Homeopathy for worm infestations in children’s

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Abstract
Unusual sorts of worms can be there in a child's stomach and may initiate several health complications such as pain, infection etc. To treat worm infections, one must identify about various categories of worms, and after understanding the kind of infection induced by the worm’s the treatment for the babies or children can planned. There are various Homeopathic medicines available which be used to treat worm infections without any side effects on the health of the children’s. In this paper we have discussed how the worm infection has been treated at our homeopathic research institute.

Keywords: Stomach, worms, babies, homeopathic, health problems, pain, infection etc.

Introduction
Worm infestation affects nearly 2 billion people worldwide, with children being the most affected. According to World Health Organization (WHO) estimates, 870 million children live in high-occurrence areas [2]. Worms are intestinal parasites, which infect human beings and in addition some animals like dogs, cats, and so forth [1]. Parasites are viruses that live in and feed off a living host. There are a variety of parasitic worms that can take up habitation in humans. Amongst them are flatworms, thorny-headed worms, and roundworms [4]. Every parent takes that extra safety measure to make sure that their child is protected. From giving only boiled and/or bottled water to multiple rounds of washing fruits and vegetables, everything is done. Despite these, when the child begins to complain of stomach-ache, there is chance of a worm infection [3].

Different types of worms which affect child's stomachs
1. Roundworms.
2. Stick worm.
3. Tapeworm.
4. Snare worms.
5. Pinworms.

Common causes which expose children to worms are as follows
- The infected soil or surface that contain eggs or germs while playing at the playground.
- Patting pets affected with worms.
- Gulping infected water or consuming food infected with eggs or worms.
Not keeping good cleanliness.
- Ineffective washing of hands after returning from the playground.

**The symptoms of worm infection include the following**
1. Restlessness.
2. Headache.
4. Light sensitivity.
5. Allergies.
6. Anaemia.
7. Altered bowel movement.
8. Fatigue.
10. Altered immune function.

**Preventive measures to reduce the risk of worm infestations include**
- Educating proper toilet hygiene
- Cleansing fruits and vegetables fully
- Encouraging good cleanliness:
  - Maintaining nails short and clean:

A few of the household measures to treat worm’s infection are as follows
- Goldenseal.
- Anise.

### Homeopathic Management of worm infestation 

Homeopathic do not take care of just the disease, but is prescribed on the base of physical, emotional and genetic condition of a person. Homeopathic medicines act on both the mental and physical levels of individuals. Homeopathy is a natural and mild system of medicines that utilizes minute doses of well-researched remedies to improve the body’s natural curing procedure. Homeopathic medicines originate from substances that come from plants, minerals & animals.

At Advanced Homeo Health Center & Homeopathic Medical Research Pvt. Ltd. Indore, Madhya Pradesh, India we have treated following patients of different age group:

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Age Group</th>
<th>Number of Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2.5 years to 7 years</td>
<td>230</td>
</tr>
</tbody>
</table>

As per the diagnosis of the patients and their symptoms of different age group following medicines were prescribed.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Name of Medicine</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>CINA</td>
<td>Baby looks very pale with dark hair &amp; complexion Cramping, pinching, cutting colic in the abdomen, due to worms. Grind the teeth due to worm infestations Bores the nose &amp; bed wetting Hungry &amp; Ugly also irritable Itching of anus from pin worm</td>
</tr>
<tr>
<td>2</td>
<td>MERC SOL</td>
<td>Excessive Salivation Grind their teeth at night.</td>
</tr>
<tr>
<td>3</td>
<td>Natrum mur</td>
<td>Excessive hunger due to worm infections. With loss of weight Cutting pain in abdomen Pain in abdominal ring on coughing</td>
</tr>
<tr>
<td>4</td>
<td>Santoninum</td>
<td>Child constantly grates his teeth while sleeping.</td>
</tr>
<tr>
<td>5</td>
<td>Teucrium</td>
<td>Crawling sensation and terrible anal itching from pinworms</td>
</tr>
<tr>
<td>6</td>
<td>Spigelia</td>
<td>Nausea every morning before breakfast better after breakfast Pal face Sensation of a worm rising in throat may also present with naval pain</td>
</tr>
<tr>
<td>7</td>
<td>Cuprum oxidatum nigrum</td>
<td>Child constantly grates his teeth while sleeping.</td>
</tr>
<tr>
<td>8</td>
<td>Podophyllum</td>
<td>Grind their teeth at night. Offensive odor from mouth Excessive salivation Bloat abdomen</td>
</tr>
<tr>
<td>9</td>
<td>Sulphur</td>
<td>Creeping in nose Creeping biting in rectum Passage of lumbrici, ascarides and tinia</td>
</tr>
<tr>
<td>10</td>
<td>Terebinthina</td>
<td>Burning &amp; tingling at the anus with sensation as if ascarides were crawling about Passes segment of tapeworm Burning in rectum better by cold water.</td>
</tr>
</tbody>
</table>

**Conclusion**

On the basis of our research and after analysing the patients after medication we have found that homeopathy can completely cure the worm infection, If the dosages are properly prescribed and taken on that basis of investigation reports from time to time under guidance of experienced Homeopathic Physician worm infection can be treated with homeopathy effectively.

**Biography**

Dr. AK Dwivedi, BHMS (Gold Medalist), MD, MBA, Ph.D. has been a Registered Homeopaths for over 25 years.
He is a Professor & H.O.D., Department of Physiology, S.K.R.P. Gujarati Homoeopathic Medical College, Indore. He is a Member of Executive Council, Devi Ahilya Vishwavidyalaya Indore, MP, India; he is Member Scientific Advisory Board (CCRH) Ministry of Ayush, Govt. of India. Member Academic Board Madhya Pradesh Medical Science University, Jabalpur MP (India). Director, & CEO Advanced Homeo Health Center & Homeopathic Medical Research Pvt. Ltd. Indore, Madhya Pradesh, India, EDITOR, “SEHAT EVAM SURAT” (Hindi Monthly Medical Magazine).

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Conflict of Interest: None declared.

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