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Phaseolus Nanus

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Abstract

Phaseolus vulgaris (commonly known as the common bean or French bean) is a widely cultivated herbaceous annual plant belonging to the Fabaceae family. The plant bears trifoliate leaves and white, pink, or purple flowers that vary greatly in size, shape, and colour [1]. Various parts of *Phaseolus vulgaris* have been used for their antidiabetic, diuretic and cardiovascular benefits [2]. This journal highlights the medicinal potential of *Phaseolus vulgaris* from a homeopathic perspective, focusing in treating metabolic, cardiac, and urinary disorders [3].

Keywords: Neuralgia, pinto beans, albuminuria, hematuria, hernia

Introduction

Phaseolus vulgaris, also known as the common bean and French bean, is a herbaceous annual plant grown worldwide for its edible dry seeds or unripe fruit. Its botanical classification, along with *Phaseolus* species, is as a member of the legume family fabaceae, common beans acquire the nitrogen they require through an association with rhizobia, which are nitrogen - fixing bacteria [2].

Synonyms

Phaseolus communis Pritz, *Phaseolus compressus* DC. *Phaseolus esculentus* Salisb, *Phaseolus vulgaris* L.

Homeopathic Uses

Albuminuria, Breast tumors, Headache, Hernia, Hydrothorax, Impotence, Pericarditis, Punctured wounds [11], Diabetes, Dropsy, Haematuria, affections of Heart, Pleurisy, Diseases of Prostate [10].

Sphere of Action

- Nervous system
- Genital organs
- Stomach and Bowels
- Kidney



Fig 1: *Phaseolus nanus* _ plant

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Characteristics Symptoms

Soreness to touch-eyeballs, right rib, epigastrium, right Humerus^[5] sudden curious sensation in the region of the heart, and immediately felt pulse very weak and fluttering. Nervous and had neuralgic pains almost all over the body. Urine heavily loaded with albumin. Fearful with palpitation and feeling as if she should die, Irregular action of the heart, General dropsy, Headache as if something was pressing hard against each temple, much worse after taking each dose of the medicine, The heart's action was weak and irregular, growing until he was entirely pulseless at both wrists^[13].

Mental generals

Fear of death^[14], He could only be roused by speaking loudly^[7], The headache lasted from noon till bedtime, when in bed, but returned at 10 o'clock next day, When wrinkling the skin of the forehead, pain in the right orbit^[7], Frightened by irregular action of heart^[5], Fearful time with her heart palpitating and feeling as if she should die^[5].

Head

Aches chiefly in the forehead or orbits, worse any movement or mental exertion^[12], Headache from fullness in the brain, or a sense of something pressing hard against the temples^[15], Pain right side forehead while writing grasped it with both hands and was dead^[5], Fearful convulsion^[13].

Eyes

Eyeballs painful to touch, Itching in inner canthi, Pain over right orbit worse from mental exertion, Eyeballs painful to touch as from a blow canthi, Pupils widely dilated and insensible^[5].

Face

Features expressed suffering^[5].

Urinary system

Diabetic urine, Bloody urine, Uric acid gravel^[5], Fleshy; urine heavily loaded with albumen^[13].

Abdomen

Pain in abdomen when pressed, child shrank from it and drew up legs, Pain in epigastrium when touched, especially in region of pylorus, Pain, like hernia, in the right inguinal ring^[5].

Heart

Fearful, palpitations and sensation that death is approaching^[12], A sudden strange sensation about the heart; the heart gives an occasional unpleasant throb, then omits a beat, which is worse at night and prevents sleep^[15], Weak heart, There is a feeling of impending dissolution, The heart action is very weak and irregular, there is palpitation and general dropsy^[6], The pulse at the wrist rapid and almost imperceptible,⁽⁷⁾ General dropsy with heart complications, A sudden curious sensation in the region of the heart, and immediately felt pulse very weak and fluttering^[13].

Respiratory system

Right ribs sore^[12] breathing slow and sighing^[11]. Cartilage of last true right rib painful as if bruised.

Chest

A hard, rounded, projecting, movable tumors, painful to

touch, appears suddenly, above right nipple, in full state of development^[5].

Male genital organ

Enlarged Prostate, Complete impotence^[5].

Sleep

She awoke and tried to get up, but could not walk, so crawled to the door and opened it to let in fresh air^[13].

Fever

Bedewed with cold perspiration^[5].

Extremities

Pain to touch in extremity of head of right Humerus^[5]. Unable to lie down in bed and his legs^[13].

Modalities

Worse: Night^[15], by movement of the head or any mental exertion, Reading Writing Pressure^[11].

Conclusion

This review focuses on dry beans, particularly pinto beans, covering their historical context, current production and consumption patterns in the United States, chemical composition, and their links to human health benefits. While our understanding of the health-promoting properties of pinto and other dry beans is growing, critical knowledge gaps still exist regarding their precise roles in disease prevention or management. Helps in treating diabetes with sugar in urine, pain due to mental exhaustion. Sensitivity towards light. Solves anxiety issues like throbbing.⁽¹⁾ Irregular action of the heart with weakness and swelling, All chronic disorders of the urinary tract from kidneys to Urethra, albuminous urine, soreness all over the body^[8].

Conflict of Interest

Not available

Financial Support

Not available

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