



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)  
IJHS 2024; 8(1): 313-314  
Received: 05-11-2023  
Accepted: 11-12-2023

**Dr. Anshul**  
HOD & Associate Professor,  
Department of Practice  
Medicine, University College of  
Homoeopathy, Kekri  
Rajasthan, India

## A case report on warts treated successfully with homoeopathic medicine

**Dr. Anshul**

**DOI:** <https://doi.org/10.33545/26164485.2024.v8.i1e.1085>

### Abstract

Warts is one of the most common skin problems occur due to certain strains of the human papilloma virus (HPV). This article explores the effectiveness of homoeopathy in the treatment of Warts. Patient attended out-patient department (OPD) chiefly for complaints of blackish warts below chin. After unsatisfactory outcome with modern medicine & Curettage for one year, patient turned to homoeopathic treatment. After detailed case-taking, Nitric acid 30 CH was given along with Placebo, and gradually, the medicine was repeated as per the response upon the patient. Within 2 months of homoeopathic treatment, the patient started improving and continues to be free from warts in his last visit in OPD.

**Keywords:** Case report, warts, homoeopathy, medicine

### Introduction

Warts are benign lesions that occur in the mucosa and skin. Warts are caused by the human papillomavirus (HPV) Warts commonly occur in children and young adults, but they may appear at any age. Common warts (*Verruca vulgaris*) begin as smooth, flesh-coloured papules and evolve into dome-shaped, grey brown, hyperkeratotic growths with black dots on the surface.

**Epidemiology:** The incidence increases during the school years to reach a peak in adolescence and early adulthood <sup>[1-3]</sup>, then declines rapidly through the twenties and more gradually thereafter.

### Types

One method of classifying warts is based on their clinical appearance:

1. Common warts.
2. Filiform warts.
3. Flat warts.
4. Planter warts.

**Plantar warts (Verrucae):** Found on the sole of the foot. These are characterised by a horny collar surrounding a roughened surface. Paring reveals capillary loops that distinguish plantar warts from corns.

**Mosaic warts:** Mosaic-like sheets of warts.

**Plane warts:** Smooth, flat-topped papules, usually on the face and the dorsum of the hands.

**Filiform warts:** Often found on the face.

**Genital warts:** Papillomatous and protuberant.

### Case profile

#### Present complaint and history of present complaint

A 40-year-old male attended outpatient department (OPD) of university college of Homoeopathy, Kekri in December 2023 with the complains of blackish Filiform planter warts on chin in beard area for 1 years with pain and bleeding when he does shave over the

**Corresponding Author:**  
**Dr. Anshul**  
HOD & Associate Professor,  
Department of Practice  
Medicine, University College of  
Homoeopathy, Kekri  
Rajasthan, India

affected area. The affected area sensitive to touch. He uses allopathic ointments & Curettage on this from last one year.

**Past history:** Not specific.

**Family history:** Mother is hypertensive and father is healthy. He has two Siblings who are healthy and alive.

**Personal history:** Patient belong to middle class family and do private job. Married, vegetarian.

**Physical generals:** His build is lean and thin. His appetite is good having three meals per day with spicy food desire. Bowel movements are satisfactory. Patient is chilly (Craves hot drinks) He is thirst less.

**Mental symptoms:** He is very anxious about his health, always ask - m theeek to ho jaunga na. Always feels exhausted mentally, does not have any desire to do any type of mental work.

**Local and systemic examination:** Tongue was slightly white coated. All the vitals are normal.

**Provisional diagnosis:** Warts.

#### Miasmatic analysis

Miasmatic evaluation for the presenting symptoms was done with the help of “The Chronic disease by Dr. Samuel Hahnemann” showed the predominance of sycotic miasm.

**Justification of selection of remedy and potency:** Nitric Acid 30CH in OD daily for seven days followed by Placebo for 10 days was first prescription because Nitric Acid covering maximum symptoms of the patient. Nitric Acid was prescribed as similimum on the basis of totality of symptoms of the patient. On the basis of moderate susceptibility, 30CH potency was selected.

**Intervention -** On 20/11/2023, Nitric Acid 30CH OD dose was prescribed along with Placebo 200 one dose state as a therapeutic medicine for 15 days.

**Table 1:** Follow-Ups with prescription

Date	Symptoms	Medicine
05/12/2023	Warts same as before But in consistency they become slightly soft Patient mentally feels relaxed	Nitric Acid 30 /OD Phytum200/1D/ State
20/12/2023	SQ	Nitric Acid 30 /BD Phytum200/1D/ State
10/01/2024	Warts become softer and few new appearance Sensitive to touch Itching started at warts area at night	Nitric Acid 30 /BD Sulphur 30/1D Phytum20/BD
25/01/2024	Itching disappeared Warts disappearing, skin become lighter	Phytum20/TDS
10/02/2024	Warts become almost disappeared	Rubrum30/TDS



#### Discussion

Warts are spread by direct or indirect contact. Common hand warts may spread widely round the nails in those who bite their nails or periungual skin. Shaving may spread wart infection over the beard area.

#### Conclusion

This case report gives us a result of individualized homoeopathic medicine on warts. It re-confirms the importance of homoeopathy is an effective method in managing warts cases and other skin complaints.

#### Conflict of Interest

Not available

#### Financial Support

Not available

#### References

- Hahnemann S. The chronic diseases their peculiar nature and their homoeopathic cure. Low Price Edition.

New Delhi: B. Jain Publishers Pvt. Ltd.; c2002

- Boericke William. New manual of Homoeopathic Materia Medica with Repertory. 3<sup>rd</sup> ed. New Delhi: B. Jain Publisher (P) Ltd. 2007, 1033.
- Habif TP. Clinical dermatology: A color guide to diagnosis and therapy (6<sup>th</sup> ed.). Saunders; c2015.
- Kilkenny M, Marks R. The descriptive epidemiology of warts in the community. Aust J Dermatol; c1996.
- Griffiths C, Barker J, Bleiker T, Chalmers R, Creamer D. (Eds.). Rook's textbook of dermatology (9<sup>th</sup> ed.). Wiley-Blackwell; c2016.

#### How to Cite This Article

Anshul. A case report on warts treated successfully with homoeopathic medicine. International Journal of Homoeopathic Sciences. 2024;8(1):313-314.

#### Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.