



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)

IJHS 2024; 8(1): 381-390

Received: 09-01-2024

Accepted: 13-02-2024

**Dr. Soumyadip Pal**

Post Graduate Trainee,  
Department of Repertory,  
Mahesh Bhattacharyya  
Homoeopathic Medical College  
and Hospital, West Bengal,  
India

**Dr. Avirup Basu**

Post Graduate Trainee,  
Department of Materia  
Medica, Mahesh  
Bhattacharyya Homoeopathic  
Medical College and Hospital,  
West Bengal, India

**Dr. Sourav Koley**

BHMS, M.D (Department of  
Materia Medica) Senior  
Medical officer & in-charge,  
CGHS WC, Timarpur, New  
Delhi, Govt. of India

**Dr. Sourav Goswami**

Post Graduate Trainee,  
Department of Materia  
Medica, DN De Homoeopathic  
Medical College and Hospital,  
West Bengal, India

**Dr. Ritu Hatai**

Post Graduate Trainee,  
Department of Materia  
Medica, Mahesh  
Bhattacharyya Homoeopathic  
Medical College and Hospital,  
West Bengal, India

**Corresponding Author:**

**Dr. Avirup Basu**

Post Graduate Trainee,  
Department of Materia  
Medica, Mahesh  
Bhattacharyya Homoeopathic  
Medical College and Hospital,  
West Bengal, India

## Warts successfully treated with individualized homoeopathic intervention: A case series

**Dr. Soumyadip Pal, Dr. Avirup Basu, Dr. Sourav Koley, Dr. Sourav Goswami and Dr. Ritu Hatai**

DOI: <https://doi.org/10.33545/26164485.2024.v8.i1f.1095>

### Abstract

Warts are benign intra-epidermal neoplasms that occur in the mucosa and skin, are caused by infection with human papillomavirus and commonly affect children and adolescents. The prevalence is very common worldwide, approximately 10% of the whole population. Though benign, lesions can be extensive and painful, sometimes they can bleed too. Sometimes, spontaneous resolution can occur, but the chance of cosmetic disfiguration is not too less. The treatment can be very challenging because the side effects of recurrent cryotherapy, laser application, immunotherapy are devastating and prolonged. This case series shows five cases of warts, which were treated and recovered with *individualized* Homeopathic treatment without recurrence and further complication. Clinical improvement as well as the overall wellbeing directs towards the success of applying single *constitutional* Homeopathic medicines to the individual. The evidence of recovery with Homeopathic medicines in the cases of warts as well as other difficult to treat cases indicates to the revolution of the future medical science.

**Keywords:** Homeopathy, human papilloma virus, individualization, warts

### Introduction

Warts are benign, spontaneously regressing epithelial tumours that occur in the mucosa and skin. Warts are caused by Human Papilloma Virus (HPV) and are differing in clinical morphology and histological pattern, depending on the inducing HPV types <sup>[1, 2]</sup>. Virus particles reside in the basal layer of the epithelia and replicate in the well differentiated superficial layer. This cellular proliferation causes thick, hyperkeratotic benign growths <sup>[3]</sup>. The primary manifestations of HPV infection include the cutaneous varieties, genital warts, focal epithelial hyperplasia, epidermodysplasia verruciformis, plantar cysts etc. <sup>[1]</sup>. Types of cutaneous warts are several, such as common warts, flat warts, palmoplantar warts, mosaic warts, filiform warts etc. <sup>[4]</sup>. Warts affect approximately 10% of the population. It can occur at any age but prevalence increases among school-aged children and peaks at 12-16 years. Male female ratio is almost equal <sup>[1]</sup>. Though most of the warts, don't cause troublesome symptoms, some may cause itching, tightness, pain or pressure. Sometimes, bleeding from the surface of the warts can also occur due to leaking from the capillaries. As the viruses multiply in the skin, the risk of getting warts can increase simultaneously. If someone has a weakened immune system, their body is not always able to successfully fight them off. Other people also have a greater risk of getting warts because they have more frequent contact with the viruses <sup>[4]</sup>. The warts are not life-threatening but they are unsightly, uncomfortable and potentially contagious. According to the modern medicinal point of view, the anti-wart medications are less effective and also frequent applications can limit the success rate. Also, the cauterization, laser therapy can temporarily be effective but recurrence rates are too high even after removal <sup>[5]</sup>. It leads the patient to search for alternative therapies. Plenty of cases are treated and recovered successfully by Homeopathic medicines. But gaps of reporting the cases leads to lack of evidences and ultimately less acceptance of this therapy. In this case series, five cases of Warts are presented, which were successfully recovered by Homeopathic treatment.

### Cases of warts

**Case 1:** A 17-years-old girl, visited our clinic complaining of progressive, non-tender, non-irritating flower-like growth on the third toe of left side for last two months. No local bleeding and itching were note

**History:** She suffered from nocturnal enuresis till ten years of age, took Homeopathic treatment with complete recovery. Her developmental milestones were little delayed; especially her mother reported delayed dentition and delayed walking.

**Family history:** Her grandfather suffered from cardiac issues, systolic hypertension and dyslipidaemia, her mother suffered from polycystic ovarian diseases, chronic backache, and muscle sprains.

**Generals (Physical & Mental):** Her appetite was less, thirst adequate. She was intolerant of both heat and cold. She reported profuse perspiration on slight exertion. She suffered from constipation with irregular onset stool and ineffectual urging for stool was present. Desire for juicy, refreshing food, burnt meat (Kebabs) and aversion to milk was present. The tongue was dry and whitish coating all over. Fear of darkness at night was found. Inattentiveness was observed, she also reported a minor degree of forgetfulness of regular activities.

**General survey:** The patient was conscious and cooperative; clinically pallor, cyanosis, jaundice, or clubbing not detected. Thin built, brown complexion and anxious facies were noted with regular radial pulse.

**On examination:** Progressive, non-tender, non-irritating flower-like growth on the left third toe was noted. The dimension of the growth was 1.1 cm (craniocaudal) × 0.9 cm (mediolateral).

**Diagnosis:** The diagnosis was made by history and physical examination [Figure 2a, 2b pre-treatment].

**Totality of the symptoms:** The symptoms considered for the analysis and evaluation of the case were done using Kentian approach.

- Fear of darkness.
- Absent-minded, weakness of memory.
- Desire for juicy refreshing food, burnt meat.
- Aversion to milk.
- Constipation-irregular stool, ineffectual urging during stool.
- Profuse perspiration on slight exertion.
- Warts in the left third toe, jagged and pedunculated.

**Repertorization with remedial analysis:** Hompath Zomeo pro version was consulted as the case presented with few characteristic mental and physical general symptoms. *Causticum* (20/8), *Lycopodium* (14/6), *Nitric acid* (13/5), *Sepia* (13/5), *Calcarea carb* (12/6), *Phosphorus* (12/6) were the medicines in the top gradation. *Causticum* covered most of the symptoms with highest gradation Figure-1).

Remedy	Caust	Lyc	Nit-ac	Sep	Calc	Phos	Puls	Thuj	Calc-s	Rhus-t	Sil	Sulph	Nat-c	Verat	Ph-ac
<b>Totality</b>	<b>20</b>	<b>14</b>	<b>13</b>	<b>13</b>	<b>12</b>	<b>12</b>	<b>12</b>	<b>11</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>9</b>	<b>9</b>	<b>8</b>
<b>Symptoms Covered</b>	<b>8</b>	<b>6</b>	<b>5</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>5</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>5</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>5</b>
[Kent ] [Mind]Fear (see Anxiety):Dark:	2	2	0	0	2	2	2	0	1	1	0	0	0	0	0
[Kent ] [Mind]Absent-minded (see forgetful):	3	2	1	3	1	2	3	1	1	2	2	2	1	3	2
[Kent ] [Stomach]Desires:Refreshing things:	2	0	0	0	2	2	2	1	1	0	0	0	0	3	3
[Kent ] [Stomach]Desires:Meat:Smoked:	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0
[Kent ] [Stomach]Aversion:Milk:	0	0	0	2	2	1	2	0	2	0	2	2	3	0	0
[Kent ] [Rectum]Constipation (see inactivity):Ineffectual urging and straining:	3	3	3	3	2	2	3	3	2	1	3	3	2	2	1
[Kent ] [Perspiration]Exertion:During slight (see walking):	1	3	3	3	3	3	0	1	3	3	2	3	3	1	0
[Kent ] [Skin]Warts (see excrescences):Jagged:	3	2	3	2	0	0	0	3	0	1	0	0	0	0	1
[Kent ] [Skin]Warts (see excrescences):Pedunculated:	3	2	3	0	0	0	0	2	0	2	1	0	0	0	1

Fig 1: Repertorial analysis (Case-1)

**Remedy selection and administration:** Initially, five medicated globules (Globule No-20) of *Causticum* 200 CH potency was dispensed in 20 ml of distilled water added with 10 drops of rectified spirit, two doses were given to take once daily in early morning and empty stomach, followed by placebo (globules no. 30), two globules once

daily, early morning in empty stomach for 14 subsequent days.

**Follow-up and outcome:** Follow-ups [Table 1] were done at 2 weeks interval and marked improvement was observed at the end of one month of treatment [Figure 3].

**Table 1:** Follow-up chart (Case 1)

Date	Symptomatology	Treatment	Justification
12 <sup>nd</sup> November, 2023 (First visit)	Fear of darkness, Desire for burnt meat, refreshing things, Milk aversion, Profuse perspiration on little exertion and large jagged wart in the left toe was considered.	<i>Causticum</i> 200 CH. Two doses, once daily in early morning followed by placebo (two globules) once daily for two weeks.	Based on symptom similarity.
28 <sup>th</sup> November, 2023 (Follow-up 1)	Size of the wart reduced in size.	Placebo administered for next two weeks, two globules once daily.	Patient was improving.
10 <sup>th</sup> December, 2023 (Follow-up 2)	The surface became clear and free from wart. Associated skin was shiny as healing pursued.	Placebo administered for next four weeks, two globules once daily.	Growth was healed and no presence of warts.

**Fig 2A & 2B:** Shows warts on the third toe of left side before treatment**Fig 3:** After treatment

**Case 2:** A female patient aged 14 years visited our clinic complaining of crops of small tag-like warty growth on face below the right eye for last two months. No local bleeding and itching were noted.

**History:** She suffered from excessive diarrhoea during the period of her infancy.

**Family history:** Her father was a known patient of allergic rhinitis.

**Generals (Physical & Mental):** Her appetite and thirst were moderate and adequate. Desire for milk and cold food and drinks and aversion to meat were noted. She reported profuse fetid perspiration, mostly in palms of both hands. She suffered from constipation with irregular stool, great straining while passing stool, stool recedes after partially expelled. No abnormality in sleep and dreams were noted. She was easily affected by cold in every change of weather. She was very obstinate, did not listen to her parents but if scolded, weep easily. Not wanted to appear in front of unknown person. Inattentive, difficult concentration to anything even study.

**General survey:** The patient was alert and cooperative;

clinically pallor, cyanosis, jaundice or clubbing not detected. Thin built, dark complexion and anxious facies were noted with regular, rhythmical radial pulse.

**On examination:** Multiple, crop-like, small, fleshy warts were seen on the right side of the face below the eye. A solitary wart was located on the left lower lip.

**Diagnosis:** The diagnosis was made by history and physical examination [Figure 5, pre-treatment].

**Totality of the symptoms:** The symptoms considered for the analysis and evaluation of the case were done using Kentian approach.

- Very obstinate, headstrong.
- Well with familiar faces but timidity return while appearing in public.
- Difficult concentration, never fix the mind.
- Aversion to meat.
- Desire for milk and cold food and drinks.
- Profuse perspiration in palm, perspiration offensive.
- Constipation-great straining while passing stool, stool recedes after partially expelled.
- Warts in face, crop like.

**Repertorization with remedial analysis:** Homopath Zomeo pro version was consulted as the case presented with few characteristic mental and physical general symptoms. *Silicea terra* (25/9), *Nux vomica* (20/7), *Sulphur* (19/5),

*Sepia officinalis* (17/6), *Mercurius solubilis* (16/7), *Calcarea carbonica* (15/6) were the medicines in the top gradation. *Silicea* covered most of the symptoms with highest gradation [Figure. 4].

Remedy	Sil	Nux-v	Sulph	Sep	Merc	Calc	Lyc	Thuj	Phos	Dulc	Nit-ac	Ars	Carb-v	Kali-c	Caust
<b>Totality</b>	<b>25</b>	<b>20</b>	<b>19</b>	<b>17</b>	<b>16</b>	<b>15</b>	<b>14</b>	<b>14</b>	<b>14</b>	<b>14</b>	<b>13</b>	<b>13</b>	<b>12</b>	<b>12</b>	<b>12</b>
<b>Symptoms Covered</b>	<b>9</b>	<b>7</b>	<b>9</b>	<b>6</b>	<b>7</b>	<b>6</b>	<b>7</b>	<b>7</b>	<b>6</b>	<b>5</b>	<b>7</b>	<b>6</b>	<b>7</b>	<b>7</b>	<b>6</b>
[Kent ] [Mind]Obstinate:	2	3	2	0	1	3	1	1	1	0	2	2	1	2	1
[Kent ] [Mind] Timidity:Appearing in public:	3	0	0	0	0	0	0	0	0	0	0	0	2	0	0
[Kent ] [Mind] Concentration:Difficult:	3	3	2	3	2	0	3	2	3	2	2	1	3	2	3
[Complete ] [Generalities] Food and drinks: Cold:Drinks:Desires:	3	3	3	3	4	3	3	3	4	4	1	4	1	1	3
[Kent ] [Stomach] Desires:Milk:	2	2	1	0	2	2	0	0	0	0	0	2	0	0	0
[Kent ] [Stomach] Aversion:Meat:	3	3	3	3	2	3	2	1	2	0	2	2	2	2	1
[Kent ] [Perspiration] Odour:Offensive:	3	3	3	3	3	0	3	3	2	2	3	2	2	1	0
[Kent ] [Rectum] Constipation (see inactivity):Difficult stool (see inactivity):Stool recedes:	3	0	1	0	0	0	0	2	0	0	0	0	0	0	0
[Kent ] [Extremities] Perspiration:Hand:Palm:	3	3	3	3	2	2	1	0	2	3	1	0	1	2	1
[Kent ] [Face]Warts:	0	0	1	2	0	2	1	2	0	3	2	0	0	2	3

**Fig 4:** Repertorial analysis (Case-2)

**Remedy selection and administration:** Initially, five medicated globules (Globule No 20) of *Silicea terra* 200 CH potency was dispensed in 20 ml of distilled water added with 10 drops of rectified spirit, two doses were given to take once daily in early morning and empty stomach, followed by *placebo* (Globules No 30), two globules once

daily, early morning in empty stomach for 14 subsequent days.

**Follow-up and outcome:** Follow-ups (Table 2) were done at 2 weeks interval and marked improvement was observed at the end of one month of treatment [Figure 6].

**Table 2:** Follow-up chart (Case 2)

Date	Symptomatology	Treatment	Justification
19 <sup>th</sup> June, 2023 (First visit)	Multiple warts were observed in face below right eye. Obstnacy, Timidity in appearing in public, desire for milk and cold food and drink, offensive sweat was peculiar.	<i>Silicea terra</i> 200 CH. One dose to be taken in early morning followed by placebo (two globules) once daily for two weeks.	Based on symptom similarity.
3 <sup>rd</sup> July, 2023 (Follow-up 1)	Both size and the number of the warts reduced.	Placebo administered for next two weeks, two globules once daily.	Patient was improving.
18 <sup>th</sup> July, 2023 (Follow-up 2)	Face below the right eye became free from all excrescences. Spot discolouration (dark) was seen at the end.	Placebo administered for next four weeks, two globules once daily.	Growth was completely healed



**Fig 5:** Before treatment (Case 2)



**Fig 6:** After treatment (Case 2)

**Case 3:** A 47-years-old woman visited our clinic complaining of a single, large, fleshy, non-bleeding wart on the left breast for last six months. She confirmed little pain occasionally especially on provocation and friction of the clothes.

**History:** She was a known hypertensive patient and used to take medication for thyroid related issues (hypothyroidism).

**Family history:** Her father died of cerebral stroke 7 years earlier and her mother was diabetic and hypertensive patient who suffered from paraesthesia of limbs.

**Generals (Physical & Mental):** She had less appetite as she suffered from sour mouth after each major meal. Thirst adequate and normal urinary output were reported. She reported profuse perspiration all over the body on least exertion, mostly in neck region. Desire for sour refreshing food and aversion to milk were noted. She suffered from disturbed sleep sometimes and dreamt of unpleasant incidents like accidents, drowning and falling from height. She was a chilly patient and affected by cold easily. Patient was extremely sensitive, offended easily even in harmless words. She had anxiety issues especially fear of death was noted. Memory weak, forgetfulness of daily activities was reported.

**General survey:** She was conscious and cooperative; clinically pallor, cyanosis, jaundice or clubbing not detected. Non-pitting oedema of left sided knee and ankle joint was noted. Healthy patient with body weight of 72 kg,

fair complexion and anxious facies were noted.

**On examination:** A single, large, fleshy, globular, non-bleeding wart measuring 1.4 cm (craniocaudal) × 1.1 cm (mediolateral) on the antero-inferior surface of the left breast was noted which was painful on provocation and friction and firm in consistency.

**Diagnosis:** The diagnosis was made by history and physical examination [Figure 8, pre-treatment].

**Totality of the symptoms:** The symptoms considered for the analysis and evaluation of the case were done using Kentian approach.

- Emotionally sensitive, easily offended.
- Fear of death
- Aversion to milk.
- Desire for sour food and drinks.
- Unpleasant dreams: sometimes accident, sometimes being lost, of ghost etc.
- Profuse perspiration, mostly around nape of neck.
- Single large fleshy painful wart on left breast.

**Repertorization with remedial analysis:** HOMPAT Zomeo pro version was consulted as the case presented with few characteristic mental and physical general symptoms. *Calcarea carbonica* (17/8), *Sulphur* (14/7), *Sepia officinalis* (13/8), *Causticum* (10/5), *Nitric acid* (10/4), *Phosphorus* (8/5), *Silicea terra* (8/5) were the medicines in the top gradation. *Calcarea carbonica* covered most of the symptoms with highest gradation (Figure. 7).

Remedy	Calc	Sulph	Sep	Caust	Nit-ac	Phos	Sil	Ars	Puls	Nat-m	Apis	Bry	Nux-v	Verat	Ant-t
<b>Totality</b>	<b>17</b>	<b>14</b>	<b>13</b>	<b>10</b>	<b>10</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>7</b>	<b>6</b>
<b>Symptoms Covered</b>	<b>8</b>	<b>7</b>	<b>8</b>	<b>5</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>3</b>	<b>4</b>
[Kent ] [Mind]Fear (see Anxiety):Death, of:	3	1	1	2	3	3	0	3	2	1	2	2	2	2	1
[Kent ] [Mind]Offended, easily (see Sensitive):	2	2	2	2	0	1	0	2	2	2	2	0	3	2	0
[Kent ] [Stomach]Aversion:Milk:	2	2	2	0	0	1	2	0	2	0	0	2	1	0	2
[Kent ] [Stomach]Desires:Sour,acids,etc.:	2	2	2	0	0	2	0	2	2	2	2	2	0	3	2
[Kent ] [Back]Perspiration:Cervical region:	3	3	2	0	2	0	2	1	0	0	0	0	1	0	0
[Kent ] [Sleep]Dreams:Unpleasant:	1	3	1	0	0	0	0	0	0	1	1	1	0	0	1
[Kent ] [Skin]Warts (see excrescences):Fleshy:	2	0	0	2	0	0	1	0	0	0	0	0	0	0	0
[Kent ] [Skin]Warts (see excrescences):Large:	0	0	2	2	3	0	2	0	0	0	0	0	0	0	0
[Kent ] [Skin]Warts (see excrescences):Painful:	2	1	1	2	2	1	1	0	0	1	0	0	0	0	0

**Fig 7:** Repertorial analysis (Case-3)

**Remedy selection and administration:** As the patient featured with the symptoms of *Calcarea*, we preferred *Calcarea calcinata* over *Calcarea carbonica* as the guiding characteristic symptoms of *Calcarea carbonica* was not present. Moreover, *Calcarea calcinata* though less proved, was extremely efficacious in firm warts. Five medicated globules (Globule No-20) of *Calcarea calcinata* 1M potency was dispensed in sugar of milk, administered a

single dose to be taken in early morning and empty stomach, followed by *placebo* (globules no. 30), two globules once daily, early morning in empty stomach for 14 subsequent days.

**Follow-up and outcome:** Follow-up (Table 3) was done at two weeks interval and marked improvement was observed at the end of two weeks of treatment (Figure 9).

**Table 3:** Follow-up chart (Case 3)

Date	Symptomatology	Treatment	Justification
2 <sup>nd</sup> November, 2023 (First visit)	Emotionally sensitive, fear of death, milk aversion, sour desire, profuse sweat in the nape of neck and large, fleshy, painful wart on left breast was observed.	<i>Calcarea calcinata</i> 1M. Two doses, once daily in early morning followed by placebo (two globules) once daily for two weeks.	Symptoms suggested to <i>Calcarea</i> group of medicines. <i>Calcarea calcinata</i> was chosen as the growth was large and fleshy.
16 <sup>th</sup> November, 2023 (Follow-up 1)	The growth completely took off with a little localized erythema within a fortnight.	No medicines were administered rather asked to report after 15 more days.	Growth was healed and no presence of warts.

**Fig 8:** Before treatment (Case 3)**Fig 9:** After treatment (Case 3)

**Case 4:** A 17-years-old girl visited our clinic complaining of a single, pedunculated, jagged, non-bleeding wart on the back of left hand in between first and second digit for last five months.

**Past history:** She used to suffer from allergic rhinitis and rashes for past three years.

**Family history:** Her mother suffered from fibroid uterus and menstrual irregularities.

**Generals (Physical & Mental):** She had less appetite and her thirst was adequate. Desire for extra salt in lunch and dinner and aversion to rich, oily food were reported. She suffered from disturbed sleep, difficulty to inducing sleep after waking at night. Imprint of teeth on tongue was noted. She had a tendency to catch cold easily but could not tolerate heat in any form. She was introvert, did not prefer much company, and wanted to be alone. She did not respond easily and aggravation from consolation was reported by her attendant.

**General survey:** She was conscious and cooperative; clinically mild pallor was seen but cyanosis, jaundice or clubbing not detected. Thin built, fair complexion and anxious facies were noted.

**On examination:** A single, large, jagged, pedunculated, non-tender, non-bleeding wart measuring 0.9 cm (craniocaudal) × 0.6 cm (mediolateral) on the back of left hand in between first and second digit.

**Diagnosis:** The diagnosis was made by history and physical examination [Figure 11, pre-treatment].

**Totality of the symptoms:** The symptoms considered for the analysis and evaluation of the case were done using Kentian approach.

- Aversion to answer, preferred to stay alone.
- Aggravation form consolation.
- Aversion to take fatty, rich food.
- Desire for extra salt with each meal.
- Sleeplessness, difficult to induce sleep after waking once.
- Imprint of teeth in tongue.
- Warty growth in the back of the hand, jagged and pedunculated growth.

**Repertorization with remedial analysis:** Hompath Zomeo pro version was consulted as the case presented with few characteristic mental and physical general symptoms. *Natrum muriaticum* (16/6), *Sepia officinalis* (13/6), *Rhus toxicodendron* (11/7), *Arsenicum album* (11/5), *Carbo vegetabilis* (10/5), *Causticum* (10/5) were the medicines in the top gradation. *Natrum muriaticum* covered most of the symptoms with highest gradation [Figure. 10].

Remedy	Nat-m	Sep	Rhus-t	Ars	Carb-v	Caustr	Merc	Sulph	Thuj	Nit-ac	Nux-v	Bell	Lyc	Phos	Puls
<b>Totality</b>	<b>16</b>	<b>13</b>	<b>11</b>	<b>11</b>	<b>10</b>	<b>10</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>
<b>Symptoms Covered</b>	<b>6</b>	<b>6</b>	<b>7</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>4</b>
[Kent ] [Mind] Answers:Aversion to:	2	0	1	1	0	1	1	2	0	0	3	1	0	1	2
[Kent ] [Mind] Consolation:Agg:	3	3	0	2	0	0	1	0	1	1	1	2	1	0	0
[Kent ] [Mind] Company:Aversion to:	3	2	2	0	2	0	0	2	2	0	3	2	2	1	2
[Kent ] [Stomach] Aversion:Fats and rich food:	2	2	1	2	2	0	2	2	0	0	0	1	0	1	3
[Kent ] [Stomach] Desires:Salt things:	3	0	0	0	3	2	0	1	1	2	0	0	0	3	0
[Kent ] [Sleep] Sleeplessness:Waking,after:	3	2	1	3	1	1	2	2	0	0	2	2	1	2	1
[Kent ] [Mouth] Indented:Tongue:	0	2	3	3	2	0	3	0	0	0	0	0	0	0	0
[Kent ] [Skin]Warts (see excrescences):Jagged:	0	2	1	0	0	3	0	0	3	3	0	0	2	0	0
[Kent ] [Skin]Warts (see excrescences):Pedunculated:	0	0	2	0	0	3	0	0	2	3	0	0	2	0	0

Fig 10: Repertorial analysis (Case-4)

**Remedy selection and administration:** Five medicated globules (Globule No-20) of *Natrum mur* 200CH potency was dispensed in sugar of milk, administered two doses to be taken once daily in early morning and empty stomach, followed by *placebo* (globules no. 30), two globules once daily, early morning in empty stomach for 14 subsequent

days.

**Follow-up and outcome:** Follow-ups [Table 4] were done at 2 weeks interval and marked improvement was observed at the end of six weeks of treatment [Figure 12].

Table 4: Follow-up chart (Case 4)

Date	Symptomatology	Treatment	Justification
28 <sup>th</sup> August, 2023 (First visit)	Jagged and pedunculated growth was observed in the back of left hand associated with introvert personality, aggravation from consolation, salt desire and imprint of teeth on the tongue.	<i>Natrum muriaticum</i> 200 CH. Two doses, once daily in early morning followed by placebo (two globules) once daily for two weeks.	Based on symptom similarity.
12 <sup>nd</sup> September, 2023 (Follow-up 1)	No much improvement was seen. Size of the growth same as before.	<i>Natrum muriaticum</i> 1M. One dose, in next morning followed by placebo (two globules) once daily for two weeks.	Complaints of the patient was same as before. So that, potency was increased.
24 <sup>th</sup> September, 2023 (Follow-up 2)	Marked reduction in size of the wart was prominent. No new symptoms were seen.	Placebo administered for next two weeks, two globules once daily.	Patient was improving.
9 <sup>th</sup> October, 2023 (Follow-up 3)	Wart completely reduced though a circular spot discoloration was still present. Skin shiny and no roughness was observed.	Placebo administered for next two weeks, two globules once daily.	Growth was healed completely.



Fig 11: Before treatment (Case 4)



Fig 12: After treatment (Case 4)

**Case 5:** Male patient, aged 31 years, visited our clinic complaining of a single, slowly progressive, non-bleeding, non-tender, horn-like growth projected from just above the upper lips of left side since last three months.

**Past history:** He took allopathic medication and applied ointments to remove the growth but no improvement noted.

**Family history:** His mother suffered from exertional dyspnoea and mild systolic hypertension.

**Generals (Physical & Mental):** His appetite was good and thirst adequate. Desire for extra salt with meals and meat with strong aversion for sweets were reported. He did not perspire much and his sleep was adequate. Sometimes sleep disturbances with restless sleep were reported. He used to pass hard stool, sometimes after great straining and developed bleeding haemorrhoids (occasional) which was aggravated mostly after taking stress and anxiety. He could not tolerate much heat. He was extremely anxious and nervous patient, takes much stress for family and business. Absent-mindedness was observed, buried in thoughts. Forgetfulness was also reported.

**General survey:** The patient was conscious and cooperative; clinically no pallor, cyanosis, jaundice or clubbing was detected. Moderate built, fair complexion and

anxious facies were noted.

**On examination:** A single, slowly progressive, non-bleeding, non-tender, horn-like growth (0.5 cm in length) projected from just above the upper lips of left side.

**Diagnosis:** The diagnosis was made by history and physical examination [Figure 14, pre-treatment].

**Totality of the symptoms:** The symptoms considered for the analysis and evaluation of the case were done using Kentian approach.

- Absent-minded.
- Aversion to sweet.
- Desire for meat.
- Desire for extra salt with each meal.
- Haemorrhoids from mental exertion.
- Jagged warty growth in upper lip.

**Repertorization with remedial analysis:** Homopath Zomeo pro version was consulted as the case presented with few characteristic mental and physical general symptoms. *Causticum* (14/6), *Nitricum acidum* (10/5), *Natrum mur* (7/3), *Phosphorus* (7/3), *Sulphur* (6/4), *Thuja* (6/4) were the medicines in the top gradation. *Causticum* covered most of the symptoms with highest gradation [Figure. 13].

Remedy	Caust	Nit-ac	Nat-m	Phos	Sulph	Thuj	Graph	Lac-c	Verat	Merc	Sep	Arg-n	Hell	Kreos	Lyc
<b>Totality</b>	14	10	7	7	6	6	6	6	6	5	5	4	4	4	4
<b>Symptoms Covered</b>	6	5	3	3	4	4	3	3	2	3	2	2	2	2	2
[Kent ] [Mind]Absent-minded (see forgetful):	3	1	3	2	2	1	2	2	3	2	3	1	3	2	2
[Kent ] [Stomach]Aversion:Sweets:	2	1	0	2	2	0	3	1	0	2	0	0	0	0	0
[Kent ] [Stomach]Desires:Salt things:	2	2	3	3	1	1	0	3	3	0	0	3	0	0	0
[Kent ] [Stomach]Desires:Meat:	0	0	1	0	1	0	1	0	0	1	0	0	1	2	0
[Kent ] [Rectum]Haemorrhoids:Mental exertion:	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
[Kent ] [Skin]Warts (see excrescences):Jagged:	3	3	0	0	0	3	0	0	0	0	2	0	0	0	2
[Kent ] [Face]Warts:Lips:	2	3	0	0	0	1	0	0	0	0	0	0	0	0	0

**Fig 13:** Repertorial analysis (Case-5)

**Remedy selection and administration:** Five medicated globules (Globule No-20) of *Causticum* 200CH potency was dispensed in sugar of milk, administered two doses to be taken once daily in early morning and empty stomach, followed by *placebo* (globules no. 30), two globules once daily, early morning in empty stomach for 14 subsequent

days.

**Follow-up and outcome:** Follow-ups [Table 5] were done at 2 weeks interval and marked improvement was observed at the end of six weeks of treatment [Figure 15].



**Table 5:** Follow-up chart (Case 5)

Date	Symptomatology	Treatment	Justification
16 <sup>th</sup> December, 2023 (First visit)	Single, Jagged, non-bleeding horn-like growth was seen above the left upper lip associated with strong aversion to sweet, desire for salt and meat, forgetfulness, and complaints of haemorrhoids from mental exertion.	<i>Causticum</i> 200 CH. Two doses, once daily in early morning followed by placebo (two globules) once daily for two weeks.	Based on symptom similarity and repertorization.
30 <sup>th</sup> December, 2023 (Follow-up 1)	Size of the growth slightly reduced. No episode of haemorrhoids since first visit.	Placebo administered for next two weeks, two globules once daily.	Patient was improving.
15 <sup>th</sup> January, 2024 (Follow-up 2)	Size of the wart was reduced. No new symptoms were seen.	Placebo administered for next two weeks, two globules once daily.	Patient was improving.
30 <sup>th</sup> January, 2024 (Follow-up 3)	Growth completely reduced and a little white spot remained.	Placebo administered for next two weeks, two globules once daily.	Growth healed completely.



**Fig 14:** Before treatment (Case 5)



**Fig 15:** After treatment (Case 5)

**Discussion**

Warts are very common benign lesions, which are brought on by Human Papilloma Virus (HPV) infection. There are currently more than 200 varieties of HPV, among them only 30-40% are infectious for some known diseases. The cellular immune response to an HPV infection varies by immunogenic diversity of the host [6]. Few studies also have shown that the incidence of warts can be dependent on environmental changes, dynamic aspects, mental development of the patient and many more [7]. According to

some recent studies, HPV 1, 2, 27, 57 are the most prevalent types to form cutaneous warts in general population, among them, HPV 1 has a distinct clinical profile [8]. Though, the age, gender, hygiene have direct connection with formation of the disease, the connection with psychological stress, marital status, educational level are not too less [9]. According to the modern medicinal view, no single therapy is being effective at achieving complete remission in every patient [10]. But Homeopathic philosophy completely believes in treating the individual patient with single constitutional medicine. The process of *individualization* presents the patient as a whole. *Homeopathy* shows every sign and symptom is the outwardly reflected picture of the internal disease of the individual, i.e., the *totality of the symptoms*. So, any growth from the skin surface, any destruction of the tissues, any functional symptom indicates towards a particular nature of the human being.[11] This case series describes the importance of single *individualized constitutional* Homeopathic treatment in the cases of warts. Remedies were prescribed according to the symptoms of the patients and after doing proper repertorization. Individualized case evaluation is done. Complete cure of the cases is achieved after Homeopathic *individualistic* treatment. Regular follow up also ensures that there was no recurrence after complete recovery.

**Conclusion**

In these five cases, warts on different body parts were treated with single *Individualized* Homeopathic *medicine* based on *Similimum* and miasmatic background and result were obtained without any adverse events or recurrence of the complaints.

**Limitation of the study**

This case series is not sufficient to draw any conclusion rather good quality, well-designed studies are required to establish the efficacy of Individualized Homeopathic medicines in managing Warts.

**Patients consent**

All patient has consented that their images and other clinical information will be published in the journal; they have understood that their name and initials will not be included in the manuscript.

**Conflicts of interest**

The authors state that they do not have any known competing financial interests or personal ties that could appear to have influenced the study.

**Financial support and sponsorship:** None.

**Acknowledgement**

The authors deeply acknowledge the patient for allowing us to collect the data.

**References**

1. Al About AM, Nigam PK. Wart. In: StatPearls. StatPearls Publishing, Treasure Island (FL); c2023. PMID: 28613701.
2. Jabtonska S, Majewski S, Obalek S, Orth G. Cutaneous warts, Clinics in Dermatology, Elsevier, Vol 15, Issue 3
3. Longworth MS, Laimins LA. Pathogenesis of human papillomaviruses in differentiating epithelia. Microbiol Mol Biol Rev. 2004 Jun;68(2):362-72. DOI: 10.1128/MMBR.68.2.362-372.2004. PMID: 15187189; PMCID: PMC419925.
4. InformedHealth.org [Internet]. Cologne, Germany: Institute for Quality and Efficiency in Health Care (IQWiG); c2006. Warts: Overview. [Updated 2019 Nov 7]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK279586/>
5. Shahid SK. Recent patents in anti-wart treatment. Pharm Pat Anal. 2020 May;9(2):53-62. DOI: 10.4155/ppa-2019-0028. EPUB 2020 Apr 21. PMID: 32314659.
6. Hassan H, Hosni A, Mammdoh YM, Fathy E. Serum Galectin-3: A novel predictor of treatment response to cryotherapy in cutaneous warts, Cryobiology, Elsevier; c2023 Dec 113.
7. Massing AM, Epstein WL. Natural History of Warts: A two year study. Arch Dermatol. 1963;87(3):306-310. DOI: 10.1001/archderm.1963.01590150022004
8. Bruggink SC, de Koning MN, Gussekloo J, Egberts PF, Ter Schegget J, Feltkamp MC, *et al*. Cutaneous wart-associated HPV types: prevalence and relation with patient characteristics. J Clin Virol. 2012 Nov;55(3):250-5. DOI: 10.1016/j.jcv.2012.07.014. EPUB 2012 Aug 11. PMID: 22884670.
9. Haddad J, Hasan F, Roumeih A. H, Omar A, The psychosocial burden of anogenital warts on Syrian patients: study of quality of life, Heliyon. 2022 Jul;8:7.
10. Bacelieri R, Johnson SM. Cutaneous warts: An evidence-based approach to therapy. Am fam Physician. 2005 Aug 15;72(4):647-52. PMID: 16127954.
11. Hahnemann S. Organon of medicine. 5th and 6th ed. combined translated by R. E. Dudgeon, William Boericke 26<sup>th</sup> impression. New Delhi: B. Jain Publishers (P) Ltd.; c2010.

**How to Cite This Article**

Pal S, Basu A, Koley S, Goswami S, Hatai R. Warts successfully treated with individualized homoeopathic intervention: A case series. International Journal of Homoeopathic Sciences. 2024;8(1):381-390.

**Creative Commons (CC) License**

This is an open-access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.