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Utility of Phatak repertory in homoeopathic management of leucorrhoea

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Abstract

Abnormal vaginal discharge (leucorrhoea) is frequent complaint seen in women of reproductive age group, infective and non-infective two types are generally seen, first we have to evaluate etiopathogenesis followed by evaluation of patient for Homeopathic management and to see outcome of patient. Phatak repertory is very useful in management of leucorrhoea 125 symptoms are covered and 99 medicines are included, in Phatak repertory Drugs are mainly based on clinical experience of dr. Phatak and strong justification by authorities like Dr. Bogar, Dr. Kent, Dr. Clark etc. Single drug rubrics are given in repertory which can be given specifically based on indications.

Keywords: Leucorrhoea, phatak repertory, rubrics

Introduction

Leucorrhoea is whitish or yellowish thick vaginal discharge

- Defined as an increased normal vaginal discharge. These are Secretions from the cervical glands & endometrial glands also vagina contribute to this discharge. In the gynaecologic clinic frequent complaint of women seen is abnormal vaginal discharge.
- As physical discomforts occurs which deserves concern and special attention to this problem.

It also shows clinical relevance & high prevalence of disease.

Types

1. Physiological type- discharge is normally white clear non offensive varies with menstrual cycle.
2. Non infective type-cause is secondary to -foreign bodies, endometritis, chronic cervicitis, chemicals, etc.
3. Infective type -causes are-

A. Infections Transmitted By Venereal Route-

1. Neisseria gonorrhoea
2. Trichomonas vaginitis
3. Chlamydia trachomatis

B. Infections Transmitted By Nonvenereal Route -

1. bacterial vaginosis (BV)
2. Vulvovaginal candidiasis

Causes

1. Injuries to the cervix or any of the tissues in the reproductive system during pregnancy
2. Poor hygienic conditions
3. Urinary tract infection
4. Unprotected Sexual Contact
5. Irritation due to insertion of contraceptives in vagina
6. Irritation because of external contraceptive used by either partners
7. Diabetes or anemia
8. lack of nutrients

Clinical Presentation

1. Easy fatigue
2. Stomach cramps or pain
3. Headaches
4. Constipation
5. Pain in the calves and lumbar region
6. Itching & discharge

Diagnosis

1. history and presentation
2. Investigations- Haemogram, gram staining

Objectives

Utilization of Phatak repertory in Homoeopathic research for standardization of results and evaluate its utility in homeopathic practice.

Homoeopathic Management

1. Leucorrhoea with Diabetes mellitus - *Abroma augusta*
2. Discharge stains yellow on cloth- *Chelidonium*
3. Acrid yellow discharge with low backache worse between periods- *kreosote*
4. Discharge acrid curd like or white of egg, with sensation of warm water flowing – *Borax*
5. Leucorrhoea with backache- *Ova tosta*

6. Acrid yellow/ green discharge with constipation & bearing down sensation- *Sepia*
7. Milky, creamy discharge sometime with burning, tearful mood – *Pulsatilla*
8. Leucorrhoea with burning itching, and rawness and worse at night- *Mercurius sol*
9. Leucorrhoea milky with burning and itching of parts
10. Milky leucorrhoea with burning and itching of parts before and after menses- *Calcaria carb*
11. Profuse discharge in obese women, with itching in genitals & constipation - *Graphites*
12. Biochemic remedies - *Natrumur*, *Kali mur*, *Calcarea phos*

Epidemiology – Maximum incidence of vaginal discharge was noted in women who belongs to low socio economic and women belongs to high socio economic group.

- Incidence is maximum in women belong to reproductive age group
- Phatak repertory is clinical & easy to reference guide to the vast Homoeopathic *Materia Medica*.
- Remedies to particular rubric are reduced to minimum
- Drugs are mainly based on clinical experience of dr. phatak and strong justification by authorities like Dr. Bogar, Dr. Kent, Dr. Clark etc.

Table 1: Total 99 medicines are covered for leucorrhoea and 125 symptoms are there in phatak repertory. Important single medicine rubrics given in phatak repertory are

Rubrics	Medicine
Leucorrhoea:Acrid, corroding:Thighs and linen:	Iodum
Leucorrhoea:Bloody:Menses:Instead, of:	China rubra
Leucorrhoea:Bloody:Stools, during:	Murex purpurea
Leucorrhoea:Bluish:	Ambra grisea
Leucorrhoea:Briny:	Senicula aqua
Leucorrhoea:Burns, hot:Abdominal pain, after:	Calcariaphosphorica
Leucorrhoea:Burns, hot:Watery:	Hydrastis canadensis
Leucorrhoea:Coition:Amel.:	Mercurius solubilis
Leucorrhoea:Copious:Serum like discharge from anus and vagina:	Lobelia inflata
Leucorrhoea:Dirty:	Secale cornutum
Leucorrhoea:Flatus, passing Agg.:	Arsenicum album
Leucorrhoea:Flowing down, thighs:Imperceptibly:	Arsenicum album
Leucorrhoea:Flowing down, thighs:Warm water:	Leptandra Virginica
Leucorrhoea:Girls, little:Acrid:	Cubeba Officinalis
Leucorrhoea:Girls, little:Infants:	Cannabis Indica
Leucorrhoea:Girls, little:Yellow:	Mercurius Iodatus Flavus
Leucorrhoea:Glairy:	Palladium Metallicum
Leucorrhoea:Greenish:Acrid:	Mercurius IodatusRuber
Leucorrhoea:Greenish:Water:	Sepia Succus, Sepia Officinalis
Leucorrhoea:Gushing:Cramp with:	Magnesia Muriatica
]Leucorrhoea:Gushing:Squatting, when:	Cocculus Indicus
Leucorrhoea:Head ache, with:	Platinum Metallicum
Leucorrhoea:Lumpy, curdy:Clear:	Tarentula Hispanica
Leucorrhoea:Lying, while:	Pulsatilla Nigricans
Leucorrhoea:Mammae, sore, with:	Solanum Dulcamara
Leucorrhoea:Meat, water, like:	Kali Iodatum
Leucorrhoea:Membranous:	HeparSulphurisCalcareaum
Leucorrhoea:Menses:Week, one after:	Kalmia Latifolia
Leucorrhoea:Night Agg.:	CausticumHahnemanii
]Leucorrhoea:Offensive:Forceps, delivery, after:	Calendula Officinalis
Leucorrhoea:Periodical:	Lycopodium Clavatum
Leucorrhoea:Piles, suppression, from:	Ammonium Muriaticum
Leucorrhoea:Puberty, at:	FerrumMetallicum
Leucorrhoea:Rising, seat, from Agg.:	Platinum Metallicum
Leucorrhoea:Serous, fluid	Tabacum, Nicotiana Tabacum
Leucorrhoea:Sexualexcitement:With:	Ignatia Amara
Leucorrhoea:Smell:Green corn, like:	Kreosotum

Leucorrhoea:Smell:Menses, like:	CausticumHahnemanii
Leucorrhoea:Standing Agg.:	Lac Caninum
Leucorrhoea:Stiffens, linen:	Lachesis Mutus
Leucorrhoea:Stooping Agg.:	Cocculus Indicus
]Leucorrhoea:Squatting Agg.:	Cocculus Indicus
Leucorrhoea:Stubborn:	Mezereum
Leucorrhoea:Thick:Profuse, menses, as:	Magnesia Sulphurica
Leucorrhoea:Urinous:	Oleum Animale
Leucorrhoea:Vagina, pressure, in, with:	Cinnabaris
Leucorrhoea:WashingAmel.:	Kali Carbonicum
Leucorrhoea:White:Stains linen yellow:	Chelidonium Majus
Leucorrhoea:White:Turn, green:	Natrum Muriaticum
Leucorrhoea:Yellow:Stains:Green:	Bovista

Result and Conclusion

Homeopathic management is more effective by utilisation of phatak repertory, physician should be knowledgeable and unprejudiced while selecting repertory, the rubrics and the remedy. whenever case comes with prominent Generals and particulars one can use this Repertory it will helps in skilful approach toward indicated medicine.

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