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Effectiveness of homoeopathic treatment on prostate cancer-a detailed information to a common man

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Abstract

Background: this article gives an idea for a common man what actually prostate gland is, what is its function, how will they know if their prostate is affected or not, what is the warning sign they need to worry that yes they need medical aid at the earliest and the most important resolution for their prostate problem that how homoeopathy can help them to overcome their problems.

Methods: Various old literatures about prostate its anatomical structure and also regarding prostate cancer its expressions and role of homoeopathic medicines indicated in various repertories are referred and compiled together.

Conclusion: Gives a common man to know about prostate cancer and also how homoeopathy can help the suffering individuals.

Keywords: Prostate, prostate cancer, homoeopathy, PSA (prostate-specific antigen), approach

Introduction

Let's Know First About Prostate Gland

The prostate is a firm, partly glandular and partly muscular body, which is placed immediately below the internal urethral orifice and around the commencement of the urethra and it is situated in the pelvic cavity, below the lower part of the symphysis pubis, above the superior fascia of the urogenital diaphragm, and in front of the rectum, through which it may be distinctly felt, especially when enlarged. It is about the size of a chestnut and somewhat conical in shape, and presents for examination ^[1]

Let's Now Go In Detail Study about Structures of Prostate Gland

Structure: The prostate is immediately enveloped by a thin but firm fibrous capsule, distinct from that derived from the fascia endopelvina, and separated from it by a plexus of veins. The substance of the prostate is of a pale reddish-gray color, of great density, and not easily torn. It consists of glandular substance and muscular tissue ^[1].

Muscular Tissue: The muscular tissue constitutes the proper stroma of the prostate; the connective tissue being very scanty, and simply forming between the muscular fibers, thin trabeculae, in which the vessels and nerves of the gland ramify.

Glandular Substance: The glandular substance is composed of numerous follicular pouches the lining of which frequently shows papillary elevations.

Vessels and Nerves: The arteries supplying the prostate are derived from the internal pudendal, inferior vesical, and middle hemorrhoidal. Its veins form a plexus around the sides and base of the gland; they receive in front the dorsal vein of the penis, and end in the hypogastric veins. The nerves are derived from the pelvic plexus ^[1].

Now Let's Check about Most Troubling Symptoms of Prostate Cancer

Some of the prostate cancer symptoms are Trouble peeing or needing to pee often, Problems with erections or ejaculation, Loss of sex drive, Pain in lower back, hips, and upper thighs. When these symptoms are present its time to get your PSA levels checked as raised PSA levels, it is one of the indicator for prostate cancer.

What Do We Do When We Have All These Above Symptoms?

The first and foremost thing to do is go for the investigations to confirm what actually you

are suffering from. The investigations such as PSA levels i.e prostate specific antigens and also to confirm the diagnosis the ultimate investigation is biopsy of the affected part. Further to be in a safer side you can also go for PET scan to check if any secondary sites are present or to check which is the major site of cancer i.e the primary site.

How Homoeopathy Can Help the Suffering Individuals

It is role of every homoeopathic doctor to comfort and provide effective nonhazardous care to those patients suffering from cancer, particularly those close to death and are living with the hope that yes we will become normal doctor can save us from our suffering they can make me as how I was before getting diagnosed to get cancer.

Yet what seems very evident is at the individual and personal levels is people suffering from cancer are losing their self-confidence and also quality of life after treatment from various other system of medicines, were as some people do not get any benefits after the treatment but we completely do not deny that all are not benefited but some chosen ones with less pathological involvements do get benefited by therapy that are existing.

This article is mainly for the individuals suffering from prostate cancer where other systems could not do much. So the intention of the article is to give hope via homoeopathic system to the suffering individuals who are left hopeless from other system of medicines [3].

In our system we can try to give palliative care for suffering individuals as well as also deal with side effects of chemotherapy. One of the most important goals of palliative care is tackling the physical symptoms of the prostate cancer itself and any side effects from ongoing chemotherapy treatment In consumption and cancer and wasting sickness the remedy that is most similar to the painful groups of symptoms will ever give the most relief and it is a forlorn hope that tempts its abandonment [6].

Why Should We Seek Homoeopathy For Cancer?

It is evident that chemotherapy is not the ultimate therapy for cancer, thus what is harm in giving homoeopathy a chance to save the individual suffering from cancer. The main intention of writing this article is to educate the people that life can be beautiful even after getting affected by cancer. What am trying to say a person who is suffering is a cancer patient, yes but you are having your own will power that is mind and understanding, cancer has affected your one part only but not your willpower thus still you are the same individual, same person who you were before getting affected by cancer it's all about our mind, cancer is incurable in most of cases we say but cancer is curable to the individuals with high will power and hope, what I mean to say is cancer of any part can be treated but if your will power itself gets cancer then it's the dead end. You will never find a hope even if there was a hope of survival.

How Cancer Affects Not Just The Patient But The Entire Family?

Yes it's a very painful and challenging situation for the whole family, it's the whole family which will suffer from the effects of cancer, first question which comes to mind of family members is how to convey it to the patient then followed by how long will my dear one survive, will he or she lose all his hair and weight how to manage the situation then finally comes the thought of money, will I be able to

afford the treatment especially chemotherapy???

Homoeopathic Medicines Suitable For Prostate Cancer Based On Symptoms

Here I have gone through the available literatures in homoeopathic repertory where the indicated medicines are given for prostate cancer

Reportorial Approach:

Prostate- Acon., Aspar, Bar. c., Caps., Clem. Cub. Dig., Nat.s., Plus., Rhus a., Senec., Thuj. [4]

Old age, senility, agg., in: Alu., Amb., am-c., anac., Ant-c., ant.t., arn., ARS., AUR., BAR-C., bry., calc_c., cam., Carb-a., carb-v., caus., chin., cic., cocl., CON., Flu-ac., gins., hyo., kre., LACH., LYC., nux-v., OP., pho., pho-ac., rhus-t., rut., SEC-C., sele., stan., Sul., sul-ac., ver-a. [5]

Prostate Gland: Hypertrophy: -Alf.; Aloe., Am.m.; Arg.n.; Bar. c.; Benz.ac.; Calc. f.; Calc.i.; Chim.; Chr.s.; Cimic.; Con.; Eup. pur.; Ferr. Pic.; Gels.; Graph.; Hep.; Hydrang.; Iod.; Kali bi.; Kali br.; Lyc.; Med.; Ol. Sant.; Oxyd.; Pareir.; Pic. Ac.; Pip.m.; Pop.; Puls.; Rhus a.; Sabal; Sars.; senec.; Solid.; Staph.; Sulph.; Thiosin.; Thuj.; Thy.; Trib.; Tritic. [9]

Prostate Gland: Ap; Bar-c; Chim; CON; Crot-h; Dig; Lyc; Med; Par-b; Pho; Polyg; PUL.; Sabal; Sele; Sep; Solid; STAP; Sul; THU.

Enlarged: Apoc; Bar-c; Calc; Cann; Chim; Con; Dig; Med; Ol-an; Par-b; Pic-ac; Pul; Sabal; Senec; Sil; The [9]

Prostate Gland, spong., thuj

Prostate Gland:

Enlargement : Aloe, alum., am-m., apis, asar., aspar., aur-m., Bar-c., benz-ac., berb., cact., Calc., cann-s., canth., cic., chin., clem., Con., cop., Dig., ferr-m., hyos., iod., kali-i., kali-p., lith., lyc., med., merc., nat-c., nat-p., nat-s., nit-ac., nux-v., pareir., phos., psor., Puls., sec., sel., sence., sil., spong., staph., sulph., thuj., uva-u.

Dribbling urine after stool and urine: Sel.

Senile: Aloe, Bar-c., benz-ac., con., Dig., iod, nux-v., sabal., Sel. staph., sulph.

Sensation of: Alum. barb., bry, chin., cycl, nux-v., ther. [6]

PROSTATE Gland general – aesc., aloe, apis, bar-c., baros., caust., chim., CON., crot-h., dam., dig., fab., ferr-pic., hep hydrang., iod., kali-i., lyc., med., mela., merc., pareir., phos., phyt., pic-ac., polyg., pop., PULS., SABAL., sel., sep., solid., staph., sul-i., sulph., THUJ.

Rectal troubles, with-podo [8]

Prostate, Affections of: Aesc., Aloe, Cact., Euphr., Hydrn-a., Kali-i., Mela., Ol-an., Phyt., Pop-t., Sabal., Staph., Sul-i., Tur.

Enlargement of: Arg-n., Bac-c., Dig., Iod., Pareir., Sabal., Solid [8].

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