



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2020; 4(3): 302-305

Received: 15-07-2020

Accepted: 26-08-2020

Dr. Mukesh CH Agarwal
Professor and Head of
Department, Department of
Pathology, Dr. M.P.K
Homoeopathic Medical college
Hospital and research centre
(Homoeopathic University),
Saipura, Jaipur, Rajasthan,
India

Dr. Pramod Kumar Singh
Head, Department of
Homoeopathic Pharmacy, Dr
MPK Homoeopathic Medical
College (Homoeopathic
University), Saipura,
Sanganer, Jaipur, Rajasthan,
India

Dr. Ravindra Singh Kuntal
M.D Scholar, Department of
Organon of Medicine and
Homoeopathic Philosophy, Dr.
MPK Homoeopathic Medical
College (Homoeopathic
University), Saipura,
Sanganer, Jaipur, Rajasthan,
India

Dr. Chirag Mishra
M.D Scholar, Department of
Repertory, Dr. MPK
Homoeopathic Medical College
(Homoeopathic University)
Saipura, Sanganer, Jaipur,
Rajasthan, India

Dr. Seema Meena
M.D Scholar, Department of
Repertory, Dr. MPK
Homoeopathic Medical College
(Homoeopathic University),
Saipura, Sanganer, Jaipur,
Rajasthan, India

Corresponding Author:

Dr. Ravindra Singh Kuntal
M.D Scholar, Department of
Organon of Medicine and
Homoeopathic Philosophy, Dr.
MPK Homoeopathic Medical
College (Homoeopathic
University), Saipura,
Sanganer, Jaipur, Rajasthan,
India

Role of LM potency of homoeopathic similimum in case of vitiligo: A case report

Dr. Mukesh CH Agarwal, Dr. Pramod Kumar Singh, Dr. Ravindra Singh Kuntal, Dr. Chirag Mishra and Dr. Seema Meena

Abstract

Vitiligo is a common autoimmune pigmentary disorder seen in our country. Vitiligo is not a rare condition but is difficult to treat and is associated with psychological distress^[1]. Here is a case from the ongoing treatment of vitiligo at Dr. Girendra Pal Homoeopathic Hospital & Research Centre, collegiate hospital of Dr. M.P.K. Homoeopathic medical College Hospital, Jaipur, Rajasthan undergoing prescription *Natrum muriaticum* in LM potency. The case was followed up regularly at every 2 month period of prescription for about 12 months, result is towards improvement in white patches which is evident from the photographs.

Keywords: Vitiligo, Homoeopathy, *Natrum muriaticum*, LM potency (50 Millesimal potency)

Introduction

Vitiligo also called 'Leucoderma' is presented as completely depigmented milky white macules of varying size and^[2]. Due to the autoimmune effect the immune system of affected person becomes overactive by which the melanocytes destruction followed by genetic oxidative stress imbalance which causes a stressful condition of the patient and resulting in a stressful event^[3]. Some studies are the evidence of positive result of homoeopathic treatment on the face and neck, compared to other parts of body.^[4] Many cases are documented in homoeopathic journals regarding the effectiveness of homoeopathic medicines in the treatment of vitiligo^[5-7].

In Hahnemann's own words, 'the method of dynamization (the preparations thus produced, I have found after many laborious experiments and counter-experiments, to be the most powerful and at the same time mildest in action, that is, as the most perfected) the material part of the medicine is lessened with each degree of dynamization 50,000 times, yet incredibly increased in power.'^[8] 50 Millesimal potencies have the potential to give significant improvement in the treatment of chronic diseases^[9].

Patient information

A 22 year old male, working as a pizza delivery boy, residing at Sikar, came for the treatment on June 16, 2018 presented with depigmented macular patch on nape of neck since 6 yrs. Also complaint of generalized weakness on and off due to physical exertion

History of presenting illness

Patient was apparently well before 6 years, the presenting lesion first appeared as a small white spot which initially disappeared on its own and then gradually reappeared after a few months with size increased. It was progressing every month as narrated by patient. The patient had taken various treatments for the above complaints prior to this visit but got no specific relief instead the complaints got worse so, he opted for Homoeopathic treatment as last hope of cure.

There was no specific family history and past history illness.

Physical generals: Patient had a great desire for tomatoes and salty food items, drinks water frequently, 2-3 sips at a time, always keeps a bottle in his bag as he becomes thirsty in every 10-15 minutes ; was intolerant to warm weather with profuse perspiration on whole body.

Mentals: He was very much concerned about his family, as he was the only earning person in his family of mother, two younger sisters, his father expired due to road accident 8 yrs.

ago, and have no support of his paternal family. Becomes aggressive when something wrong happens in front of him and reacts instantly by fighting against the situation. He usually dreamt of being completely exhausted and there is a lot pending work he has to do, but no one is there to help him out.

General examination: He was lean thin with earthy complexion, weight 60 kgs., height 158 cms.; blood pressure measuring 110/80 mm of Hg, pulse rate of 75/minute and respiratory rate 16/minute. On physical examination a depigmented patch of size approx. 2.5 inch longitudinal and 1 inch in width, slightly towards right side is observed on nape of neck.

Case analysis

The case showed characteristics mental symptoms. Case was analysed as per Kentian approach.

Mentals	Physical generals	Particulars
Concerned about his family	Desire tomatoes and salty food items	Depigmented macular patch on nape of neck
Becomes aggressive when something wrong happens in front of him.	Drinks water frequently, as he becomes thirsty in few minutes.	
Dreams of being exhausted	T/R -Hot	

Repertory selection: Synthesis repertory selected due to prominent generals (mentals & physicals) in the case.

Miasmatic analysis: The case is suggestive of predominantly psoric miasm.

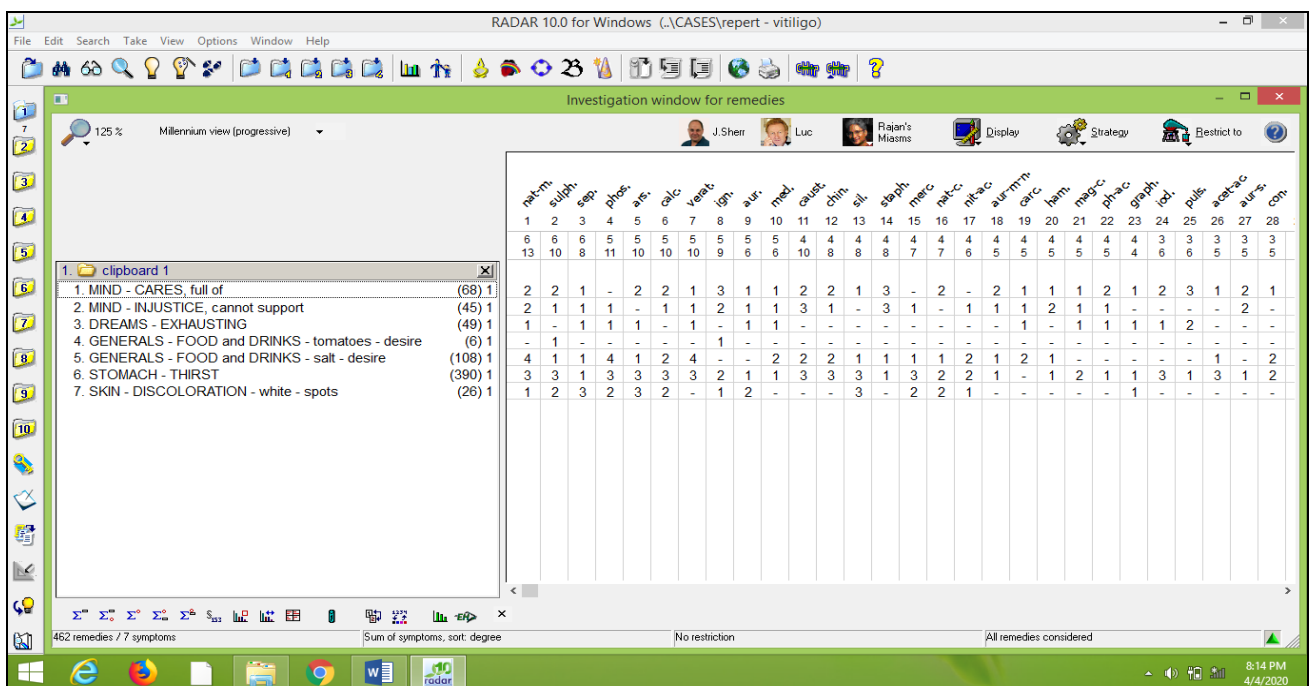


Fig 1: Repertorisation of case with the help of RADAR Version 10.0 [10]

Repertorial Analysis

1. Natrum muriaticum - 13/6
2. Sulphur - 10/6
3. Sepia officinalis - 8/6
4. Phosphorous - 11/5
5. Arsenicum album - 10/5

First prescription: *Natrum muriaticum* 0/1/ 1D followed by *Rubrum* 30/BD for 60 days, prescribed as per repertorization after erection of totality of symptoms, and medicine with highest marks and maximum rubrics covered, verified with *Materia Medica* selected as *similimum* and follow ups maintained according to the principles of *Organon of medicine*. 0/1 potency selected due to the high susceptibility of the patient, and as per the request of the patient, he could not able to come for follow ups frequently as according to his job’s instructions he cannot take leave more frequently and he lives far as well.

Management Plan

- The medicine used were prepared in strict accordance with *Homoeopathic Pharmacopoeia of India*. Patient was instructed about the LM potency administration as follows:
 - 1) Give 10 succussions by holding the stock bottle firmly, and pounding it firmly against palm.
 - 2) Pour a teaspoon of liquid from the stock bottle into a cup with 4 oz. (half cup) of water in it.
 - 3) Stir the dilution a few times.
 - 4) Drink one teaspoon of the 4 oz. mixture.
 - 5) Discard the remainder of the liquid.
- *Arnica montana* and *Rhus toxicodendron* prescribed as intermediate remedy for acute illness.
- Patient was advised not to take any sour things like *vinegar*, *imli*, *amchoor*, etc. decrease salt intake, drink plenty of fluid and also for regular yoga, meditation for half an hour early in the morning.

Table 2: Follow up

Date	Change in Symptomatology	Prescription	Justification
17/08/2018	Status Quo	Nat. mur 0/1/2D (each dose in every 30 days), Rubrum 30/BD for 60 days	Complaint got stable but showed no specific improvement.
18/10/2018	There was slight pigmented spots observed in depigmented area.	Rubrum 30/ TDS for 60 days	Slight improvement in complaint
19/12/2018	Patient seems active compared to the previous state, and the pigmentation covering half of the depigmented area.	Rubrum 30/TDS for 60 days	Towards improvement
20/02/2019	Amelioration in depigmentation, but got injured 15 days ago due to fall from two-wheeler while driving, right hand got bruised badly, taken allopathic treatment but pain disturbs him during working hours, he feels better when in rest position. Patient advised for physiotherapy.	<i>Arnica montana</i> 1M/1D, followed by <i>Rhus tox.</i> 30/TDS for 14 days, the next consecutive 45 days are followed by Rubrum 30/TDS	Ailments from injury due to fall
20/04/2019	Amelioration in pain, pigmented spots covered most of the depigmented area.	Rubrum 30/TDS for 60 days	Towards relief of symptoms
21/06/2019	Amelioration in general complaints, 3/4 th of the depigmented area filled with pigmentation	Rubrum 30/TDS for 60 days.	Showing Improvement

**Fig 1:** Before treatment; June 16, 2018**Fig 2:** After treatment; June 21, 2019

Discussion

Homeopathy treats the individual not the disease which considers the emotional, physical, pathological plane as well. The case presented here shows a similar result, treatment with a minute dose and least material dose roused up the vital force which affected the patient as a whole and resulted in an improved state. "LM" represents the Roman numeral for "50,000." They are called LM potencies because the dilution factor is 1/50,000. Due to posthumous publication of LM potency, it was overlooked by many of the homoeopaths, very few followed this method sincerely, some rejected and some looked at it with suspicion.^[11] Some characteristics of LM potency like its least aggravation and least quantity of material doses helps to hasten the cure.

Conclusion

Re-establishment of the homoeopathic principles and philosophy along with the constitutional approach expressed by this case result. It confirms the experiments done by Dr. De Schepper, who observed that LM potencies are advantageous^[12].

Acknowledgments

The authors sincerely thanks the patient for opting

homoeopathic treatment and maintaining a regular follow up and giving consent to publish his case.

Conflict of Interest

The authors declare no conflict of interest

Source of funding

NIL

References

1. Mahesh S, Mallappa M, Tsintzas D, Vithoulkas G. Homeopathic Treatment of Vitiligo: A Report of Fourteen Cases. *Am J Case Rep.* 2017; 18:1276-1283.
2. Kar PK, Vitiligo: A study of 120 cases. *Indian J Dermatol Venereol Leprol.* 2001; 67:302-4.
3. Dvhani ML *et al.* Various Treatments for Vitiligo: Problems Associated and Solutions. *J Appl Pharm Science.* 2014; 4:101-105.
4. Forschner T, Buchholtz S, Stockfleth E. Current State of Vitiligo therapy- Evidence Based Analysis of the Literature. *J Dtsch Dermatol Ges.* 2007; 5(6):467-75.
5. Koppikar SP. Vitiligo and Psoriasis. *The Homoeopathic Heritage.* 1991; 16(4): 183-184.
6. Kasim C. Leucoderma: a challenge. *National Journal of Homoeopathy.* 1993; 2(2):19-20.

7. Farida T. The Little Lady. National Journal of Homoeopathy. 1993; 2(2):30-31.
8. Hahnemann S. Organon of Medicine. Translated by William Boericke. Reprint. New Delhi: B. Jain Publishers (P) Ltd., 2002.
9. Abarna S, Venugopal J, Sivaranjani T, Poruthukaren KJ, Raj P, Suresh S. Evaluating the usefulness of 50 millesimal potencies in the treatment of chronic diseases - A retrospective study. Indian J Res Homoeopathy. 2015; 9:96-101.
10. RADAR [computer program]. Version 10.0. Belgium: Archibel, 2009.
11. Adler UC, Adler MS. Hahnemann's experiments with 50 millesimal potencies: A further review of his casebooks. Homoeopathy. 2006; 95:171-81.
12. Schepper LD. LM potencies: One of the hidden treasures of the sixth edition of the Organon. Br Homoeopath J. 1999; 88:128-34.