Aplastic anemia & homeopathic for children's:
Observational studies

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Abstract
Aplastic Anemia treatment found in Homeopathy. Aplastic anemia develops when damage occurs to your bone marrow, slowing or shutting down the production of new blood cells. Aplastic anemia & pancytopenia occurs with bone marrow hypocellularity, it’s a rare disease in which the bone marrow and the hematopoietic stem cells that reside there are damaged. In aplastic anemia, the bone marrow is described in medical terms as aplastic or hypoplastic- meaning that it's empty (aplastic) or contains very few blood cells (hypoplastic). Aplastic anemia can be mistaken for a condition called myelodysplastic syndrome. In this group of disorders, the bone marrow produces new blood cells, but they're deformed and underdeveloped. In this paper the role of Homeopathic medicines in treatment of Aplastic Anemia has been discussed with some case studies.

Keywords: Aplastic anemia, homeopathy, root cure, bone marrow aplasia case study etc.

Introduction
Aplastic Anaemia develops when damage occurs to your bone marrow, slowing down production of new blood cells.
A lifesaver for aplastic anemia patients, homeopathy has the root cure Also known as bone marrow aplasia, aplastic anemia is a bone marrow disorder, caused due to multiple reasons. The disease was declared fatal due to less effective treatment, but homeopathy medicine has discovered the cure and has been a lifesaver for many. Treating the core disorders, homeopathy presents a root cure for the disorder.
In this paper the role of Homeopathic medicines in treatment of Aplastic Anemia has been discussed.

Factors That Can Temporarily or Permanently Injure Bone Marrow and Affect Blood
- Radiation and chemotherapy treatments.
- Exposure to toxic chemicals.
- Use of certain drugs.
- Autoimmune disorders.
- Viral infection.
- Unknown factors
Symptoms of Aplastic Anaemia
- Fatigue
- Fever
- Shortness of Breath with Exertion.
- Rapid or Irregular Heart Rate.
- Pale Skin
- Frequent or Prolonged Infections
- Unexplained or Easy Bruising
- Nose Bleeding & Bleeding Gums
- Profuse Menstrual Bleeding
- Prolonged Bleeding from Cuts
- Skin Rash
- Dizziness
- Headache
- Pathological:
  - Presence of occult blood in stool
  - Presence of blood in urine

Case Studies
Homeopathy medicines attempt to stimulate the healthy portion of bone marrow to improve cell production. This may help to reduce the number of cell transfusions. Improve general vitality and wellbeing of patient to help him fight infections. Homeopathy is Beneficial in countering side effects associated with conventional therapy. Control bleeding disorder associated with Aplastic Anaemia. It's also Balances disturbed immunity.

Research Conducted as follows
Case-1
Patients Name: Mast Shivansh Singh
Age: 20 months / Male
Date of first consultation: 03/05/2021
Diagnosis: He have very severe Aplastic Anaemia
- Previous history of gum bleeding & nose bleeding
- There was red & blue spot present on his body
- His Hb level dropped upto 4.5 gm% (as per his parents)
- Platelets dropped upto 4000
- He need blood transfusion in every 3-4 days

After Homeopathy Treatment

<table>
<thead>
<tr>
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<th>Hb</th>
<th>WBC</th>
<th>Platelets</th>
</tr>
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</table>

Findings after Few months of homeopathy treatment
- Now he didn’t require any blood transfusion (as per his parents)
- Hb more than 12.4 gm% (Date: 06/05/2023)
- Platelets More than 2.4 Lacs (Date: 06/05/2023)
- No fresh complaints
- Now he is well and not on any kind of treatment also started schooling

Case-2
Patients Name: Baby Shikha Patel (Altered Name) Age: 18 months / Female
Date of first consultation: 14/03/2023
Diagnosis: She have very severe Aplastic Anaemia
- Previous history of gum bleeding & nose bleeding & bleeding from lips
- Previous history of bleeding in stool & melena
- There was red & spot present on her body
- Her Hb level dropped upto 2.5 gm% & platelets dropped upto 4000
- She need blood transfusion in every month

Blood Test Results
Before Homeopathy Treatment

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After Homeopathy Treatment

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Findings after Few months of homeopathy treatment
- Now she didn’t require any blood transfusion (as per her parents).
- Hb more than 11 gm% (Date: 24/12/2023)
- Platelets More than 1.3 Lacs (Date: 24/12/2023).
- Now she is well & under treatment
As per the diagnosis of patients on the basis of their symptoms & investigation reports following homeopathic medicines can be prescribed from time to time to anaemia aplastic anaemia & pancytopenia patients.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Name of Medicine</th>
<th>Symptoms</th>
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</table>
| 1       | Arsenic Album    | Disintegration of the blood corpuscles  
Rapid excessive prostration with sinking of the vital force  
Extreme restlessness Emaciation & debility  
Fever with high temperature Fear of death being left alone  
Menses to profuse too soon |
| 2       | Cinchona China   | Great debility  
Profuse haemorrhage after climacteric Bloody leucorrhoea  
The quantity & quality of blood altered it becomes thin watery  
The face is pale & Hippocratic  
Eyes are sunken & surrounded by dark rings with ringing & buzzing sound in ears  
Fever with chill, heat & sweat Painful heaviness in pelvis  
Apethetic & indifferent |
| 3       | NATRUM MUR       | Alternation in blood & hence produces anaemia Cachectic & chlorotic looks  
Blue ring around the eyes From loss of blood  
Emaciation skin dry harsh yellow great exhaustion  
Menses irregular usually profuse Hungry yet loose flesh  
Pain in back with desire to some firm support Ill effects of grief, fright, anger etc  
Wants to be alone to cry |
| 4       | Ferrum Met       | Haemorrhage from any orifices  
The character of blood is bright red coagulable Pale skin  
Weak & delicate  
Abuse of quinine Anaemic murmur  
General coldness of extremities Head & face hot  
Profuse debilitating sweat |
| 5       | Eupatorium Perf   | Known as boneset – bone pain Aching pain in back  
Fever  
Nausea & vomiting Throbbing headache  
Vertigo with sensation of falling left  
Chronic loose cough with corzya & sneezing |
| 6       | Hamamelis Virg    | Haemorrhage from any & every orifices  
Hemorrhagic tendency from mouth nose bowel & uterus which is profuse bright red or dark colour  
Haemorrhage after miscarriage or post partum due to over exertion chronic diseases bright red blood & coagulable with sticking pricking lancinating & splinter like pain  
Bleeding piles blood may be bright red & profuse |
| 7       | Nitric Acid       | Bleeding from any orifices or from open wound Passive venous hemorrhages from any part Blood being dark passive & non coagulable Vicarious menstruations  
Rhinorrhagia Haemoptysis Haematemesis Malaena Haematuria  
Menorrhagia |
| 8       | Phosphorus        | Cholorotic anaemia at the time of puberty Anti hemorrhagic medicine  
Haemorrhage is caused by degeneration of tissues & occurs from small injury or cut  
Blood profuse watery bright red blood which is non coagulable  
Bleeding from various organ & parts small wound bleeds much  
Burning in back pain as if broken |

**Conclusions**
On the basis of investigation reports we have found that the Homeopathy medicines can cure Aplastic Anaemia, if the dosages are properly prescribed and taken on that basis of investigation reports from time to time under guidance of Homeopathic Physician.

**Conflict of Interest**
Not available

**Financial Support**
Not available

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