Treatment of Taenia carporis with individualized Homoeopathic medicine: A case report

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Abstract
Tinea corporis is a superficial fungal skin infection of the body caused by dermatophytes. Tinea corporis is present worldwide. It is defined explicitly by the location of the lesions that may involve the trunk, neck, arms, and legs. Alternative names exist for dermatophyte infections that affect the other areas of the body. These include the scalp (tinea capitis), the face (tinea faciei), hands (tinea manuum), the groin (tinea cruris), and feet (tinea pedis). A case of 22 years old male suffering from tinea carporis since 2-3 years here treated successfully within 2 months by an individualized homoeopathic medicine phosphorus with minimum repetitions. There was remarkable improvement in a very short period of time. The case was observed for 1 years without recurrence which suggests that permanent cure is achievable through single and simple individualized homoeopathic treatment.

Keywords: Individualized, phosphorus, tinea carporis

Introduction
A patient came to OPD no 2 of National homoeopathic medical college, Lucknow, India with having following complain –
-----Reddish eruption present in circular patches over the wrist of right hand, buttock andinguinal region since 2-3 years,
-----itching complains aggravated by changing clothes.

Constitution
- tall, lean, thin, narrow chested

Medical History
- a known case of Gilbert syndrome

Past treatment
- have taken allopathic medication

Date-5/8/21 OPD No-.50760

Rx.
- Phos 30 OD FOR 3 days with repetition for every month for consecutively for 3 month
Fig 1: Before treatment
Date-11/10/21
Rx.
Phosphorus 200/2 dose
Date-21/10/21
Rx.
Phosphorus 1m/1 dose
Date-17/12/21 OPD no.-101149
Rx.
Phosphorus 10m/1 dose
Date-24/1/2022 OPD no.7002
Rx-
Lycopodium 1m OD for 3 days
Date-18/4/22 improved
Rx-
No medicine
Discussion
Tinea corporis is a superficial fungal skin infection of the body caused by dermatophytes. Tinea corporis can be found worldwide. It is specifically defined by the location of the lesions that may involve the trunk, neck, arms, and legs. Alternative names are used for dermatophyte infections that affect the other areas of the body. These include the scalp (tinea capitis), the face (tinea faciei), hands (tinea manuum),
the groin (tinea cruris), and feet (tinea pedis). This activity highlights the evaluation, diagnosis, treatment, and complications of tinea corporis [1].

The patient came with severe itching [2] and burning sensation to OPD no.2 of State National Homoeopathic Medical College, Lucknow, India. He was taking allopathic medicine since a long time approx. 2 years despite of no relief. After taking medicine on constitution and symptomatological [3] basis, Phosphorus 30 has been selected and gradually increased potency up to 10 M along with Lycopodium 1M 3 doses for some gastric complain. 95% relief has been reported in subjective as well as objective symptoms of this case within the 6 month of duration and regular follow up.

Result-Phosphorus is an effective medicine for Taenia carporis like diseases based on symptomatological prescription.

Conflict of Interest
Not available

Financial Support
Not available

References

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