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Miracles of skimmed cow's milk – boon to humanity

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Abstract

Milk has played a very vital role in our process of growth and development for generations. It is a good source of protein, calcium, vitamin B12, iodine, magnesium and ceasin which are good for our growth and development. Potentized remedy derived from skimmed cow's milk named Lac Vaccinum Defloratum is one of the Sarcodes derivative found to have miraculous powers. It is a sarcodes and is derived from healthy secretions of cow. It is essential, easily assimilates in our body and has a wide range of action.

Keywords: Skimmed cow's milk, sarcodes, lac vaccinum defloratum, potentized

Introduction

Milk is laden with many essential vitamins and minerals, breast milk is the nourishment which infants are dependent on for a healthy start in life. The milk of a female of the species is essential to the survival of her offspring and ultimately to the survival of the whole species. On studying the milk remedies, it is interesting to see how various themes which emerge through the proving of the milk remedies may be associated with the animal's present situation, their strengths, fears and also their behaviour within their own particular societies.

Cow's milk has been part of the human diet for thousands of years, when we think of milk, we may think of mothering, nutrition, human kindness. Yet milk is also an excellent culture medium for many pathogenic bacteria – streptococcal, diphtheria, typhoid, salmonella, tuberculosis, brucellosis.

Materials and Methods

Various text books and research articles have been thoroughly studied, assessed and compiled to arrive at relevant conclusions for the purpose of study. Furthermore online available scientific research papers have also been studied.

Review of literature

Potentized remedy derived from skimmed cow's milk named Lac Vaccinum Defloratum is one of the Sarcodes derivative found to have an unbelievable wonderful power. Sarcodes belong to animal kingdom and also include products of animal glands and endocrine glands as a whole and their secretions. They are quick acting and a minute amount may have a profound effect on metabolism.

The untrained mind naturally rebels at the idea of giving skimmed milk to sick people as a remedy, but when potentized like any other substance it becomes one of the most useful remedies if used in high potency.

With all this in mind, primarily it has to do with mal assimilation or faulty nutrition. So, in the mental sphere, you may see the poor memory, mental confusion, lassitude, nervousness, long suffering and depression of spirit. Likewise, in the digestive and metabolic systems, you may see anaemia, pallor, and weakness, loss of appetite, milk intolerance, diabetes, kidney disease and dropsy.

This medicine was introduced and proved by Dr. Samuel Swan with the 17th, 30th, 200th potency's its complete pathogenesis was published in medical visitor in Aug 1893 and in the homoeopathic world in vol. 18 The idea of potentizing skimmed milk originated with Swan upon reading Donkin's skim milk treatment of diabetes and bright's disease. As milk contains within it an epitome of all the tissues and salts of the animal which secretes it, hence we may conclude that its range of action is co-extensive with these tissue salts.

Mind

- Loss of memory, listlessness, disinclination for bodily or mental exertion, during conversation headache and depression of spirits.
- Depression and weeping with palpitation, profound melancholy, does not want to see or talk to anyone, great despondency on account of disease, is sure that he is going to die in 24 hrs.
- Depression of spirits which is not dissipated by conversation, could not remember from one paragraph to other what she had read.

Head

- Vertigo on moving head from pillow, agg lying down and specially turning while lying, obliging to sit up.
- Pain first in forehead, extending to occiput, very intense, distracting and unbearable, great photophobia, even to light of candle, deathly sickness all over, with nausea and vomiting, agg. By movement or sitting up, very chilly and external heat does not ameliorate, frequent and profuse urination of very pale urine.
- Nausea and sometimes vomiting which agg., pain in forehead as if head would burst, with blindness, pain is agg. By bandaging, head tightly, agg. By light and noise, stool is large, hands and feet are cold, throbbing frontal headache, nausea, vomiting and obstinate constipation, esp. in anaemic women.
- Dim vision, as of clouds before eyes; profuse urination; full feeling in head; slight nausea at pit of stomach; face pale; feet cold; coldness of the back.

Face

- Face very pale and bluish, with dark depressed circle around eyes with sick headache.
- Face very pale and eyes look heavy with headache from suppressed menses.
- Flushed face with suppressed menses from putting hands in cold water.
- Yellow pasty look of face with diabetes. Face looked blue during the cold sensation.

Mouth

- White coating all over tongue.
- Bitter disagreeable taste in mouth with sick headache.
- Dryness of mouth without thirst.

Eyes

- Photophobia with sick headache.
- Dim vision, as of a cloud before eyes in sick headache, diabetes, bright's disease.

Stomach

- Slight nausea at stomach pit with sick headache.
- Deathly sickness at stomach with or without vomiting with constipation in diabetes mellitus.
- Voracious appetite with intense thirst in diabetes mellitus.
- Nausea and frequent vomiting of greenish watery bitter fluid, during the headache.

Abdomen

- Bearing down pain in abdomen and back after suppressed menses.

- Great fatigue from walking, on account of heaviness as of a stone in abdomen with sick headache.

Stool and rectum

- Rectum feels impacted with feces, but is unable to eject them.
- Bowels partly moved, but with much straining and some laceration of anus stool being very large and hard.
- Constipation for 4 days; stool dry, hard, and passed in small lumps with much pain; smarting of anus after stool.
- Very severe constipation for 15 years; has been in the habit of taking 10 or 12 enemas every day, and often passed 4 or 5 weeks without stool. In higher potencies it has a very powerful action on the liver, as evinced by the white faeces.
- Causes constipation in most cases of diabetes, rarely diarrhoea.

Urine

- Excessive flow of urine, either of high specific gravity, or colourless, watery, low specific gravity, but in both cases strongly impregnated with sugar.
- Frequent and profuse urination, colourless as water, odor natural, slightly salty, slight acid reaction; trimmer's test shows large quantities of sugar.
- Albumin in urine; in Bright's disease.

Female sexual organs

- Menses suddenly suppressed by putting hands into cold water to rinse out clothes, with great pain in uterine region, intense headache, aching pain all over, fever, flushed face.
- Menses delayed a week, with congestion of blood to head, coldness of hands, nausea and vertigo; after taking lac vac defloratum, in high potency, flow commenced next morning, scanty, with pain in back, sensation of weight and dragging in ovarian region.
- Drinking a glass of milk during menstruation will prompt shock the flow until next menstrual period.

Mammae

- Breast decreased in size two – thirds, and became flabby, with loss of flesh.
- Diminution of breasts and diminished secretion of milk in nursing mother.

Chest

- Sudden and violent palpitation of heart, with flushes of heat, caused by the least unusual site or sound.
- Tubercular deposits in apices of both lungs.

Back

- Coldness in the back with sick headache, dull, heavy, aching pain over loins in diabetes.

Extremities

- Ends of the fingers icy cold and look white, rest of hands warm, loss of sensation on anterior surface of thighs in diabetes.
- Legs much swollen with crampy pain at night in bright's disease.

Fever

- Felt cold all day; sat near the fire, but with no permanent relief.
- Chill following drinking, hectic fever; flushes of heat in head and face, sweat in the palm of the hands, pulse rapid and feeble with extreme coldness of tips of the fingers.

Sleep

- Complete loss of sleep with drowsiness in diabetes, sleepless at night and drowsy by day.

Skin

- Parched skin in diabetes, use of skimmed milk beautifies and clears the skin.

Nerves

- Great lassitude and disinclination to exertion. Feels completely tired out and exhausted whether she does anything or not.

Discussion

Milk is laden with many essential vitamins and minerals, breast milk is the nourishment which infants are dependent on for a healthy start in life. Potentized remedy derived from skimmed cow's milk named Lac Vaccinum Defloratum is one of the Sarcodes derivative found to have an unbelievable wonderful power. The untrained mind naturally rebels at the idea of giving skimmed milk to sick people as a remedy, but when potentized like any other substance it becomes one of the most useful remedies if used in high potency.

Depression and weeping with palpitation, profound melancholy, does not want to see or talk to anyone. Vertigo on moving head from pillow, agg lying down and specially turning while lying, obliging to sit up. Bearing down pain in abdomen and back after suppressed menses.

Pain first in forehead, extending to occiput, very intense, distracting and unbearable, great photophobia, even to light of candle, deathly sickness all over, with nausea and vomiting, agg Face very pale and bluish, with dark depressed circle around eyes with sick headache. Photophobia with sick headache. Slight nausea at stomach pit with sick headache. Deathly sickness at stomach with or without vomiting with constipation in diabetes mellitus. Rectum feels impacted with feces, but is unable to eject them. Bowels partly moved, but with much straining and some laceration of anus stool being very large and hard. Menses suddenly suppressed by putting hands into cold water to rinse out clothes, with great pain in uterine region, intense headache, aching pain all over, fever, flushed face. Breast decreased in size two – thirds, and became flabby, with loss of flesh. Sudden and violent palpitation of heart, with flushes of heat, caused by the least unusual site or sound. Chill following drinking, hectic fever; flushes of heat in head and face. Feels completely tired out and exhausted whether she does anything or not.

Keeping in view the above details it is pertinent to believe that Lac Vaccinum Defloratum is a less utilized and generally overlooked remedy with a very high potential. It covers a wide range of symptoms which include its action on the physical as well as mental aspects of the patient. It is also especially beneficial in menstrual complaints of women.

Conclusion

The idea of potentizing skimmed milk is very innovative and has miraculous results on various organs and complaints

related to the same vital organs. Some complaints like menstrual irregularities, memory, depression, vertigo, photophobia, dim vision, nausea, vomiting, constipation, tuberculosis, nervous weakness can be dealt by Lac Vaccinum Defloratum beautifully.

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