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Alopecia areata barbae treated with homoeopathic medicine: A case study

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Abstract

Alopecia areata (AA) is a disease which is autoimmune in nature; it causes the hair comes out. There are different ways to hair loss, some loss only in few spots and other loss a lot. A 28yr year male patient reported with complains of hair loss on beard area in a circular form. Case taking was done followed by repertorization using synthesis 9.0 repertory Radar 10.0 and Natrium Muriaticum had been given as an individualized homoeopathic medicine.

Keywords: Homoeopathy, alopecia areata barbae, radar, natrium muriaticum

1. Introduction

Alopecia areata barbae is the disease for hair loss on the beard area, the nature of disease is autoimmune, In this disease inflammatory cells attack hair follicle ^[1].

There are different ways to hair loss, some loss only in few spots and other loss a lot, which maybe well-circumscribed oval patch. The lifetime risk of Alopecia areata in Worldwide community is approximately 2% ^[2].

2. Case Study

Mr. ABC, 28Yr, Male, lean thin, tall with fair complexion, Hindu, Unmarried, Vegetarian, doing job in IT, attended at OPD of Kankoriya Homeopathic Clinic, Varun path, Mansarovar, Jaipur (Rajasthan), present himself with known case of Alopecia Areata Barbae on 19/9/2021, on further enquiry he told that complaints had started gradually since 6 months, two month after breach in relationship with the loved one. Complaining of hair fall in beard area and dandruff on scalp, which is white in color. He took alternative medicines orally and as an external application applies many ointments on beard and scalp but no relief. Father 53yr had a history of Hypertension since 20 years, mother 49 yr healthy/alive.

The mental general reflected sadness, company aversion to, anger increases after consol him after breach in relation with the loved one.

Regarding his past history the patient further reported that he had suffered from repeated attack of headache at the age of 16yr which was cured of after taking homoeopathic treatments.

Physical Generals:-

He had strong aversion for milk.

He had dryness of mouth with thirst.

Constipated stool with unsatisfactory desire.

Perspiration profuse on axilla.

2.1. Analysis of case

2.1.1. Mental General

- Complaints come after breach in relationship with the loved one
- Don't want company
- Consolation aggravates

2.1.2 Physical General

- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Thermal-Hot

- Hair fall on beard area
- Dandruff on scalp area
- White color dandruff

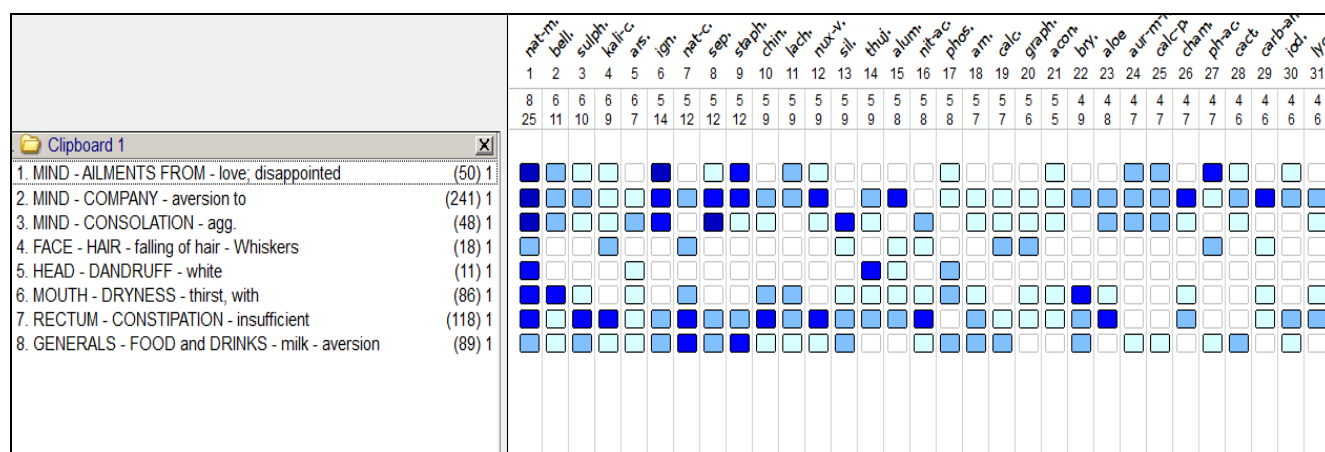
- Complaint comes after breach in relationship with the loved one
- Don't want company
- Consolation aggravates
- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Hair fall on beard area
- Dandruff on scalp area
- White color dandruff
- Thermal-Hot

- Complaint comes after breach in relationship with the loved one

- Don't want company
- Consolation aggravates
- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Hair fall from beard area
- Dandruff on scalp area
- White color dandruff

S. No.	Chapter	Rubric
1.	MIND	Ailments from- Love, Disappointed
2.	MIND	Company –Aversion to
3.	MIND	Consolation – Aggravation
4.	FACE	Hair-Falling of Hair- Whiskers
5.	HEAD	Dandruff- White
6.	MOUTH	Dryness-thirst, with
7.	RECTUM	Constipation- Insufficient
8.	GENERALS	Food and Drinks- Milk- Aversion

2.4 Repertorial Sheet ^[9]



S. No.	Medicine	Mark Obtain
1.	Natrium Muriaticum	25/8
2.	Belladonna	11/6
3.	Sulphur	10/6
4.	Kalium Carbonicum	9/6
5.	Arsenicum Album	7/6

Natrium muriaticum seems to suit the case not only because it cover highest marks during repertorization but also cover most of the symptoms of the case. Patient is suffered from Alopecia areata barbea after breach in relationship with the

Date	Prescription
19/9/2021	Rx Natrium Muriatricum 200 1 Dose Stat Rubrum 30 TDS 6Hourly x 15 Days

Date	Symptoms	Prescription
4/10/2021	Complaints of hair fall stand still. No improvement in dandruff.	Rx Natrium Muriaticum 200 1 Dose Stat Rubrum 30 TDS 6 Hourly x 15 Days
17/10/2021	Improvement in dandruff. Area of hair fall is as it is.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
2/11/2021	Complaint of dandruff and hair is stand still.	Rx Naturum Muriaticum 1M 1 Dose Stat Rubrum 30 TDS 6 Hourly x 15 Days

15/11/2021	Improvement in dandruff, no new patch of hair fall. Stool- regular, satisfactory	Rx Rubrum 30 TDS 6 Hourly x 15 Days
28/11/2021	Decrease in dandruff on scalp area. No complaint of hair fall.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
13/12/2021	New hair present on patchy area. No complaint of dandruff.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
27/12/2021	No complaint of dandruff. Improvement in hair fall.	Rx Rubrum 30 TDS 6 Hourly x 15 Days
12/1/2022	Dandruff present again n scalp. Stool little bit hard, stisfactory.	Rx Natrium Muriaticum 1M 1Dose Stat Rubrum 30 TDS 6 Hourly x 30 Days
7/2/2022	No complaint of dandruff. Stool is satisfactory, regular. Improvement in hair of beard area.	Rx Rubrum 30 TDS 6 Hourly x 30 Days
9/3/2022	Growth of hair much better. No complaint of dandruff.	Rx Rubrum 30 TDS 6 Hourly x 30 Days
8/4/2022	Patient feels good. No complaint of hair and dandruff. Stool regular, satisfactory.	Rx Natrium Muriaticum 1M 1Dose Stat Rubrum 30 TDS 6 Hourly x 30 Days

2.10 Picture



Fig 2: Before Treatment



Fig 3: After Treatment

3. Conclusion

Homoeopathy has massive and beautiful work on the quality of life (QoL) of those who are suffering from Alopecia Areata barbae. Homoeopathy has proved its effectiveness in such type of cases and so this case further proves the therapeutic value and strong power of homoeopathic medicines in cure of Alopecia Areata barbae.

4. Conflict of Interest

Not available

5. Financial Support

Not available

6. References

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