



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493
P-ISSN: 2616-4485
Impact Factor (RJIF): 5.96
www.homoeopathicjournal.com
IJHS 2025; 9(3): 1040-1042
Received: 15-07-2025
Accepted: 18-08-2025

Dr. AK Dwivedi
Senior Homeopathic
Physician, Advanced Homoeo
Health Center & Homeopathic
Medical Research Pvt. Ltd.,
Indore, Madhya Pradesh,
India

Homeopathic treatment of corns: An observational study

AK Dwivedi

DOI: <https://www.doi.org/10.33545/26164485.2025.v9.i3.P.1785>

Abstract

Background: Corns are localized hyperkeratotic lesions of the skin, often caused by friction or pressure. Conventional treatments include surgical excision and corn caps, but recurrence and pain are common. Homeopathy offers a holistic, non-invasive, and recurrence-free alternative.

Objective: To evaluate the role of individualized homeopathic medicines in the management of corns without any local applications.

Methods: An observational study was conducted at *Advanced Homoeo Health Center & Homeopathic Medical Research Pvt. Ltd., Indore*. A total of 73 patients aged 14–55 years with corns were enrolled. Patients with prior surgical interventions or who had used corn caps were also included. Out of 73 patients, 62 completed regular treatment, while 11 discontinued treatment. Remedies were prescribed based on individual indications.

Results: All 62 patients who completed treatment experienced significant improvement and complete resolution of corns, without any local applications. Patients with prior surgical excisions or use of corn caps, who had frequent recurrences earlier, also remained recurrence-free during follow-up. 11 patients who did not take treatment regularly showed incomplete improvement.

Conclusion: Homeopathic medicines are safe, effective, non-invasive, and recurrence-preventive in the management of corns. Unlike surgical methods or corn caps, homeopathy not only removes the lesions but also improves general health. This study demonstrates the scope of homeopathy in skin conditions with a high rate of recurrence under conventional approaches.

Keywords: Corns, Homeopathy, Antimonium Crudum, Nitric Acid, Ranunculus Bulbosus, Silicea, Observational Study etc

Introduction

Corns (clavi) are a frequent dermatological complaint, presenting as localized thickening of the skin due to repeated friction or pressure. They are painful, cause difficulty in walking, and often recur after surgical excision or application of corn caps. Many patients seek alternative, safe, and holistic treatment options.

Homeopathy, based on the principle of *similia similibus curentur*, provides individualized therapy that not only removes corns but also prevents recurrence by correcting constitutional tendencies. This study documents the clinical outcomes of corns managed with homeopathic medicines at our center.



Corns

Corresponding Author:
Dr. AK Dwivedi
Senior Homeopathic
Physician, Advanced Homoeo
Health Center & Homeopathic
Medical Research Pvt. Ltd.,
Indore, Madhya Pradesh,
India

Materials and Methods

- **Study design:** Observational clinical study
- **Study site:** Advanced Homoeo Health Center & Homeopathic Medical Research Pvt. Ltd., Indore
- **Sample size:** 73 patients
- **Age group:** 14–55 years

Inclusion criteria

- Patients with corns of varying size and duration
- Patients with a history of surgical intervention or corn cap application

Exclusion criteria

Patients with diabetic foot ulcers or severe systemic illness

- **Treatment:** Individualized homeopathic prescriptions without local applications
- **Follow-up:** 6 months

Results

- **Total enrolled:** 73 patients
- **Completed treatment:** 62 patients (84.93%)
- **Irregular treatment / dropped out:** 11 patients (15.06%)

Outcome

- 100% cure in patients who completed treatment
- No recurrence observed during follow-up
- Patients with history of prior surgical excision or corn cap use reported better and long-lasting results with homeopathy

Frequently Used Medicines and Their Indications in Corns

Antimonium crudum

- Hard, thick, horny corns, especially on soles
- Associated with callosities and cracks
- Suited to obese, irritable patients with gastric issues and a white-coated tongue

Nitric acid

- Painful corns with sticking, splinter-like pains
- Warts and corns around nails, fissured and bleeding easily
- Suited to lean, anxious individuals with a strong craving for salt and fat

Ranunculus bulbosus

- Corns are associated with burning, stinging pain
- Pain aggravated by touch or pressure
- Corns on the soles of feet make walking difficult

Silicia

- Recurrent corns with a suppuration tendency
- Suited to chilly, delicate constitutions with weak resistance
- Also indicated in patients with history of repeated surgical removal of corns

Causticum

1. Large, painful corns, often inflamed and sensitive
2. Suited to patients with a tendency to develop warts and chronic skin complaints

- Also useful where corns are associated with deformities of the feet

Graphites

- Corns are associated with cracks, fissures, and oozing sticky discharge
- Indicated in obese, chilly individuals with rough, unhealthy skin

Discussion

This study highlights the superiority of individualized homeopathic management over conventional treatment of corns. Surgical excision and corn caps often lead to recurrence, whereas homeopathy addresses the constitutional predisposition, providing lasting relief. Patients also reported overall improvement in general health, beyond mere local symptom relief.

The success of this study underscores the importance of individualized remedy selection and patient compliance. Medicines such as *Antimonium crudum*, *Nitric acid*, *Ranunculus bulbosus*, and *Silicia* proved particularly effective in various presentations.

Conclusion

Homeopathy provides a safe, gentle, and effective therapeutic approach in the management of corns, with long-term results and no recurrence. The study supports wider clinical application and encourages further controlled trials to validate the findings.

Author Bio

Dr. A.K. Dwivedi is an accomplished homeopath and academician. He has contributed extensively to the field of clinical homeopathy, focusing on autoimmune and haematological conditions, with over 27 years of clinical practice and multiple national/international research presentations.

Conflict of Interest

Not available

Financial Support

Not available

References

1. Grouios G; Corns and calluses in athletes' feet: a cause for concern. *The Foot*. 2004;14(4):175-184.
2. Labrecque M, Audet D, Latulippe LG, Drouin J; Homeopathic treatment of plantar warts. *CMAJ: Canadian Medical Association Journal*, 1992;146(10):1749.
3. Hahnemann S. *The Chronic Disease, Their Peculiar Nature and Their Homoeopathic Cure* New Delhi, India: Indian Books and Periodicals Publisher; 2012. p. 131.
4. Allen JH. *The Chronic Miasm with Repertory, Rearrange and Augmented Edition* New Delhi, India: B. Jain Publishers; 2007.
5. Garcia CA, Soler FC. Effect of debridement of plantar hyperkeratoses on gait in older people-an exploratory trial. *Arch Gerontol Geriatr*. 2018;78:7-13.
6. Boericke W. *Pocket Manual of Homoeopathic Materia Medica Repertory*. 9th edition. New Delhi: B. Jain Publisher (P) Ltd; c2017.

7. Harrison's principles of internal medicine, Volume 1, by Kasper, Fauci, Hauser, Longo, Jameson, Loscalzo, 19th edition, printed in USA
8. Kent JT. Repertory of the Homoeopathic Materia Medica. 8th impression. Noida: B. Jain Publisher (P) Ltd.; c2009.
9. Boericke OE. Pocket Manual of Homeopathic Materia Medica & Repertory. Ninth edition. Kolkata; Ghosh Homoeo Pharmacy; c2006.
10. Rodríguez-Sanz D, Tovaruela-Carrión N, López-López D, Palomo-López P, Romero-Morales C, Navarro-Flores E, *et al.* Foot disorders in the elderly: A mini-review. Dis Mon 2018;64:64-91.
11. InformedHealth.org. Cologne, Germany: Institute for Quality and Efficiency in Health Care (IQWiG) 2006. Corns: Overview 2019, 11.

How to Cite This Article

Dwivedi AK. Homeopathic treatment of corns: An observational study: A case report. International Journal of Homoeopathic Sciences. 2025;9(3):1040-1042.

Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.