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## Clinical study demonstrating the role of effective homeopathic management in sycotic manifestation- WARTS

**Dr. Gausia Sayed, Dr. Rakesh Gupta and Sana Mirza Nazer Baig**

### Abstract

It has been a famous quote of all times- "It's better to have laugh wrinkles than worry warts ". Warts have been a frustration for both clinicians and patients since early Greek and Roman times. They can greatly affect a patient's quality of life by causing embarrassment, fear of negative appraisal and frustration caused by persistence and /or recurrence. Moderate to extreme discomfort is reported in 51.7% of patients and social or leisure activities are affected to a moderate or extreme degree in 38.8% of patients. (National Center for Biotechnology Information). Homeopathy is a system of treatment that considers both psychological and physical state of the individual patient to determine the treatment. Case reports presented here are diagnosed cases of warts treated with various remedies of various potencies considering the predominant symptom in the patient and deciding the prescription from any of the following - mental state, miasm, constitution or characteristic location. Significant improvements were evident using pre and post images of patients. Hence it is suggested that homeopathic treatment is effective in management of cases of warts. It has also been noticed that there is no recurrence after taking homeopathic treatment. All the cases are cured

**Keywords:** Verrucae (warts), Characteristic location, Thuja, Nitric acid, Constitution, Keynote prescription, Sycotic miasm

### Introduction

Warts also known as verrucae are local, benign, epithelial proliferations of skin and mucosa caused by human papilloma viruses (HPV). Certain HPV types tend to occur at particular anatomic sites; however, warts of any HPV type may occur at any site. The primary clinical manifestations of HPV include common warts, genital warts, flat warts, and deep palmoplantar warts (myrmecia). Less common manifestations of HPV include focal epithelial hyperplasia (Heck disease), epidermodysplasia verruciformis, and plantar cysts. Condyloma acuminatum or Genital Warts generally are recognized as benign proliferations of the anogenital skin and mucosa that result from infection with human papilloma viruses (HPV). Warts are transmitted by direct or indirect contact, and predisposing factors include disruption to the normal epithelial barrier.

**Causation-** Warts are caused by HPV, which is a double-stranded, circular, supercoiled DNA virus enclosed in an icosahedral capsid. More than 150 types of HPV have been identified. Common warts - HPV types 2 and 4 (most common), followed by types 1, 3, 27, 29, and 57. Spread of HPV infection is usually through skin-associated virus and not from blood-borne infection. Transmitted by fomites and direct contact. Genital warts are caught mostly by Venereal contact. Perianal warts may be transmitted by homosexual contact or by child abuse.

**Disease classification** – Infectious - viral. According to the site affected these may be Dry or Moist.

### Clinical case presentation –

7 yrs old female patient Miss. D.G. referred by Dr. T.D. Rajan (Dermatologist) came up with a complaint of warts in the perianal region and on bilateral fingers since 1 year. Itching was present on and off. No characteristic modalities. No history of child abuse. Indigenous knowledge on usage of medicinal plants as folk remedies are getting lost due to

**Clinical appearance**



**Fig 1:** Warts on Bilateral Fingers.

**Fig 2:** Warts in Perianal Region.

(Before Treatment- 06/12/2017)

| No. | Location          | Sensation                            | Modality                      | Concomitant |
|-----|-------------------|--------------------------------------|-------------------------------|-------------|
| 1   | Bilateral fingers | Warts Itching is present on and off. | No characteristic modalities. | -           |
| 2   | Perianal          | Warts Itching is present on and off. | No characteristic modalities. | -           |

**Clinical diagnosis** - Verrucae vulgaris and Palmar warts  
**Pathological understanding in cases of warts**-It is believed to be acquired by inoculation of the virus into the epidermis via defects in the epithelium (e.g. maceration of the skin). Warts can affect any area on the skin and mucous membranes. Replication occurs in differentiated epithelial cells in the upper level of the epidermis; however, viral particles can be found in the basal layer.

**Homeopathic understanding**- Dynamic, Chronic Miasmatic disease (either fully developed/one sided). Miasm- Syco-tubercular. Predominant Miasm – Sycotic.

**Prognosis and complications**- It is good, and most cases of the warts are amenable to treatment. Patients who are immunosuppressed may represent a special challenge. Disease complications can include progression to malignancy and transmission to other sexual contacts.

**Treatment Strategy**

1. Conventional line of treatment- Treatment in allopathy includes Cryotherapy, Curettage and Cautery or Chemical destruction and Intracutaneous Injection.
2. Homeopathic line of treatment- As per aphorism 7: Totality of symptoms is defined as, “The outwardly reflected picture of the internal essence of disease i.e. of the affection of vital force”. HOMOEOPATHIC APPROACH IN CASES OF WARTS- a) Holistic approach- persons constitution is taken into

consideration, b) Local approach – Hahneman allowed local applications in cases of warts c) Keynote prescription- It requires Keen Observation by the physician as mentioned in aphorism no. 83 in 6th edition of Organon of medicine. Also based on Characteristic Location.

**Susceptibility**- High Susceptibility due to following reasons-

- Characteristic Location
- Patient is a child
- Good immune response
- No significant P/H & F/H

**Physical Generals**

- Appearance – Dark complexion. The child used to be unhygienic which was found on case taking. She used to not clean her hands and genitals properly.

**Examination findings**- General Condition Fare.

Throat, R.S., C.VS, G.I.T, C.N.S-No Abnormality Detected.

**Totality of symptoms-kent’s concept of totality (one sided disease)**

- Warts on Bilateral Hands
- Warts in Perianal Region

**Approach**-keynote approach (characteristic particular location)

| Result of repertorisation |        |       |      |       |     |     |      |     |       |       |      |       |       |       |      |       |
|---------------------------|--------|-------|------|-------|-----|-----|------|-----|-------|-------|------|-------|-------|-------|------|-------|
| 2 Symptom(s)              | 1      | 2     | 3    | 4     | 5   | 6   | 7    | 8   | 9     | 10    | 11   | 12    | 13    | 14    | 15   | 16    |
| Name of remedy            | Nit-ac | Thuja | Calc | Fl-ac | Sep | Lyc | Sars | Hep | Lac-c | Nat-s | Psor | Arg-n | Aur-m | Bar-c | Caut | Cinnh |
| Symp. covered             | 2      | 2     | 2    | 2     | 2   | 2   | 2    | 1   | 1     | 1     | 2    | 1     | 1     | 1     | 1    | 1     |
| Totality                  | 5      | 5     | 4    | 4     | 4   | 3   | 3    | 3   | 3     | 3     | 2    | 2     | 2     | 2     | 2    | 2     |
| 1. EXTREMITIES, WAR...    |        |       |      |       |     |     |      |     |       |       |      |       |       |       |      |       |
| 2. GENITALIA, CONDY...    |        |       |      |       |     |     |      |     |       |       |      |       |       |       |      |       |

**Fig 3:** Repertorization (Homeopathic repertory app)

Riubric – Extremities – Warts – Hands (Repertory of the Homeopathic Materia Medica and a Word Index- J. T. Kent Reprint Edition 2000- Pg No. 1223)

Rubric – Genitalia - Condylomata (Repertory of the Homeopathic Materia Medica and a Word Index- J. T. Kent Reprint Edition 2000- Pg No. 693)

**Remedy Selection** – Thuja 200 (2P) and Nitric Acid 200 tds X 7 Days

| Date       | Follow Up                    | Prescription                                   |
|------------|------------------------------|--|
| 06/12/2017 | 1 <sup>st</sup> Prescription | Thuja 200 (2P)<br>Nitric Acid 200 tds X 7 Days |
| 13/12/2017 | Slightly better              | SL 200 tds X 7 Days                            |
| 20/12/2017 | 50% better                   | SL 200 tds X 7 Days                            |
| 27/12/2017 | 80% better                   | SL 200 tds X 7 Days                            |

**Recovery Time** – 21 Days

**Prescription based on-** Antimiasmatic followed by Characteristic location.

**References**

The gonorrhoea dependent on the fig-wart miasma, as well as the above-mentioned excrescences (*i.e.*, the whole sycosis), are cured most surely and most thoroughly through the internal use of Thuja, [Materia Medica Pura, Part V.] which, in this case, is Homeopathic, in a dose of a few pellets as large as poppy seeds, moistened with the dilution potentized to the decillionth [If further doses of Thuja are required, they are used most efficiently from other potencies (viii., vi., v., ii.), a change of the modification of the remedy, which facilitates and strengthens its ability of affecting the vital force.] degree, and when these have exhausted their action after fifteen, twenty, thirty, forty days, alternating with just as small a dose of Nitric acid, diluted to the decillionth degree, which must be allowed to act as long a time. in order to remove the gonorrhoea and the excrescences; *i.e.*, the whole sycosis. It is not necessary to use any

**Fig 4:** (Source: the chronic disease and their peculiar nature and their homeopathic cure.) Page no: 99

As said by DR HAHNEMANN in the book THE CHRONIC DISEASE AND THEIR PECULIAR NATURE AND THEIR HOMEOPATHIC CURE if Thuja has

exhausted its action then give small dose of **Nitric Acid** diluted to decillionth potency.

**NITRICUM ACIDUM**  
(Nitric Acid) (nit-ac.)

Selects for its special seat of action the outlets of the body where the mucous membrane and skin meet; these pain as from splinters. Sticking pains. Marked improvement of all symptoms while riding in a carriage. Acts best on the dark complexioned and past middle life. Syphilis, after abuse of Mercury. Pains appear and disappear quickly. [Bell.] Hydrogenoid constitution. Sycotic remedy.

**Fig 5:** New Manual of Homeopathic Materia Medica and Repertory by William Boericke- Augmented Edition based on Ninth Edition – Pg No- 591

**NITRIC ACID**

Great general weakness; feeble reaction; extreme sensitivity, and nervous trembling, are marked features in this remedy. Patients greatly broken by long suffering, pain and sickness, physical more than mental suffering, finally anæmia and emaciation are marked. Sensitive to cold; always chilly. Symptoms are aggravated from becoming cold, and in cold air. Always taking cold. The walls of blood vessels are relaxed and bleed easily; profuse dark blood. Pains as if flesh were torn from the bones and a sensation as though a splinter felt in inflammation of the periosteum, in ed parts, in ulcers and in nerves. Inflammation of the periosteum, in ed parts, in ulcers and in nerves. Syphilitic bone pains. Caries of bone, and exostoses. The margins of orifices bleed and grow warts. Old scars become painful in cold weather and when weather changes to cold; pains like splinters. Inflammation of glands after the abuse of mercury in syphilitic subjects. Prolonged suppuration in glands, with no tendency to repair, when there are sticking pains. The discharges are thin, bloody, offensive and excoriating; sometimes a dirty yellowish green. Suppuration where there is no tendency to repair. This is

**Fig 6:** Lectures on homeopathic materia medica- Dr. J. T. Kent – Indian Edition- Pg No- 732

plugs of pus. Stubborn suppuration. Burrowing pus. Warts large, jagged, bleed on touch or washing. Condylomata. Old scars become painful in cold weather.

**Fig 7:** Materia Medica of Homeopathic Medicines- Second Edition- Revised and Enlarged – Dr. S.R.Phatak -Pg No- 514

**NITRIC ACID** 247

**NITRIC ACID**

Has a particular affinity for mucous outlets, where skin and membranes join, cracks, rhagades, fissures  
Pricking pains as of a splinter in the parts  
Urine strong smelling, like horse urine  
Hæmorrhages from all outlets of the body, blood bright red  
Pricking ulcers, excrescences, condylomata, figwarts (sycosis)  
Nervous, irritable, dark complexioned persons  
Modalities > riding in carriage

\* \* \* \* \*

**Fig 8:** Leaders in homeopathic therapeutics by E.B. Nash- Jain publishing co – Pg no- 247

Sycosis never gives a true ulcer; the sycotic manifestations are more overgrowth of tissue than destructive of tissue. There are many warts and warty growths; these are sycotic signposts. moles and papillomata may be either syphilitic or sycotic. Deposits of gouty concretions characterize this stigma.

**Fig 9:** The principles and art of cure by homeopathy by herberts. A. Roberts – Pg no – 232

**Follow up after 21 days of treatment (27/12/2017)**



**Fig 10:** Warts on Bilateral Hands



**Fig 11:** Warts in Perianal Region

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**Case Learning -** Prescription can be made based upon characteristic location by hunting rubrics from various repertoires. This can also be called as local approach. Prescription based on characteristic location can come to rescue in a case lacking individualising symptoms. Hahneman classification of disease - warts is a dynamic, chronic, miasmatic disease either fully developed or one sided with predominant sycotic miasm. Hence an anti miasmatic remedy can be prescribed based on the dominant miasm to remove the miasmatic block. In addition to all of the above it is very important to counsel the patient regarding the hygiene to be maintained and auxiliary regime to be followed. Proper auxiliary mode along with homeopathic treatment has shown tremendous result in most of the cases taken for my study. After prescribing indicated remedy patient started improving mentally and physically. The homeopathic medicines seem to be efficacious in reducing the recurrence and bring about significant improvement.

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