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A case study of dermatitis Venenata with homoeopathic treatment

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Abstract

Dermatitis is a pattern of inflammatory response of the skin, which is characterized by erythema, edema, vesiculation, exudation and crust formation. It is accompanied by itching / burning. This is a case study of contact dermatitis / venenata of dorsal forearm, which after proper case taking and repertorisation cured by sulphur within 3 days.

Keywords: Dermatitis, contact dermatitis, homoeopathy, allergy repertorisation

Introduction

Dermatitis is a skin rash caused by contact with a certain substance, these substance might irritate the skin or trigger an allergic reaction, like cosmetics, jewellery, fragrance, this causes erythema, vesiculation, exudation, accompanied by itching and burning, red rashes. There are two categories of it:

Exogenous dermatitis

- Airborne contact dermatitis
- photodermatitis
- Irritant contact dermatitis
- Allergic contact dermatitis

Endogenous dermatitis

- Atopic dermatitis
- seborrheic dermatitis
- Nummular eczema
- Stasis dermatitis

Case Summary

A women of 30 year old came to opd with the complaint of red rashes with vesiculation and severe itching and burning on left forearm after exposure to metallic bangle.

After complete case taking, the case is summarised by following totality of symptoms -

- rashes with itching
- burning violent
- Irritability
- allergy from ornament
- Left side
- thermal reaction -hot

Basis of prescription

On the basis of totality of symptoms and repertorisation given below. Sulphur is the selected remedy for the case, as it covers the maximum number of rubrics and found the most similimum for the case.

Rubrics taken

MIND -IRRITABILITY
EXTREMITIES - ERUPTIONS -itch like

EXTREMITIES - ERUPTIONS -red

EXTREMITIES - ERUPTIONS - Forearms eczema

SKIN - ERUPTIONS -vesicular - itching

GENERALS - SIDE - left



Results

Sulphur 10/ 5

Conclusion

Eczema is a large number of disorder with different etiologies and it is challenging to cover it with symptoms, medical approaches are necessary esp. in severe cases. while homoeopathy may offer a complementary option for some individuals, it is crucial to approach it with an understanding of its principles and limitation.

Homoeopathy acts faster if the similimum is chosen correctly. it shows miaculous effects in acute cases. The above case of contact allergic dermatitis is completely cured by only 3 repeated doses of single similimum medicine that is Sulphur 200 in early morning.

Conflict of Interest

Not available

Financial Support

Not available

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