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Significance of constitutional remedy in case of molluscum contagiosum

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Abstract

Molluscum contagiosum is a common cutaneous viral infection in children over the age of one year. It is a benign but frequently troublesome viral infection that generally affects young children. It comprises nearly 1% of the skin diseases and its incidence has increased. This case demonstrates the Homeopathic Management of Molluscum Contagiosum and the use of Constitutional remedy in treating the viral skin disease. Homeopathy is a system of treatment that considers both the psychological aspect as well as the physical state of the individual. Significant improvements were evident using before and after images of the patient. It has also been noticed that there is no recurrence after taking the homeopathic treatment. Hence it is suggested that homeopathic treatment is effective in management of cases of Molluscum Contagiosum.

Keywords: Molluscum contagiosum, mental characteristics, constitutional prescription

Introduction

A common cutaneous viral infection seen principally in children and occasionally as a sexual transmitted disease in adults; it is caused by the molluscum virus – a DNA virus of the pox group. In children, face, extremities (exposed sites) and trunk are involved in order of frequency. Young children acquire this infection by skin to skin contact while playing.

Morphology: Smooth, shiny, pearly white or yellowish dome shaped papule with a central umbilication represents a classic lesion. Early lesions lack central umbilication. Yellow cheesy material can be expressed from the center of a developed lesion.

Clinical Case Presentation

A 9 year old female came with the complaint of papular eruptions below right eye, chin and cheeks since 8 months. Onset was sudden and was increasing. It started with itching over the part followed by papular eruptions and the redness of the eruptions.

Clinical appearance



Fig 1: Eruptions below right eye



Fig 2: Eruptions on left cheek



Fig 2, 3: Eruptions on right cheeks. [Before treatment 02/07/2019]

Mind: Patient is a very shy, gentle and mild person. She is intellectual in her studies. She is stubborn wants all the things she likes. She is an artistic person – likes drawing and has fear of height.

Physical general: She likes chicken and has thirst moderate for cold water. She perspires profuse and offensive over axilla. She salivates and grindes her teeth during sleep.

Clinical diagnosis: Molluscum Contagiosum

Pathological understanding in cases of Molluscum Contagiosum: Typical lesion consists of sharply circumscribed cup- like epidermal lesion growing down into the dermis. The proliferating epidermal cells contain the pathognomonic intracytoplasmic eosinophilic inclusion

bodies called molluscum bodies. These bodies contain numerous viral particles.

Homeopathic understanding: Dynamic, Chronic, Miasmatic disease with fully developed symptoms. Miasm - Psoric

Prognosis and complications: It is good, and most cases of the Mollusum Contagiosum are amenable to treatment. Patients who are immunosuppressed may represent a special challenge.

Treatment strategy

- 1. Conventional line of treatment: Destructive therapies may be painful and risk scarring, and the decision not salicylic acid, podophyllin, cantharidin, trichloroacetic acid, cryotherapy and curettage are alternatives.
- 2. Homeopathic line of treatment: As per aphorism 7: Totality of symptoms is defined as, "The outwardly reflected picture of the internal essence of disease i.e. the affection of vital force. As per aphorism 153: for the choice of the remedy striking, singular, uncommon and symptoms of the disease to be considered. HOMEOPATHIC APPROACH IN THIS CASE OF MOLLUSUM CONTAGIOSUM Holistic approach: persons constitution i.e. his mind and physical general and particular symptoms are taken into consideration.

Susceptibility: High susceptibility due to following reasons:

- Symptom similarity
- More characteristic symptoms at the level of mind and physical general
- Young female patient
- Good immune response

Examination findings: General condition fare. Throat, R.S., C.V.S., G.I.T., C.N.S – No Abnormality detected.

Totality of symptoms - According to Kent

- 1. Shy, mild person
- 2. Stubborn child
- 3. Fear of height
- 4. Intellectual
- 5. Artistic likes drawing
- 6. Salivation during sleep
- 7. Grinding of teeth during sleep
- 8. Perspiration profuse
- 9. Perspiration offensive
- 10. Thirst for cold water
- 11. Desires chicken
- 12. Eruptions around cheek and chin

MIND		10 MOUTH - SALIVATION -		Remedies	∑Sym	ΣDeg	Symptoms
1 MIND - ART - ability for	0	night	0	phos.	13	18	1, 2, 3, 4, 5, 6, 8, 9, 10,
2 MIND - FEAR - high places, of	0	ТЕЕТН					11, 13, 14, 15
3 MIND - INTELLIGENT	0	11 TEETH - GRINDING -		lyc.	11	24	2, 3, 4, 5, 6,
4 MIND - MILDNESS -	IND - MILDNESS - sleep agg.; during	sleep agg.; during	8				7, 8, 9, 11, 13, 14
children; in		STOMACH		sil.	11	21	1, 2, 3, 4, 5,
5 MIND - OBSTINATE	0	12 STOMACH - THIRST - cold -	- 🛭				6, 7, 8, 9, 13, 14
6 MIND - TIMIDITY	0	water		sulph.	11	19	1, 2, 3, 5, 6,
FACE		PERSPIRATION					9, 10, 11, 13, 14, 15
7 FACE - ERUPTIONS - papular	0	13 PERSPIRATION - ODOR - offensive	3	bell.	11	18	1, 2, 3, 5, 6, 8, 9, 10, 11, 13, 14
8 FACE - ERUPTIONS - Cheeks	0						
9 FACE - ERUPTIONS - Chin	0	14 PERSPIRATION - PROFUSE	0	carc.	11	12	1, 2, 3, 4, 5,
моитн		GENERALS					6, 8, 11, 13,
10 MOUTH - SALIVATION -		15 GENERALS - FOOD and DRINKS					14, 15
night	8	desire	8	merc.	10	19	2, 5, 6, 7, 8, 9, 10, 11,

Fig 4: Repertorization sheet (Synthesis App)

Remedy Selection: Sulphur 200 (1P) and Silicea 200 t.d.s. X 7 Days

Date	Follow Ups	Prescription
02/07/2019	1 st prescription	Sulphur 200 (1P)
	1 prescription	Silicea 200 t.d.s X 7 days
09/07/2019	>	SL 200 t.d.s X 7 days
16/07/2019	>	Silicea 200 t.d.s X 7 days
23/07/2019	>>	SL 200 t.d.s X 1 month
23/08/2019	>>	SL 200 t.d.s X 1 month
24/09/2019	-O-	No Medicines

Reference

Irritable and irascible when aroused; when let alone he is timid, retiring, wants to shirk everything; mild, gentle, tearful women. The silica child is cross and cries when spoken to. It is the natural complement and chronic of (Puls.) because of its great similarity; it is a deeper, more profound remedy. Religious melancholy, sadness, irritability, despondency. (Lyc.) is stupid, the dread of undertaking anything is from a general knowledge of inability. In Silica it is imaginary.

Fig 5: Lectures on Homeopathy by Dr J. T. Kent from Hompath App - Silicea

Silica disturbs the stomach, causes hiccough, nausea and vomiting; disturbs the liver. All these symptoms are connected and are hard to separate. Decided aversion to warm food, desires cold things, wants his tea moderately cold, he is willing to have his food cold, dislikes warm food. Sometimes there is a decided aversion to meat, but if he does take it, he prefers cold, sliced meat. He likes ice cream, ice water, and feels comfortable when it is in the stomach; it is sometimes impossible for him to drink hot fluid, they cause sweat about the face and head and cause hot flushes (1(Bar. c.).)1

Silica is disturbed by the extremes of heat and cold, easily affected in changes even of a few degrees; he has complaints from being overheated; he gets overheated easily, sweats easily from a slight change in the temperature and comes down with a cold.

Fig 6: Lectures on Homeopathy by Dr J. T. Kent from Hompath FireFly App - Silicea

Mind.—Yielding, faint-hearted, anxious. Nervous and excitable. Sensitive to all impressions. Brain-fag. Obstinate. headstrong children. Abstracted. Fixed ideas; thinks only of pins, fears them, searches and counts them.

Fig 7: Pocket Manual of Homoeopathic Materia Medica by William Boericke – 9th Edition – Silicea (page no- 591)

MIND: Yielding, faint—hearted. Sensitive, weeping mood.
Obstinate. Stubborn, head-strong children. Cries when kindly spoken to. Fixed ideas; thinks only of pins, fears them, searches and counts them. Mental acuteness, with physical weakness and torpidity. Sullen. Compunctions of conscience about trifles. Loss of self—confidence; dreads failure, but unfounded. Starts from slight noise. Screaming violently, groaning, in epilepsy. Indifference to religion. Hopeless. Sad. Disgust for life, wishes to drown herself. Brain—fag. Cannot express himself correctly. Fidgety. Complaints from anticipation.

Fig. 8: Materia Medica of Homoeopathic Medicines by Dr. S.R. Phatak – 2nd edition – revised & enlarged – Silicea (page nos. 648)

STOMACH: Aversion to cooked or warm food and meat, to mother's milk-vomits it. Likes icecream, ice water, feels comfortable when it is in the stomach. Water tastes bad, vomits after drinking. Induration of pylorus. Waterbrash with chilliness. Voracious appetite, disappears on attempting to eat, or loathing of food. Sour eructations after eating. Sour vomiting. Gnawing, twisting pain in epigastrium, < by pressure. Feels a if a cold stone were in stomach.

Fig. 9: Materia Medica of Homoeopathic Medicines by Dr. S.R. Phatak – 2nd edition – revised & enlarged – Silicea (page nos.648)

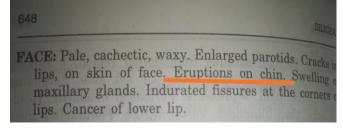


Fig. 10: Materia Medica of Homoeopathic Medicines by Dr. S.R. Phatak – 2nd edition – revised & enlarged – Silicea (page nos. 648)







After Treatment [24/09/2019]

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