



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
Impact Factor (RJIF): 5.96  
[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)  
IJHS 2025; 9(3): 1339-1345  
Received: 12-07-2025  
Accepted: 14-08-2025

**Dr. Priyanka**  
M.D. Scholar, State National  
Homeopathic Medical College  
and Hospital, Lucknow, Uttar  
Pradesh, India

**Dr. Vishwajeet Gupta**  
Professor, Department of  
Community Medicine, State  
National Homeopathic  
Medical College and Hospital,  
Lucknow, Uttar Pradesh,  
India

**Dr. Archana Kumari**  
Professor, Department of  
Organon of Medicine and  
Homeopathic Philosophy,  
State National Homeopathic  
Medical College and Hospital,  
Lucknow, Uttar Pradesh,  
India

**Dr. OP Singh**  
Lecturer, Department of  
Organon of Medicine and  
Homeopathic Philosophy,  
State National Homeopathic  
Medical College and Hospital,  
Lucknow, Uttar Pradesh,  
India

**Dr. Anirudh Kumar**  
Professor, Department of  
Materia Medica, State  
National Homeopathic  
Medical College and Hospital,  
Lucknow, Uttar Pradesh,  
India

**Corresponding Author:**  
**Dr. Priyanka**  
M.D. Scholar, State National  
Homeopathic Medical College  
and Hospital, Lucknow, Uttar  
Pradesh, India

## Case report: [Behsavioral/medical/developmental feature] in a child with autism spectrum disorder

**Priyanka, Vishwajeet Gupta, Archana Kumari, OP Singh and Anirudh Kumar**

**DOI:** <https://www.doi.org/10.33545/26164485.2025.v9.i3.U.1828>

### Abstract

Autism spectrum disorder (ASD) is a complex neurodevelopmental condition characterized by impairments in social communication, restricted interests, and repetitive behaviors. It develops due to unknown causative agents. It has an immense impact on parents and society. The management of ASD often requires a multidisciplinary approach, and reports on complementary therapeutic interventions add to the understanding of individualized care. We present the case of a 6-year-old boy diagnosed with autism spectrum disorder who exhibited poor social interaction, delayed speech, hyperactivity, and repetitive behaviors. A detailed case history was taken and analyzed using repertorization. Based on the totality of symptoms, the constitutional remedy *Carcinosin* 1M was prescribed. The remedy was repeated at intervals whenever clinically indicated. Over the course of follow-up, the patient demonstrated gradual improvement in social engagement, attention span, behavioral regulation, and speech initiation. This case highlights the potential role of individualized homeopathic treatment as an adjunctive approach in the holistic management of autism spectrum disorder. Further systematic studies are warranted to evaluate the reproducibility and long-term efficacy of such interventions.

**Objectives:** To evaluate the efficacy of homeopathic management in managing ASD.

**Keywords:** Autism spectrum disorder, homeopathy, carcarinosin, constitutional medicine, case report, individualized treatment, holistic approach

### Introduction

Autism spectrum disorder (ASD) is a complex neurodevelopmental illness of infants and young children that leads to behavioral, communication and social skills abnormalities. It generally appears during the first 3 years of life and alters the normal physiological 1, 2 condition of an individual. There is an alarming increase of ASD in India and it is estimated that more than 60 lakh (six million) children / people in India are affected by this abnormal condition of the brain. One out of 500 Indian infants have some symptom of autism and almost 20,000 new cases of ASD are 3-5 getting registered every year. Generally, it is more common in boys than in girls i.e. 3 to 4 times higher in 6 male than female. The reason for this increase in the numbers may be attributed to several factors i.e. modern living styles, family system, food habits, urban stress syndromes, environmental pollutions, modern 7-9 treatment system, etc. Common features of autistic children are abnormal physical body behaviours, withdrawal/abnormal responses to social and community activities, delayed and disordered language and limited areas of interest towards surroundings. Several etiological factors have been found to explain the genesis of the disease, viz. genetic mutations due to various factors, prenatal, perinatal and postnatal abuses, due to certain food 10-15 and nutrients, environmental factors etc. Several therapeutic interventions are available for the treatment of autistic symptoms. Medical science generally suggests multi-vitamins, essential fatty 17, 18 acids, melatonin and probiotics. Complementary alternative medical therapeutic systems suggest and treat the autistic disorders by mind-body medicine, energy medicine and biologically based manipulative and body-based practices. Also they suggest delay and discontinuation of immunizations / vaccination, chelation, anti-infective treatments and secretin, and recommends suitable appropriate diet and lifestyle regimen and therapeutic medication and cleaning of 19, 20 the digestive tract, etc. Homoeopathic medical system in the treatment of autism treats various morbid symptoms and manifestations of this disease. Several studies showed that homoeopathic medicine can provide relief in brain related

abnormalities 21-24 (autism). The magnitude and seriousness of ASD in children, especially its long term related developmental disabilities in the Indian sub continent, provides us an excellent opportunity for the simple and economical management of ASD in children.

### Signs and Symptoms

#### SIGNS

Onset within 3 years of life

- Child looks at one object constantly
- Child does not give an eye contact on calling
- Child does not respond to his name
- Child does not give a social smile
- Child does not recognize family members
- Child is busy in his own world

#### Symptoms

Annoying obstinacy in behavior

- Poor verbal expression uses gesture to means for his needs
- Repeating words or phrases
- Laughing, crying without apparent cause
- Prefers solitude
- Throws tantrums
- Difficulty in social interaction together with his age or elders
- No eye contact while communication, unresponsive teaching
- Failure to perceive fears of danger, resulting in jumping from high place, twiddling with pointed objects
- Physical hyper-activity or under-activity
- Underdeveloped fine motor skills
- Not aware of verbal instructions with normal hearing
- Spinning objects
- Inappropriate possessiveness to objects
- Over-sensitivity or under-sensitivity to pain
- Screaming and shouting out of proportion
- Repeats the same words (echolalia).

#### Case Summery

Name-XYZ

Age/Sex- 6 Yrs Old/Boy

Address- Gomti Nagar, Lucknow

#### Present Complaints

Personal history- History of Neonatal Pneumonia and recurrent sinusitis

#### Family History

Father-Sinusitis

Mother-None

#### Physical Generals

Thermal- Chilly

Thirst-Thirstless

Perspiration- more on head and back

Stool- Tight Stool

Sleep- Lying on abdomen

Urine- ok

#### Mental Generals

Sympathetic, Artistic, Likes To Draw, Fastidious, sensitive rudeness to, sensitive criticism to,

Does not want to mingle with other friends, relatives, very mild and obedient child. But there is

No eye contact.

**Table 1:** Repertorial Totality

Does not like someone talks himself rudely he become more quiet for days.	Sensitive rudeness to
Does not want to mingle with other children	Reserved
Likes to draw beautiful drawings	Art ability for
Was sensitive towards feelings and sufferings of family members and animals	Sympathetic
Child was suffering from repeated cold and coryza later diagnosed as sinusitis	Sinuses complaints of
History of pneumonia during birth	History; personal lungs inflammation of the
Extremely careful of his surroundings and clothes and cleanliness and wants everything perfect	Fastidious
Very obedient in home	Yielding disposition

**Miasmatic Background:** Mainly miasm running behind the disease is ‘PSORA’

#### Repertorial Chart

Remedies	Authors	Analysis	Delete	More
Symptom clipboard <span>Back</span>				
MIND				
1 MIND - ART - ability for				✕
2 MIND - FASTIDIOUS				✕
3 MIND - RESERVED				✕
4 MIND - SENSITIVE - rudeness, to				✕
5 MIND - SYMPATHETIC				✕
6 MIND - YIELDING disposition - children; in				✕
NOSE				
7 NOSE - SINUSES; complaints of				✕
GENERALS				
8 GENERALS - HISTORY; personal inflammation of the				✕

Remedies	$\Sigma$ Sym	$\Sigma$ Deg	Symptoms
carc.	8	12	1, 2, 3, 4, 5, 6, 7, 8
phos.	7	12	1, 2, 3, 5, 6, 7, 8
nat-m.	6	10	2, 3, 4, 5, 6, 7
puls.	6	9	2, 3, 4, 5, 6, 7
lyc.	6	6	2, 3, 4, 5, 6, 7
staph.	5	8	1, 3, 4, 5, 6
calc.	5	7	2, 3, 4, 5, 7
med.	5	7	1, 2, 3, 4, 5
nux-v.	5	7	2, 3, 4, 5, 6
sep.	5	7	2, 3, 5, 6, 7
sil.	5	5	1, 2, 3, 6, 7
sulph.	5	5	1, 2, 3, 5, 7
aur-m-n.	4	7	2, 3, 4, 5
spong.	4	7	2, 3, 4, 5
caust.	4	6	2, 3, 5, 6
cupr.	4	6	2, 3, 5, 6

**Selection of remedy**

CARCINOSIN-8/12, PHOS-7/12, NATMUR-6/10, PULS-6/9, LYCOPODIUM- 6/6

**Remedy given and potency**

After carefully using synthesis repertory -

CARCINOSINUM 1M/1 DOSE given on 16/9/ 2025

**वाह्य रोगी विभाग**  
राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय  
1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं.: 114390  
नाम: PANJAL  
लिंग: पुरुष  
तारीख: 06/09/2024  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: डॉ. अमितेश कुमार सिंह  
समय: 08:00:00-14:00:00  
विभाग: मस्तिष्क बाल रोग  
रूम संख्या: 3

यह पर्चा 01-11-2024 तक मान्य है।

दिनांक	रोग का लक्षण एवं जीव	उपचार	हस्ताक्षर
	<p>Attenuated Feverish Cold, coryza Change of speech disturbed Frequent words Dry skin P/U - Pneumonia Is Acute Sneezing Change of weather Light stool</p>	<p>R. Carcinosis IM / 1 dose R. Met 80 / tds 15 days</p>	

नोट - (1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सहायक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

Designed & developed by Softpro Innovations (P) Ltd.  
E-mail: softproinnovations@gmail.com

Fig 1: SL 30 /TDS

**1<sup>st</sup> Follow Up**

Slight eye contact increased while talking.

There was slight improvement in speech, new words formation started. Repetition of words decreased. recurrent

coryza and sneezing were present.

Rx-

Kaizen 200/1 dose

R.met 30/tds

**वाह्य रागा विभाग**  
राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय  
1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं.: 129497  
नाम: PANJAL  
लिंग: पुरुष  
तारीख: 17/10/2024  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: डॉ. अमितेश कुमार सिंह  
समय: 08:00:00-14:00:00  
विभाग: मस्तिष्क बाल रोग  
रूम संख्या: 3

यह पर्चा 01-11-2024 तक मान्य है।

दिनांक	रोग का लक्षण एवं जीव	उपचार	हस्ताक्षर
	<p>Impaired</p>	<p>R. Kaizen 200 / 1 dose R. Met 80 / tds 15 days</p>	

नोट - (1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सहायक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

Designed & developed by Softpro Innovations (P) Ltd.  
E-mail: softproinnovations@gmail.com



**2<sup>nd</sup> Follow Up**

Patient Starts making new friends and starts talking to them in few words. But still was not that much included in a group play and talks. Repetition of words stopped.

Concentration while studying improved. Eye contact improved. Patient start involving with siblings. Duration of sneezing and severity of coryza decreased.

1. विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं: 145613  
नाम: PRANJAL YADAV  
लिंग: पुरुष  
तारीख: 22/11/2024  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: डॉ. नून  
समय: 08:00-14:00:00  
विभाग: रोग संख्या: 1

यह पर्चा 07-12-2024 तक मान्य है।

दिनांक	रोग का लक्षण एवं जोच	उपचार	हस्ताक्षर
	PC:- FUC Improvement	R. 2 Kaizen 200/dose 2 R. Met 20/dose 7 days	

नोट - (1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सकारात्मक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

Designed & developed by DR. NUN HOMOEOPATHY FOR ICH  
E-MAIL: drnun@icrindia.com

**3<sup>rd</sup> Follow Up:** Patient starts making full eye contact while conversation. Starts making short sentences. Starts involving in group but for hours but then again wants to

play alone and reserved. Sneezing completely stopped but coryza recur in week or two with blocked sinuses on change of weather or cold exposure.

वाह्य रोगी विभाग

राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय

1. विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं: 9578  
नाम: PANJAL YADAV  
लिंग: Male  
तारीख: 22/01/2025  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: डॉ. अंजनी कुमार  
समय: 08:00-14:00:00  
विभाग: रोग संख्या: 3

यह पर्चा 06-02-2025 तक मान्य है।

दिनांक	रोग का लक्षण एवं जोच	उपचार	हस्ताक्षर
	FUC Improvement	R. 2 Cocculus 1M/dose 2 R. Met 20/dose 15 days	

नोट - (1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सकारात्मक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

**4<sup>th</sup> Follow Up**

Starts taking interests in various group activities in school in sports. Starts making full sentences without repetition.

Speech improvement seen. There was no sinus blockage. coryza only once a month due to change in weather. But severity was absent.

3/24/25, 12:39 PM

राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय  
1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं.: 36330  
नाम: PANJAL YADAV  
लिंग: अन्य  
तारीख: 24/03/2025  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: डॉ. अमितेश कुमार सिंह  
समय: 08:00-14:00:00  
विभाग: मस्तिष्क बाल रोग  
रूम संख्या: 3

यह पर्चा 08-04-2025 तक मान्य है।

दिनांक	रोग का लक्षण एवं जांच	उपचार	हस्ताक्षर
	FUC Improvement	R. Carcinum 1M / 1 dose R. Met 30 / 1 dose spills - 2 pills - 2 pills 1 day	

(1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सकारात्मक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

2025/7/9 08:11

**5<sup>th</sup> Follow Up**

Full eye contact. Concentration improved tremendously. Patient starts talking to relatives coming home. Maintained

cordial relation with new friends by playing and talking to them. there was no sinusitis or sneezing or severe Coryza in previous month. Speech was almost improved.

राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय  
1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं.: 59536  
नाम: PARNIAL YADAV  
लिंग: पुरुष  
तारीख: 17/05/2025  
आयु: 6  
धर्म: हिन्दू

चिकित्सक का नाम: DR. ANJANI KUMAR SINGH  
समय: 08:00-14:00:00  
विभाग:  
रूम संख्या: 3

यह पर्चा 01-06-2025 तक मान्य है।

दिनांक	रोग का लक्षण एवं जांच	उपचार	हस्ताक्षर
	3 FUC Improvement in all complaints Sinusitis -> almost cured Speech - better	R. ① Kaizen 200 / 1 dose ② R. Met 30 / 1 dose 1 day	

(1) डॉक्टर को दिखाने के समय पुराना पर्चा तथा अपनी पुरानी रिपोर्ट सकारात्मक रूप से लाएं।  
(2) बार-बार डॉक्टर को मत बदलें।

2025/7/9 08:12

### Diagnostic Consideration

To meet the criteria for ASD as per DSM-5, a child must display long-lasting shortcomings in each of the three domains related to social communication and interaction. ♣ Shortcomings in social-emotional give-and-take, which may manifest as deviant social approach and inability to engage in reciprocal conversation or reduced inclination to share interests, emotions, or feelings, or failure to initiate or respond to social interactions. ♣ Shortcomings in nonverbal behaviours that are necessary for social interaction, including improperly integrated verbal and nonverbal communication, abnormalities in eye contact and body language, and difficulties in comprehending and utilizing gestures, facial expressions, and nonverbal communication. ♣ Shortcomings in forming, preserving, and comprehending relationships, which could present as difficulties in adjusting behaviour to suit different social settings, challenges in sharing imaginative play or making friends, or a complete lack of interest in peers.

### Scoring for ASD was done

#### Cars scale for Autism was use

Scores between 15-29.5 suggest non-autistic, 30-36.5 suggest mild to moderate autism, and 37-60 suggest severe autism.

**Table 2:** Symptom Scores Before and After Treatment

Symptom	Before treatment	After treatment
Relating to people	4	1
Imitative behaviour	0	0
Emotional response	3	2
Body use	2	0
Object use	2	1
Adaptation to change	4	3
Visual response	2	0
Listening response	3	2
Taste smell and touch response and use	2	1
Fear or nervousness	4	2
Verbal communication	4	0
Non - Verbal communication	2	0
Activity level	2	1
Level and consistency of intellectual	3	0
General impressions	3	2

### Total Score

Before Treatment-40- suggestive of 'SEVERE TYPE OF AUTISM'

After Treatment--15 suggestive of 'NON autistic child'

### Conclusion

Being a complex neuromuscular condition, old school medicine offers little help in treatment of AUTISM. They don't have cure of it and manage only by the suppression of symptoms not curing it. Homeopathic Antipsoric dynamic medicine can help a great deal in this very troublesome medicine.

### Conflict of Interest

Nil.

### Financial Support

None.

### References

1. Chaukhar S. The scope of homeopathy in autism. Ann Clin Trials Vaccin Res. 2018;1(1).
2. Gupta N. Homeopathic medicinal treatment of autism. Int J Reprod Health. 2010 Dec.
3. Gupta N, Saxena RK, Juneja RAK, Malhotra. Effectiveness of homeopathy in four autism spectrum disorder cases. Homoeopathic Links. 2013 Dec;26(4):256-61.
4. Childhood Autism Rating Scale (CARS) [Internet]. Chicago: ABA Therapy; [cited 2025 Sep 11]. Available from: <https://www.chicagoabatherapy.com>
5. Cline H. Experience and brain development. Biological Psychiatry. 2008;63(7):222S.

#### How to Cite This Article

Priyanka, Gupta V, Kumari A, Singh OP, Kumar A. Case report: [Behsavioral/medical/developmental feature] in a child with autism spectrum disorder. International Journal of Homoeopathic Sciences. 2025; 9(3): 1339-1345.

#### Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.