.	Cutaneous disease, e.g. discoid LE, pseudopelade follicular lichen planus
E.	Destructive neoplasm and granulomas
F.	Psychogenic conditions, e.g. neurotic excoriatory factitial injury to the skin

**Miscellaneous causes**

A.	Common Baldness
B.	Congenital alopecia
C.	Hair shaft abnormalities, e.g. monilethrix, pili annulati woolly hair.

**Case study**

Mr. Xx, 30 years old married Hindu male belonging from middle socio-economic status reported at my clinic, known case of baldness (Crown). On further enquiry, it illuminated those complaints had started gradually since 2 year. He took allopathic medication orally and as external application & many types of hair oils & also takes Homoeopathic medicines but no relief. The patient had past history of Typhoid 3 year ago and family history except for the fact that him, father has been suffering from Diabetes/Alive & mother has been suffering from Hypothyroid/Alive. The patient was whitish complexion, businessman by profession and living happily with his spouse.

The mental generals reflected passionate, Timidity, Lost confidence in himself, indecisive & aversion to company. He had strong aversion to Bananas. He likes warm soup & sweets. He was thirsty and thermally chilly.

**Analysis of case****Mental General**

- Aversion to Company.
- Timidity.
- Lost confidence in himself.
- Indecisive.
- Passionate.
- Aversion to Stanger.

**Physical general**

- **Desire:** Warm soup & sweets.
- **Aversion:** Bananas.
- **Thirst:** Thirsty.
- **Thermal:** Chilly.
- **Perspiration:** When Presence of stranger, non-offensive.

**Particulars**

Hair falling out, alopecia vertex.

**Evaluation**

- Aversion to Company.
- Indecisive.
- Passionate.
- Timidity.
- **Desire:** Warm soup & sweets.
- **Aversion:** Bananas.
- **Thirst:** Thirsty.
- **Thermal:** Chilly.
- **Perspiration:** When Presence of stranger, non-offensive.
- Hair falling out, alopecia vertex.

**Totality of symptoms**

- Aversion to Company.
- Indecisive.
- Passionate.
- **Desire:** Warm soup & sweets
- **Aversion:** Bananas
- **Thirst:** Thirsty.
- **Thermal:** Chilly.
- **Perspiration:** When Presence of stranger, non-offensive.
- Hair falling out, alopecia vertex.

**Rubric**

S. No.	Chapter	Rubric
1.	Mentals	Company aversion to
2.	Mentals	Irresolution, indecision
3.	Mentals	Passionate
4.	Perspiration	Strangers, in the presence of
5.	Head	Hair affection of, in general baldness young people
6.	Head	Hair affections of, in general falling out, alopecia vertex
7.	Genrals	Food and drinks bananas aversion

**Repertorial Sheet** <sup>[5]</sup>

Rubrics	Source	Bar-c	Sep	Calc	Lyc	Thuja	Anac	Ars	Aur	Bry	Cann-i	Carb-v	Carbn-s
	<b>Weighted</b>	18	11	5	8	6	8	4	5	6	3	6	4
	<b>Rubrics covered</b>	7	5	4	4	4	3	3	3	3	3	3	3
	<b>Rubric grades</b>	18	11	5	8	6	8	4	5	6	3	6	4
COMPANY aversion to,	<b>Mentals</b>	3	2	1	2	2	3	1	2	2	1	2	1
IRRESOLUTION, indecision	<b>Mentals</b>	3	2	2	2	1	2	2	1	1	1	1	2
PASSIONATE	<b>Mentals</b>	3	3	1		2	3	1	2	3	1	3	1
STRANGERS, in the presence of	<b>Perspiration</b>	3	2		1								
HAIR affections of, in general baldness young people	<b>Head</b>	2											
HAIR affections of, in general falling out, alopecia vertex	<b>Head</b>	3	2	1	3	1							
FOOD and drinks bananas aversion	<b>Generals</b>	1											

**Analysis of repertorial result**

S. No.	Medicine	Mark Obtain
1.	Baryta carbonicum	18/7
2.	Sepia	11/5
3.	Calcarea carbonica	5/4
4.	Lycopodium	8/4
5.	Thuja	6/4

Baryta Carbonicum seems to suit the case, not because it is numerically highest alone, but because it corresponds to the type of the patient, Baryta Carb. Has marked aversion to bananas, desire for warm drinks & aversion to strangers, sweating when presence of stranger.

Date	Prescription
12/07/2021	<b>Rx:</b> Baryta carb 200 od 1 dose phytum 30 tds 15 days

**Selection of remedy & justification**

Follow up			
S. No.	Date	Symptom	Prescription
1.	26-07-2021	Status QUE No significant improvement show	Rx: Phytum 30 TDS 15 DAYS
2.	09-08-2021	Patient feels new growth of hair	Rx: Phytum 30 TDS 15 DAYS
3.	24-08-2021	Slightly grow new hair	Rx: Phytum 30 TDS 15 DAYS
4.	07-09-2021	Improvement	Rx: Phytum 30 TDS 15 DAYS
5.	21-09-2021	Improvement	Rx: Phytum 30 TDS 15 DAYS
6.	04-10-2021	Improvement	Rx: Phytum 30 TDS 15 DAYS



**Conclusion**

Homoeopathy gives excellent result in Baldness.

1. Improvement in Hair falling.
2. New Hair Growth seen.
3. According to second aphorism; patient get better improvement in short period without any harmful effect.
4. Without change route of treatment; only single medicine (Baryta Carb) get best result.
5. Patient feel happy and no other associated complaints during & after treatment.

**Conflict of Interest**

Not available

**Financial Support**

Not available

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