



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2022; 6(4): 285-288

Received: 16-08-2022

Accepted: 17-09-2022

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Treatment of *Taenia corporis* with individualized Homoeopathic medicine: A case report

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DOI: <https://doi.org/10.33545/26164485.2022.v6.i4e.670>

Abstract

Tinea corporis is a superficial fungal skin infection of the body caused by dermatophytes. Tinea corporis is present worldwide. It is defined explicitly by the location of the lesions that may involve the trunk, neck, arms, and legs. Alternative names exist for dermatophyte infections that affect the other areas of the body. These include the scalp (tinea capitis), the face (tinea faciei), hands (tinea manuum), the groin (tinea cruris), and feet (tinea pedis). A case of 22 years old male suffering from tinea corporis since 2-3 years here treated successfully within 2 months by an individualized homoeopathic medicine *phosphorus* with minimum repetitions. There was remarkable improvement in a very short period of time. The case was observed for 1 years without recurrence which suggests that permanent cure is achievable through single and simple individualized homoeopathic treatment.

Keywords: Individualized, phosphorus, tinea corporis

Introduction

A patient came to OPD no 2 of National homoeopathic medical college, Lucknow, India with having following complain –

-----Reddish eruption present in circular patches over the wrist of right hand, buttock and inguinal region since 2-3 years,

-----itching complains aggravated by changing clothes.

Constitution-tall, lean, thin, narrow chested

Appetite-good

Thirst-large quantity of water

Desire-salty

Aversion-nothing abnormal

Stool-unsatisfactory

Urine-NAD

Sleep-drowsy

Dreams-NAD

Thermal reaction-ambi thermal

Mental generals- angry at trifles anger suppressed, not expressive.

Medical history-a known case of Gilbert syndrome

Past treatment history-have taken allopathic medication

Date-5/8/21 OPD No.-50760

Rx.

Phos 30 OD FOR 3 days with repetition for every month for consecutively for 3 month

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Fig 1: Before treatment

वाह्य रोगी विभाग
 राजस्थान नैदानिक चिकित्सा संस्थान, राजस्थान चिकित्सा संस्थान, राजस्थान
 7, विद्यालयालय, जयपुरी नगर, जयपुर, राजस्थान

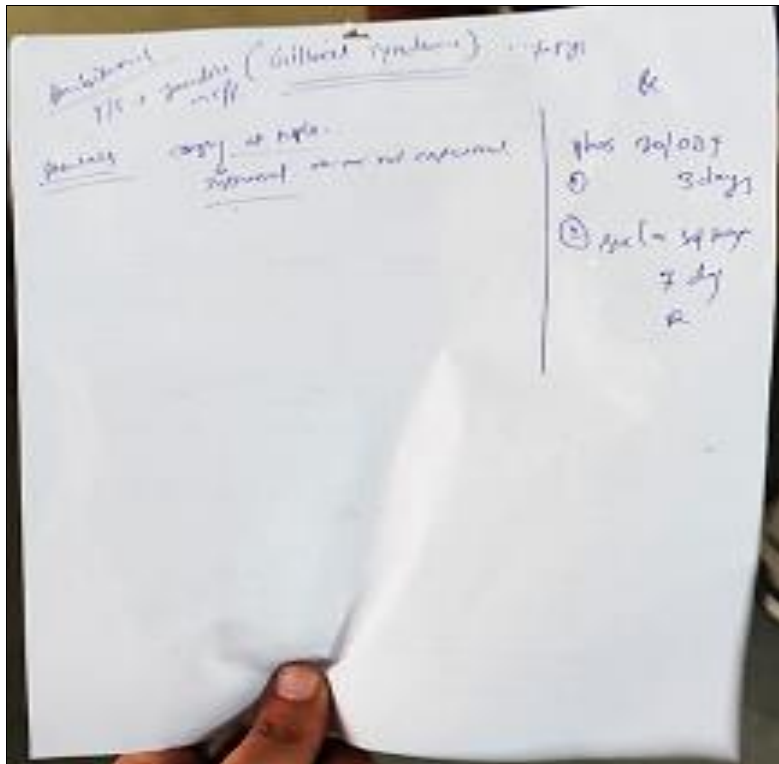
19/11/20

रोगी का नाम: संग्रह

रोगी का नाम व विवरण	रोग विवरण	चिकित्सक का नाम, पता, नगर व विभाग
पता: _____	D	(2)
वय: <u>25</u>		
लिंग: <u>म</u>		
वर्ग: _____		
रक्त: _____		

विवरण	रोग का विवरण एवं इतिहास	उपचार	प्रतिक्रिया
15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100	Reddish scaly patches on buttocks & thighs -> chronic & relapsing & remitting course. <u>Chronic relapsing</u> > relapsing 1st -> 2nd 3rd -> 4th 5th -> 6th 7th -> 8th 9th -> 10th 11th -> 12th 13th -> 14th 15th -> 16th 17th -> 18th 19th -> 20th 21st -> 22nd 23rd -> 24th 25th -> 26th 27th -> 28th 29th -> 30th 31st -> 32nd 33rd -> 34th 35th -> 36th 37th -> 38th 39th -> 40th 41st -> 42nd 43rd -> 44th 45th -> 46th 47th -> 48th 49th -> 50th 51st -> 52nd 53rd -> 54th 55th -> 56th 57th -> 58th 59th -> 60th 61st -> 62nd 63rd -> 64th 65th -> 66th 67th -> 68th 69th -> 70th 71st -> 72nd 73rd -> 74th 75th -> 76th 77th -> 78th 79th -> 80th 81st -> 82nd 83rd -> 84th 85th -> 86th 87th -> 88th 89th -> 90th 91st -> 92nd 93rd -> 94th 95th -> 96th 97th -> 98th 99th -> 100th	1st -> 2nd 3rd -> 4th 5th -> 6th 7th -> 8th 9th -> 10th 11th -> 12th 13th -> 14th 15th -> 16th 17th -> 18th 19th -> 20th 21st -> 22nd 23rd -> 24th 25th -> 26th 27th -> 28th 29th -> 30th 31st -> 32nd 33rd -> 34th 35th -> 36th 37th -> 38th 39th -> 40th 41st -> 42nd 43rd -> 44th 45th -> 46th 47th -> 48th 49th -> 50th 51st -> 52nd 53rd -> 54th 55th -> 56th 57th -> 58th 59th -> 60th 61st -> 62nd 63rd -> 64th 65th -> 66th 67th -> 68th 69th -> 70th 71st -> 72nd 73rd -> 74th 75th -> 76th 77th -> 78th 79th -> 80th 81st -> 82nd 83rd -> 84th 85th -> 86th 87th -> 88th 89th -> 90th 91st -> 92nd 93rd -> 94th 95th -> 96th 97th -> 98th 99th -> 100th	1st -> 2nd 3rd -> 4th 5th -> 6th 6th -> 7th 7th -> 8th 8th -> 9th 9th -> 10th 10th -> 11th 11th -> 12th 12th -> 13th 13th -> 14th 14th -> 15th 15th -> 16th 16th -> 17th 17th -> 18th 18th -> 19th 19th -> 20th 20th -> 21st 21st -> 22nd 22nd -> 23rd 23rd -> 24th 24th -> 25th 25th -> 26th 26th -> 27th 27th -> 28th 28th -> 29th 29th -> 30th 30th -> 31st 31st -> 32nd 32nd -> 33rd 33rd -> 34th 34th -> 35th 35th -> 36th 36th -> 37th 37th -> 38th 38th -> 39th 39th -> 40th 40th -> 41st 41st -> 42nd 42nd -> 43rd 43rd -> 44th 44th -> 45th 45th -> 46th 46th -> 47th 47th -> 48th 48th -> 49th 49th -> 50th 50th -> 51st 51st -> 52nd 52nd -> 53rd 53rd -> 54th 54th -> 55th 55th -> 56th 56th -> 57th 57th -> 58th 58th -> 59th 59th -> 60th 60th -> 61st 61st -> 62nd 62nd -> 63rd 63rd -> 64th 64th -> 65th 65th -> 66th 66th -> 67th 67th -> 68th 68th -> 69th 69th -> 70th 70th -> 71st 71st -> 72nd 72nd -> 73rd 73rd -> 74th 74th -> 75th 75th -> 76th 76th -> 77th 77th -> 78th 78th -> 79th 79th -> 80th 80th -> 81st 81st -> 82nd 82nd -> 83rd 83rd -> 84th 84th -> 85th 85th -> 86th 86th -> 87th 87th -> 88th 88th -> 89th 89th -> 90th 90th -> 91st 91st -> 92nd 92nd -> 93rd 93rd -> 94th 94th -> 95th 95th -> 96th 96th -> 97th 97th -> 98th 98th -> 99th 99th -> 100th

नोट - (1) चिकित्सक को विवरण के साथ पूर्व एवं वर्तमान स्थिति अवगत करावे।
 (2) 100-1000 चिकित्सक के नाम।
 (3) यह पत्र वाह्य रोगी विभाग के लिए है।



Date-11/10/21
Rx.
Phosphorus 200/2 dose
Date-21/10/21
Rx.
Phosphorus 1m/1 dose
Date-17/12/21 OPD no.-101149
Rx.
Phosphorus 10m/1 dose
Date-24/1/2022 OPD no.7002
Rx-
Lycopodium 1m OD for 3 days
Date-18/4/22 improved
Rx-
No medicine





Fig 2: After treatment

Discussion

Tinea corporis is a superficial fungal skin infection of the body caused by dermatophytes. Tinea corporis can be found worldwide. It is specifically defined by the location of the

lesions that may involve the trunk, neck, arms, and legs. Alternative names are used for dermatophyte infections that affect the other areas of the body. These include the scalp (tinea capitis), the face (tinea faciei), hands (tinea manuum),

the groin (tinea cruris), and feet (tinea pedis). This activity highlights the evaluation, diagnosis, treatment, and complications of tinea corporis ^[1].

The patient came with severe itching ^[2] and burning sensation to OPD no.2 of State National Homoeopathic Medical College, Lucknow, India. He was taking allopathic medicine since a long time approx. 2 years despite of no relief. After taking medicine on constitution and symptomatological ^[3] basis, Phosphorus 30 has been selected and gradually increased potency up to 10 M along with Lycopodium 1M 3 doses for some gastric complain.

95% relief has been reported in subjective as well as objective symptoms of this case within the 6 month of duration and regular follow up.

Result-Phosphorus is an effective medicine for Taenia carporis like diseases based on symptomatological prescription.

Conflict of Interest

Not available

Financial Support

Not available

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How to Cite This Article

Dr. Arvind Kumar Verma, Dr. Reshma Hiwrale and Dr. OP Singh. Treatment of Taenia carporis with individualized Homoeopahic medicine: A case report. International Journal of Homoeopathic Sciences. 2022;6(4):285-288. **DOI:**

<https://doi.org/10.33545/26164485.2022.v6.i4e.670>

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