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Case report: [Behsavioral/medical/developmental feature in a child with autism spectrum disorder

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Autism spectrum disorder (ASD) is a complex neurodevelopmental condition characterized by impairments in social communication, restricted interests, and repetitive behaviors. It develops due to unknown causative agents. It has an immense impact on parents and society. The management of ASD often requires a multidisciplinary approach, and reports on complementary therapeutic interventions add to the understanding of individualized care. We present the case of a 6-year-old boy diagnosed with autism spectrum disorder who exhibited poor social interaction, delayed speech, hyperactivity, and repetitive behaviors. A detailed case history was taken and analyzed using repertorization. Based on the totality of symptoms, the constitutional remedy Carcinosin 1M was prescribed. The remedy was repeated at intervals whenever clinically indicated. Over the course of follow-up, the patient demonstrated gradual improvement in social engagement, attention span, behavioral regulation, and speech initiation. This case highlights the potential role of individualized homeopathic treatment as an adjunctive approach in the holistic management of autism spectrum disorder. Further systematic studies are warranted to evaluate the reproducibility and long-term efficacy of such interventions.

Objectives: To evaluate the efficacy of homoeopathic management in managing ASD.

Keywords: Autism spectrum disorder, homeopathy, carcinosin, constitutional medicine, case report, individualized treatment, holistic approach

Introduction

Autism spectrum disorder (ASD) is a complex neurodevelopmental illness of infants and young children that leads to behavioral, communication and social skills abnormalities. It generally appears during the first 3 years of life and alters the normal physiological 1, 2 condition of an individual. There is an alarming increase of ASD in India and it is estimated that more than 60 lakh (six million) children / people in India are affected by this abnormal condition of the brain. One out of 500 Indian infants have some symptom of autism and almost 20,000 new cases of ASD are 3-5 getting registered every year. Generally, it is more common in boys than in girls i.e. 3 to 4 times higher in 6 male than female. The reason for this increase in the numbers may be attributed to several factors i.e. modern living styles, family system, food habits, urban stress syndromes, environmental pollutions, modern 7-9 treatment system, etc. Common features of autistic children are abnormal physical body behaviours, withdrawal/abnormal responses to social and community activities, delayed and disordered language and limited areas of interest towards surroundings. Several etiological factors have been found to explain the genesis of the disease, viz. genetic mutations due to various factors, prenatal, perinatal and postnatal abuses, due to certain food 10-15 and nutrients, environmental factors etc. Several therapeutic interventions are available for the treatment of autistic symptoms. Medical science generally suggests multi-vitamins, essential fatty 17, 18 acids, melatonin and probiotics. Complementary alternative medical therapeutic systems suggest and treat the autistic disorders by mind-body medicine, energy medicine and biologically based manipulative and body-based practices. Also they suggest delay and discontinuation of immunizations / vaccination, chelation, anti-infective treatments and secretin, and recommends suitable appropriate diet and lifestyle regimen and therapeutic medication and cleaning of 19, 20 the digestive tract, etc. Homoeopathic medical system in the treatment of autism treats various morbid symptoms and manifestations of this disease. Several studies showed that homoeopathic medicine can provide relief in brain related

abnormalities 21-24 (autism). The magnitude and seriousness of ASD in children, especially its long term related developmental disabilities in the Indian sub continent, provides us an excellent opportunity for the simple and economical management of ASD in children.

Signs and Symptoms SIGNS

Onset within 3 years of life

- Child looks at one object constantly
- Child does not give an eye contact on calling
- Child does not respond to his name
- Child does not give a social smile
- Child does not recognize family members
- · Child is busy in his own world

Symptoms

Annoying obstinacy in behavior

- Poor verbal expression uses gesture to means for his needs
- Repeating words or phrases
- Laughing, crying without apparent cause
- Prefers solitude
- Throws tantrums
- Difficulty in social interaction together with his age or elders
- No eye contact while communication, unresponsive teaching
- Failure to perceive fears of danger, resulting in jumping from high place, twiddling with pointed objects
- Physical hyper-activity or under-activity
- Underdeveloped fine motor skills
- Not aware of verbal instructions with normal hearing
- Spinning objects
- Inappropriate possessiveness to objects
- Over-sensitivity or under-sensitivity to pain
- Screaming and shouting out of proportion
- Repeats the same words (echolalia).

Case Summery

Name-XYZ

Age/Sex- 6 Yrs Old/Boy

Address- Gomti Nagar, Lucknow

Present Complaints

Personal history- History of Neonatal Pneumonia and recurrent sinusitis

Family History

Father-Sinusitis

Mother-None

Physical Generals

Thermal- Chilly

Thirst-Thirstless

Perspiration- more on head and back

Stool- Tight Stool

Sleep- Lying on abdomen

Urine- ok

Mental Generals

Sympathetic, Artistic, Likes To Draw, Fastidious, sensitive rudeness to, sensitive criticism to,

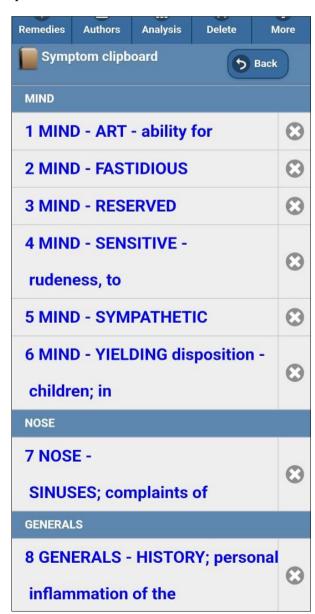
Does not want to mingle with other friends, relatives, very mild and obedient child. But there is No eye contact.

Table 1: Repertorial Totality

Does not like someone talks himself rudely he become more quiet for days.	Sensitive rudeness to	
Does not want to mingle with other children	Reserved	
Likes to draw beautiful drawings	Art ability for	
Was sensitive towards feelings and sufferings of family members and animals	Sympathetic	
Child was suffering from repeated cold and coryza later diagnosed as sinusitis	Sinuses complaints of	
History of pneumonia during birth	History; personal lungs inflammation of the	
Extremely careful of his surroundings and clothes and cleanliness and wants everything perfect	Fastidious	
Very obedient in home	Yielding disposition	

Miasmatic Background: Mainly miasm running behind the disease is "PSORA"

Repertorial Chart



Remedies	∑Sym	ΣDeg	∑Deg Symptoms		
carc.	8	12	1, 2, 3, 4, 5, 6, 7, 8		
phos.	7	12	1, 2, 3, 5, 6, 7, 8		
nat-m.	6	10	2, 3, 4, 5, 6, 7		
puls.	6	9	2, 3, 4, 5, 6, 7		
lyc.	6	6	2, 3, 4, 5, 6, 7		
staph.	5	8	1, 3, 4, 5, 6		
calc.	5	7	2, 3, 4, 5, 7		
med.	5	7	1, 2, 3, 4, 5		
nux-v.	5	7	2, 3, 4, 5, 6		
sep.	5	7	2, 3, 5, 6, 7		
sil.	5	5	1, 2, 3, 6, 7		
sulph.	5	5	1, 2, 3, 5, 7		
aur-m-n.	4	7	2, 3, 4, 5		
spong.	4	7	2, 3, 4, 5		
caust.	4	6	2, 3, 5, 6		
cupr.	4	6	2, 3, 5, 6		

Selection of remedy CARCINOSIN-8/12, PHOS-7/12, NATMUR-6/10, PULS-6/9, LYCOPODIUM- 6/6

Remedy given and potency After carefully using synthesis repertory -CARCINOSINUM 1M/1 DOSE given on 16/9/ 2025

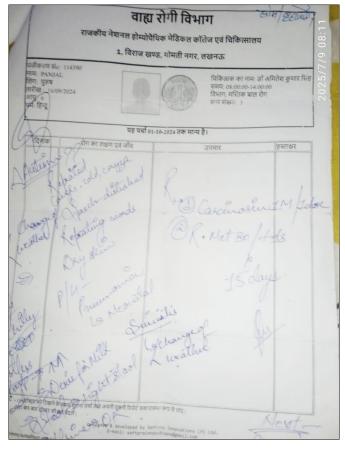


Fig 1: SL 30 /TDS

1st Follow Up

Slight eye contact increased while talking.

There was slight improvement in speech, new wo

There was slight improvement in speech, new words formation started. Repetition of words decreased. recurrent

coryza and sneezing were present. Rx-Kaizen 200/1 dose R.met 30/tds



2nd Follow Up

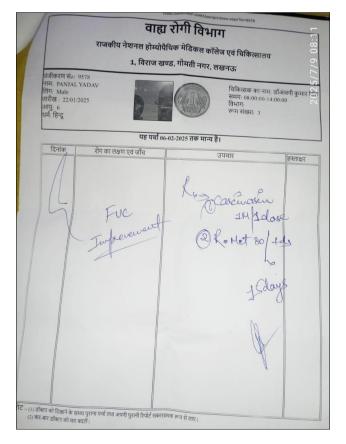
Patient Starts making new friends and starts talking to them in few words. But still was not that much included in a group play and talks. Repetition of words stopped.

Concentration while studying improved. Eye contact improved. Patient start involving with siblings. Duration of sneezing and severity of coryza decreased.



3rd Follow Up: Patient starts making full eye contact while conversation. Starts making short sentences. Starts involving in group but for hours but then again wants to

play alone and reserved. Sneezing completely stopped but coryza recur in week or two with blocked sinuses on change of weather or cold exposure.



4th Follow Up

Starts taking interests in various group activities in school in sports. Starts making full sentences without repetition.

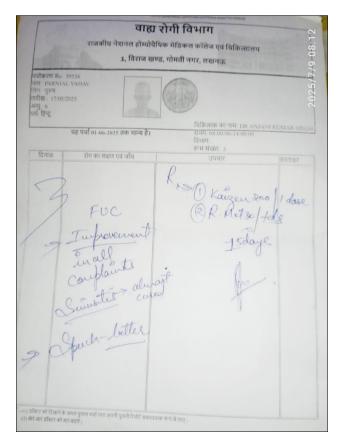
Speech improvement seen. There was no sinus blockage. coryza only once a month due to change in weather. But severity was absent.



5th Follow Up

Full eye contact. Concentration improved tremendously. Patient starts talking to relatives coming home. Maintained

cordial relation with new friends by playing and talking to them. there was no sinusitis or sneezing or severe Coryza in previous month. Speech was almost improved.



Diagnostic Consideration

To meet the criteria for ASD as per DSM-5, a child must display long-lasting shortcomings in each of the three domains related to social communication and interaction. A Shortcomings in social-emotional give-and-take, which may manifest as deviant social approach and inability to engage in reciprocal conversation or reduced inclination to share interests, emotions, or feelings, or failure to initiate or respond to social interactions. A Shortcomings in nonverbal behaviours that are necessary for social interaction, including improperly integrated verbal and nonverbal communication, abnormalities in eye contact and body language, and difficulties in comprehending and utilizing gestures, facial expressions, and nonverbal communication.

♣ Shortcomings in forming, preserving, and comprehending relationships, which could present as difficulties in adjusting behaviour to suit different social settings, challenges in sharing imaginative play or making friends, or a complete lack of interest in peers.

Scoring for ASD was done Cars scale for Autism was use

Scores between 15-29.5 suggest non-autistic, 30-36.5 suggest mild to moderate autism, and 37-60 suggest severe autism.

Table 2: Symptom	Scores	Before	and A	After	Treatment
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Symptom	Before treatment	After treatment
Relating to people	4	1
Imitative behaviour	0	0
Emotional response	3	2
Body use	2	0
Object use	2	1
Adaptation to change	4	3
Visual response	2	0
Listening response	3	2
Taste smell and touch response and use	2	1
Fear or nervousness	4	2
Verbal communication	4	0
Non - Verbal communication	2	0
Activity level	2	1
Level and consistency of intellectual	3	0
General impressions	3	2

Total Score

Before Treatment-40- suggestive of 'SEVERE TYPE OF AUTISM'

After Treatment--15 suggestive of "NON autistic child"

Conclusion

Being a complex neuromuscular condition, old school medicine offers little help in treatment of AUTISM. They don't have cure of it and manage only by the suppression of symptoms not curing it. Homeopathic Antipsoric dynamic medicine can help a great deal in this very troublesome medicine.

Conflict of Interest

Nil.

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None.

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