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## Corn treated with homoeopathic medicine: A case study

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### Abstract

Corn is a type of callosity which is caused by repeated friction of skin. Present especially on sole of foot and toes. It is manifested by pain on walking and standing. A 26 year male patient reported with complaints of corn with pain on right sole of foot. Case taking was done followed by repertorization using Synthesis 9.0 repertory Radar 10.0 and Sulphur has been given as an individualized medicine.

**Keywords:** Homoeopathy, Corn, RADAR, sulphur

### 1. Introduction

Corn is the type of callosity which is also known as a focal intractable planter hyperkeratosis. In this skin which is involve become thick which is caused by repeated mechanical trauma due to friction<sup>[1]</sup>.

Rubbing divides the epidermis and grow more than usual. Due to this skin become more thick<sup>[2]</sup>.

The corn most commonly present in athletes, older people and persons who are exposed to unequal friction force from footwear<sup>[1]</sup>.

It is most commonly present on tops and side of toes. It has two type hard and soft corn. Hard corn has thickened surface with packed center, where soft corn has thinner surface. Sometimes the patient may remain asymptomatic and sometimes become symptomatic with tenderness if it is present<sup>[3]</sup>.

It may be painful especially during walking and standing<sup>[2]</sup>.

### 2. Case Study

Mr. XY, 26 year, Male, lean thin, tall with fair complexion, Hindu, Unmarried, Vegetarian, doing Job in swiggy, attended the out-patient department of the Swasthya kalyan homoeopathic medical college and research centre, sitapura, Jaipur (Rajasthan) present himself with the known case of corn on 06/07/2020, on further enquiry he told that complaint had started gradually since 6 months, two month after death of his father due to cardiac arrest. Complaining of pain and burning in sole of right foot. Pain aggravated during walking. He took alternative medicines orally and as an external application applies many ointments on corn but no relief.

Father died at the age of 52yr due to cardiac arrest, mother had a history of diabetes & hypertension since 10 years/alive.

The mental general reflected sadness and silent grief after death of his father.

Regarding his past history the patient further reported that he had suffered from repeated attacks of tonsillitis which was cured of after taking alternative treatments.

He had strong desire for taking sweets and sour things.

He was addicted to chewing tobacco.

Perspiration profuse on axilla with sour odor.

Tongue – Red tip, moist.

Thermal - hot

### 2.1 Analysis of case

#### 2.1.1 Mental General

- Complaint come after death of loved once.
- Grief silent

**2.1.2 Physical general**

- Tongue-Tip of tongue red, moist.
- Desire – Sweets and sour things.
- Perspiration- Odor sour especially on axilla.
- Thermal – Hot.

**2.1.3 Particulars**

- Corn on sole of right foot.
- Corn painful, especially on walking.
- Corn burning.

**2.2 Evaluation**

- Complaint come after death of loved once.
- Grief silent.
- Tongue-Tip of tongue red, moist.
- Desire – Sweet and sour things.
- Perspiration- Odor, sour, especially on armpit.
- Corn on sole of right foot.
- Corn painful, especially on walking.
- Corn burning.
- Pain on corn especially walking.
- Thermal – Hot.

**2.3 Totality of symptoms**

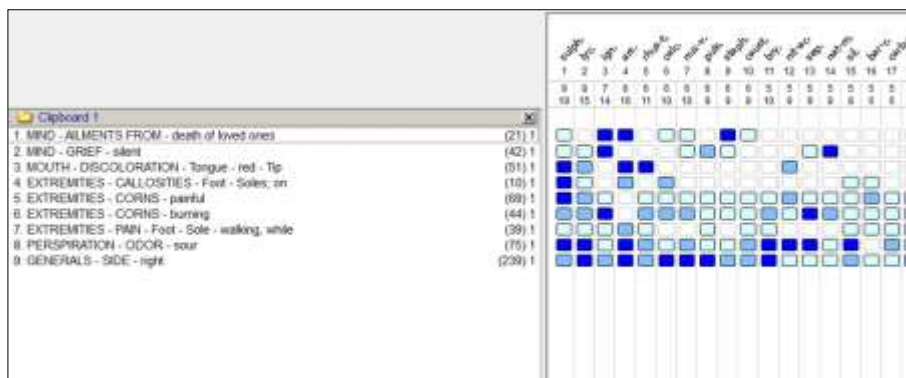
- Complaint come after death of loved once.
- Grief silent.
- Corn on sole of right foot.
- Corn painful, especially on walking.
- Corn burning.
- Pain on corn especially walking.
- Tongue-Tip of tongue red.
- Perspiration- Odor, sour.

**2.4 Rubric**

**Table 1: Rubric**

S. No.	Chapter	Rubric
1.	Mind	Ailments From – death of loved ones
2.	Mind	Grief – silent
3.	Mouth	Discoloration – Tongue – red – tip
4.	Extremities	Callosities – Foot – soles on
5.	Extremities	Corns – painful
6.	Extremities	Corns – burning
7.	Extremities	Pain – Foot – Sole – walking, while
8.	Perspiration	Odor – sour
9.	Generals	Side – right

**2.5 Repertorial Sheet <sup>[9]</sup>**



**Fig 1:** Showing repertorization of case from Synthesis 9.0 Repertory using Radar (Version 10.0)

**2.6 Analysis of Repertorial Result**

**Table 2: Repertorial Result**

S. No.	Medicine	Mark Obtain
1.	Sulphur	19/9
2.	Lycopodium clavatum	15/8
3.	Ignatia amara	14/7
4.	Arsenicum album	16/6
5.	Rhus toxicodendron	11/6

**2.7 Selection of medicine**

Sulphur seems to suit the case not only because it get

highest marks during repertorization but also cover most of the symptoms of the case. Patient has marked mental symptoms like silent grief and complaint come after death of loved ones, desire for sweet and sour things and patient thermally hot.

**2.8 Prescription**

**Table 3: Prescription**

Date	Prescription
06/07/2020	Rx Sulph 200 1 Dose Stat Rubrum 30 TDS 6Hourly x 15 Days

**2.9 Followup Sheet**

**Table 4: Followup Sheet**

Date	Symptoms	Prescription
21/07/2020	Status quo	Rx Rubrum 30 TDS 6 Hourly x 15 Days
5/08/2020	Improvement in pain and burning.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
19/08/2020	Complaint is stand still.	Rx Sulph 200 1 Dose Stat Rubrum 30 TDS 6 Hourly x 15 Days
02/09/2020	No pain and burning.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
17/09/2020	Decrease in size of corn. No pain and burning.	Rx Rubrum 30 TDS 6 Hourly x 10 Days

28/09/2020	Corn size is same, slight pain present.	Rx Sulph 1M 1 Dose Stat Rubrum 30 TDS 6 Hourly x 15 Days
12/10/2020	No pain	Rx Rubrum 30 TDS 6 Hourly x 15 Days
27/10/2020	Reduce in size of corn. There is no pain.	Rx Rubrum 30 TDS 6 Hourly x 30 Days
25/11/2020	No corn present.	Rx Rubrum 30 TDS 6 Hourly x 30 Days
26/12/2020	No complaint. Patient feel good.	Rx Rubrum 30 TDS 6 Hourly x 30 Days

## 2.10 Picture

### 2.10.1 Before Treatment



**Fig 2:** Before Treatment

### 2.10.2 After Treatment



**Fig 3:** After Treatment

## 3. Conclusion

Homoeopathy have massive and beautiful work on the quality of life (Qol) of those who are suffering from Corns, homoeopathy has prove its effectiveness in such type of cases and so this case further proves the therapeutic value and strong power of homoeopathic medicines in cure of Corns.

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