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The rheumatic remedies from Kent repertory

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Abstract

Rheumatic disease is a chronic multisystem disease of an unknown origin. The characteristic feature of established RA is persistent of established inflammatory Synovitis, usually involving in a symmetric distribution. The potential of inflammation to cause cartilage damage and bone erosions and subsequent changes in joint integrity is the hallmark of the disease.

Treating RA or Rheumatic Disease with Homoeopathy is always a holistic approach. The individualization and selection of similimum with the peculiar characteristic symptoms is most important. Of course, Materia Medica is the final decision maker but to ease out this process Repertory is equally beneficial. Repertory of Homoeopathic Materia Medica by Dr. J. T. Kent is the general Repertory containing the most indicated medicines in the form of Rubrics obtained from our Materia Medica. This article includes Rubrics from Kent's Repertory, highlighting the 1st grade medicines in cases of Rheumatism with their therapeutic indications to enhance the utility of Kent Repertory in the competitive field of advancement of various repertories.

Keywords: Homoeopathy, rheumatic remedies, rubrics, kent repertory

Introduction

• Kent Repertory

Kent Repertory is offered to the profession as a general Repertory of the Homoeopathic Materia Medica. It has been built from all sources, and is a compilation of all the useful symptoms recorded in the fundamental works of our Materia Medica, as well as from the notes of our ablest practitioners. Many unverified symptoms have been omitted. And on the other hand clinical consistent with clinical matters have been given a place when it was observed to be of the remedy [4].

It has been attempted to proceed in every case from generals to particulars, and in carrying this out the aim has been to give first of all a general rubric containing all the remedies which have produced the symptoms, followed by the particulars, viz. the time of occurrence, the circumstances, and lastly the extensions. Here it may be remarked, in regard to extensions, that the point from which a certain symptom extends is the one under which that symptom will be found, never under the point to which it extends [4].

If a case is worked out merely from particulars it is more than probable that the remedy will not be seen, and frequent failure will be the result. This is due to the fact that the particular directions in which the remedies in the general rubric tend have not yet been observed, and thus to depend upon a small group of remedies relating to some particular symptom is to shut out other remedies which may have that symptom, although not yet observed. By working in the other direction, however, i.e., from general to particular, the general rubric will include all remedies that are related to the symptoms, and, if after having done this the particulars are then gone into and the remedy which runs through the general rubrics is found to have the particular symptoms, this will aid in its choice as the one to be prescribed. One object, then, of this Repertory has been to assist in obtaining good general groups of remedies, and by general groups and rubrics it is not to be understood as the general of the remedies. When pathological names are used, only the leading remedies in the condition referred to will be found in the rubric [4].

• Rheumatic Disease

In Rheumatic diseases, abnormalities have been observed in the supporting structures of the body- the ligaments, tendons, joints, muscles and bones – the tough parts of the body. They arise when something goes wrong with the manufacture or the maintenance of the big molecules that make up the tough structures of the body causing aching, swelling, pain and

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stiffness and sometimes heat, redness and gross inflammation ^[5].

• Classification

There are about 50 different groups of rheumatic disorders that are clubbed together under 2 main Labels-Arthritis and rheumatism. Arthritis literally means the inflammation of a joint. Rheumatism, on the other hand, is a term commonly used to describe aching, pain, inflammation and stiffness in the muscles and the connective tissues.

Though the term arthritis covers some 100 separate diseases which mainly affect joints and the tissues surrounding them, definite forms of the disease can be grouped together under the following main groups:

- (a) Rheumatoid arthritis, (b) Spondylitis, (c) Osteoarthritis, (d) Gout, (e) Rheumatic fever or Acute rheumatic arthritis.

To a homoeopath, the name of a disease process, its classification or nosology is not at all important nor is its knowledge essential as he treats each case on the totality of the symptoms in a patient. However, a proper diagnosis of the disease or a sure knowledge of its cause or causes often facilitates the selection of a suitable remedy ^[5].

• Etiology

The etiology of most of the rheumatic diseases still remains obscure. No definite single cause or causes are known for any of the above mentioned diseases. It would appear that a rheumatic disease may arise as a result of the interplay of a number of factors some of which are determined by the constitution of the patient and his family history while other result from physical and mental strains and still others are of environmental or occupational origin.

It is, however, generally accepted that rheumatic diseases are excited or aggravated by one or more of the following factors:

- (a) Trauma or injury, mental or physical,
 (b) Chronic strain caused by overworking a limb or a joint, or by faulty posture while working,
 (c) Heredity, familial influences or body constitution.
 (d) Hormonal deficiencies arising from the non-functioning or malfunctioning of the endocrinal glands, as in women in menopausal or post-menopausal periods.
 (e) Psychological factors causing an emotional disturbance. It may, for example, arise from an excessive and long-continued worry or from pent-up negative emotion.
 (f) Metabolic disturbances leading for example, to accumulation uric acid.
 (g) Recent researches carried out in many countries have established that prolonged malnutrition or deficiencies of essential nutrients in diet can excite or precipitate a rheumatic disease ^[5].

• Incidence of Rheumatic Diseases

Rheumatic diseases and more particularly those that cause disability or deformity constitute a serious economic and medical problem in Europe and the U.S.A., taking as much as about 10% of the general practitioners' time for their diagnosis and treatment. It is true that the incidence of these diseases is high in cold and in temperate climates yet recent surveys in the tropical and subtropical regions indicate that the populations of these regions are not exempted from their attacks though some of the rheumatic diseases tend to be less severe in these regions ^[5].

• Rubric Rheumatic from Kent Repertory with Therapeutic indications of few Remedies

Extremities-pain rheumatic

Abrot., *acon.*, act-sp., *aesc. agar.* *alumn.*, am-m., *ant-t.*, *apis.*, *arg-m.*, Arn., *ars-i.*, Ars., Aur-m-n., *aur.*, Bad., bapt., *bell.*, Benz-ac., Bry., *cact.*, *calc-p.*, *calc-s.*, *calc.*, *camph.*, cann-s., *caps.*, *carb-ac.*, *carb-s.*, *carb-v.*, card-m., *caul.*, Caust.,cedr.,Cham.,Chel., *chin-a.*, *chin.*, *cimic.*, clem., Colch., *coloc.*, *corn.*, *crot-c.*,*crot-h.*, *crot t.*, cupr., *dig.*, *dulc.*, elaps., eup-per., eupho., *ferr ar.*, *ferrp.*,*ferr.*, Form., *gels.*, grat., *guai.*, *ham.*, hell., *hep.*, *hydr.*, *ign.*, *kali-ar.*, *kali-bi.*, *kali-c.*, *kali-chl.*, Kali-i., *kali-p.*, *kali-s.*, Kalm., *lac-c.*, *lach.*, *lact-ac.*, led., Lyc., *mag-c.*, *mag-p.*, *mag-s.*, Med., meph., merc-i-f., merc-i-t., merc -sul., *merc.*, *mez.*, mill., mur-ac., Nat-a., *nit-ac.*, *nux-m.*, *nux-v.*, ol an., pall., *petr.*, *ph-ac.*, *phos.*, Phyt., plat., *psor.*, Puls., *ran-b.*, Rhod., Rhust., *ruta.*, *salac.*, Sang., Sars., sec., *sep.*, *sil.*, spig., squil.,stann., *stel.*, stict., Sulph., *syph.*, *tarent.*, ter., teucr., thuj., *valer.*, *verat.*, viol-t., zinc. ^[2]

right to left : Lyc. left to right : Lach., naja., *rhus-t.*
 acute: Acon., *ant-c.*, *ars.*, asc-c., *bell.*, Bry., calc-s., *caul.*, *cham.* *chel.*, chin-s., chin., *cimic.*, Colch., *dulc.*, glon., *ign.*, *kalibi.*, *kalm.*, *lacc.*, *lach.*, Merc., *nuxv.*, *puls.*, *rhod.*, Rhus-t., sal-ac., sang., *verat.* alternating with gastric symptoms : Kali-bi. chest affection : Led. diarrhoea : Cimic., *dulc.*, *kali-bi.* dyspnoea : Guai. eruptions : Crot-t., staph. hæmorrhoids : Abrot. pain in heart : Benz-ac. pulmonary troubles : Kali-bi. cold, after a: Acon., arn., *bry.*, *calc-p.*, *calc.*, *coloc.*, *dulc.*, *gels.*, *guai.*, *merc.*, *nit-ac.*, ph-ac., *rhus-t.*, sulph. amel. : *Guai.*, *lac-c.*, Led., Puls., Sec. becoming: *Ph-ac.*, Rhus-t. weather : Ars., Bry., Calc-p., *carb-v.*, *colch.*, *dulc.*, *kali-bi.*, *kalm.*, nit-ac., *nux-v.*, *ph-ac.*, *phos.*, *puls.*, *rhod.*, Rhus-t., sul-ac., *tub.* diarrhoea checked : *Abrot.* chronic, in : *Nat-s.* following : *Kali-bi.* drive him out of bed : Cham., *ferr.*, lac-c., led., Merc., sulph., *verat.* eruptions, acute, after : Dulc. gonorrhoea, after suppressed : *Clem.*, con., *cop.*, *crot-h.*, daph., alm., *lyc.*, Med., *phyt.*, *puls.*, *sars.*, *sep.*, *sulph.*, Thuj. injured parts : *Caust.* mercury, abuse of : Arg-m., arn., *asaf.*, *bell.*, *calc.*, *carb-v.*, *cham.*, Chin., Guai., Hep., *kali-i.*, *lach.*, *lyc.*, *mez.*, *nit-ac.*, ph-ac., *phyt.*, *pod.*, *puls.*, *rhod.*, Sars., *sulph.*, *valer.* overheated and exertion from : Zinc. perspiration, with : Form., Merc., *sulph.*, *til.* spring : *Colch.* suppressed hæmorrhoids : *Abrot.* syphilitic: *Benz-ac.*, *fl-ac.*, *kali-bi.*, Kali-i., *kalm.*, *merc.*, *nit-ac.*, *phyt.* warm weather, in : Colch., *kali-bi.* first warm days: Bry. in places least covered by flesh : Sang extending, upward : *Kalm.*, Led. to lower limbs : *Kali-c.*

• Therapeutics indications of all 1st grade remedies-

1. Aconite

Aconite is one of our most useful remedies in acute rheumatic fevers.

It is easily recognized by its great characteristics-high fever, dry hot skin, and its dreadful apprehension and restlessness.

Without the apprehension and restlessness we should

never think of employing it.

As a rule it is only of use early in the disease before it has localized.

In acute articular rheumatism it is of value early, when the attack is sudden, when there is the hot dry skin, thirst and restlessness with the fever.

All the inflammation is in the cellular and serous tissues; it has no effect upon the joint itself. ^[6]

2. Arnica

Arnica is one of our most valuable remedies in articular or muscular rheumatism arising from a traumatic condition, when the accompanying symptoms correspond.

In inflammatory rheumatism it may become of use when the great prostration, together with the excessive sensitiveness to touch, is present. In whatever condition, the sore bruised feeling is always present, and paramount in importance. It follows well after Aconite, Veratrum viride and Apis.

After Arnica, Aconite, Arsenicum album, Bryonia and Rhus tox. Follow well.

Aggravations: Touch, Motion, Walking. ^[6]

3. ARS ALB

Arsenicum may be of value in any form of rheumatism where the characteristic pains are shooting, burning, lancinating; where there is the great restlessness, peculiar thirst and extreme prostration.

- Everything about Arsenicum is intense.
- The heart symptoms are of importance.
- After Arsenicum, Nux vomica, Sulphur and Apis follow well. ^[6]

4. AUR-MUR-NAT

Boring pains are very marked in the pathogenesis of this salt; over left eye, skull, chest, tibiae, and bones generally.

- Symptoms agg. cold wet weather; from October to spring (headache).
- -Old cases of rheumatism or gouty pains.
- Compare
- Arg. n., Ars., Bad., Bry., Crot., Con., Graph., Hep., Iod., Kali bich., Kali iod., Lyc., Merc., Nit. ac., Pho., Sul., Thuj.
- Causation
- Vexation (jaundice). ^[2]

5. Badiaga

Soreness of muscles and integuments; worse motion and friction of clothes, with sensitiveness to cold.

Stitches in nape, scapulae.

Pain in small of back, hips and lower limbs.

Very stiff neck.

Muscles and skin sore, as if beaten.

Worse by cold.

Better, by heat. ^[1]

6. Benzoic Acid

Benzoic acid is useful in gouty conditions with concretions in the joints and in syphilitic rheumatism; useful in gout after the failure of Colchicum; useful in arthritic conditions.

The gouty concretions mark the depth of the conditions where Benzoic acid may be called for.

Aggravations: AT NIGHT, ON MOTION, FROM WINE. ^[6]

7. Bryonia Alba

Bryonia is a major remedy in all types of rheumatic troubles where its modalities are marked. It is not indicated in the onset of rheumatic troubles, but after a few days of increasing distress in acute conditions, and at any time in chronic manifestations. In rheumatic complaints the agg. from motion is not unusual, but this modality, together with the relief from lying on the painful side, and the marked > from perspiring, are the strongest leaders for its usefulness.

Aggravations – Motion, Walking, Walking In Open Air, Touch, Cold, Morning and Evening.

Ameliorations- Sitting, Lying On Painful Side, Warmth of Bed, Sweat. ^[6]

8. Calcarea Phosphoricum

Calcarea phos. is very similar to Calc. carb. but does not have as extensive use as the former, probably because we have not appreciated sufficiently the place of the double salts.

The relation of Calc. phos. to bodily construction is considerable, both from the standpoint of bio-chemistry and from its homoeopathic application.

Rheumatic troubles calling for Calc. phos. are of a chronic nature, always very much worse as cold weather comes on and practically well in summer.

Aggravations- Getting Wet In Rain, After Getting Chilled, Change To Cold Weather.

- Morning and Night.
- After eating ^[6]

9. Causticum

Causticum is of great value in those rheumatic conditions that present a paralytic tendency with weakness--usually single parts are affected; there is apt to be contractions of the flexor tendons with stiffness of joints; the tearing pains that shift rapidly from place to place; all these present a picture not uncommonly seen and one in which Causticum does wonderfully good work.

If the use of Caust. is carried to the point where the patient manifests rheumatic contraction of the tendons of the extremities, it may be successfully antidoted by Guaiaac.

Aggravations: Evening, Night, Beginning to Walk, Dry Cold Air.

Ameliorations: Warmth of Bed, Morning, After Continued Walking ^[6].

10. Chamomila

Chamomilla is especially adapted to those women and children of a nervous, excitable temperament suffering from rheumatic troubles; the patient is peevish and irritable and whines continually--if a child, is soothed by petting; the adult is very sensitive to pain, it seems unendurable and they continually whine and complain.

- The aggravations are marked, especially at night while in bed; the pains become unendurable driving them out of bed and compelling them to move about. ^[6]

11. Chelidonium

For rheumatic troubles about the chest and abdomen Chelidonium must be considered.

It is always associated with hepatic affections.

The pain under the right shoulder blade is seldom

wanting.

The patient is extremely sensitive to touch of the affected part; this is especially true in articular troubles of the right ankle.

Chelidonium antidotes Bryonia. ^[6]

12. China

Cinchona has been more or less overlooked in the study of rheumatic troubles, yet it holds a place of no mean importance.

It is more apt to be called for in those who have lost large quantities of the normal fluids of the body, who are attacked with muscular or inflammatory rheumatism.

If fever is present it is either intermittent or remittent; there is hard red swelling of the joints; the parts affected are excessively sensitive to touch but > by hard pressure; the characteristic tearing jerking pains, with the peculiar symptoms of the back-make a unique group of symptoms that indicates Cinchona unquestionably as the remedy.

Cinchona is compatible with Calc. phos. and Ferrum; it is complementary to the latter. ^[6]

13. Colchicum

Colchicum is a remedy often called for in cold damp weather or locations, especially in spring or autumn.

It acts on the fibrous tissues, on the periosteum and synovial membranes of joints, especially the small joints; it does not tend to suppuration.

It acts over that part of the nervous system governing the functions of voluntary motion.

It is useful in gouty or rheumatic conditions, especially if associated with gastric disturbances; it has its indications for epidemic gastric rheumatism.

In acute or chronic rheumatism, with or without fever, after getting thoroughly wet it may be indicated; in rheumatic iritis; in the metastasis of rheumatic or gouty conditions to the heart.

If gouty conditions are suppressed it hastens relapse of the rheumatic picture.

Spigelia antidotes Colchicum where the heart is involved.

Colchicum follows Lyc. well.

Compare Bry. in gouty conditions; colchicum's symptoms express less energy than Bryonia's, but they are more serious. ^[6]

14. Formica Rufa

The sudden appearance of the pains in rheumatic and gouty conditions, and their darting from left to right or right to left, mark the use of Formica.

These pains may be more truly described as darting rather than wandering; there is more rapid change than we think of in wandering.

When indicated it has a field in old chronic conditions with great weakness of mind and body.

Compare Apis, Bryonia, Dulcamara.

Aggravations: From Slightest Motion, From Cold, At night in bed.

Ameliorations: From Pressure ^[6]

15. Guaiacum

Guaiacum is useful in rheumatic affections, especially after the abuse of mercury; in rheumatism with contractions of tendons or fibrous tissues; in the growing pains of children; in women suffering from rheumatic conditions when associated with ovarian and menstrual irregularities; when there is a tendency for alteration of affections of the tonsils and rheumatic troubles; or rheumatic symptoms associated with osteomalacea, caries or other bone conditions, often tubercular.

Guaiacum antidotes Causticum, Rhus tox.

It is compatible after Causticum, Mercury.

Compare Kali hydr., Mezereum, Phytolacca, Rhododendron, Stillingia. ^[6]

16. Hepar Sulph

Hepar is especially to be thought of after the abuse mercury in scrofulous patients when the marked indication for the remedy are present.

In rheumatic troubles the result of exposure to cold dry winds and in suppurative articular arthritis it is one of the first remedies in importance.

In all articular affections the hot red swollen joint with the marked agg. from touch and > from wrapping up the joint warmly, together with the general symptoms of Hepar, make a picture not seen elsewhere in our materia medica. ^[6]

17. Kali Bichromicum

The constitution of the Kali bichromicum patient is the fair and fat--what might be called chubby.

The pains are constantly shifting from place to place, making us think of Pulsatilla, but almost always the catarrhal manifestations of the drug will assert themselves in connection with the rheumatic conditions.

The alternation of the gastric disturbances with the rheumatic conditions is also peculiar, especially if one occurs in the spring and the other in the fall.

The rheumatic iritis of Kali bichromicum occupies no mean place in its symptomatology.

- Aggravations: While lying down, Afternoon and Evening, Morning, Cold Air, In The House, Sitting, Standing, Touch.
- Ameliorations- Walking, Heat, Motion of Affected Part ^[6].

18. Kali-Iod

In chronic periosteal rheumatism of syphilitic origin with intolerable nocturnal bone pains; in chronic rheumatism with spurious ankylosis; in gout with much involvement of the synovial membranes and inability to help himself; any of these states with the above symptoms will repay the study of Kali iodatum. ^[6]

19. Kalmia

Kalmia should never be forgotten in rheumatic states.

There are the acute pains going from joint to joint with violent fever, the attack centering with particular violence in the ankles, which are swollen and agg. from the least motion.

It should be considered in the metastasis of rheumatic fever to the heart.

The pains go from above downward in the joints.

Compare Benzoic acid and Lycopodium in gouty conditions; Kali bi., Lycopodium, Pulsatilla and Rhus tox. in rheumatic conditions; Spigelia in rheumatic endocarditis. [6]

20. Lachesis

In acute inflammatory rheumatism with swelling of joints, with the marked tendency to metastasis to the heart, and its numerous subjective symptoms, the characteristics will bring this wonderful remedy to the fore.

- Compare Bryonia, Gelsemium, Mercury, Pulsatilla, the snake venoms. [6]

21. Ledum Pal

Ledum is a very old and well tried remedy, and one whose characteristics stand out clearly.

With these there can be no mistake in identifying its place, where it will prove its value.

Compare Arnica, Hamamelis, Ruta, in conditions following injuries. [6]

22. Lycopodium

A remedy especially valuable in lumbago after Bryonia alb.; a valuable remedy in chronic rheumatism always agg. until evening and in warmth; pains agg. on right side; in chronic gout with chalky deposits in the joints; in chronic rheumatism of hands and fingers, which are swollen and puffy. [6]

23. Medorrhinum

The sphere characteristic of Medorrhinum is marked by much disturbance and irritability of the nervous system from centre to periphery.

Its pains are intolerable, tensive, shooting, neuralgic.

It produces tension, involuntary tension which cannot be relaxed except by voluntary effort of will.

Its nerves are easily shocked, it is easily startled at the least sound.

Its restlessness is > by clutching the hands very tightly. [6]

24. Mercurius

The rheumatic or arthritic pains of Mercurius are tearing stinging, agg. at night in bed with profuse sweat which does not relieve.

It will be of marked assistance in these symptoms, especially in syphilitic or complicated cases affecting the joints which are red and shiny, and in old cases of gout with shining red swellings. [6]

25. Natrum Ars

Aching in joints, wandering pains, pains running from above downward, never staying in one place long, mark this remedy in rheumatic conditions.

Natrum ars. partakes more of the nature of the Natrum group than of Arsenicum, yet it has the great restless traits of the latter. [6]

26. Phytolacca

Phytolacca has a definite field in rheumatic conditions and is not considered as often as it should be.

Subacute rheumatism, pains affecting especially the long bones or the tendinous attachments of the muscles;

sometimes the pains seem to be in the periosteum; they are generally burning, shooting, always worse at night and in damp weather.

Rheumatic conditions of the back and hip joints of a chronic form, dull aching pain, agg. Damp weather.

Wandering gout, passing rapidly from one joint to another, with swelling and redness.

Rheumatism affecting the periosteum, sheaths of nerves and fascia.

Rheumatic or syphilitic affections of fibrous tissues and periosteum; only affects the fibrous sheaths of the nerves.

Syphilitic and mercurial rheumatism; gonorrhoeal rheumatism.

Rheumatism of the heels of a very obstinate nature only > by keeping the heels higher than the body.

Rheumatism affecting the dorsal muscles.

The pains fly from one part to another; patient is pale and puffy.

General stiffness of the extremities with tearing pains.

Glands swollen, associated with syphilitic and gonorrhoeal rheumatism, joints swollen; agg. damp weather. [6]

27. Pulsatilla

Rheumatism, rarely highly inflammatory; joints may be swollen with sharp stinging pains which are usually erratic; they constantly change from place to place; pains mostly tearing, agg. by pressure and by moving slowly about, > from cold and agg. by warmth and in the evening.

Often called for in gouty symptoms from over-eating, gonorrhoeal rheumatism, or from suppressions of any kind.

Pulsatilla is one of our greatest remedies in metastases of all kinds when the indications call for it--and the indications are pronounced to those who would see. [6]

28. Rhododendron

Rhododendron has a field of usefulness in rheumatic pains brought on by damp cold weather; in rheumatism of a gouty nature with arthritic nodes.

In rheumatism of the cervical and thoracic muscles, or rheumatic neuralgia, especially of the aponeuroses, with pains which do not admit of the limbs coming to rest.

All symptoms reappear with rough weather, and mark the modalities of the remedy.

Bryonia, Clematis and Rhus tox. antidote Rhododendron. [6]

29. Rhus tox

Rhus tox. is one of the most valuable remedies in rheumatic conditions; it may be effective in every form of rheumatism, and is often called for because it affects the whole body.

It may be safely chosen when the marked indications are clear; the marked aggravations and ameliorations of the remedy point its field of usefulness. [6]

30. Sanguinaria

Sanguinaria finds a very useful place in rheumatism of the right arm and shoulder when the characteristic modalities and concomitants are present.

Rheumatism in All Joints with Swelling and Spasmodic

Pain.

Rheumatic Pains in All Limbs, With Stiffness and Rigidity.

Acute Inflammatory and Arthritic Rheumatism.

Aggravations

Taking A Deep Breath.

From lifting.

At night.

When turning in bed.

Motion.

Hot weather.

Concomitants

Sense of coldness; no amount of clothing could overcome this.

Burning of Palms of Hands and Soles of Feet.

Fever in Paroxysms with Circumscribed Redness of Cheeks.

Night Sweats.

Severe Periodical Headaches; Begin in Morning, Increase during Day, Last Until Evening. ^[6]

31. Sarsaparilla

Sarsaparilla is a deep antisiphilitic and antisycotic, and as such becomes one of our great remedies in cases of siphilitic and gonorrhoeal rheumatism.

Sarsaparilla is complementary to Mercury and Sepia.

Compare Natrum mur. ^[6]

32. Secale Cor

These rheumatic conditions of Secale are usually found in cachectic individuals with purpura haemorrhagica, affecting the joints of the lower limbs. ^[6]

33. Sulphur

Cramps In Hands And Toes.

Affects Joints of Lower Extremities.

Concomitants

Purpura Haemorrhagica.

Cachectic Females.

Intense Icy Coldness of Skin.

Aversion to Heat or Being Covered.

Restlessness with Great Debility. ^[2]

34. Thuja

In Cases Of Suppressed Gonorrhoea With Acute Inflammatory Processes, Especially Of Knees And Ankles And Toes, Thug May Be Indicated.

Aggravations

Motion.

Deep Inspiration And Talking.

Ameliorations

Lying On Affected Side.

Lying On Back.

Concomitants

Sensation As If A Nail Were Pressed In Vertex.

Shivering Through And Through From Uncovering, Even In Warm Air.

WHOLE BODY OR PARTS FEEL AS IF FRAIL AND WOULD BE EASILY BROKEN.

SLEEPLESSNESS. ^[6]

Breathing Short And Quick.

After Suppressed Gonorrhoea.

Warts, Especially On Hands. ^[6]

Conclusion

The method of working out a case from generals to particulars is the most satisfactory. There are many subrubrics given under the Main Rubric "Pain- Rheumatic". Over here, Kent Repertory provides 127 remedies from Chapter- Extremities, Subric Rheumatic under Rubric Pain. These 127 remedies polychrest as well as specifics covers all the important medicines to be prescribed in Rheumatic disease of any miasmatic origin. Studying the remedies from Rubric given above will surely benefit in curing or palliating the symptoms in acute or chronic conditions. Thus, we made an attempt to highlight the Rubric from Kent Repertory and gave therapeutic indications of 1st grade remedies.

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