



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)  
IJHS 2023; 7(4): 468-470  
Received: 10-09-2023  
Accepted: 17-10-2023

**Dr. Nirav Hansrajbhai Khunt**  
Md Part-II, Department of  
Homoeopathic Materia Medica  
Jawaharlal Nehru  
Homoeopathic Medical  
College, Waghodia, Vadodara,  
Gujarat, India

## Efficacy of homoeopathic medicine skookum chuck aqua in eczema

**Dr. Nirav Hansrajbhai Khunt**

DOI: <https://doi.org/10.33545/26164485.2023.v7.i4g.1014>

### Abstract

This study examines the potential therapeutic effects of Skookum Chuck Aqua, a homeopathic medicine, in the treatment of eczema. Methods included the administration of Skookum Chuck Aqua an over a specified period, with regular monitoring of eczema symptoms and skin condition. The results reveal a significant improvement in eczema symptoms, including reduced itching, inflammation, and skin lesions, in the group treated with homoeopathic medicine Skookum Chuck Aqua. The study concludes that Skookum Chuck Aqua may be a promising complementary approach for managing eczema.

**Keywords:** Dermatitis, eczema, Skookum chuck aqua, homoeopathy

### Introduction

Eczema is a skin condition that affects many patient's concerns with their appearance, including feelings of embarrassment and stigmatization as well as difficulties in finding work and forming social connections. Eczema sufferers may experience stigma at school, particularly when hands and the face are difficult to cover. Dermatologists are currently very interested in holistic eczema therapy. Eczema can be treated naturally and comprehensively with traditional homoeopathy. Low cost, availability, simplicity in administration, patient acceptability, and a decrease in the usage of topical steroids are some potential benefits of adding homoeopathy into traditional dermatology practices. Additionally, when eczema is treated holistically using homoeopathic treatment, patients may experience relief from symptoms brought on by other, seemingly unrelated medical diseases.

According to estimates, 245 million individuals, or 3.34% of the world's population, suffered from dermatitis in 2015 [1].

"Eczema and dermatitis are terms used to describe the characteristic clinical appearance of inflamed, dry, occasionally scaly and vesicular skin rashes associated with divergent underlying causes".

### Classification of dermatitis [2]

Endogenous Eczema	Exogenous Eczema	Secondary changes
<ul style="list-style-type: none"> <li>• Atopic</li> <li>• Discoid</li> <li>• Pompholyx</li> <li>• Seborrhoeic</li> <li>• Stasis dermatitis</li> </ul>	<ul style="list-style-type: none"> <li>• Irritant</li> <li>• Allergic</li> <li>• Photodermatitis</li> </ul>	<ul style="list-style-type: none"> <li>• Lichen simplex</li> <li>• Asteatotic</li> <li>• Infectious eczematoid</li> </ul>

### Materials and Methods

1. Sources of Data: This study was under taken at Jawaharlal Nehru Homoeopathic Medical College & Hospital, Waghodiya, Vadodara, Gujarat.
2. No of cases: Total 5 cases
3. The material utilized for the study:
  - Medicine and potency- Skookum Chuck Aqua 6X
  - Approach – Non- Repertorial.
  - Tool – Eczema Area Severity Index (EASI) [3]

**Corresponding Author:**  
**Dr. Nirav Hansrajbhai Khunt**  
Md Part-II - Department of  
Homoeopathic Materia Medica  
Jawaharlal Nehru  
Homoeopathic Medical  
College, Waghodia, Vadodara,  
Gujarat, India

**Results**

Here the author (s) should be presented the clear and concise findings of the experiment/study. It should be written in past tense. The results should be given here without any references.

**Case no – 1 - Seborrhoeic Dermatitis**

- Eruption on scalp both temporal side in last 1 year with itching, burning, O/E- discharge sticky and bleeding, erythema with mild swelling.
- Rx – Skookum chuck aqua 6x- 3-3-3 for 15 days



**Fig 1:** Case of Seborrhoeic Dermatitis

**Case no – 2: Infective dermatitis**

- Eruption on left leg ankle region in last 3 year with itching O/E- yellow pustular discharge mix with blood, red blood fill papules with hyperpigmentation
- Rx- Skookum chuck aqua 6x – 3-3-3-0 for 15 days



**Fig 2:** Case of Infective Dermatitis

**Case no – 3: Irritant contact dermatitis**

- Eruption on right hand wrist and forearm since 6 month with itching, burning O/E-dryness, discharge bleeding, erythema with thinning of skin.
- Rx – Skookum chuck aqua 6x- 3-3-3-0 for 15 days



**Fig 3:** Case of Irritant Dermatitis

**Case no 4: Lichen simplex chronicus**

- Eruption in lower extremities left ankle in last 2-3 year with itching and burning sensation O/E- discharge bleeding and watery, thickening of skin, dryness and scaling.
- Rx- Skookum chuck aqua 6x – 3-3-3-0 for 15 days



**Fig 4:** Case of Lichen simplex chronicus

**Case no – 5: Lichen simplex chronicus**

- Dorsal aspect of left ankle with O/E -Skin- dry, hard thickening with itching and discharge bloody.
- Rx – Skookum chuck aqua 6x – 3-3-3-0 for 15 days



**Fig 5:** Case of Lichen simplex chronicus

**Table 1:** According to the gender and number of patients

Gender	Number of patients
Male	3
Female	2

**Table 2:** According to the diagnosis an improvement score

No.	Diagnosis	EASI- before	EASI - after	Results
1	Seborrhoeic Dermatitis	1.2	0.4	Improve
2	Infective dermatitis	6.4	0.8	Improve
3	Irritant contact dermatitis	2.4	0.2	Improve
4	Lichen simplex chronicus	6.8	0.4	Improve
5	Lichen simplex chronicus	8.0	1.4	Improve

**Results, Discussion & Conclusion**

- In this study “Efficacy of skookum chuck aqua in eczema”, total 5 cases were taken by random sampling. The objective of the study is to check the efficacy of Skookum chuck aqua medicine in different type of dermatitis.
- After going through whole case studies of the 5 cases conclude that more or less effect of Skookum chuck aqua medicine in all type of eczema.
- Farmers made up the majority of patients with allergy and irritating dermatitis due to the usage of chemical products in farming and the practice of wearing counterfeit jewelry by women.
- Patients with dermatitis who received homoeopathic treatment saw a significant improvement in their quality of life, as measured by the ESAI score when comparing before and after outcomes.
- Because the efficacy of Skookum Chuck Aqua medicine in dermatitis has not been conclusively demonstrated, this study tries to cover all known types of dermatitis for check the effectiveness of Skookum chuck aqua in different type of dermatitis.

**Acknowledgments**

I express my sincere gratitude to Dr. Poorav Desai, principal, Jawaharlal Nehru homoeopathic medical college, for his inspiration, encouragement, valuable guidance and

support right from initial stage.

I am thankful to Dr. Kirtida desai, p.g. coordinator of Jawaharlal Nehru homoeopathic medical college for kind co-operation, valuable hints and guidance.

**Conflict of Interest**

Not available

**Financial Support**

Not available

**References**

1. [https://en.wikipedia.org/wiki/Dermatitis#:~:text=Derma titis% 20was% 20estimated% 20to% 20affect,in% 20females% 20as% 20in% 20males.](https://en.wikipedia.org/wiki/Dermatitis#:~:text=Derma%20was%20estimated%20to%20affect,in%20females%20as%20in%20males.)
2. Rachael Morris-Jones, ABC of Dermatology 6<sup>th</sup> edition, dermatology Consultant Kings College Hospital Denmark Hill London, UK
3. [https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9154300/#:~:text=Final% 20EASI% 20Score&text=A% 20score% 20of% 200% 20indicates,51% 20indicates% 20very% 20severe% 20disease.](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9154300/#:~:text=Final%20EASI%20Score&text=A%20score%20of%200%20indicates,51%20indicates%20very%20severe%20disease.)

**How to Cite This Article**

Khunt NH. Efficacy of homoeopathic medicine skookum chuck aqua in eczema. International Journal of Homoeopathic Sciences. 2023;7(4):468-470.

**Creative Commons (CC) License**

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non-Commercial-Share-Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.