



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493
P-ISSN: 2616-4485
www.homoeopathicjournal.com
IJHS 2020; 4(3): 210-211
Received: 04-05-2020
Accepted: 06-06-2020

Dr. M Prabhu
Assistant Professor,
Department of Repertory,
Vinayaka Mission's
Homoeopathic Medical College
& Hospital, A Constituent
collage of VMRF-Deemed to
be University, Salem, Tamil
Nadu, India

Dr. BA Vetrivelan
Post Graduate Student,
Department of Repertory,
Vinayaka Mission's
Homoeopathic Medical College
& Hospital, A Constituent
collage of VMRF-Deemed to
be University, Salem, Tamil
Nadu, India

Benign prostate hypertrophy and Homoeopathic management: A case report

Dr. M Prabhu and Dr. BA Vetrivelan

Abstract

Benign prostatic hypertrophy is the inflammation of prostate gland. Symptoms may include frequent urination, trouble starting to urinate, inability to urinate or loss of bladder control. Overtime if untreated it may leads to urinary tract infection, renal stones and kidney failure.

Keywords: Benign prostate hypertrophy, Homoeopathy

1. Introduction

Benign prostatic hypertrophy, also called Prostate enlargement, is a noncancerous increase in size of the prostate. It is commonly seen in men over 50 years of age, most often between sixty and seventy.

2. Symptoms

Frequency of urination, usually first noted as nocturia. Difficulty in initiating urination, with variability and reduced forcefulness of the urinary stream and post-void dribbling, are often present. Acute retention of urine with overflow incontinence may occur. Occasionally, severe haematuria results from rupture of prostatic veins or stone disease [1].

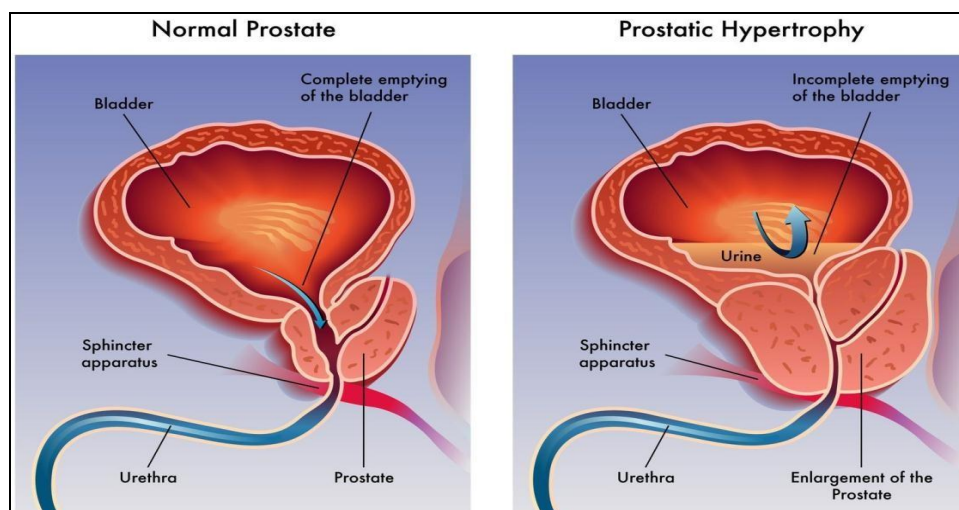


Fig 1: Benign Enlargement of the Prostate [6].

3. Diagnosis

Diagnosis of benign prostate enlargement may include digital rectal examination, uroflowmetry and transrectal ultrasound biopsy [2].

4. Prevention

- Reduce intake of fluids especially before going to sleep.
- Reduce intake of caffeine and alcohol.
- Reduce stress by meditation, yoga and live walking.
- Beware of toilet facility while going to a new place.
- Kegel exercises can strengthen and train your pelvic floor muscles to help control urination [3].

Corresponding Author:
Dr. M Prabhu
Assistant Professor,
Department of Repertory,
Vinayaka Mission's
Homoeopathic Medical College
& Hospital, A Constituent
collage of VMRF-Deemed to
be University, Salem, Tamil
Nadu, India

5. Homoeopathic approach

Homoeopathy mainly works on the principle ‘*similia similibus curantur*’. Benign prostate hypertrophy can be treated effectively with homoeopathic medicines. As homoeopathy is not a science of therapeutics, it is concerned with totality of symptoms and individuality.

6. Case presentation

6.1 Presenting complaint

Mr.AN of age 55 came with the complaint of increased frequency of micturition and interrupted flow of micturition with pain since 1 year, on and off.

6.2 Past history: chicken pox at 10 years of age.

6.3 Treatment history: allopathic treatment for presenting complaint.

6.4 Family history: father- asthmatic.

6.5 Personal history

Appetite: good
Thirst: 2 litres of water/day
Craving: nil
Aversion: nil

Perspiration: increased on face
Bowel habit: once a day
Bladder habit: 10 times a day, 3 times at night
Sleep: Disturbed due to the complaint
Dreams: Unremembered
Thermal state: chilly patient

6.6 Analysis of the case

Perspiration increased on face
Increased frequency of micturition
Interrupted flow of urine
Enlarged prostate
Painful micturition

6.7 Repertory used: Synthesis repertory.

6.8 Reason: Updated repertory.

6.9 Rubrics taken ^[4]

Face – perspiration
Bladder – urination – frequent
Bladder – urination – interrupted
Bladder – urination – dysuria – painful
Prostate gland – swelling

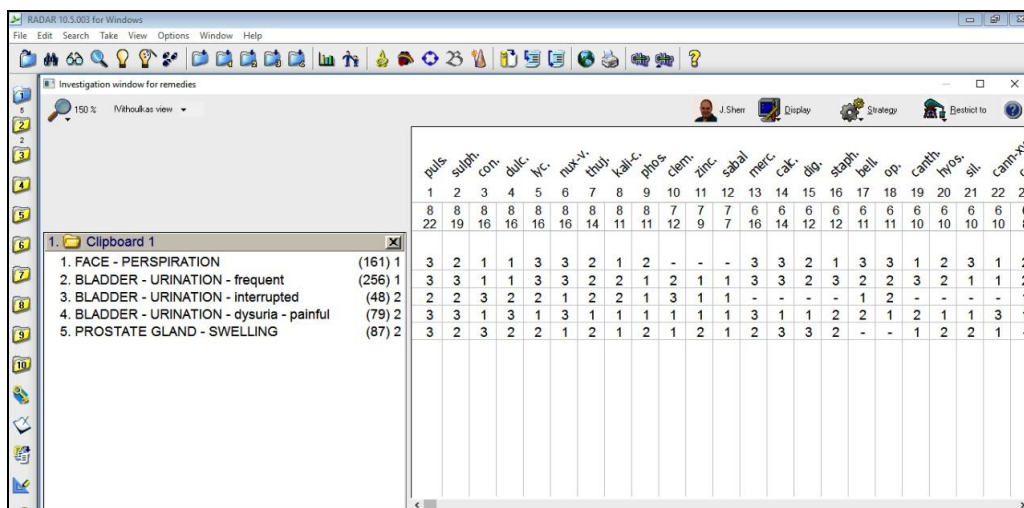


Fig 2.

6.10 Prescription

CONIUM 30 1 dose
SL PILLS (4-0-4)/2 weeks

6.11 Follow up

Table 1.

S. No	Symptoms	Prescription
1.	Frequency of urine decreased Interrupted flow of urine is same Painful micturition decreased	Rubrum 30 stat SL Pills (4-0-4)
2.	Frequency of urine decreased Interrupted flow of urine is same Painful micturition decreased	Rubrum 30 stat SL Pills (4-0-4)
3.	Frequency of urine decreased Interrupted flow of urine is absent Painful micturition is absent	Rubrum 30 stat SL Pills (4-0-4)

7. Conclusion

Benign prostate hypertrophy can be successfully treated with homoeopathic medicines based on detailed case taking. And further studies are suggested using different parameters and on large study sample.

8. References

1. Clark ML, Kumar P. Kumar and Clark’s clinical medicine, 2017.
2. Williams NS, Bulstrode CJ, O’connell PR. Bailey & Love’s short practice of surgery. Crc Press, 2008.
3. www.webmd.com
4. Schroyens F. Synthesis Repertory in Radar 10.5. Assesse, Belgium, 2007.
5. RADAR Software.
6. www.ndnr.com