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Effectiveness of homoeopathic medicine *Calcarea carbonica* in management of filiform wart: A case report

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Abstract

Warts are one of the most common skin affections in our society, it has been described since antiquity with their course and treatment in various eras of time. However, the site of warts are anywhere in the body but more commonly they are on the face, neck, extremities, and also on the genital site in some extent. Human Papillomavirus (HPV) driven *Verruca vulgaris* (warts) increases the risk of squamous cell carcinoma (SCC) in solid organs. Warts are cutaneous neoplasms that are caused by papilloma viruses. In school children dermal layer of skin which are benign in nature. Around 10% of it is 10-20% and it is common in immunocompromised patients & meat handling individuals. A 39 years male patient come with complaint of warts on face develop gradually since 2 years. Homoeopathy not only work on the skin surface, but it works from inside out to treat warts. Homoeopathic prescription was made with thorough case taking, in depth analysis of case and repertorization.

Keywords: Warts, *Verruca vulgaris*, *Calcarea carbonica*, HPV

Introduction

Warts are raised bumps on your skin caused by the human papillomavirus (HPV). It may be small, single, multiple, common, viral and of various types. Warts are benign epithelial growths developing, as a result infection of the skin with human papillomavirus^[1]. It is estimated that 40% of the population is infected with HPV, and in 7% to 12%, a wart develops. 5,14,24 Plantar warts exhibit an annual incidence of 14% in the general population^[2]. They are more common among immunosuppressed patients and meat handler. Warts are very common, especially among children and teenagers. Various studies have shown that up to 33% of children and teenagers have warts. They are estimated to be much less common in other age groups, affecting only about 3 to 5% of adults^[1].

Causation

Human papillomaviruses^[2]

Papillomaviruses are species specific and infect squamous epithelia and mucous membranes, inducing different types of warts or papillomata in their hosts. The human papillomavirus (HPV) infects only humans and grows only in organ cultures of human skin.

Filiform Wart^[14]

A thread- or finger-like wart, most common on the face, especially near the eyelids and lips, which is quite soft and usually covered with smooth skin. Usually, to be seen upon the eyelids, face and neck.

Risk factors^[3, 12]

Center about increased exposure to HPV, increased risk of epidermal barrier penetration, and inappropriate immune responses. Factors that increase the risk include use of public showers, working with meat, eczema, and a low immune system. The possibility of spread of cutaneous warts during cosmetic procedures. Especially following temporary hair removal methods, such as shaving, waxing, threading, and using depilatory creams, so they practice the requisite safety measures.

Prevention [1, 4]

1. It can be prevented by avoiding skin contact with infected individual, not walking barefoot in public places.
2. Do not share towels, shoes, socks, or other personal items.
3. Wear footwear in communal showers and locker rooms
4. Maintain quality personal hygiene.
5. Treat current warts promptly
6. Diet: Avoid fat, carbohydrate, sweets, chocolates, tea, coffee, ice creams, pickles, spicy food, alcohol, cola drinks. - advice fresh juicy fruits, vegetables

Homoeopathic approach- [5, 6, 7] Homoeopathy corrects the root problem. Aphorism 185-203 (local disease): -local diseases are a kind of one-sided diseases in which the changes. Homeopathy is based on Holistic and Individualistic concept, the collective and selective thinking, which, is the principal of individualization allowing the physician to cater to the needs of an individual patient [5]. Homoeopathy is a system of the Law of similar. This law states that a drug Capable of producing a diseased state in healthy person can cure the similar condition in healthy person.

Calcarea Carbonica [7, 8, 9, 10, 11]**According to Dr. William Boericke**

Calcarea carbonica is indicated in warts which may be itchy, horny, painful, and offensive. Patient is usually chilly, lazy and indolent, and fearsome.

According to Dr. J. H Clarke

Calcarea carb. Warts on face, neck and upper extremities, a critical excretion on cutis on scrofulous, chlorotic, hydrogenoid patients, especially youthful ones.

According to M.L. Tyler

Warts here and there nettle rash, mostly disappearing in cold air.

Ulcers bleed on appearance of menses.

According to Dr. J. T Kent

Calcarea carbonica may be fleshy, horny, painful, and offensive. They can appear on various locations, including the face and hands. Eruptions are dry and scaly. Itching in the paralyzed parts.

According to Dr. Cowperthwaite

Calcarea carbonica: *Calcarea carbonica* is indicated in warts which may be fleshy, horny, painful, and offensive. Patient is usually chilly, lazy and indolent, and fearsome.

A Case

O.P.D./ I.P.D. NO.:1227

NAME OF PATIENT: Mr. A.M

AGE: 39

SEX: M

ADDRESS - xyz

RELIGION: Hindu

EDUCATION: 12

OCCUPATION: worker

MARITAL STATUS: married

SOCIOECONOMIC CONDITION: poor

DATE OF INTERVIEW: 05/1/24

CHIEF COMPLAINTS: warts on face since 2 yrs

HISTORY OF CHIEF COMPLAINTS (OPD):

patient had warts on face develop gradually since 2 years. There are 3 warts on right side lower lip and one on forehead. They are hard, painful to touch; not bleeding. They are increasing in size gradually.

Past history

Childhood: all vaccination are taken.

Adulthood: No major illness.

Family history

Patients own side: father having hypertension

Paternal side: Grandfather having hypertension

Maternal side: all are healthy

Personal history

Diet- vegetarian

Dreams - not remembering

Appetite - normal

Thermal state- chilly patient

Desire- fatty food, spicy food

Habits- not specific

Aversion -milk++

Perspiration- only while exertion

Thirst -large quantity small interval

Sleep- Disturbed

Bowel habits - satisfactory 1/day

Micturation- 5-6 times/day, 1time /night

Life space & Mentals**He is from middle class family**

Childhood -This is a good period for patient. Pt like playing much than study. He was the youngest one in family so all family member loves him very much Adulthood - Relation with all family members i e mother, father, one elder brother and one sister is good. All are very happy. There was only tension of job because after graduating M.A. in History. He is trying very much but he is not getting job. There is no vacancies.

Patient mainly thinks in negative way towards all things eg about health, future, jobs etc. this lids him to become anxious.

This anxiety starts since the time of death of one of his friend. Other friends say that his friend die due to cancer. as that friend is very close to patient, there is chance of infection to me(pt.) This start fear of diseases in him. In simple health problem also he take relation of cause of cancer may be. Due to this anxiety patient done many health examinations. Finally when after consultation to doctor anxiety about health not decrease.

General examination

Built - Thin

Nourishment -good

Height - 5'4"

Weight- 64 kg

Odema- absent

Pallor- absent

Cynosis- absent

Clubbing -absent

Icterus- absent

Lymphadenopathy- absent

Vital data

Temperature - afebrile
 Respiratory rate-18/c/min
 Pulse- 80/min
 Blood pressure -120/70 mmHg

Particulars

Head- black oily hair
 Throat- no complaint
 Eyes- no complaint
 Tongue- pink
 Ears- no complaint
 Back & neck- backache
 Nose- no complaint
 Extremities - no complaint
 Face-oily
 Skin-clear

Systemic examination**Respiratory system**

Bilaterally symmetrical chest, no scar, TVF normal.
 Resonant note all chest except cardiac dullness. Equal air entry on both sides, vocal resonance equal.

Per abdomen

Scaphoid shape of abdomen. Soft, no tenderness. Tympanic note all over abdomen except hepatic dullness. Peristaltic sound audible.

Cardiovascular system

S1 S2 loud and clear, no any abnormal sound heard.

Central nervous system

Patient is conscious comfortable and cooperative. Well oriented of time place and person.
 Local examination -3 warts on right side lower lip, lobulated. Tenderness marked.
 One on forehead -hard, long thin finger like processes.

Provisional diagnosis: Wart**Final Nosological diagnosis: Filiform wart**

Homoeopathic disease diagnosis: Fully developed true chronic miasmatic disease

Miasmatic assessment: Psora sycosis**Analysis and evaluation of symptoms**

Symptoms	Analysis of symptoms	Evaluation of symptoms
Anxiety about health	Mental general characteristics	1st Grade
Fear disease of impending	Mental general characteristics	1st Grade
Aversion to milk	Physical general characteristics	2 nd Grade
Desire- fat food	Physical general characteristics	2nd Grade
Warts painful	Particular characteristics	3 rd Grade
Warts hard	Particular characteristics	3 rd Grade
Warts face on	Particular characteristics	3 rd Grade

Totality of The Case

Anxiety about health
 Fear disease of impending
 Desire fat food
 Aversion milk
 Warts painful
 Warts hard
 Warts face on.

Repertory used: Kent Repertory**Software used: Radar software****Technique of Repertorisation: Computer technique.****Repertorial Analysis**

Mind Anxiety - Health; About
 Mind - Fear - Disease of Impending
 Generals - Food and Drinks - Fat - Desire
 Generals - FOOD And DRINKS - Milk - Desire
 Skin - Warts - Hard
 Face - Warts
 Skin - Warts - Painful

Results of repertorization

Calc. Carb 13/7
 Nitric acid 10/5
 Sulph 9/7
 Sepia.9/5

	Calc	Nit	Ac	Sulph	Sep	Phos	Nux-v	Kali-c	Ruta	Ars	Thuil	Calc	Sil	Caust	Iach	Nat-m	Aur-m	H-C	Puls	Mus-t	Lac-c	Nat-c	Dr
1. MIND - ANXIETY - healthy, about (61)	2	1	1	1	2	3	2	1	1	2	-	-	2	1	2	3	2	-	2	1	1		
2. MIND - FEAR - disease, of impending (111)	2	2	1	2	3	2	3	2	1	1	-	-	1	1	2	1	2	1	2	1	2		
3. GENERALS - FOOD AND DRINKS - fat - desire (54)	1	3	2	-	1	2	-	1	1	-	2	2	-	-	1	1	-	1	1	-	-		
4. GENERALS - FOOD AND DRINKS - milk - desire (83)	2	-	1	1	2	2	-	1	2	-	2	2	-	1	2	1	-	-	3	2	1		
5. SKIN - WARTS - hard (13)	2	-	2	2	-	-	-	-	1	-	2	2	1	-	-	-	-	-	-	-	-		
6. SKIN - WARTS - painful (28)	2	2	1	1	-	-	1	1	-	2	-	1	2	1	1	-	1	1	1	-	-		
7. FACE - WARTS (19)	2	2	1	2	-	-	2	1	2	2	-	3	-	-	-	1	-	-	-	-	-		

Remedy selected: CALC.CARB

Potency selected -200

First prescription

Calcarea Carb 200 single doses

SL BD....4 glob....15 days

Date	Follow up	Prescription
5/1/24	Considering totality remedy is given	Calc. carb 200 stat Pl of 40 no 4 globules BID For 15 days
16/1/24	One wart fall down in one week Anxiety reduced, appetite good	Pl of 40 no 4 globules BID for 30 days
30/1/24	All warts fall down within month, patient feels better.	Pl of 40 no 4 globules BID for 30 days
15/2/24	No new warts, patient feels better	S.L. of 40 no 4 globules BID for 30 days



Impression - Complete Clearance

Conflict of Interest

Not available

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