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Homoeopathic healing: A journey from double vision to clarity

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Abstract

Diplopia, characterized by the perception of double vision, which poses a significant challenge for affected individuals worldwide. While its prevalence varies, the condition often stems from diverse causes, including neurological disorders, trauma, or underlying systemic diseases. This paper focuses on diplopia in the context of diabetes, a global health concern affecting millions.

The worldwide prevalence of diplopia is influenced by the multifactorial nature of the condition. As an optical manifestation, it can result from disruptions in the intricate interplay between ocular muscles and neurological pathways. Diabetes, a prevalent metabolic disorder, contributes to the complexity of diplopia, with a substantial number of cases being reported among diabetic patients. This paper explores a case study involving a 70-year-old male with diabetic diplopia who sought relief at Dr. Batra's Positive Health Clinic. The patient's history included successful management of diabetes with insulin reduction and concurrent sleep apnea, showcasing the holistic nature of homeopathy. The treatment yielded positive outcomes, restoring the patient's vision within a concise timeframe of two months.

Keywords: Diplopia, double vision, diabetes, homeopathy

Introduction

Diplopia, commonly known as double vision, is a visual disorder where a single object appears as two distinct images. This phenomenon arises when the eyes fail to coordinate and align properly, disrupting the binocular vision essential for depth perception.

Causes

Various factors contribute to diplopia, including muscular imbalances, nerve damage, or systemic conditions. Neurological disorders, head trauma, and certain medications can also induce this visual disturbance. In the context of this case study, diabetes is a significant contributor to diplopia.

Signs and symptoms

The hallmark symptom of diplopia is the perception of two images instead of one. This can occur constantly or intermittently and may affect one or both eyes. Affected individuals may experience eye strain, headaches, and difficulty focusing. In severe cases, these symptoms can significantly impact daily activities such as reading, driving, or watching television.

Complications

Diplopia can lead to a range of complications, primarily stemming from the underlying causes. Individuals may adopt unnatural head postures to minimize double vision, potentially resulting in musculoskeletal strain. Additionally, the condition can compromise spatial awareness and coordination, increasing the risk of accidents.

Managing diplopia necessitates identifying and addressing the root cause, making it crucial for healthcare professionals to conduct thorough examinations. In cases like diabetic diplopia, a holistic approach is essential, considering the systemic implications of the contributing factors. The following case study delves into the homoeopathic intervention for a patient experiencing diplopia due to diabetes, highlighting the effectiveness of this alternative therapeutic approach in restoring normal vision and improving overall quality of life.

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Case Profile

In this case history, we explore the health profile of a 70-year-old consultant experiencing diplopia, a condition characterized by double vision. The patient reports that the onset of double vision occurred in large areas, particularly affecting the left side, with no impact on the right side, and aggravation in the presence of moving objects. This visual disturbance began approximately 2-3 months ago. Managing diabetes with an HbA1c level of 8, the patient uses oral hypoglycemic medications and injections, with the insulin dosage reduced from 35 to 20 units. Additionally, the patient takes Ecosprin and Telma, along with ayurvedic

products. The patient incorporates dietary supplements such as neem, seeds, wheat germ, and Aloe vera juice. Socially, the individual maintains a balanced life, meeting friends as needed, and consumes alcohol once a day. These lifestyle factors contribute to a comprehensive understanding of the patient's habits, facilitating a nuanced approach to managing diabetic diplopia. Despite leading a retired life, the patient holds the position of MD in a company providing resources to corporates and enjoys playing golf during leisure time.

Physical Generals

Diet	Diabetic diet; recently quit meat for the third time, loves vegetables
Appetite	Good
Desire	Desires sweets, Loves vegetables.
Aversion	None reported
Thermal Reaction	Feels more cold
Thirst	6-7 glasses a day
Stools	Once a day, no abnormality
Urine	Straw coloured, normal
Perspiration	Normal
Sleep	6-7 hours; uses a BiPap machine due to past apnea
Dreams	Not regular
Habits	Drinks alcohol once a day 1-2 cigarettes a day

Examination

Examination was done to assess whether it was monocular or binocular. It was found that Left side images were double. Rt side was OK.

Mental Generals

The case history started even before he visited. He did not visit directly but called up one of my colleagues to ensure whether Homeopathy really works. Then he wanted to know what exactly would be given to him because he did not want to take chance. He also ensured that he met a senior doctor. When he entered into the cabin he was very polite and greeted the doctor. When he was asked to pay he showed as if he was being charged too heavily and then again emphasized on getting the prescription. He also enquired if our medicine any steroid or any harmful agent. After collecting medicines from pharmacy patient came back again to verify if the medicine given were the same as prescribed or not.

Past History

Gall bladder removal in 1989

Family History

Patient's father had diabetes and died of myasthenia gravis
Mother had diabetes and succumbed to a cardiac attack

Case analysis

Repertorial totality

Repertory used	Rubrics selected
Kent Repertory	Mind- Delusion- place- wrong place: he was in the Mind- Suspicious Mind- curious Mind- Reverence for those around him Mind- truth- telling the plain Mind- Delusion- sold being

Repertory screenshot

Remedy Name	Hyos	Lyc	Puls	Calc	Subph	Verat	Ars	Chin	Sep	Acou	Agar	Aur	Carb-v	Caust
Totality	5	4	4	3	3	3	3	3	3	2	2	2	2	2
Symptom Covered	4	3	3	3	3	3	2	2	2	2	2	2	2	2
[C] [Mind]Fear: Betrayed, being:	1													
[C] [Mind]Cautious:	1	1	1	1	1	1	1	1		1		1		1
[C] [Mind]Inquisitive:	1	1	1	1	1	1			1		1	1	1	
[C] [Mind]Greed, cupidity:	2	2	2	1	1	1	2	2	2	1	1		1	1

Selection of Remedy

Remedy	Reasons
Constitutional	<p>Hyocymus 200</p> <ul style="list-style-type: none"> The prescription was decided on observation completely. Patient did not believe in homeopathy because homeopaths do not give prescriptions and so he cannot know what is being given. After ensuring that prescription would be given to him, he accepted to start the treatment. He then ensured twice/ thrice that the remedy given is same as mentioned in prescription.

Results: The remedy giben was Hyocyamus niger 200C followed by sac lac for 15 days.

Months	Progress	Prescription
1 st month	In first 7 days patient told that diplopia was little worse but later on he felt better.	Hyocyamus niger 200C followed by sac lac for 1 month
2 nd month	Patient was better.	Hyocyamus niger 200C followed by sac lac

Discussion and Conclusion

This case study explores the homeopathic treatment of diplopia in a 70-year-old diabetic patient, meticulously examining the chief complaint and associated symptoms from both physical and mental perspectives. The successful resolution of symptoms and the swift restoration of normal vision highlight the efficacy of homeopathy in managing visual disturbances linked to systemic conditions. Additionally, the case underscores the importance of patient

communication and education to overcome skepticism and foster trust in homeopathic interventions. In conclusion, this case study adds valuable insights to the growing body of evidence supporting the holistic and individualized approach of homeopathy in addressing complex health conditions.

The transformation – Patient testimonial

I consulted Dr Batra's positive Health Clinic for a very worrisome Dilopia (double vision) problem which I had , as a result of which I was seeing two images , which was very disconcerting as I could not drive , watch TV , and had to walk on the roads very carefully

Dr Ravi Kant conducted a detailed I examination and made recommendations which were very professionally documented , womething most Allopathic doctors do not do

The treatment had the desired effect and within 2 months my vision was back to normal

I recommend them very strongly for Homeopathic advice

Best regards,

Acknowledgments

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