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A critical study of different repertories in peptic ulcer

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Abstract

Peptic ulcer is one of the commonest disorder in our day to day clinical practice, caused by various factors. The study is to know the mode of presentation of different rubrics and remedies for peptic ulcer disease in various repertories and to know the efficacy of Homoeopathic management in peptic ulcer by means of Repertorization.

Keywords: Homoeopathy, peptic ulcer, duodenal ulcer, gastric ulcer, repertorization, constitutional remedies

Introduction

About the Disease: Peptic Ulcer

Peptic ulcer is one of the commonest disorders encountered in day to day practice, although not life threatening as other major illness, the symptoms can be distressing and cause discomfort to enjoy normal life and the mental and physical energy. It is common in this modern competitive world, where many factors predisposing the disease or such an environment are inevitable.

Research in the field of peptic ulcers initially focussed on the elevated secretion of Gastric acid in Duodenal ulcer disease [2].

Treatment to combat acid progressed from alkaline antacid preparations through histamine H₂-receptor antagonists, to proton pump inhibitors;

Maintenance therapy was required because ulcers recurred when the medication was stopped.

Our understanding of peptic ulcer disease was radically changed in 1983 by the discovery of *Helicobacter pylori* and thereafter its role in gastric and duodenal ulcers. Most patients with ulcers are infected with *Helicobacter pylori*, and eradicating the infection permanently cures the ulcers [2].

Another ulcerogenic factor is, Non-steroidal anti-inflammatory drugs, often prescribed for musculoskeletal conditions which particularly affect the elderly, lead to ulcers in a population that is less well able to withstand the major complications of Haemorrhage and Perforation. The chance of death as a result of a peptic ulcer is currently about a thousand times greater in the elder age than in the young, and peptic ulcers thus remain a challenge to modern medicine [2].

This disease provides an enriched psychosomatic relationship. Emotional factors either precipitate or modify this disease. The progress is directly proportional to stress under which the patient is in and the environment in which the patient lives. Diet habits, smoking alcohol also play a major role in the causation of this disease in addition to psychological factors.

The treatment of peptic ulcer disease has become one of the most important developments in medicine in the 20th century [1].

A peptic ulcer is erosion in the lining of the stomach or duodenum (the first part of the small intestine). The word "peptic" refers to pepsin, a stomach enzyme that breaks down proteins [3].

A Gastric ulcer is located in the stomach. Burning epigastric pain exacerbated by fasting and improved with meals is a symptom complex associated with peptic ulcer disease [2].

A Duodenal ulcer occur most often in the first portion of duodenum (>95%), with 90% located within 3 cm of the pylorus.

They are usually 1 cm in diameter but can occasionally reach 3–6 cm (giant ulcer) [4].

Aims and Objectives

To study the mode of presentation of rubrics and remedies in different Repertories and efficacy of Homeopathic management in the Peptic ulcer disease by means of Repertorization.

Materials and Methods

Source of data

Patients were collected from In Patient / Out Patient Departments, Peripheral health centres and medical camps conducted by Vinayaka Missions Medical College and Hospital. The literature collected from authentic text books and journals.

Method of collection of data Inclusion criteria

Patients at the age of 15 – 55 Y on both sexes
 The cases will be followed up 15 days once
 The Sample size will be minimum 30 in number, all the cases will be followed for a period of 12 months duration.

Exclusion criteria

Patient under other system of medications
 Patients with complication of Peptic ulcer like Perforation, stenosis etc.
 Patient with Auto immune diseases and other systemic

illness.

Treatment Plan

For this study I have taken nine repertories those are, Kent, Synthesis, BBCR, BTPB. Murphy repertory, Clarke repertory, Boericke repertory, Boger synoptic key and Phatak’s repertory. These repertories are selected as per the patient’s symptom availability. The cases were processed by various repertories based on the symptoms of the cases, the miasmatic interpretations was done by presenting complaints, generals, past history & family history. The conceptual image (totality) of the patients were considered for the remedy selection. Regular follow up was based on the criteria.

The prognosis was evaluated according to symptomatic relief and the investigation results.

Observation and Result

Table 1: Age Wise Distribution (N=30)

AGE	Total	%
15-25 Y	5	16.7%
21-25 Y	8	26.7%
26-30 Y	7	23.3%
31-35 Y	10	33.3%

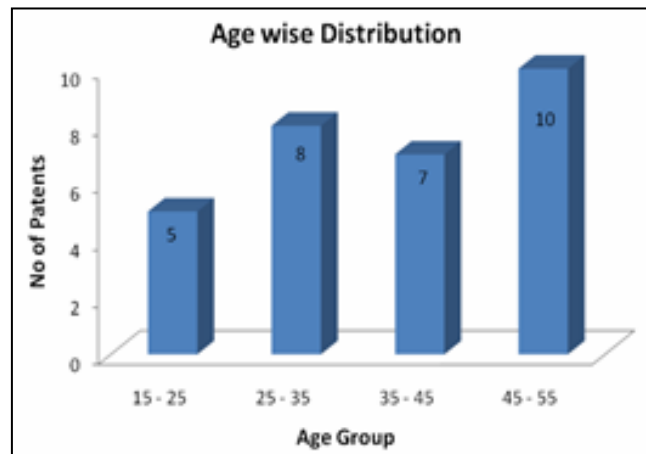


Chart 1: Age distribution of cases

Table 2: Sex Distribution (n=30)

Sex	Total	%
Male	18	60%
Female	12	40%



Chart 2: Distribution of cases acc. to sex

Table 3: Occupational Distribution (n=30)

Occupation	Total	%
Farmer	5	16.7%
Teacher	4	13.4%
House wife	4	13.4%
Driver	3	10.0%
Student	2	6.7%
Accountant	2	6.7%
Coolie	2	6.7%
Engineer	1	3.3%
Garment worker	1	3.3%
Power loom worker	1	3.3%
Sales girl	1	3.3%
Marketing anager	1	3.3%
Clerk	1	3.3%
Lab technician	1	3.3%
Librarian	1	3.3%

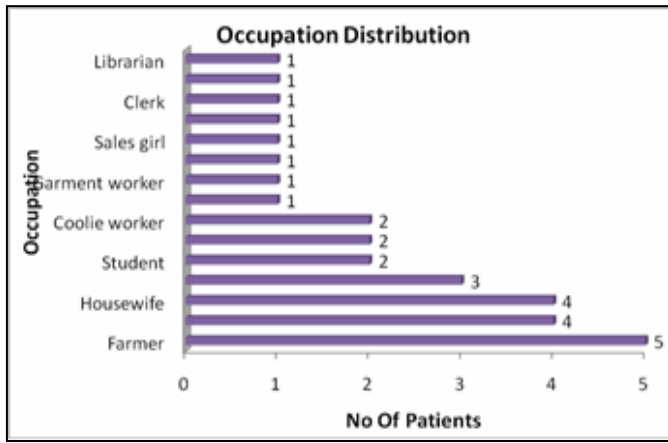


Chart 3: Distribution of cases acc. to occupation of the patient.

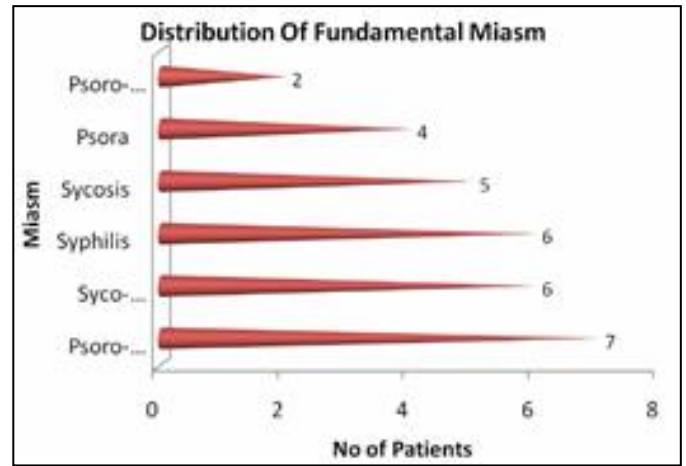


Chart 4: Distribution of cases acc. to Fundamental miasm

Table 4: Distribution of Fundamental miasm (n=30)

MIASM	Total	%
Psora Sycosis	7	23.3%
Syco Syphilis	6	20.0%
Syphilis	6	20.0%
Sycosis	5	16.7%
Psora	4	13.3%
Psora Syphilitic	2	6.7%

Table 5: Distribution of Dominant Miasm (n=30)

MIASM	TOTAL	%
Mixed	3	10.0%
Psora Syphilitic	15	50.0%
Psora	8	26.7%
Psora sycotic	3	10.0%
Syco Syphilitic	1	3.3%

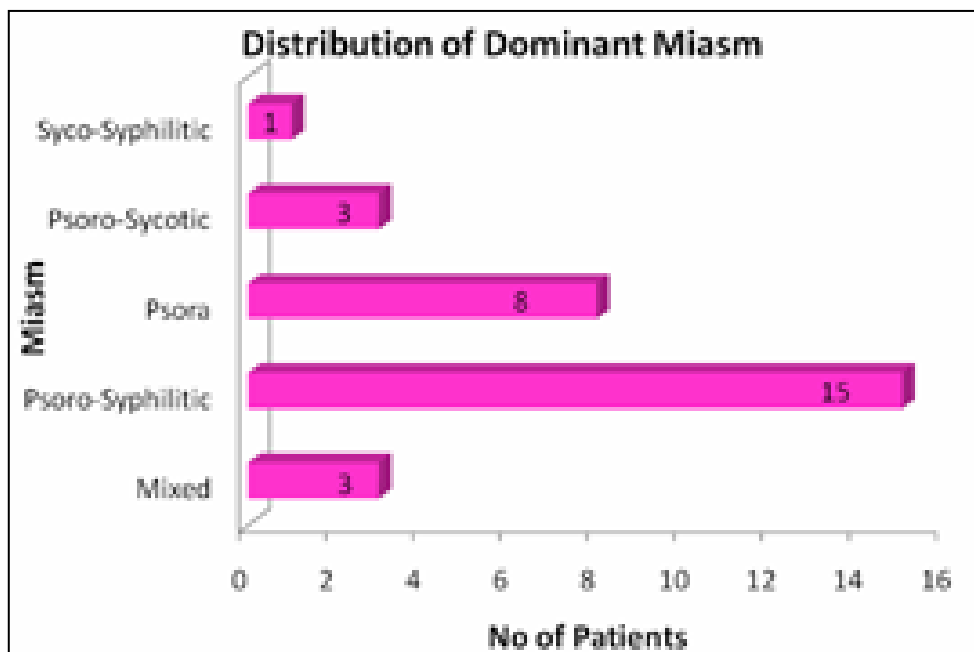


Chart 5: Distribution of cases acc. to the Dominant Miasm

Table 6: Distribution of constitutional remedies

Remedies	Total	%
Phosphorus	9	30.0%
Pulsatilla	6	20.0%
Nux vomica	4	13.4%
Sulphur	3	10.0%
Arsenicum album	3	10.0%
Lycopodium	2	6.7%
Calcarea carb	1	3.3%
Sepia	1	3.3%
Ignatia	1	3.3%

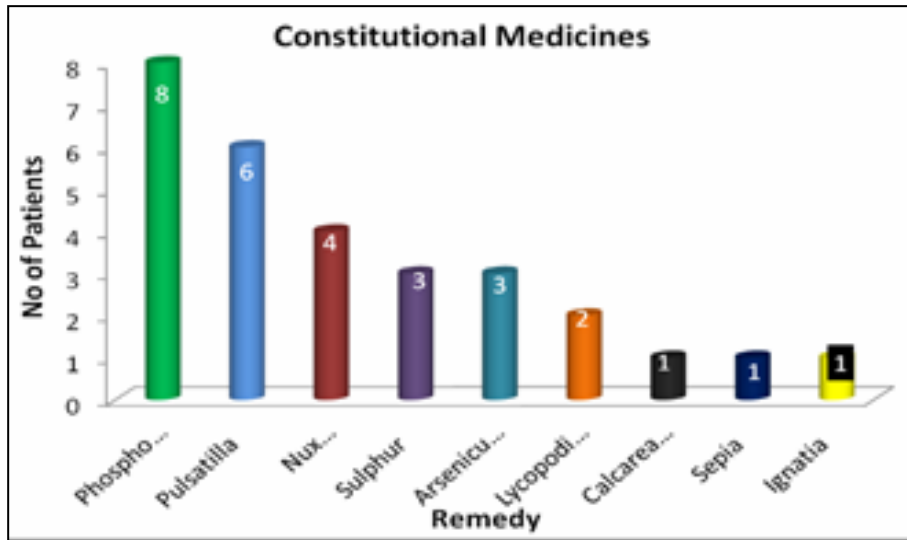


Chart 6: Distribution of cases acc. To the constitutional remedy used

Table 7: Distribution of results (n=30)

Results	No. of Patients	%
Marked improvement	21	70.0%
Mild improvement	7	23.4%
No improvement	2	6.6%

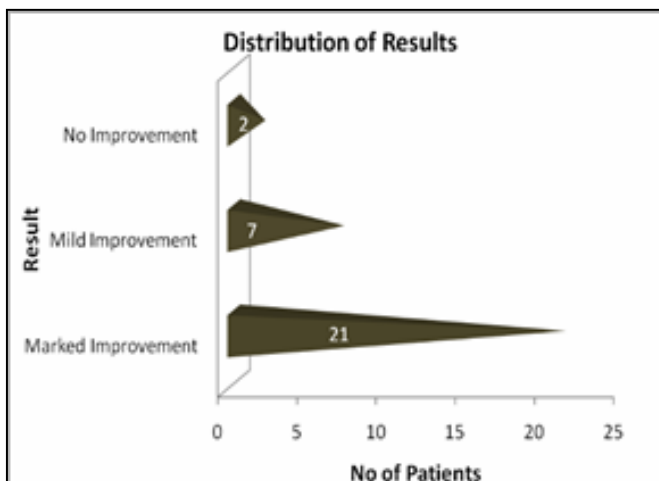


Chart 7: Distribution of cases acc. to treatment out come

Summary and Conclusion

The study was conducted on thirty clinically diagnosed cases of peptic ulcer diseases were taken into consideration for the study. All cases were repertorised with different repertories based on the cases and verified the repertorial results with the help of materia medica.

The remedies were given according to repertorization results.

In the study of 30 cases found that:

- Majority of cases were between the age group 45-55 (33%)
- Most of the patients were farmers (16.7%), teachers & House wives (13.4%), & Drivers (10%)
- 60% affected patients are males, and 40% are females.
- 27% patients are having family history of similar illness.

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