



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)  
IJHS 2021; 5(4): 184-187  
Received: 19-08-2021  
Accepted: 21-09-2021

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## Clinical verification of individualized homoeopathic medicine *Belladonna* in pemphigus: A case study

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**DOI:** <https://doi.org/10.33545/26164485.2021.v5.i4c.471>

### Abstract

Pemphigus refers to a group of autoantibody-mediated intra-epidermal blistering diseases characterized by loss of cohesion between epidermal cells<sup>[1]</sup>. It causes restlessness in patient<sup>[2]</sup>. In such cases homoeopathic medicines are always helpful when given after individualization of the patient and prescribed medicine must be similimum in order to cure the patient<sup>[3]</sup>. This case represents a case of pemphigus treated with homoeopathic remedy *Belladonna*. A 3 year old female child patient visited OPD on 10 Aug 2019. She was complaining of vesicular eruption all over body since last 10 days. This patient improved with Belladonna 200, single dose.

**Keywords:** Pemphigus, homoeopathy, belladonna, similimum

### Introduction

This disease is characterized by fragile, flaccid blisters that rupture to produce extensive denudation of mucous membranes and skin<sup>[1]</sup>. The mouth, scalp, face, neck, axilla, groin, and trunk are typically involved. PV may be associated with severe skin pain; some patients experience pruritus as well<sup>[2]</sup>. Lesions usually heal without scarring except at sites complicated by secondary infection or mechanically induced dermal wounds.<sup>[1] [2]</sup> Pemphigus is a mucocutaneous blistering disease that predominantly occurs in patients >40 years of age. Pemphigus typically begins on mucosal surfaces and often progresses to involve the skin<sup>[3, 4]</sup>.

**Etiology:** Pemphigus refers to a group of autoantibody-mediated intraepidermal blistering diseases characterized by loss of cohesion between epidermal cells<sup>[1, 3, 5]</sup>.

### Types<sup>[1, 2, 3, 5]</sup>

1. Pemphigus vulgaris
2. Pemphigus foliaceus
3. Pemphigus vegetans
4. Pemphigus erythematous

### Case profile

A 3 years female child came in our OPD with the complaints of vesicular eruption all over body on 10 Aug 2019. The vesicular eruptions were large, filled with fluid and painful to touch.

### History of present complaints & treatment history

Patient was apparently well 10 days back when she gradually developed a vesicular eruption on neck. Initially, it was a small which later increased in size becoming very large and filled with large fluid. After that vesicular eruptions appear all over the body which were painful. Patient taken allopathic medication but no relief so they came in our hospital's OPD.

### Associated symptoms

Restlessness and anger since 6 days, Anger increased gradually due to suffering. She complains that she seen of monsters in room many times. Headache which was pulsating type in nature.

**Past history:** No other history of past illness.

**Family history:** All members healthy and alive with no significant medical history.

**Physical generals:** patient has normal appetite has a meal two times daily with no specific desire and thirst of the patient is of 1.5-2 liters of water per day.

**Mental generals:** The patient was restless with anger. She complains that she seen of monsters in room many times

**Clinical findings:** Appearance was ectomorphic, Height – 3'2"; Weight – 22kgs. Other general and systematic examination findings were normal.

**Provisional Diagnosis:** pemphigus vulgaris

**Analysis & Evaluation of Symptoms**

**Table 1:** Analysis & Evaluation of Symptoms

Mental general	Physical general	Perticular
Anger	Generalized restlessness	Vesicular eruption all over body
Mentally restlessness.		Eruption painful
Delusions of vision of monsters.		Pemphigus.
		Pulsating type headache.

**Miasmatic analysis of symptoms**

**Table 2:** Miasmatic analysis of symptoms [6, 7, 8, 9, 10].

Symptoms	Psora	Sycosis	Syphilis
Anger	✓		
Mentally restlessness.	✓		
Delusions of vision of monsters.	✓		
Generalized restlessness	✓		
Vesicular eruption all over body	✓		
Eruption painful	✓		
Pemphigus	✓		
Pulsating type headache.	✓		

**Dominant MIASM:** PSORA

**Fundamental MIASM:** PSORA

**Reportorial totality**

The following rubrics were selected from RADAR 10.0: [10]

- Mind-Anger

- Mind-Restlessness
- Mind-Delusions- visions, has- monsters, of
- Generals-Restlessness
- Skin-Eruptions – vesicular
- Skin-Eruptions – vesicular - painful
- Skin-Eruptions – pemphigus

	bell	phus-t	calc	phos	ars	sep	lyc	merc	sulph	borac	arsc	sil	nat-b	stann	acon	lach	nat-m	charn	hyos	phos	staph	calc-ra	caust	op	sec	by	camph	canth	chin	man
1. Mind - ANGER, general - ailments, after anger (93) 1	2	1	1	2	2	2	2	1	1	2	1	1	2	1	3	2	2	3	1	2	3	2	1	3	1	2	1	-	1	1
2. Mind - RESTLESSNESS (409) 1	3	3	3	2	3	3	3	3	3	3	3	3	1	3	3	2	2	2	3	3	3	3	2	2	3	1	3	1	2	1
3. Delusions - VISIONS, has - monsters (10) 1	2	-	3	-	-	-	-	-	-	1	-	-	-	2	-	-	-	-	-	-	-	-	-	1	-	-	1	-	-	
4. GENERALS - RESTLESSNESS (57) 1	2	3	1	2	3	3	2	3	2	3	1	1	1	1	3	-	-	2	3	1	1	1	-	-	1	-	1	-	-	
5. SKIN - ERUPTIONS - vesicular (159) 1	2	3	2	3	3	2	2	2	3	-	2	2	3	1	-	3	3	1	1	2	1	1	3	1	2	2	-	3	2	3
6. SKIN - ERUPTIONS - vesicular - painful (8) 1	1	3	-	1	-	-	-	-	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	
7. SKIN - ERUPTIONS - pemphigus (50) 1	1	2	1	1	2	2	2	2	2	-	2	2	1	-	1	3	2	-	-	-	-	-	1	-	-	1	-	1	1	1

**Fig 1:** Repertorization of case from Synthesis’s Repertory using RADAR software [11].

**Justification of selection of remedy and potency**

*Belladonna* 200/1dose/stat followed by *Phytum* for 3 days was first prescription because it covered maximum rubrics

with maximum marks after repertorization. *Belladonna* covered 7 symptoms out of 7. After comparison of symptoms from various books of materia medica,

*Belladonna* appears similimum to the totality of symptoms of the patient. Higher susceptibility (According to his work and habit) and the medicine covered maximum symptoms hence 200 potency was selected<sup>[12]</sup>.

**Prescription**

**Rx - *Belladonna* 200 /1dose**  
*Phytum* 30/TDS 3 days

**Table 3:** Follow-ups with prescription and justification

Date	Symptoms	Prescription
10.08.2019	Vesicular eruptions all over body, eruption painfull, headache pulsating type, Delusions of vision of monsters, Mentally restless., anger	Belladonna 200/1 dose Placebo /TDS for 3 days.
13.08.2019	Eruption became dry, pain decrease, decrease restlessness, decrease headache	Rubrum 200/1 dose Placebo /TDS for 15 days.
29.08.2019	No eruption, no restlessness, headache slightly present	Rubrum 200/1 dose Placebo /TDS for 15 days.
12.09.2019	No any complaints	Rubrum 30/TDS for 7 days.



**Fig 2:** Before treatment





**Fig 3:** During treatment



**Fig 4:** After treatment

### Discussion and Conclusion

Physical appearance related issues have become almost important for young individuals in this modern era and competitive world. Homoeopathic medicines have a positive effect on various disorders. This case confirms significance of single dose and repertorial approach on the basis of totality of symptoms.

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