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Researchers yet to decide the quantity of single dose

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Abstract

Dose means the amount of medicine given at a time to the sufferer. In Homoeopathy, a single dose of single medicine is favourable for effecting the cure. But the amount of medicine varied from individual to individuals, which creates confusion among the many. It is the need to realize the different types of prescription as a single dose, and their differentiation in quantity of dose, a single poppy seed sized medicated globule, and the effect of adding more globule and frequent repetition and the larger doses. Also to know about the effectiveness of dose diluting with larger amount of liquid, divided dose and intimation of doses. The direction by Hahnemann in Organon of medicine and chronic disease is the need of realizing to decide the quantity of single dose for researchers.

Keywords: Single dose, single globule, homoeopathy

Introduction

Homoeopathic physicians are following the rule of minimum dose and single dose at a time. But among the quantity of single dose, differ from, single pill, or many pills, single drop or many drops. Hahnemann have given definite explanation about the concept of dose in his works about the single pill of poppy seed sized medicated globule, and the effects of adding more globules, frequent repetition and the larger dose. His explanation about the softening of the dose, in intimating the dose, and divided dose are yet to be accepted and realized for future research to decide for the quantity of single dose.

Objectives

The objectives of this study is,

- To realize the definition of minimum dose and minute dose.
- To know about the single dose, as single medicated globule of poppy seed size.
- To know about the effect of more globules, frequent repetition of dose, larger doses of the medicine.
- To know about the softening of dose, intimating the dose and divided dose.
- To suggest the researchers to work on different types of dose and solicit the quantity of single dose.

Background

There are different types of prescription as used by different physicians, where a single dose is given. It is illustrated with an example using *Bryonia alba* 30 as follows:

1. *Bryonia alba* 30/ 1 Dose in 10 ml of aqua 10 drops 2 hourly.
2. *Bryonia alba* 30/1 globule in 10 ml of aqua
3. *Bryonia alba* 30/ 5 pills
4. *Bryonia alba* 30/ 10 pills
5. *Bryonia alba* 30/5 drops in water
6. *Bryonia alba* 30/5 drops in sugar of milk
7. *Bryonia alba* 30/10 drops in water
8. *Bryonia alba* 30/5 drops directly on the tongue

These types of differences in quantity of medicine creates confusion among the Homoeopathic students, many physicians and the patients. It is yet to confirm by the future scientists of Homoeopathy.

Definition of minutest dose and minimum dose

The minutest dose, so as to produce the least possible excitation of the vital force, and yet sufficient to effect the necessary change in it ^[1].

The minimum dose is a dose so small that it is not capable of producing symptoms when used therapeutically ^[2].

Suitableness of a medicine

The suitableness of a medicine for any given case of disease does not depend on its accurate Homoeopathic selection alone, but likewise on the proper size or rather smallness of the dose ^[1]. Also the selection of the dose is as much an integral part of the process of making a Homoeopathic prescription as the selection of the remedy and often as quite important. A well selected remedy may fail utterly or even do injury, because of wrong dosage. Dose as well as remedy must be adjusted to the patients need ^[2].

Importance of diminution of the Dose

The diminution of the dose is essential for Homoeopathic use will also be promoted by diminishing its volume, so that, if instead of a drop of medicinal dilution, we take but quite a small part of such a drop for a dose, the object of diminishing the effect still further will be effectually attained and that will be the case may be readily conceived for this reason, became with the smaller a volume of the dose with few nerves of the living organism can be touched, whereby the power of the medicine is certainly also communicated to the whole organism but is in a weaker power ^[1].

Procedure of reducing the dose

For the purpose of reducing the dose it is most convenient to employ fine sugar globules of size of poppy seeds, one of which imbibed with the medicine and put into the dispensing vehicle constitutes a medicinal dose, which contains about the three hundredth part of a drop, for three hundred such small globules will be adequately moistened by one drop of alcohol. The dose is vastly diminished by laying one such globule alone upon the tongue and giving nothing to drink ^[1].

Softening of a dose

A dose of Homoeopathic medicine may be moderated and softened by allowing the patient to smell. A small pellet moistened with the selected remedy in a high potency and placed in vial the mouth of which is held to the nostril of the patient, who draws in only a momentary little whiff of it ^[3].

Single globule a dose

One medicated globule of size of poppy seeds is a dose. It is convinced of the correctness of his choice of the Homoeopathic medicine in order to obtain more benefit for the patient than he was able to get hitherto from prescribing as single small dose, a single very minute globule ^[1].

Administration of more globules at a time

For instance, in place of giving a single very minute globule moistened with the medicine in the highest dynamization, to administer six, seven or eight of them at once and even half or a whole drop But the result was always less favourable than it should have been; it was often actually unfavourable, often even very bad – an injury that, in a patient so treated, it is difficult to repair. The difficulty in this case is not solved by giving, instead, power dynamizations of the remedy in a large dose. This, increasing the strength of the single doses of Homoeopathic medicine with the view of effecting the degree of pathogenetic excitation of the life

force necessary to produce satisfactory salutary reaction, fails altogether, as experience teaches, to accomplish the desired object. This vital force is thereby, too violently and too suddenly assailed and excited to allow it time to exercise a gradual equable salutary reaction, to adapt itself to the modification effected in it, hence it strives to repel, as if it were an enemy, the medicine attacking it in excessive force, by means of vomiting, diarrhoea, fever, perspiration and so forth, and thus in a great measure it diverts and renders nugatory the aim of the incautious physician - little or no good towards curing the disease will be there by accomplished; on the contrary, the patient will be thereby perceptibly weakened and, for a long time, the administration of even the smallest dose of the same remedy must be thought of it we would not wish it to injure the patient ^[1].

Administration of frequent doses

It happens that a number of the smallest doses given for the same object in quick succession accumulate in the organism into a kind of excessively large dose, with similar bad results; in this case the vital force, not being able to recover itself betwixt every dose, though it be but small, becomes oppressed and overwhelmed, and thus being incapable of reacting in a salutary manner, it is necessitated passively to allow involuntary the continuance of the over strong medicinal disease that has thus been forced upon it just in the same manner as we may every day observe from the allopathic abuse of large cumulative dose of one and the same medicine, to the lasting injury of the patient ^[1].

Too large doses, greater its homoeopathicity, the higher potency, more injury

A medicine even though it may be homoeopathically suited to the case of disease, does harm in every dose than is too large, the more harm larger the dose, and by the magnitude of the dose it more harm the greater its homoeopathicity and the higher the potency selected and it does more injury than and equally large dose of medicine unhomoeopathic, and in no respect adapted to the morbid state ^[1].

Dissolving the dose in greater quantity of fluid increase the effect

The effect of a homoeopathic dose of medicine increases the greater the quantity of fluid in which it is dissolved when administered to the patient, although the actual amount of medicine it contains remains the same. For this case, when the medicine is taken it comes in contact with a much larger surface of sensitive nerves responsive to the medicinal action. Although theorist may imagine these should be weakening of the action of a dose of medicine by its dilution with a large quantity of liquid experience asserts exactly the opposite, at all events when the medicine are employed homoeopathically ^[1].

Intimation of dose

The increase of action by the mixture of the dose of medicine with a larger quantity of liquid, the result is vastly different the mixture of the dose of medicine so uniformly and intimately the smallest portion of the diluting fluid receives the same quantity of medicine proportion as all the rest, much more medicinally powerful. Intimately means, the drop of a medicinal fluid has been shaken up once with one hundred drops of spirits of wine, the phial containing

both, held in the hand, has been rapidly moved from above downwards with a single small jerk of arm, there certainly ensues a thorough mixture of the whole, but with two, three and ten strokes, this mixture becomes much more intimate that is to say, the medicinal power become much more potentized, and the spirit of this medicine, so to speak, becomes much more unfolded, developed and rendered much more penetrating its action on the nerves. From this every one will be able to judge for himself how to proceed with the regulation of the homeopathic medicinal doses when he desires to diminish their medicinal action as much as possible, In order to make them suitable for the most sensitive patients ^[1].

Divided Doses

It is most useful in diseases of any magnitude, not expecting even the most acute, and still more so in the half acute, in the tedious and most tedious to give to the patient the powerful Homoeopathic pellet or pellets only in solution, and this solution in divided doses. In this way we give the medicine, dissolved in seven to twenty tablespoonfuls of water without any addition, in acute, very acute diseases every six, four or two hours; where the danger is urgent, even every hour or every half hour, a tablespoonful at a time with weak persons or children, only a small part of a tablespoonful may be given as a dose ^[2].

For a gentle remedial effect

A medicine, provided the dose of it was sufficiently small, is all the more salutary and almost marvelously efficacious the more accurately homoeopathic, its selection has been a medicine whose selection has been accurately homoeopathic must be all the more salutary the more its dose is reduced to the degree of minuteness appropriate for a gentle remedial effect ^[1].

Conclusion

According to Hahnemann quantity of the dose important as the basis of selection of similar remedy. The following are the conclusions:

- The minute dose is to excite the vital force to effect the necessary change.
- Diminution of the dose is very much essential.
- Single dose is single medicated globule poppy seed size
- Administration of more globules at a time is getting injury to the patient.
- Administration of smallest doses frequently also getting injury to the patient
- Medicine given in divided form is very effective.
- The intimation of dose in liquid form is more efficacious.
- Every divided dose may be given as a dose

It is the suggestion to the researches to do on different types of doses and solicit the quantity of a single dose

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Conflict of Interest

Not available

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