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Aplastic anemia & homeopathic for children's: Observational studies

Dr. AK DwivediDOI: <https://doi.org/10.33545/26164485.2024.v8.i1e.1083>**Abstract**

Aplastic Anemia treatment found in Homeopathy. Aplastic anemia develops when damage occurs to your bone marrow, slowing or shutting down the production of new blood cells. Aplastic anemia & pancytopenia occurs with bone marrow hypocellularity, it's a rare disease in which the bone marrow and the hematopoietic stem cells that reside there are damaged. In aplastic anemia, the bone marrow is described in medical terms as aplastic or hypoplastic- meaning that it's empty (aplastic) or contains very few blood cells (hypoplastic). Aplastic anemia can be mistaken for a condition called myelodysplastic syndrome. In this group of disorders, the bone marrow produces new blood cells, but they're deformed and underdeveloped. In this paper the role of Homeopathic medicines in treatment of Aplastic Anemia has been discussed with some case studies.

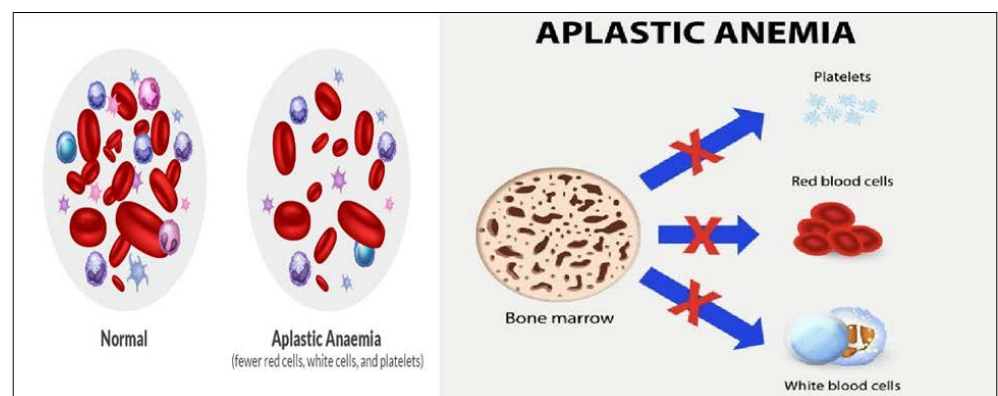
Keywords: Aplastic anemia, homeopathy, root cure, bone marrow aplasia case study etc.

Introduction

Aplastic Anaemia develops when damage occurs to your bone marrow, slowing down production of new blood cells.

A lifesaver for aplastic anemia patients, homeopathy has the root cure Also known as bone marrow aplasia, aplastic anemia is a bone marrow disorder, caused due to multiple reasons. The disease was declared fatal due to less effective treatment, but homeopathy medicine has discovered the cure and has been a lifesaver for many. Treating the core disorders, homeopathy presents a root cure for the disorder.

In this paper the role of Homeopathic medicines in treatment of Aplastic Anemia has been discussed.

**Factors That Can Temporarily or Permanently Injure Bone Marrow and Affect Blood**

- Radiation and chemotherapy treatments.
- Exposure to toxic chemicals.
- Use of certain drugs.
- Autoimmune disorders.
- Viral infection.
- Unknown factors

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Symptoms of Aplastic Anaemia

- Fatigue
- Fever
- Shortness of Breath with Exertion.
- Rapid or Irregular Heart Rate.
- Pale Skin
- Frequent or Prolonged Infections
- Unexplained or Easy Bruising
- Nose Bleeding & Bleeding Gums
- Profuse Menstrual Bleeding
- Prolonged Bleeding from Cuts
- Skin Rash
- Dizziness
- Headache
- Pathological:
 - Presence of occult blood in stool
 - Presence of blood in urine

Case Studies

Homeopathy medicines attempt to stimulate the healthy portion of bone marrow to improve cell production. This may help to reduce the number of cell transfusions. Improve general vitality and wellbeing of patient to help him fight infections. Homeopathy is Beneficial in countering side effects associated with conventional therapy. Control bleeding disorder associated with Aplastic Anaemia. It's also Balances disturbed immunity.

Research Conducted as follows

Case-1

Patients Name: Mast Shivansh Singh

Age: 20 months / Male

Date of first consultation: 03/05/2021 Diagnosis:

He have very severe Aplastic Anaemia

- Previous history of gum bleeding & nose bleeding
- There was red & blue spot present on his body
- His Hb level dropped upto 4.5 gm% (as per his parents)
- Platelets dropped upto 4000
- He need blood transfusion in every 3-4 days



Blood Test Results

Before Homeopathy Treatment

Date	Hb	WBC	Platelets
19/2/21	8.0	3640	4000
20/2/21	7.1	2400	15000

After Homeopathy Treatment

Date	Hb	WBC	Platelets
15/05/21	8.0	2400	25000
18/06/21	9.2	6000	42000
05/12/21	10.4	6600	55000
13/02/22	10.8	5900	68000
14/06/22	11.0	7000	1.20 Lacs
05/12/22	11.2	7200	1.5 Lacs
02/03/23	11.6	7600	1.7 Lacs
13/03/23	11.8	5600	1.95 lacs
06/05/23	12.4	7500	2.40 lacs

Findings after Few months of homeopathy treatment

- Now he didn't require any blood transfusion (as per his parents)
- Hb more than 12.4 gm% (Date: 06/05/2023)
- Platelets More than 2.4 Lacs (Date: 06/05/2023)
- No fresh complaints
- Now he is well and not on any kind of treatment also started schooling

Case-2

Patients Name: Baby Shikha Patel (Altered Name) Age: 18 months / Female

Date of first consultation: 14/03/2023 Diagnosis:

She have very severe Aplastic Anaemia

- Previous history of gum bleeding & nose bleeding & bleeding from lips
- Previous history of bleeding in stool & melena
- There was red & spot present on her body
- Her Hb level dropped upto 2.5 gm% & platelets dropped upto 4000
- She need blood transfusion in every month

Blood Test Results

Before Homeopathy Treatment

Date	Hb	WBC	Platelets
14/11/21	9.6	890	19000
13/11/22	7.0	750	14000
15/11/22	10.2	1040	15000
20/11/22	4.8	560	4000
06/01/23	5.5	640	11000
11/03/23	2.5	1650	4000

After Homeopathy Treatment

Date	Hb	WBC	Platelets
25/03/23	6.0	1860	7000
01/04/23	5.6	1970	10000
24/04/23	5.4	1810	16000
13/05/23	9.1	2530	16000
24/06/23	10.4	2430	42000
16/08/23	10.2	4730	52000
25/11/23	10.5	6020	1.28 Lacs
24/12/23	11.1	7200	1.33 Lacs

Findings after Few months of homeopathy treatment

- Now she didn't require any blood transfusion (as per her parents).
- Hb more than 11 gm% (Date: 24/12/2023)
- Platelets More than 1.3 Lacs (Date: 24/12/2023).
- Now she is well & under treatment

As per the diagnosis of patients on the basis of their symptoms & investigation reports following homeopathic

medicines can be prescribed from time to time to anaemia aplastic anaemia & pancytopenia patients.

Sr. No.	Name of Medicine	Symptoms
1	Arsenic Album	Disintegration of the blood corpuscles Rapid excessive prostration with sinking of the vital force Extreme restlessness Emaciation & debility Fever with high temperature Fear of death being left alone Menses to profuse too soon
2	Cinchona China	Great debility Profound debility and haemorrhage from every orifice of the body
		Profuse haemorrhage after climacteric Bloody leucorrhoea The quantity & quality of blood altered it becomes thin watery The face is pale & Hippocratic Eyes are sunken & surrounded by dark rings with ringing & buzzing sound in ears Fever with chill, heat & sweat Painful heaviness in pelvis Apathetic & indifferent
3	NATRUM MUR	Alternation in blood & hence produces anaemia Cachectic & chlorotic looks Blue ring around the eyes From loss of blood Emaciation skin dry harsh yellow great exhaustion Menses irregular usually profuse Hungry yet loose flesh Pain in back with desire to some firm support Ill effects of grief, fright, anger etc Wants to be alone to cry
4	Ferrum Met	Haemorrhage from any orifices The character of blood is bright red coagulable Pale skin Weak & delicate
		Abuse of quinine Anaemic murmur General coldness of extremities Head & face hot Profuse debilitating sweat Lumbago, Pain in hip joints Tibia Soles & Heel Menses too early, too profuse & long lasting
5	Eupatorium Perf	Known as boneset – bone pain Aching pain in back Fever Nausea & vomiting Throbbing headache Vertigo with sensation of falling left Chronic loose cough with coryza & sneezing
6	Hamammelis Virg	Bleeding from any orifices or from open wound Passive venous hemorrhages from any part Blood being dark passive & non coagulable Vicarious menstruations Rhinorrhagia Haemoptysis Haematemesis Malaena Haematuria Menorrhagia
7	Nitric Acid	Haemorrhage from any & every orifices Hemorrhagic tendency from mouth nose bowel & uterus which is profuse bright red or dark colour Haemorrhage after miscarriage or post partum due to over exertion chronic diseases bright red blood & coagulable with sticking pricking lancinating & splinter like pain Bleeding piles blood may be bright red & profuse
8	Phosphorus	Chlorotic anaemia at the time of puberty Anti hemorrhagic medicine Haemorrhage is caused by degeneration of tissues & occurs from small injury or cut Blood profuse watery bright red blood which is non coagulable Bleeding from various organ & parts small wound bleeds much Burning in back pain as if broken

Conclusions

On the basis of investigation reports we have found that the Homeopathy medicines can cure Aplastic Anaemia, if the dosages are properly prescribed and taken on that basis of investigation reports from time to time under guidance of Homeopathic Physician.

Conflict of Interest

Not available

Financial Support

Not available

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