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Warts on face treated by homoeopathic medicine: A case report

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Abstract

Warts present as multiple, smooth, flat or slightly elevated, round or polygonal papules varying in size. They may be skin coloured, greyish yellow or pigmented. Sites of predilection are the face, back of hands and shins. A 37 year old male patient reported with complaints of warts on face. A complete case history was taken, repertorization done and on the basis of individualization, Natrum Muriaticum was given. The aim of this article is to show how to probe in a sycotic case & how to find a similimum for such kind of condition.

Keywords: Homoeopathy, sycosis, HPV, warts, natrum muriaticum

Introduction

Warts are caused by HPV, a specific member of papovavirus group. The virus affect the upper layer of skin. Incubation period – 1 to 20 months. Each kind of warts can grow on any part of body. Warts, occurs on hand, fingers around and beneath the nails and the feet, they are common site. Warts occurs most often adolescents & young age. Visible as flesh colored to brown, exophytic, hyperkeratotic papules & dome shaped, filiform etc. ^[1-3].

Classification of Warts ^[2].

- Common Warts
- Plane Warts
- Filiform (Digitate) Warts
- Planter Warts
- Acuminate Warts

Pathophysiology ^[3,4].

HPV, incubation period usually 3 to 4 months, with a range of 1 month to 2 years. HPV affect all type of squamous epithelium and the gross and histologic appearance of individual lesions vary with the site of infection and type of virus. The replication of HPV begins with the infection of basal cells. A pathognomonic feature is the presence of large vacuolated cells with round, deeply basophilic nuclei in the upper stratum malpighii and granular layer. Some of these contain intranuclear and cytoplasmic eosinophilic inclusions.

Case Study

Mrs. Xx, 37 years old married Hindu male belonging from middle socio-economic status reported at my clinic, known case of warts (Wart on face – beard & cheeks). On further enquiry, it illuminated that complaints had started gradually since 1year 6 month. He took allopathic medication orally and as external application applies many ointments on warts& also takes Homoeopathic medicines but no relief. The patient had past history of typhoid fever 6 year ago, blister in month 3year ago and family history except for the fact that him, father has been suffering from Diabetes/Alive& mother has been suffering from Hypertension/Alive. The patient was chubby, whitish complexion, businessman by profession and living happily with his spouse and two Child. The mental generals reflected Anxiousness, mild. But one thing is more prominent these days he had confusion when calculating. He had strong aversion to milk& desire to salty things. Sweat on face while eating. He likes warm soup. He was thirsty (continuous thirst) and thermally hot.

Analysis of Case

Mental General

- Anxiousness.
- Mild.
- Confusion when calculating.

Physical General

- Thirst – thirsty.
- Thermal – Hot.
- Desire – salty things, warm soup.
- Aversion- milk.
- Perspiration-Sweat on face while eating.

Particulars

- Warts on face (beard & cheeks).

Evaluation

- Anxiousness.
- Confusion when calculating.

- Thirsty.
- Hot patient.
- Desire for salty things, warm soup.
- Aversion – milk.
- Sweat on face while eating.
- Wart on face (beard & cheeks).

Totality of Symptoms

- Confusion when calculating.
- Aversion – milk.
- Wart on face (beard & cheeks).

Table 1: Rubric

S. NO.	Chapter	Rubric
1.	Mentals	Confusion Calculating, When
2.	Generals	Food And Drinks Milk Aversion
3.	Face	Warts

Repertorial Sheet:^[5]

Rubrics	Source		Nat-m	Ars	Calc	Calc-p	Calc-s	Con	Nat-s	Nit-ac	Nux-v	Ph-ac	Psor	Sep
		Weighted	3	2	4	2	3	2	3	3	3	2	3	4
		Rubrics covered	3	2	2	2	2	2	2	2	2	2	2	2
		Rubric grades	3	2	4	2	3	2	3	3	3	2	3	4
CONFUSION calculating, when		Mentals	1								2		2	
FOOD and drinks milk aversion		Generals	1	1	2	1	2	1	2	1	1	1		2
WARTS		Face	1	1	2	1	1	1	1	2		1	1	2

Table 2: Analysis of repertorial result

S.NO.	Medicine	Mark Obtain
1.	Natrum Muriaticum	3/3
2.	Calcarea Carbonica	4/2
3.	Sepia	4/2
4.	Calcarea Sulphurica	3/2
5.	Nux Vomica	3/2

Selection of Medicine (With Reason)

After analyzing the symptoms of the case mental, physical & particular symptoms were considered for the make totality. In this case we get two strong general rubric; Mental general rubric & Physical general rubric with one Pathological rubric. Reportorial analysis using complete repertory from CARA software was done considering the above totality. The first five medicines with covered maximum rubric (based on mental, physical & important particular symptoms) in the decending order are Natrum Muriaticum, Calcarea Carbonica, Sepia, Calcarea Sulphurica, Nux Vomica. After going through textbook of materia medica ^[6, 7]. Chilly medicines are Calcarea

Carbonica, Sepia, Nux Vomica, so they are ruled out & they are not covering strong mental rubric (Confusion when calculating). Calcarea Sulphurica ruled out because of Calcarea Sulphurica does not cover a strong mental rubric. Natrum Muriaticum covered maximum rubric; All three rubrics which shows patient as a whole, in repertorization but we refer to materia medica, According to Sankaran sir (The Soul Of Remedies), In Natrum Muriaticum, written in the first line of the remedy “Natrum muriaticum is a sycotic remedy ^[8]”. Case also sycotic & we get a sycotic remedy with covered totality of case and Natrum Muriaticum covered totality of case and thirst, thermal & other physical generals (salty things desire, warm soup & sweat on face while eating). Natrum Muriaticum seemed to be the most suitable remedy in this case and prescribed in the 200 potency on the first visit.

Date

17/10/2019

Prescription

Rx,
 Natrum Muriaticum 200 1 Dose Stat
 Rubrum 30 TDS 4 Hourly x 15 Days

Table 3: Follow up Sheet

Date	Symptoms	Prescription
31/10/2019	Status quo	Rx Rubrum 30 TDS 4 Hourly x 15 Days
14/11/2019	New growth not seen Patient feels mild itching	Rx Rubrum 30 TDS 4 Hourly x 15 Days
29/11/2019	Warts become dried	Rx Rubrum 30 TDS 4 Hourly x 15 Days
16/12/2019	Status quo	Rx Rubrum 30 TDS 4 Hourly x 20 Days
7/01/2020	Status quo	Rx Natrum Muriaticum 1M 1 Dose Stat Rubrum 30 TDS 4 Hourly x 15 Days
23/01/2020	Warts small in size & dried & some wart of right side fall up	Rx Rubrum 30 TDS 4 Hourly x 15 Days
07/02/2020	Warts continuously small in size & warts 70-80% fall up Patient was very happy.	Rx Rubrum 30 TDS 4 Hourly x 15 Days
24/02/2020	Warts had fall. face is clear now. Some papule had present on area of warts.	Rx Rubrum 30 TDS 4 Hourly x 15 Days

**Fig 1:** Before Treatment**Fig 2:** Before Treatment**Fig 3:** After Treatment**Comment**

This case is a sycosis case and give us to a pathological rubric (face - warts) and we get after case taking, confusion, is reflecting syphilitic view of patient and it is important and a strong mental rubric, and aversion in physical general also make important rubric (aversion- milk). So only three strong rubrics make totality & give us to a similimum remedy. Remedy act best in this case with best result.

Conclusion

Here presenting this case we can conclude that homoeopathic medicine help to removed warts with the help of homoeopathic basic principles and laws. Article shows how similimum medicine acts in sycosis case. Now, he is fine & no confusion at all during calculating.

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