



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)  
IJHS 2024; 8(4): 454-456  
Received: 02-10-2024  
Accepted: 07-11-2024

**Dr. Vasudha Sharma**  
Director at Dr. Vasudha's  
Homoeopathic Clinic, Delhi,  
India

## Homoeopathic medicines efficiency on raising platelets during dengue fever

**Vasudha Sharma**

**DOI:** <https://doi.org/10.33545/26164485.2024.v8.i4g.1334>

### Abstract

Dengue is an acute viral illness that is caused by an RNA virus of the family Flaviviridae and spread by Aedes mosquitoes. Dengue is highly spreading nowadays in rush areas. During climate change, patients with dengue fever come to my clinic. This paper Shows new homoeopathic medicines are effective in treating dengue symptoms so fast, as well as increasing the count of platelets in 24-72 hrs. A homoeopathic approach to dengue is effective if we educate people.

**Keywords:** Dengue, platelets, fever, body ache, rashes, itching, headache, homeopathy, DENV, Hemorrhage, weakness, bone fever, defense mechanism

### Introduction

Throughout the growing global public health concern. Dengue is epidemic in more than 100 countries across tropical and subtropical regions worldwide. It is usually caused by climate change. Dengue fever (DF), the most prevalent arthropod-borne viral illness in humans, is caused by the dengue virus (DENV). The 4 serotypes of DENV (DENV 1-4) are transmitted to humans primarily by the Aedes Aegypti mosquito.

The Aedes Aegypti mosquito is the most common epidemic vector for the spread of dengue virus. It can be identified by the white bands or scale pattern on its legs and thorax.

### Epidemiology

Dengue fever is a highly spread disease that affects millions of people a year. Dengue leads to 20-25,000 deaths, usually children.

Epidemics occur annually in America, Asia, Africa, and Australia.

### It's transmitted in two ways

- Mosquitoes carry the virus from a non-human primate to another non-human primate.
- Mosquitoes transmit the virus from human to human.

**Pathophysiology:** Belonging to the Flaviviridae family, dengue virus is a 50-nm virus comprising 3 structural and 7 non-structural proteins, a lipid, and single-strand RNA.

Disease shows symptoms from mild fever to body ache to bleeding also.

Without proper investigation, death rates increased by 20%, especially in children. The incubation period for disease is 4 to 7 days with symptoms lasting for 10 days.

**History & Symptoms:** Dengue always comes in 3 Phases

(a) Febrile	(b) Critical	(c) Recovery
----------------	-----------------	-----------------

**Febrile Phase:** During this period, the patient experiences a sudden high-grade fever, reading 102°F, which usually remains for 2-3 days.

**Symptom:** Skin redness, red eyes, body ache, headache, sore throat, vomiting sometimes, and sleeplessness.

**Corresponding Author:**  
**Dr. Vasudha Sharma**  
Director at Dr. Vasudha's  
Homoeopathic Clinic, Delhi,  
India

Platelets go down by 10-20 K.

**Critical Phase:** During this period, the fever started going down to 99-98°F within 2-3 days. This phase platelets increases minutely. WBC count also decreased in 24 hours before the platelet count drop and warning sign emerged. If we don't take it seriously, a critical phase can lead to organ dysfunction, intravascular coagulation, or hemorrhage.

**Recovery Phase:** This phase slowly reabsorbs extra vascular fluid in 2 to 3 days. This phase patients falls low BP.

**Treatment:** It depends on patient symptoms. In homoeopathy we have 4-5 magical medicines that act on the body's immune system and reverse the phase.

**Observation:** The study was conducted at Dr. Vasudha's

Homoeopathic Clinic on the following number of patients in different age groups:

**Table 1:** Distribution of Patients Across Age Groups

S. No.	Age Group	Number of Patients
1	15 - 25	10
2	25 - 30	20
3	30 - 40	30
4	40 - 45	20
5	45 - 50	20

Depending on the condition of the patient and according to their symptoms, the following homoeopathic medicines were prescribed, and the condition of the patients and platelet count is monitored.

**For Febrile Phase:** Initial 3 days

**Table 2:** Effect of Medicines on Symptoms and Platelet Count

S. No.	Medicine	Symptoms	Platelets
1	Eupatorium Perf.	Body ache reduced by 50%	Increased by 20%
2	Rhus Tox	Fever reduced by 30%	Increased by 30%
3	Gelsimium	Weakness reduced by 70%	Increased by 50%

The above-mentioned medicines were given 4 times for 3 days.

80% of cases have recovered in 24 hours with a reduction in symptoms of body ache, fever, and weakness.

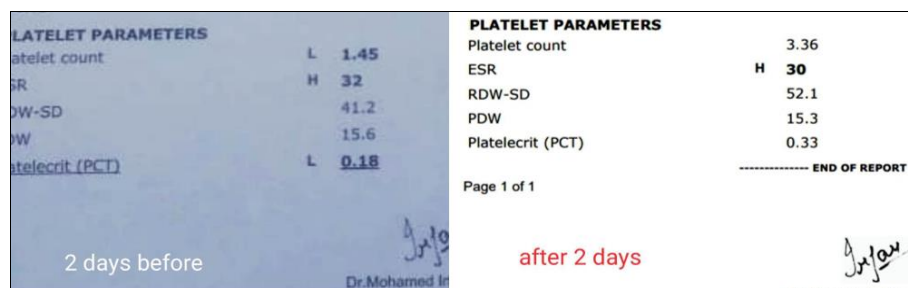
20% of cases recovered within 3-4 days after the febrile phase whenever needed.

**For Critical Phase**

**Table 3:** Effect of Medicines on Symptoms and Platelet Count

S. No.	Medicine	Symptoms	Platelets
1	Arsenic Alb	To regain protein loss	Increased by 20%
2	Five Phos	To boost up stamina	Increased by 30%

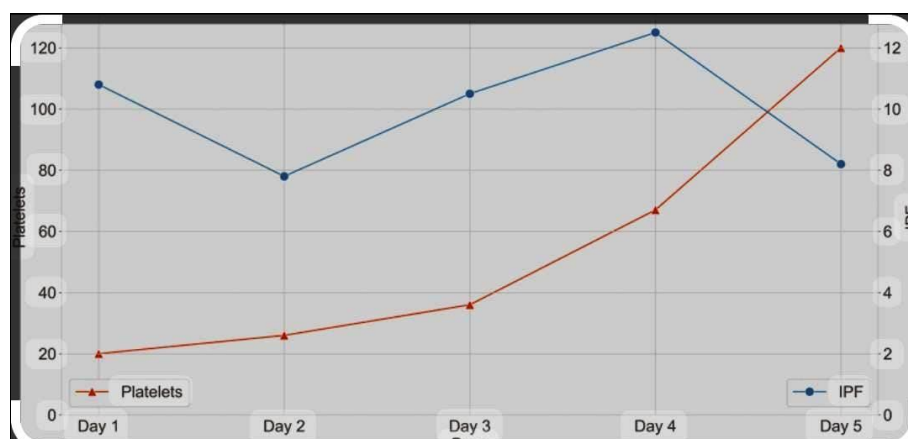
Above medicines given thrice for 3 days 6 hourly.



## Result & Discussion

During our study we have found that the personnel under observation have raised their platelets count in 24 hrs in

80% of cases, and the rest 20% rose in the next 3-4 days. Platelets observation is that they reduced the symptoms of fever, body ache, and weakness in just 3 days.



## Conclusion

From the study conducted at our clinic, we have found that homoeopathy can help in increasing platelet count in 24 hrs and reduce symptoms in the next 3-4 days from the onset of fever.

## Conflicts of Interest

Not applicable.

## Financial Support

Not Applicable.

**1. Eupatorium Perf:** It is also known as bone-set, which relieves pain in limbs and muscles that accompanies some forms of febrile disease like malaria, dengue, and influenza. It is very effective in treating bone pain. Sluggishness of all organ and function. Bone pain, general or severe. It covers throbbing headache too.

**2. Rhus Tox:** It is used to control low blood pressure during the febrile phase. General prostration and drowsiness, dullness and stumbling slow pulse, tired feeling, mental apathy, muscular weakness. Complete relaxation and prostration lack of muscular coordination and sluggish circular. It covers Vertigo also.

**3. Gelsimium:** Rheumatic pain, typhoid type of fever. It is the most effective change of weather. It reduces tearing pain, especially in cold weather-restlessness of body with continued change of position. Great apprehension at night cannot remain in bed. Headache in occipital, painful to touch. Hot, swelling of joints. Pain in tendons, ligaments, and fascia. Pain along the ulnar nerve and cold air increase the pain and tingling in feet.

**Arsenic:** It is best for raising muscular fever after fever patients improved in protein metabolism. It is known as an immunity booster. This is seen in clinical experience that arsenic breaks the tendency of having dengue in the future.

**Bio Chemic 5 Phos:** It is used after the critical phase is over so that the patient regains his energy.

## References

1. Dr. William Boericke Boericke Pocket Manual of homeopathic Materia Medica and repertory and a chapter on rare and uncommon remedies with Indian drugs. Edn-low prize, B-Jain Publisher (P) Ltd. New Delhi. 2004, 274-275, 299-302, 79-83, 553-557.
2. Dhama KPS, Dhama S. Homeopathy the complete handbook, Edn - thirty, First Reprint UBS Publisher. Distributor Pvt. Ltd. New Delhi. 2010;30:85-87
3. Harrison's Principles of Internal Medicine 17th ed.
4. Davidson's Principles and practices of medicine.
5. Kent J.T. Repertory of Homoeopathic M.M.
6. Allen HC Keynotes and characteristics with comparisons of some leading drugs.
7. Remedies when homoeopathy viewed diagnostically-A scientific approach in Homoeopathy - Dr. S. Bhattacharjee (Saktinath Bhallad Coyee B. Jain Publishers (p) Ltd. 2022, 150-155.
8. Basic Health Care Series DENGUE by Bailee Skeen.
9. Dengue-A microbial Mystery Millicent Eidson.
10. Homoeopathic Prescriptions for common diseases.

There is an answer there is a solution to common diseases by Munindra Kumar.

## How to Cite This Article

Sharma V. Homoeopathic medicines efficiency on raising platelets during dengue fever. International Journal of Homoeopathic Sciences. 2024;8(4):454-456.

## Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.