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Individualized homoeopathic intervention achieving successful clearance of filiform warts: A case report

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Abstract

Background: Warts are common dermatological complaints caused by Human Papillomavirus (HPV) Infection, with an estimated prevalence of 7-12% in the general population. They are characterized by benign skin growths, rarely undergo malignant transformation. Conventional allopathic treatment options such as cryotherapy, electrocautery, laser ablation, and chemical cauterization often come with limitations, including pain, scarring, pigmentary changes, risk of secondary infection, and recurrence. It can predispose to the reappearance of warts, making long-term management challenging. This case report shows the effectiveness of individualised homoeopathic treatment in the cases of warts with minimal side effects and recurrence.

Case summary: This case was treated, from 23/12/23 to 15/03/24 in the National Institute of Homoeopathy with the Homoeopathic medicine Causticum 200. By the third month of starting Homoeopathic treatment, there was excellent improvement and the warts disappeared. The present case report suggests a positive effect of individualized Homoeopathic medicine in treating filiform warts.

Keywords: Warts, homeopathy, causticum, individualized homoeopathic treatment

Introduction

Viral warts are extremely common and are caused by the DNA Human Papillomavirus (HPV). There are over 90 subtypes, based on DNA sequence analysis, causing different clinical presentations. They infect squamous epithelia of the skin and mucous membrane causing cell proliferation^[1]. The virus infects the basal layer of the epithelium, but viral replication takes place in fully differentiated cells of upper stratum spinosum and stratum granulosum. After initial infection, HPV may persist in a latent form and may be reactivated later leading to recurrence of lesion. More than 150 types of HPV have been identified and some types have a role in the oncogenesis of cutaneous malignancies^[2].

The virus infects by direct inoculation and spreads by skin-to-skin contact. Common clinical patterns are-

Common warts: Common warts are initially smooth, skin-coloured papules, which become hyperkeratotic and 'wartlike'. They are most common on the hands but can occur on the face, genitalia and limbs, and are often multiple.

Mosaic warts: Mosaic-like sheets of warts.

Plantar warts: Plantar warts (verrucae) have a slightly protruding rough surface and horny rim, and are often painful on walking. Paring reveals capillary loops that distinguish plantar warts from corns.

Plane warts: Smooth, flat-topped papules, usually on the face and backs of hands, which may be pigmented and therefore misdiagnosed.

Genital warts: are sexually transmitted, but sometimes the transmission may be non-venereal. Genital warts have a high infectivity. In one study, around two-thirds of sexual contacts of patients with genital warts developed lesions within 9 months. They affect the penis in males, perianal area in homosexuals and the vulva, perineum and vagina in females. The warts may be small or may be large cauliflower like condylomata acuminata. Rectal and cervical warts have to be identified and followed up because of the risk of malignant change. Sexual partners should be examined.

Filiform warts- often filiform^[1].

Case profile

Presenting complaint

A 33-year-old, male patient, AHMIS ID 102023125119, from Narela visited OPD of National Institute of Homoeopathy, Delhi with jagged looking multiple filiform warts on the face and neck region since 4-5 months. Itching is present occasionally.

History of presenting complaints - patient was apparently well 4-5 months back when he noticed a small red eruption on the face. And almost 1 month after he noticed numerous other eruptions on the neck and face region. He took some allopathic treatment which was of not much help.

Associated complaints are pain and weakness in right side of the body since childhood. Pressure amelioration is seen.

patient experienced sudden weakness and mild paralysis of the body due to unknown cause during childhood. They took allopathic treatment for the same but pain still persist.

Treatment history - he took some allopathic medicine for warts for few days but no improvement was seen. He started homoeopathic treatment since then.

Past history - paralysis of right side of body reason not known.

Family history - NAD

Physical generals

The patient's appetite was adequate, with decreased thirst. Bowel habits were regular, with clear and satisfactory stools, and urine was clear without any abnormalities. The

patient expressed a desire for rice and dal, with no marked aversions or intolerances. Perspiration was generalized and lacked any peculiar Odor. Thermally, the patient was bi-thermal. Sleep was sound. Mentally, the patient presented as calm, cheerful, and sympathetic in nature, readily offering help to those in need. On examination, the tongue appeared clean and moist

The case was diagnosed as filiform warts

Case processing

Table 1: Miasmatic analysis

Mental symptoms	Evaluation	Common/uncommon	Miasmatic analysis
Calm	3+	Uncommon	Psora
Cheerful	3+	Uncommon	Psora
Sympathy	3+	Uncommon	Psora
Physical symptoms			
Thirst	Decreased	Uncommon	Psora
Particulars			
Warts on the face	2+	Common	Psora-sycosis
Pain in right side of the body pressure Amel.	2+	Uncommon	Psora

Miasm-mixed miasm, predominately psora with sycosis background.

Kent repertory is chosen because of marked mental and physical symptoms.

Repertorisation Sheet - Zomeo Ultimate Pro LAN															
Physician Name : Dr. A , Patient Name : , Reg. No. : , Date : 21/10/2025															
Remedy	Caust	Nit-ac	Lyc	Cic	Nat-c	Phos	Ars	Croc	Ign	Ph-ac	Coff	Hyos	Nat-m	Pib	Lach
Totality	7	7	6	6	6	6	5	5	5	5	5	5	4	4	4
Symptoms Covered	4	3	4	3	3	3	3	3	3	3	2	2	3	3	2
[Kent] [Mind] Tranquility:	1	0	1	2	1	1	2	1	1	3	2	2	1	1	1
[Kent] [Mind] Cheerful, gay, happy (see Mirth):	1	2	2	2	3	2	1	3	2	1	3	3	1	1	3
[Kent] [Mind] Sympathetic:	2	2	1	2	2	3	0	1	2	0	0	0	2	0	0
[Kent] [Skin]Warts (see excrescences):Jagged:	3	3	2	0	0	0	0	0	0	1	0	0	0	0	0
[Kent] [Extremities pain] Pain:Pressure:Amel:	0	0	0	0	0	0	2	0	0	0	0	0	0	2	0

Fig 1: Repertory sheet showing repertorization of the case done with zomeo homoeopathy software

Intervention

1st Prescription - 23/12/23

Causticum 200/2 dose

Follow up timeline

Table 2: The timeline, including follow up

Date	Signs and symptoms	Prescription
20/01/24	Warts in face decreased in size, Neck warts same. Pain in right side of the body better.	PLACEBO
3/02/24	Warts in face continues to decrease in size. Neck warts also started to regress. Pain in right side of the body better.	PLACEBO
20/02/24	Warts in face disappeared. Neck warts continue to diminished. Pain in right side of the body better	PLACEBO
15/03/24	Neck warts also decreased completely. Pain in right side of the body better than before.	PLACEBO



Fig 2: Before treatment warts in face and neck (23/12/23)



Fig 3: After treatment warts completely dried up in face and neck region (15/03/24)

Selection of remedy

Causticum 200 was selected based on repertorial analysis and Homeopathic principles.

General management

- Avoid touching the lesion
- Don't try to pluck the lesion
- Avoid applying different ointments

Results

The Homoeopathic medicine Causticum 200C was prescribed based on the repertorization result and Homoeopathic principles. The warts almost completely disappeared within just 3 months of treatment.

Discussion

The treatment was initiated with Causticum 200/ 2 dose, selected as the individualized homoeopathic medicine based on the totality of symptoms. Causticum scored the highest marks (7/4), followed by Nitric acid (7/4) and Lycopodium (6/3) during repertorial analysis.

In this case report, Causticum 200 was selected based on presence of jagged warts on the face and neck, along with pain on the right side of the body. The patient's calm and sympathetic temperament further pointed towards Causticum as the most suitable remedy. Remarkable improvement was observed in both the warts and the right-sided pain following the administration of the medicine, with significant recovery noted over a period of three months.

According to William Boericke, Causticum is indicated for large, jagged warts that bleed easily, particularly those located on the tips of fingers and the nose^[3]. Studies by Dr. M. Alex Pandi, published in the International Journal of Homoeopathic Sciences, have shown that Causticum can produce remarkable improvement in cases of warts^[4]. Similarly, research by Dr. Mousumi Das and Dr. Ananya Paramanya, published in the International Journal of Health Sciences and Research, reported the effectiveness of Causticum 200 and Thuja 200 in treating oral mucosal and filiform warts^[5]. Additional clinical evidence from Prof. Dr. Rajeev Saxena and colleagues, published in the International Journal of Creative Research, also demonstrated significant improvement in wart cases with Causticum 200^[6]. Furthermore, work by Dr. Md. Ismail Shaikh, published in Homoeopathy 360, documented notable recovery and resolution of warts with the use of Causticum 200^[7].

This case signifies the application of individualized homoeopathic prescribing in accordance with the principles laid down by Dr. Samuel Hahnemann in the Organon of Medicine, particularly Aphorism 7, which emphasize the importance of considering the totality of symptoms, the individual's mental and physical constitution, and the peculiarities of the case while selecting the remedy^[8].

There has been no recurrence for more than one year to date.

Conclusion

A complete disappearance of filiform warts on the face and neck within three months of homoeopathic treatment with Causticum 200 demonstrates the effectiveness of the remedy in this case. However, as this is a single case report, further well-designed studies with larger sample sizes are required

to substantiate the efficacy of homoeopathic treatment of filiform warts.

Consent of the patients

were taken There was no such Funding

No conflict-of-interest

Not available

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Conflict of interest

Not available

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Not available

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