



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2024; 8(1): 479-481

Received: 09-02-2024

Accepted: 12-03-2024

Dr. Shahnaz Madiwale

Associate Professor,
Department of Obstetrics and
Gynaecology, AM Shaikh
Homeopathic Medical College,
Belagavi, Karnataka, India

Dr. Keerti Shivaji Huddar

PG Scholar, Department of
Repertory, AM Shaikh
Homeopathic Medical College,
Belagavi, Karnataka, India

Corresponding Author:

Dr. Shahnaz Madiwale

Associate Professor,
Department of Obstetrics and
Gynaecology, AM Shaikh
Homeopathic Medical College,
Belagavi, Karnataka, India

Embarking on a Journey: Unveiling the triumph over secondary infertility through the healing touch of homoeopathic medicine

Dr. Shahnaz Madiwale and Dr. Keerti Shivaji Huddar

DOI: <https://doi.org/10.33545/26164485.2024.v8.i1g.1108>

Abstract

Infertility, defined as the difficulty in conceiving after a year or more of consistent unprotected intercourse, can be categorized as primary or secondary. Presently, there's a noticeable uptick in cases marked by irregular menstrual cycles, posing hurdles to conception. Traditional medical interventions often fall short in adequately addressing irregular menstruation. Yet, homeopathy presents itself as a viable alternative for treating infertility stemming from irregular periods. In O.P.D. of gynaecology ward from A. M Shaikh Homoeopathic medical college & Hospital, Belgaum, Karnataka. Carefully chosen homeopathic remedies along with appropriate counselling have shown effectiveness in regulating menstrual cycles and facilitating conception. The duration of treatment differs depending on individual cases. Our study outcomes regarding irregular menstruation are highly promising. Several patients who previously struggled with infertility due to irregular periods successfully conceived with the aid of homeopathy. These results inspire confidence and reinforce our commitment to furthering the field of infertility treatment through homeopathy.

Keywords: Infertility, irregular menses, homoeopathy, pulsatilla, oophrorinum, folliculinum

Introduction

Irregular menstruation can have causes that aren't due to underlying disease. examples include family history of irregular menstruation, menopause or menarche, physical stress, psychological stress, smoking or medication side effects.

Epidemiology of irregular menses

In the literature, the prevalence of irregular menstruation varies from 5% to 35.6% depending on age, occupation, and the country of residence ^[1, 2, 3] Some reasons for this variability are differences in the definition of irregular menstruation used by researchers and participants' age distribution

Symptoms of irregular periods abdominal or pelvic cramping

- Lower back pain
- Bloating and sore breasts
- Food cravings
- Mood swings and irritability
- Headache
- Fatigue

Investigations and Diagnosis

Trans-vaginal ultrasound (TVS): Has increased appreciation of the physiological changes in the ovary and endometrium that occur during normal menstrual cycle. it has become primary investigative tool in women with irregular or absent periods

Case study of infertility due to irregular periods

- **Name of the patient:** - XYZ
- **Age:** 27 years
- **Sex:** female
- **Address:** Ujwal Nagar, Belagavi

▪ **Date of visit:** 10/12/23

Present Complaints

C/O Secondary Infertility

- Eager to Conceive.

Details of presenting complaints

- Menses are irregular, dark accompanied with severe abdominal colic.
- Menses are sometime scanty sometime heavy
- In general she is hot patient

Mentals: She cries all the time while narrating her symptoms

Menstrual history: Irregular, she has headache & pain in breast before menses which is better after menses, movement & fresh air.

Obstetric history: Married since 7 years, she has 1 child

1st FTND Female Baby 6 Years

Past History: Not significant

Medical history she has taken allopathic treatment for

conceiving since last 3 years but not conceived.

Family history –She has 1 brother and 1 sister and her parents. All are keeping good health.

Personal history: Diet: mixed

Appetite: Good

Thirst: Thirstless

Bowels: Regular

Desire: Not Particular

Aversions: Fatty and drinks

Sleep: Disturbed sleep

General physical examination: Moderately built & nourished

Weight 55 kgs

BP 110/80

P/R 72/MIN

R/R 18/MIN

No signs of anaemia, jaundice or cyanosis

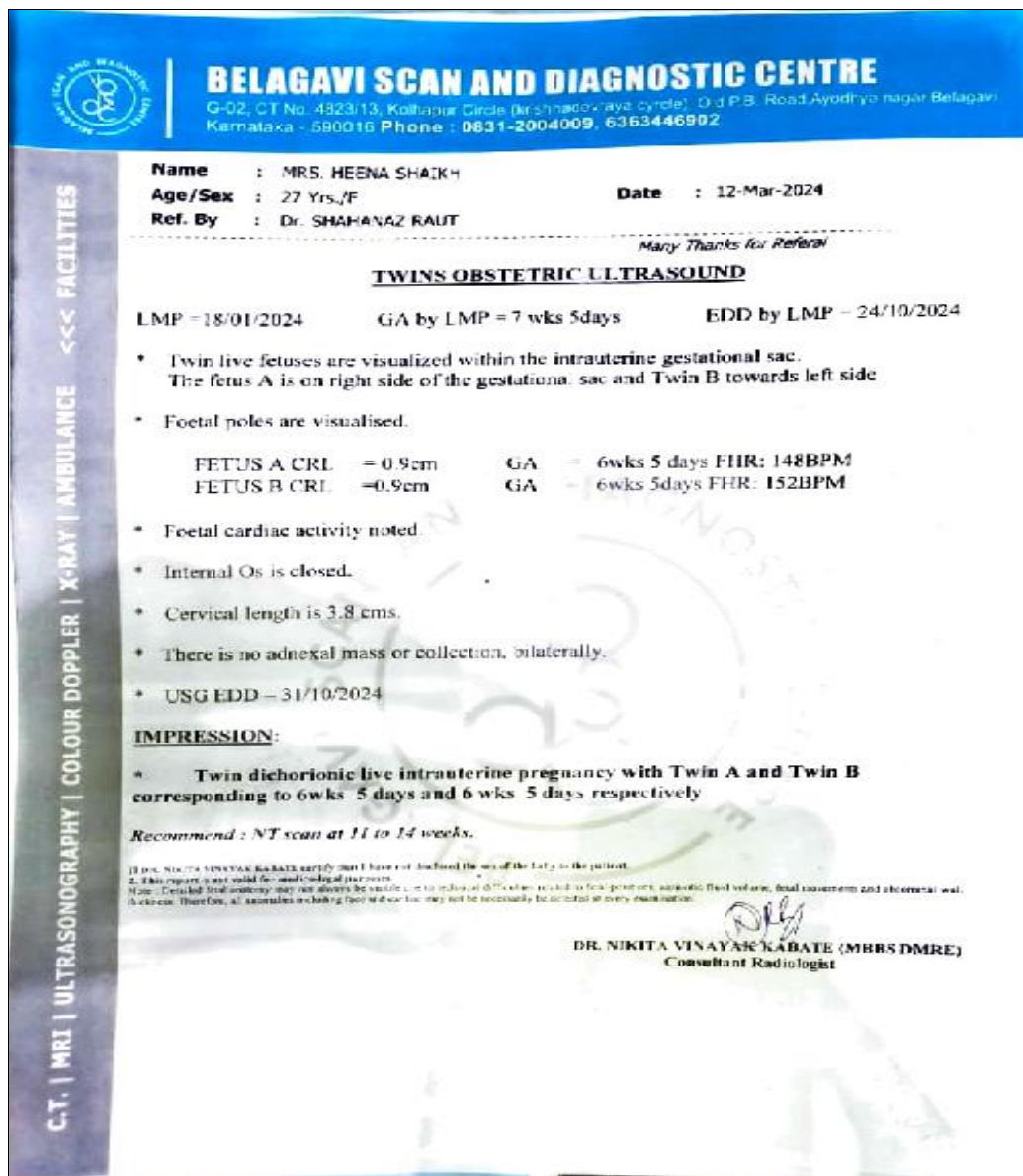
Treatment: Folliculinum 200

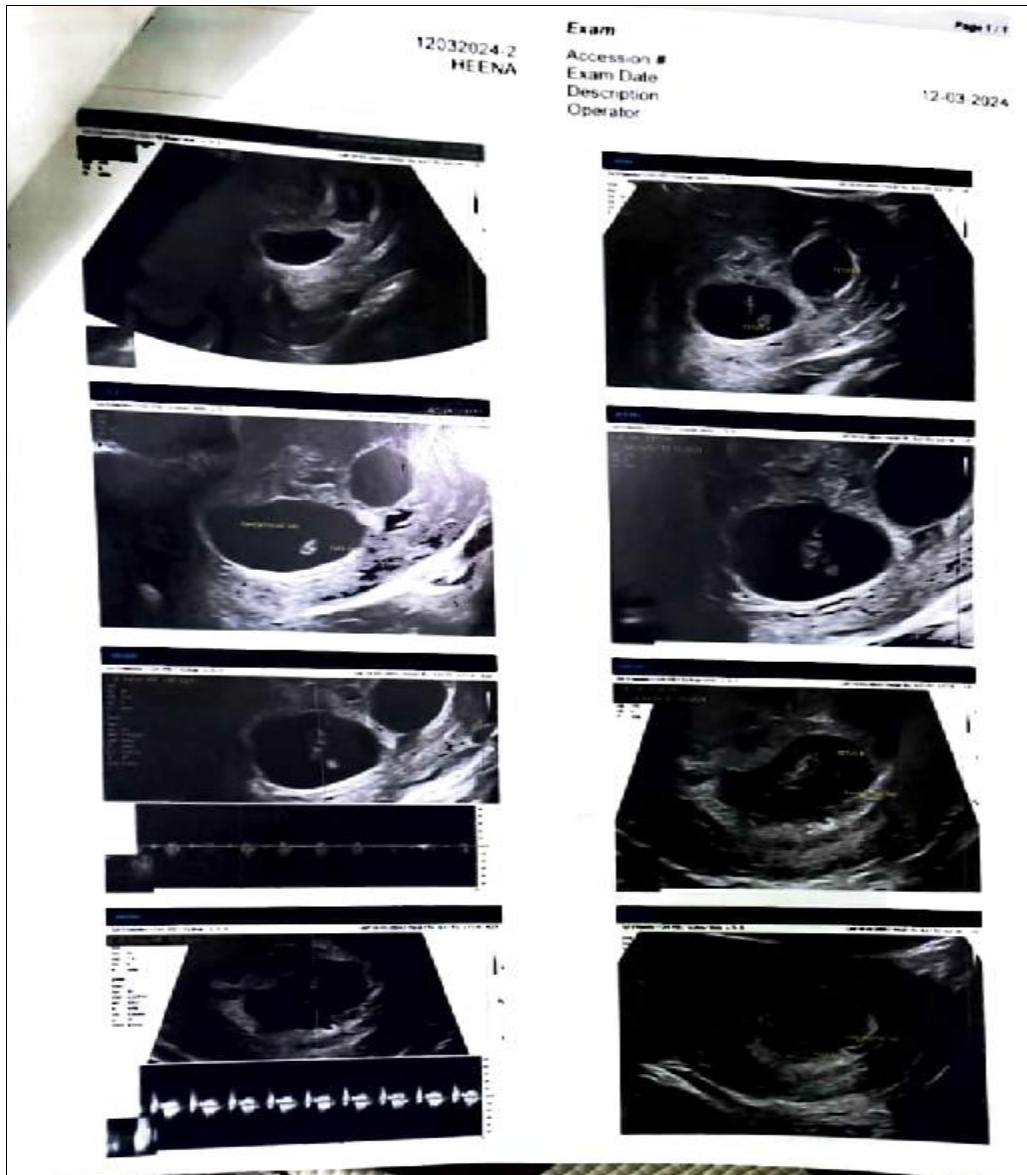
F/U ON; 29/1/2024 She has missed her periods

LMP 18/1/2024

UPT Done Positive.

USG Done ON 12/3/24





Conclusion

Cases of irregular cycles are increasing globally. So, early detection of irregular menses and its treatment is necessary to maintain the health of women. Homoeopathy is a good treatment for infertility due to irregular menses. With homoeopathy, we can also avoid the complications of allopathic medications.

Conflict of Interest

Not available

Financial Support

Not available

References

1. Kumar S, Padubidri VG, Daftary SN (eds). Howkins & Bourne: Shaw's Textbook of Gynaecology, 18th Edition - E-Book. 18th ed. Elsevier; c2022.
2. Dutta DC. Textbook of Gynaecology. 6th ed. New Central Book Agency; c2008.
3. Boericke W. New Manual of Homoeopathic Materia Medica and Repertory. Edited by Boericke W, Sivaraman P. B Jain; c2002.

How to Cite This Article

Madiwale S, Huddar KS. Embarking on a Journey: Unveiling the triumph over secondary infertility through the healing touch of homoeopathic medicine. International Journal of Homoeopathic Sciences. 2024;8(1):479-481.

Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.