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A case study of filiform warts with homoeopathic treatment

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Abstract

Warts are non-cancerous skin growths caused by HPV infection.

This case study demonstrates the effective treatment of filiform warts on the face using *Thuja occidentalis* 200, highlighting homoeopathy's potential for rapid cure and challenging the notion that it takes a long time to heal.

Keywords: Filiform warts, Homoeopathy, HPV, *Thuja occidentalis*.

Introduction

Warts are non-cancerous skin growths caused by HPV infection, transmitted through close contact and skin breaks. Factors like viral load, exposure, and host immunity influence infectivity. HPV infections cause cutaneous (common warts, filiform warts, flat warts, plantar warts, anogenital warts) and extracutaneous lesions (oral, nasal, conjunctival, laryngeal, cervical warts) [1].

Filiform warts: They have a long, thin, thread-like appearance [1].

Case summary: A 30-year-old man presented with multiple facial warts, and after thorough case taking, the symptoms were summarized to identity the best remedy.

- Itching on face
- Constipated
- Appetite decreased
- Thermal reaction – chilly
- Cold – aggravation
- Warts especially on chin area

Basis of prescription

Thuja occidentalis is chosen based on the symptoms and repertorisation, covering the most rubrics and being the best fit.

MIND				
1	MIND - FIXED ideas			
FACE				
2	FACE - WARTS - Chin			
RECTUM				
3	RECTUM - CONSTIPATION			
SKIN				
4	SKIN - WARTS - filiform			
5	SKIN - WARTS - itching			
GENERALS				
6	GENERALS - COLD - agg.			
Remedies	ΣSym	ΣDeg	Symptoms	
thuj.	5	10	2, 3, 4, 5, 6	
sep.	4	10	2, 3, 5, 6	
lyc.	3	8	2, 3, 6	
nit-ac.	3	8	3, 5, 6	
graph.	3	7	3, 5, 6	
kali-c.	3	7	3, 5, 6	
phos.	3	7	3, 5, 6	

Rubrics acquire

1. Mind -fixed ideas.
2. Face -warts – chin
3. Skin – warts – filiform
4. Skin – warts – itching
5. General – cold -aggravation
6. Rectum – constipation ^[2]

Results***Thuja occidentalis* 10/5.**

Before Treatment



After Treatment

Discussion

The key indication is the match between the patient's symptoms and *Thuja*'s profile. warts on face specially on the chin area. Patient is fatty and flabby and his fixed ideas about everything in mind confirms the medicine. *Thuja occidentalis* 200 is given 4 pills two time a days for 3 days. On the fourth day, 70 percent of warts size were reduced. *Thuja occidentalis* 200 is Repeating the dose for 2 more days leads to complete relief from all complaints by the sixth day.

Conclusion

Warts can be problematic sometimes to be cure because of duration of the disease and the growth and numbers of the

warts. There are conventional medical approaches are often necessary, homoeopathy could be a supplementary choice for some people.

Homoeopathy is more effective when the treatment is tailored to the individual and simillimum is chosen appropriately & suitably. It often shows remarkable results in acute as well as in chronic condition also. *Thuja occidentalis*, the simillimum medicine, completely cured the filiform warts with repeated doses.

Conflict of Interest

Not available

Financial Support

Not available

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