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Intrauterine life: A crucial period in homoeopathic anamnesis

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Abstract

This article reveals the significance of the gestational phase on an individual will mould his or her health through the rest of the life. Advanced medical sciences have speculated that our entire being is greatly extensively impacted by the effect of our life in the womb than that of our inherited genetic make-up. The phenomena happens in the uterus, ranging from the mother's hormones to the nutrients supplied through the placenta, the volatile ecology of the mother, obsessions, medications, etc. may relatively discern how a baby's entire organism will function through the rest of his life.

Keywords: Intrauterine life, anamnesis, consequences, homoeopathy

Introduction

“Seeds of health are planted even before you draw your first breath, and that of nine short months of life in the womb shape your health as long as you live”

~Sharon Begley and William Underhill

Intrauterine life is the interval of life between conception and birth; in humans usually it is divided into Embryonic and Fetal periods.

In 1970's and 1980's, during pregnancy if mother has obsessions to alcohol, cocaine, tobacco smoking, etc. they could distress their baby's physically and mentally such as low birth weight, height, head circumference and impaired attention, memory, intelligence, temperament [1].

In 1990's, if an expectant mother acquaintances excessive stress or an emotional trauma then her baby may be born with distinct deficiencies which may persist into adulthood and cause more complications.

For illustration, a mother's exorbitant Cortisol can reach the baby in the womb and boost the baby's set level for blood pressure forever. This baby when attains adulthood, is potential to suffer from high blood pressure [1].

Moment of Conception

As a course of certainty, realizing that our life begins straight from the moment of conception till the juncture of delivery is the most crucial yet neglected period.

In the past 25 years, a lot of scientific data has ascertained that human biological and psycho-emotional advancement passes simultaneously since the moment of conception.

The baby steers a vigorous life in the mother's womb i.e. he moves, sucks fingers, turns head towards a source of interesting tones, plays with the umbilical cord, etc.

When a mother distresses, a baby starts moving brokenly. A baby encounters all states of a mother on hormonal, emotional and nutritional statuses.

- When Dhritrashtra was conceived, at that time his mother had closed her eyes due to fright as result her child was born blind [1].
- Bustan and Coker have excavated the ferocious consequences of rejection that the undesirable foetus was more likely to die within the first month of life than differed to the wanted foetus [2].

As environmental factors may stimulate the abnormalities of genetic origin

- A child enduring from osteomyelitis had undergone surgery and a lot of treatment without much improvement. It was found out during case taking that at the time of conception, his parents were vacationing at the seashore and this child often cherished to go at seashore. *Medorrhinum* helped him get rid of his trouble permanently.

First Trimester

This is a very fundamental moment as the inclusive blueprint of the human organism is formed and even the subtlest misplaced occurrence at this time can have long term consequences. This is why most of the abortions (almost 80%) take place at this time, because of the embryogenic abnormalities like cytogenic, chromosomal, and morphologic errors [3].

Researcher Margie Profet hypothesized that the expecting mother perceives nauseous (morning sickness), it is an adaptation whereby insulating the fetus from exposure to toxins and diminishes miscarriages [4].

Second Trimester

In this period, the foetus sucks and gasps some amniotic fluid has its own sleeping and waking cycles, own startle reflex and its nervous system cultivates to rectify some of its processes.

In 1994, Inez Correia Ph.D. Dissertation 'The impact of television stimuli on the prenatal infant' measured the effect on the fetus of a mother usually watching violent movie: foetus are upset along with a mother [5].

During amniocentesis, babies in the womb may confront a needle from penetrating their private territory. So, they respond fearfully, defensively or aggressively [6].

Third Trimester

In this phase, the expectant mother experiences certain difficulties because of the enlarging size and very sensitive to the surrounding circumstances.

- RCT study on impacts of frequent ultrasound during pregnancy conveyed that women who had 5 times ultrasound gave birth to low birth weight than women who had only once ultrasound [7].
- Maternal stress during pregnancy is found to be resulted in asymmetry in the coordination of ears, fingers, feet, elbows, etc. and deformities in the advancement of nervous system which lead to impaired intuition, contemplation and memory. So, IQ of such children is found to be low [8].

Delivery

It is the abruptest, extensively arduous and yet the most vital journey of life. In fact, vaginal delivery is still safer than caesarean section; as the mother can proceed with her duties faster, their fewer possibilities of afflictions and the contractions procure sufficient stimulus for respiration to occur when the baby ensues.

Kandel and Mednick found a substantial correlation between delivery complications and commotion in adolescents and adults.

Homoeopathic viewpoint of prescribing during pregnancy

Hahnemann (1755-1843) mention in his aphorism 248 footnote of the 6th edition of Organon of Medicine, "the case of mothers in their first pregnancy employing antipsoric treatment, especially with *sulphur* dynamizations assembled according to this edition, is indispensable to destroy the psora- that produced most chronic diseases which retain them hereditarily; obliterate it both within themselves and in the foetus, thereby insulating posterity in advance. This is naive in pregnant women thus treated; they have given birth to children usually healthier and stronger, to the

astonishment of everybody [9]".

Sulphur should be prescribed if after case taking another drug seems markedly indicated, it should be prescribed after a dose of *Sulphur*; in the ensuing pregnancy, the constitutional drug should be given [9].

So, it is the best period of medication which is requisite for the mother and enables her to deliver healthy children; during the first pregnancy.

Some cases to illustrate the importance of intrauterine history

Case 1

A case of a child with voracious appetite, he could not grasp this animosity and yearned for food frequently. Frequent stools and aversion to sweets were found. After an enquiry about intrauterine life, it was discovered that mother had episode of frightful dream that an old lady is going to annihilate her children. Throughout the pregnancy, mother was staying alone as her husband was staying in another place. Based on anamnesis, *Aconite* was prescribed [1].

Case 2

A case of a girl with recurrent attacks of cold (allergic rhinitis) was prescribed *Natrum Muriaticum 200* on the basis that the conception of this child took place at coastal region. This ushered to tremendous accomplishment [1].

Case 3

A girl of 7 years of age was suffering from bleeding piles and best selected medicines flunked to console her. Again, the case is re-examined it was found that the mother was in intense remorse during the pregnancy. *Ignitia 200/1* dose was prescribed and discerned by a single dose of *Ignitia 1M* after a month that cleared the trouble [1].

Conclusion

The upswing and advancement of the child in mother's womb are under the influence of various factors to which the mother is either vulnerable or reacting, from the time of conception to the time child seizes a breath of his own. But this interaction between the exterior habitat, interior psychology and physiology of the mother's body can be intense enough to relinquish a sensation on the further progress of the child as an adult as studied and ascertained by many researchers. Hence, intrauterine history is significant in prescribing even for adults, when the plausible cause pursues back and can be correlated to the time of pregnancy. It is nothing but the further extension of Anamnesis, up to the juncture from where the life has initiated assuming its contour and individuality.

Conflict of Interest

Not available

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