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A comprehensive approach to treating traumatic non-healing ulcer using constitutional homoeopathy: A case report

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Abstract

A traumatic non-healing ulcer is a chronic wound that does not heal in the anticipated amount of time (usually more than three months) and is brought on by recurrent or unresolved injury, usually mechanical (from friction or poorly fitting dentures, for example). Unlike acute ulcers, which tend to heal slowly, these ulcers stay open because of ongoing trauma, infection, inadequate blood flow, or underlying systemic conditions like diabetes which leads to delayed healing tendency whereas homoeopathy, aids in quick relief as it is focused on rapid, gentle healing & considering patient as a whole and thereby improving the overall health.

Keywords: Traumatic non healing ulcer, nitric acid, homoeopathy

Introduction

Traumatic ulcers that last longer than the normal healing time (usually more than three months, making them chronic or non-healing) may exhibit certain characteristics, such as pale granulation tissue, a firm or indurated ulcer base and edges, scanty or absent discharge, and absence of healing tendency.

The wound does not advance to the proliferative or remodelling stages of wound healing because it gets "stuck" in the inflammatory phase.

Appearance

Pale or slough-covered base with little granulation tissue; indurated, rolled, or undermined edges; inflamed, macerated, or pigmented surrounding skin; pain, either present or absent; duration: >6–12 weeks without healing; discharge: usually minimal unless infected; and lymphadenopathy, if there is secondary infection.

Case report

A male patient aged about 31 years came to OPD, of DR. Gururaju Govt. Homoeopathic Medical College, Gudivada, with complaints of

- Ulcer on lateral side of left leg since, 9 months.

History of injury (bike accident) 9 months ago; caused fracture of both tibia and fibula in the left leg, underwent for surgery. Sutures were unable to bring lips together at lower side of left leg above the ankle. Used conventional, ayurvedic, even acupuncture but there is no change in healing of wound eventually turned into ulcer (non-healing type) which is getting to progress further watery discharge from the ulcers which is offensive associated with pain.

- Tendency for delayed wound healing since childhood. Non-diabetic & non-hypertensive.

Physical generals

Patient is of moderate built and height with good appetite. He prefers spicy foods, thirsty and has regular bowels, urine is clear with perspiration -on upper half of the body, he has refreshed sleep but sleeps mostly on back.

Life space investigation

Normally delivered. Delay in talking & other milestones are good. Patient born and brought up in a middle-class family. Looks like a calm personality but cannot tolerate any injustice to their family members. Cannot forgive others easily, had an issue with her sister and stopped talking to her for 6 years.

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Systemic examination

On inspection: Open ulcer with unhealthy tissue with scab formation is there around the ulcer on the lateral side of the left leg.

Spreading ulcer: Edge is inflamed and ulcerated. (sloping edge)

Floor: Pale, smooth granulation tissue indicates slow non-healing ulcer.

Diagnostic assessment

Traumatic non healing ulcer- Based on the complete past history and clinical examination.

Case processing**Analysis**

Common symptoms: Ulcer on the lateral side of the left leg associated with pain, oedema and watery discharge.

Uncommon symptoms

1. Cannot forgive others easily
2. Tendency for delayed wound healing
3. Sleeps on back
4. Sweat on upper part of the body
5. Chronic non healing ulcer
6. Offensive, watery discharge from ulcers

Evaluation of symptoms**Mental generals**

1. Cannot forgive others easily

Follow up

Date	Complaint	Remedy prescribed
9/9/24	Ulcer on the lateral side of the left leg associated with pain, oedema and watery discharge. Tendency for delayed wound healing.	Nitric acid 200 Calendula Ø
18/9/24	Wound was getting closer. Healthy granulation tissue was starting to form Pain also getting bearable now.	Nitric acid 200 Calendula Ø
15/12/24	Almost ulcer got healed. Normal skin was formed	SL 1month
23/1/25	No signs of wound getting opened again. Ulcer got healed.	Nitric acid-1m

Results

Following the first prescription, the wound showed a noticeable change with the formation of healthy granulation tissue. A second dose was given, and a few months later, the

Physical generals

1. Intolerance: Pickles
2. Tendency for delayed wound healing
3. Sleeps on back
4. Sweat on upper part of the body

Particulars

1. Chronic non healing ulcer
2. Offensive, watery discharge from ulcers

Repertorial totality

1. Mind, hatred, persons, unmoved by apologies
2. Sleep, position, back, on
3. Perspiration, single parts, on upper part of the body
4. Skin, ulcers, discharge, offensive
5. Skin, ulcers, discharge, watery
6. Skin, ulcers, indolent.

Repertorial result

Nitric acid: 5/7

Puls: 11/6

Rhus: t-11/6

Calc.c: 10/6

Remedy selection

Rx

1. Nitric acid 200 -1 dose
2. Calendula Ø for dressing and external wash.



Before the medication



After using medicine

wide range of applications in homeopathy, as seen in this particular example. The individualized approach that homeopathy provides, which takes into account the patient as a whole, enhances the patient's general wellbeing. In this instance, nitric acid reduced the likelihood of delayed wound healing in addition to aiding in the ulcer's recovery.

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Discussion and Conclusion

Traumatic ulcers typically heal once the underlying cause is eliminated, but occasionally they can develop into chronic non-healing ulcers with delayed wound healing, which has a