



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493
P-ISSN: 2616-4485
www.homoeopathicjournal.com
IJHS 2024; 8(1): 181-184
Received: 04-12-2023
Accepted: 05-01-2024

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A case facial warts cured by Causticum: A case series

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DOI: <https://doi.org/10.33545/26164485.2024.v8.i1c.1066>

Abstract

Warts are the growth of skin resulting from human papillomavirus infection. These may be single, multiple, smooth, or cauliflower-like growths. Homoeopathy has a major role in the treatment of warts and most of the homoeopathic doctors. There may be skin coloured flat grey, on the around the left eye of 5years old female child reported with complaints of warts on left eye. A complete case history with proper repertorization done on Homopath Zomeo 3.0. Causticum was selected and given; aim of this case is to find out the similimum for such a condition.

Keywords: Homeopathy, totality of symptoms, warts, causticum

Introduction

Warts are understood to be caused by an infection with the human papillomavirus. Warts commonly appear on hands, feet, as well as on other areas of skin and mucous membranes [1].

Warts can be categorized according to the location, namely, common warts (around nails & fingers), foot warts, & genital warts. On the basis of their morphology and texture, classified into soft, hard, flat, smooth, rough, scaly, etc. These are contagious and can spread from direct skin contact [2]. mostly seen in lower and middle age people.

HPV infect squamous epithelia of the skin and mucous membrane causing cell proliferation. The virus infects the basal layer of the epithelium, but viral replication takes place in fully differentiated cells of upper stratum spinosum and stratum granulosum. After initial infection, HPV may persist in a latent form and may be reactivated later leading to recurrence of lesion [3].

Variation of warts [4]

Warts found commonly (verruca vulgaris)

Warts on the hand & feet are the most common type, although they can also arise on other parts of the body. They look gritty and rough on the outside, and their tops are rounded. Most warts have a grayer appearance compared to the surrounding skin.

Warts on the plantar (verruca plantaris)

Plantar warts benign growths that develop on the bottoms of the feet. Plantar warts, plantar warts, unlike other types of warts, grow from the inside of your skin rather than the outside. If you look down at the bottom of the foot and observe what looks like a little hole that is surrounded by hardened skin, you may have a plantar wart. This is how you can determine if you have a plantar wart. Plantar wart are a common foot condition that can make walking painful.

Scaly warts (Verruca plana)

The cheeks, the thighs, or the arms are the most common places where flat warts develop. They are quite inconspicuous due to their diminutive size. Scaly warts have level surface on top, giving the appearance that have been shaved. They can have a pinkish hue a brownish hue, or even a little yellow tint. Seen in children.

Squamous warts [5]

Around your mouth, nose, and occasionally on your neck under your chin, Filiform warts can develop. They are tiny and resemble a very small flap or skin tag. The colour of filiform warts is the same as your skin.

Genital warts [5]

The majority of genital warts start out as tiny papillomas that can develop into big fumigating lesions. It affects the labia, perineum, or perianal skin, vaginal mucosa, urethra, and anus in females. In men, it affects the coronal occasionally the penis shaft, scrotum, perianal skin, or urethra.

Periungular warts

Warts that are periungular develop around and beneath the fingernail and toenails. They may be uncomfortable and hinder nail development.

Pathology

HPV, incubation period typically 3 to 4 months, but can be anywhere between 1 and 2 years. Each kind of squamous of epithelium affected by HPV has a different gross and histologic appearance depending on the virus type & infection site. Basal cell infection triggers HPS replication to start. A pathognomonic feature is the presence of large vacuolated cells with round, deeply basophilic nuclei in the upper stratum malpighii and granular layer. Some of those contain intranuclear and cytoplasmic eosinophilic inclusions.

Case study

Baby Xy 7 years old female child belong to middle socio-economic status reported my at clinic, known case of Warts on face - around the left eye brows and side of the left eye. On further enquiry, it illuminated that complaints had started gradually since 1 year, she took allopathic medication orally and external application applies many ointments on warts but no relief, the patient had a past history of dengue fever 2 years back, Pityriasis 6 month back. Family father has been suffering from hypertension/alive mother has been suffering from bronchial asthma. The patient normal dark complexion, school children as a profession and living happily with his family. The mental generals she become

very much sensitive, and she become cry darkness even she does not go to bed alone, and one thinks more prominent she has easy helping tendency to her classmates and sympathetic, she had strong aversion to eat sweets and meat, she like to warm drinks and thermally towards chilly.

Analysis of Case

Mental generals

- Sympathetic,
- Fear of darkness
- Sensitive

Physical generals

- Thermal chilly
- Aversion to sweet, meat
- Desire warm drinks

Characteristic particulars

Warts on the face around the left eye brows and side left eye

Evaluation

- Sympathetic
- Sensitive
- Chilly patient
- Aversion to sweet, meat
- Warts on left eye brows

Totality of symptoms

- Sympathetic
- Aversion to sweet, meat
- Warts on left eye brows

Rubric selection

1. Mind - sympathetic - children
2. Generalities - food and drinks - meat - aversion
3. Generalities - food and drinks - sweet - aversion
4. Face - warts - eyes, below
5. Eyes - warts - condylomata - lids

Repertory sheet [6]

Remedy	Caust	Nit-ac	Sulph	Nux-v	Calc	Graph	Zinc	Merc	Phos	Lyc	Thuj	Ars	Kali-c	Nat-m	Rad-br
Totality	14	10	10	10	8	8	8	7	7	7	7	6	6	6	6
Symptoms Covered	5	4	4	3	3	2	2	3	3	2	2	2	2	2	2
[Complete] [Mind] Sympathetic, compassionate, too: Children, in:	3	1	0	3	0	0	0	1	1	0	0	0	0	3	0
[Complete] [Generalities] Food and drinks: Meat: Aversion:	1	3	4	4	4	4	4	3	3	4	3	3	3	3	3
[Complete] [Generalities] Food and drinks: Sweets: Aversion:	4	3	4	3	1	4	4	3	3	3	0	3	3	0	3
[Complete] [Face] Warts: Eyes, below:	3	0	1	0	0	0	0	0	0	0	0	0	0	0	0
[Complete] [Eyes] Warts, condylomata: Lids:	3	3	1	0	3	0	0	0	0	0	4	0	0	0	0

Analysis of Repertorial result

1. Causticum - 14/5
2. Nitricum acid - 10/4
3. Sulphur - 10/4
4. Nux vomica - 10/3

5. Calcarea Carbonica - 8/3

Selection of Medicine

Following through analysis of the case’s mental, bodily, and specific symptoms were considered. In this case we get two

strong general rubric; Mental general rubric & physical general rubric with one pathological rubric. Repertorial analysis using complete repertory from Hompath Zomeo3.0 software was done considering the above totality. The first four medicines with covered maximum rubric (based on mental on mental, Physical & important particular symptoms) in the descending order are Causticum, Nit acid, Sulphur, Nus vomica, Calcarea carb. After going through textbook of materia medica [7, 8] chilly medicines are Causticum, Nitricum acid, so they ruled out & they are not covering strong mental rubric (sympathetic). Nit acid ruled out because of nit acid does not cover a strong Mental generals and strong characteristic particulars. Causticum covered maximum rubric; All four rubrics which shows patient as a whole, in repertorization but we refer to materia medica, according to Kent characteristic particular and Qualified mental symptoms particular, In Causticum, written in the first line of the remedy “Causticum is a sycotic remedy [7]”. Case also sycotic & we get a sycotic remedy with covered totality of case and Causticum covered totality of case and thermal & other physical generals (chilly patient, sweet, meat aversion, desire warm drinks). Causticum seemed to be the most suitable remedy in this case and prescribed in the 30 potency on the first visit.

Date 12/12/2021
Prescription Rx,
 Causticum 30 1 dose stat Rubrum 30 TDS x 7 days

Follow up sheet

Date	Symptoms	Prescription
19/12/2021	Status quo	Rx, Rubrum 30 TDS Hourly x 15 days
05/01/2022	No new growth seen	Rx, Rubrum 30 TDS Hourly x 15 days
20/01/2022	Warts become dried	Rx, Rubrum 30 TDS Hourly x 15 days
05/02/2022	Status quo	Rx, Causticum 200 1 dose Stat Rubrum 30 TDS Hourly x 15 days
20/02/2022	Status quo	Rx, Rubrum 30 TDS Hourly x 15 days
08/03/2022	Warts small in size & dried & some of warts fall up	Rx, Rubrum 30 TDS Hourly x 15 days
22/03/2022	Warts continuously small in size & 70-80% fall up patients was very happy	Rx Causticum 1M 1dose, Rubrum 30 TDS Hourly x 15 days
07/04/2022	Warts had fall, Face is clear now Some papule had present on area of warts	Rx, Rubrum 30 TDS Hourly x 15 days



Fig 1: Before treatment



Fig 2: During treatment



Fig 1: After treatment

Comment

This case is a sycosis case and gives us to pathological rubric (face - warts) and we get after case taking, confusion, is reflecting psoric view of patient and it is important and a strong mental and aversion in physical generals also make important role. So only three strong rubrics make totality and give us to a similimum remedy. Remedy act best in this case with best result.

Conclusion

Here presenting this case we can conclude that homoeopathic medicine help to removed warts with the help of homoeopathic basic principles and laws. Article shows how similimum medicine acts in sycosis case. Now she is fine and no confusion at all during calculating.

Conflict of Interest

Not available

Financial Support

Not available

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How to Cite This Article

Pandi MA. A case facial warts cured by Causticum: A case series. International Journal of Homoeopathic Sciences. 2024;8(1):181-184.

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