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Stye & it's homeopathic management

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Abstract

Stye, commonly known as hordeolum, is an eye infection caused near the eyelid, the infection caused is generally localised and affects only some part of the eyelid. Squeezing of stye is to be avoided as it can lead to increase in infection. Stye makes individuals very uncomfortable as it is very painful and also done not looks good. In this paper we have discussed how stye can be complete cured using homeopathy.

Keywords: Stye, hordeolum, eye infection, homeopathy etc.

Introduction

Stye is typically triggered by bacterial infection, it happens because of the obstruction of an oil gland or a hair cavity adjacent to the eyelash. Styes triggers a provocative reaction and is found to affect children more than adults. It looks like a pimple and can grow both inner part as well as outer part of eyelid ^[1]. The stye is caused by a propagation of natural bacterial flora.

Symptoms of stye ^[2]

- Crusting
- Pain
- Swelling
- Redness
- Inflammation

Diagnosis of stye

The diagnosis of stye is done by physical examination of the area where infection is present.

Causes of stye ^[3]

- Poor Hygiene
- Blocked of Oil gland
- Bacterial infection
- Application of Makeup
- Use of contact lenes.

Risk Factors associated with stye

- Loss of vision
- Meibomian cyst

Natural method of prevention of stye ^[4]

- Proper use of makeup or avoid using makeup.
- Washing of hand before and after touching eyelid
- Refrain from touching the infected area.
- Hygiene of eyelid
- While applying the contact lenes proper care to be taken.

In this paper we have discussed how stye can be complete cured using homeopathy.

Homeopathy management of stye ^[5-14]

Homeopathy therapy for stye is the outstanding alternative as it works on the principle of like treats like and without utilizing any hostile approaches.

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In our Shivang Homeopathic Medical College and Hospital, Bhopal, we have treated lots of patients based on their symptom's totality.

We have treated around 23 patients of different age group as follows:

Table 1: Show Age group and number of patients

Sr. No.	Age Group	Number of Patients
1	05 to 15 years	14
2	Above 15 years	09

Following medications has been provided based on the symptom's totality:

Table 2: Show Name of medicine and purpose

Sr. No.	Name of medicine	Purpose
1	Calendula	To cleanse the affected eyelid area.
2	Pulsatilla	Relief from soreness and light discharge.
3	Staphysagria	Relief from trauma or injure to eyelid.
4	Belladonna	Relief from severe pain
5	Sulphur	Relief from itchiness
6	Amalaki	Helps in repairing damaged tissues.
7	Hepar sulphur	Relief from pain instantly.
8	Apis mellifica	Relief from swelling.

Conclusion

Homeopathy therapy for styne is the outstanding alternative as it works on the principle of like treats like and without utilizing any hostile approaches. From the research done at our clinic by treating different patients, we have found that the homeopathy can cure styne completely.

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