Clinical study demonstrating the role of effective homeopathic management in sycotic manifestation-

WARTS

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Abstract
It has been a famous quote of all times- “It’s better to have laugh wrinkles than worry warts “. Warts have been a frustration for both clinicians and patients since early Greek and Roman times. They can greatly affect a patient’s quality of life by causing embarrassment, fear of negative appraisal and frustration caused by persistence and/or recurrence. Moderate to extreme discomfort is reported in 51.7% of patients and social or leisure activities are affected to a moderate or extreme degree in 38.8% of patients. (National Center for Biotechnology Information). Homeopathy is a system of treatment that considers both psychological and physical state of the individual patient to determine the treatment. Case reports presented here are diagnosed cases of warts treated with various remedies of various potencies considering the predominant symptom in the patient and deciding the prescription from any of the following - mental state, miasm, constitution or characteristic location. Significant improvements were evident using pre and post images of patients. Hence it is suggested that homeopathic treatment is effective in management of cases of warts. It has also been noticed that there is no recurrence after taking homeopathic treatment. All the cases are cured

Keywords: Verrucae (warts), Characteristic location, Thuja, Nitric acid, Constitution, Keynote prescription, Sycotic miasm

Introduction
Warts also known as verrucae are local, benign, epithelial proliferations of skin and mucosa caused by human papilloma viruses (HPV). Certain HPV types tend to occur at particular anatomic sites; however, warts of any HPV type may occur at any site. The primary clinical manifestations of HPV include common warts, genital warts, flat warts, and deep palmoplantar warts (myrmecia). Less common manifestations of HPV include focal epithelial hyperplasia (Heck disease), epidermodysplasia verruciformis, and plantar cysts. Condyloma acuminatum or Genital Warts generally are recognized as benign proliferations of the anogenital skin and mucosa that result from infection with human papilloma viruses (HPV). Warts are transmitted by direct or indirect contact, and predisposing factors include disruption to the normal epithelial barrier.

Causation- Warts are caused by HPV, which is a double-stranded, circular, supercoiled DNA virus enclosed in an icosahedral capsid. More than 150 types of HPV have been identified. Common warts - HPV types 2 and 4 (most common), followed by types 1, 3, 27, 29, and 57. Spread of HPV infection is usually through skin-associated virus and not from blood-borne infection. Transmitted by fomites and direct contact. Genital warts are caught mostly by Veneral contact. Perianal warts may be transmitted by homosexual contact or by child abuse.

Disease classification – Infectious - viral. According to the site affected these may be Dry or Moist.

Clinical case presentation –
7 yrs old female patient Miss. D.G. referred by Dr. T.D. Rajan (Dermatologist) came up with a complaint of warts in the perianal region and on bilateral fingers since 1 year. Itching was present on and off. No characteristic modalities. No history of child abuse. Indigenous knowledge on usage of medicinal plants as folk remedies are getting lost due to
Clinical appearance

Fig 1: Warts on Bilateral Fingers.  
Fig 2: Warts in Perianal Region. 
(Before Treatment- 06/12/2017)

<table>
<thead>
<tr>
<th>No.</th>
<th>Location</th>
<th>Sensation</th>
<th>Modality</th>
<th>Concomitant</th>
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<tbody>
<tr>
<td>1</td>
<td>Bilateral fingers</td>
<td>Warts itching is present on and off</td>
<td>No characteristic modalities.</td>
<td>-</td>
</tr>
<tr>
<td>2</td>
<td>Perianal</td>
<td>Warts itching is present on and off</td>
<td>No characteristic modalities.</td>
<td>-</td>
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Clinical diagnosis - Verrucae vulgaris and Palmar warts

Pathological understanding in cases of warts - It is believed to be acquired by inoculation of the virus into the epidermis via defects in the epithelium (e.g. maceration of the skin). Warts can affect any area on the skin and mucous membranes. Replication occurs in differentiated epithelial cells in the upper level of the epidermis; however, viral particles can be found in the basal layer.

Homeopathic understanding - Dynamic, Chronic Miasmatic disease (either fully developed/one sided). Miasm - Syco-tubercular. Predominant Miasm – Sycotic.

Prognosis and complications - It is good, and most cases of the warts are amenable to treatment. Patients who are immunosuppressed may represent a special challenge. Disease complications can include progression to malignancy and transmission to other sexual contacts.

Treatment Strategy
1. Conventional line of treatment- Treatment in allopathy includes Cryotherapy, Curettage and Cautery or Chemical destruction and Intra-cutaneous Injection.
2. Homeopathic line of treatment- As per aphorism 7: Totality of symptoms is defined as, “The outwardly reflected picture of the internal essence of disease i.e. of the affection of vital force”. HOMOEOPATHIC APPROACH IN CASES OF WARTS- a) Holistic approach- persons constitution is taken into consideration, b) Local approach – Hahneman allowed local applications in cases of warts c) Keynote prescription- It requires Keen Observation by the physician as mentioned in aphorism no. 83 in 6th edition of Organon of medicine. Also based on Characteristic Location.

Susceptibility - High Susceptibility due to following reasons-
- Characteristic Location
- Patient is a child
- Good immune response
- No significant P/H & F/H

Physical Generals
- Appearance – Dark complexion. The child used to be unhygienic which was found on case taking. She used to not clean her hands and genitals properly.

Examination findings- General Condition Fare. Throat, R.S., C.VS, G.I.T, C.N.S-No Abnormality Detected.

Totality of symptoms-kent’s concept of totality (one sided disease)
- Warts on Bilateral Hands
- Warts in Perianal Region

Approach-keynote approach (characteristic particular location)

Fig 3: Repertorization (Homeopathic repertory app)
Rubric – Genitalia - Condylomata (Repertory of the Homeopathic Materia Medica and a Word Index- J. T. Kent Reprint Edition 2000- Pg No. 693)

Remedy Selection – Thuja 200 (2P) and Nitric Acid 200 tds X 7 Days

<table>
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<tr>
<th>Date</th>
<th>Follow Up</th>
<th>Prescription</th>
</tr>
</thead>
<tbody>
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<td>06/12/2017</td>
<td>1st Prescription</td>
<td>Thuja 200 (2P) and Nitric Acid 200 tds X 7 Days</td>
</tr>
<tr>
<td>13/12/2017</td>
<td>Slightly better</td>
<td>Nitric Acid 200 tds X 7 Days</td>
</tr>
<tr>
<td>20/12/2017</td>
<td>50% better</td>
<td>SL 200 tds X 7 Days</td>
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<tr>
<td>27/12/2017</td>
<td>80% better</td>
<td>SL 200 tds X 7 Days</td>
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</tbody>
</table>

Recovery Time – 21 Days

Prescription based on- Antimiasmatic followed by Characteristic location.

References

As said by DR. HAHNEMANN in the book THE CHRONIC DISEASE AND THEIR PECULIAR NATURE AND THEIR HOMEOPATHIC CURE if Thuja has exhausted its action then give small dose of Nitric Acid diluted to decillionth potency.


Fig 6: Lectures on homeopathic materia medica- Dr. J. T. Kent – Indian Edition- Pg No- 732

Fig 7: Materia Medica of Homeopathic Medicines- Second Edition- Revised and Enlarged – Dr. S.R.Phatak -Pg No- 514

Fig 8: Leaders in homeopathic therapeutics by E.B. Nash- Jain publishing co – Pg no- 247
Follow up after 21 days of treatment (27/12/2017)

Fig 10: Warts on Bilateral Hands

Fig 11: Warts in Perianal Region

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Case Learning - Prescription can be made based upon characteristic location by hunting rubrics from various repertoires. This can also be called as local approach. Prescription based on characteristic location can come to rescue in a case lacking individualising symptoms. Hahneman classification of disease - warts is a dynamic, chronic, miasmatic disease either fully developed or one sided with predominant syphilitic miasm. Hence an anti miasmatic remedy can be prescribed based on the dominant miasm to remove the miasmatic block. In addition to all of the above it is very important to counsel the patient regarding the hygiene to be maintained and auxiliary regime to be followed. Proper auxiliary mode along with homeopathic treatment has shown tremendous result in most of the cases taken for my study. After prescribing indicated remedy patient started improving mentally and physically. The homeopathic medicines seem to be efficacious in reducing the recurrence and bring about significant improvement.

References