Alopecia areata barbae treated with homoeopathic medicine: A case study

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Abstract

Alopecia areata (AA) is a disease which is autoimmune in nature; it causes the hair comes out. There are different ways to hair loss, some loss only in few spots and other loss a lot. A 28yr year male patient reported with complains of hair loss on beard area in a circular form. Case taking was done followed by repertorization using synthesis 9.0 repertory Radar 10.0 and Natrium Muriaticum had been given as an individualized homoeopathic medicine.

Keywords: Homoeopathy, alopecia areata barbae, radar, natrium muriaticum

1. Introduction

Alopecia areata barbae is the disease for hair loss on the beard area, the nature of disease is autoimmune. In this disease inflammatory cells attack hair follicle [1]. There are different ways to hair loss, some loss only in few spots and other loss a lot, which maybe well-circumscribed oval patch. The lifetime risk of Alopecia areata in Worldwide community is approximately 2% [2].

2. Case Study

Mr. ABC, 28Yr, Male, lean thin, tall with fair complexion, Hindu, Unmarried, Vegetarian, doing job in IT, attended at OPD of Kankoriya Homeopathic Clinic, Varun path, Mansarover, Jaipur (Rajasthan), present himself with known case of Alopecia Areata Barbae on 19/9/2021, on further enquiry he told that complaints had started gradually since 6 months, two month after breach in relationship with the loved one. Complaining of hair fall in beard area and dandruff on scalp, which is white in color. He took alternative medicines orally and as an external application applies many ointments on beard and scalp but no relief. Father 53yr had a history of Hypertension since 20 years, mother 49 yr healthy/alive. The mental general reflected sadness, company aversion to, anger increases after consol him after breach in relation with the loved one.

Regarding his past history the patient further reported that he had suffered from repeated attack of headache at the age of 16yr which was cured of after taking homoeopathic treatments.

Physical Generals:-
He had strong aversion for milk.
He had dryness of mouth with thirst.
Constipated stool with unsatisfactory desire.
Perspiration profuse on axilla.

2.1. Analysis of case

2.1.1. Mental General
- Complaints come after breach in relationship with the loved one
- Don’t want company
- Consolation aggravates

2.1.2 Physical General
- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Thermal-Hot
2.1.3 Particulars
- Hair fall on beard area
- Dandruff on scalp area
- White color dandruff

2.2 Evaluation
- Complaint comes after breach in relationship with the loved one
- Don’t want company
- Consolation aggravates
- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Hair fall from beard area
- Dandruff on scalp area
- White color dandruff
- Thermo-Hot

2.3 Totality of Symptoms
- Complaint comes after breach in relationship with the loved one
- Don’t want company
- Consolation aggravates
- Aversion-Milk
- Stool-Constipated, unsatisfactory
- Mouth-Dryness, with thirst
- Hair fall on beard area
- Dandruff on scalp area
- White color dandruff
- Thermo-Hot

Table 1: Rubrics

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Chapter</th>
<th>Rubric</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>MIND</td>
<td>Ailments from- Love, Disappointed</td>
</tr>
<tr>
<td>2.</td>
<td>MIND</td>
<td>Company – Aversion to</td>
</tr>
<tr>
<td>3.</td>
<td>MIND</td>
<td>Consolation – Aggravation</td>
</tr>
<tr>
<td>4.</td>
<td>FACE</td>
<td>Hair-Falling of Hair- Whiskers</td>
</tr>
<tr>
<td>5.</td>
<td>HEAD</td>
<td>Dandruff- White</td>
</tr>
<tr>
<td>6.</td>
<td>MOUTH</td>
<td>Dryness-thirst, with</td>
</tr>
<tr>
<td>7.</td>
<td>RECTUM</td>
<td>Constipation- Insufficient</td>
</tr>
<tr>
<td>8.</td>
<td>GENERALS</td>
<td>Food and Drinks- Milk- Aversion</td>
</tr>
</tbody>
</table>

2.4 Repertorial Sheet [9]

Table 2: Analysis of Repertorial Result

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Medicine</th>
<th>Mark Obtain</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Natrium Muraticum</td>
<td>25/8</td>
</tr>
<tr>
<td>2.</td>
<td>Belladonna</td>
<td>11/6</td>
</tr>
<tr>
<td>3.</td>
<td>Sulphur</td>
<td>10/6</td>
</tr>
<tr>
<td>4.</td>
<td>Kalium Carbonicum</td>
<td>9/6</td>
</tr>
<tr>
<td>5.</td>
<td>Arsenicum Album</td>
<td>7/6</td>
</tr>
</tbody>
</table>

Fig 1: Showing repertorization of case from Synthesis 9.0 Repertory using Radar (Version 10.0)

Table 3: Prescription

<table>
<thead>
<tr>
<th>Date</th>
<th>Prescription</th>
</tr>
</thead>
<tbody>
<tr>
<td>19/9/2021</td>
<td>Rx Natrium Muraticum 200 1 Dose Stat Rubrum 30 TDS 6Hourly x 15 Days</td>
</tr>
</tbody>
</table>

2.5 Selection of Medicine

Natrium muraticum seems to suit the case not only because it cover highest marks during repertorization but also cover most of the symptoms of the case. Patient is suffered from Alopecia areata barbea after breach in relationship with the loved one is main cause of disease which is the keynote symptom of patient, with that patient has marked mental symptoms, Don’t want company, Consolation aggravation with some physical generals like Aversion milk, Stool constipated-unsatisfactory, Mouth dryness with thirst and patient thermally hot.

Table 4: Followup Sheet

<table>
<thead>
<tr>
<th>Date</th>
<th>Symptoms</th>
<th>Prescription</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/10/2021</td>
<td>Complaints of hair fall stand still.</td>
<td>Rx Natrium Muraticum 200 1 Dose Stat Rubrum 30 TDS 6Hourly x 15 Days</td>
</tr>
<tr>
<td></td>
<td>No improvement in dandruff.</td>
<td></td>
</tr>
<tr>
<td>17/10/2021</td>
<td>Improvement in dandruff.</td>
<td>Rx Rubrum 30 TDS 6 Hourly x 15 Days</td>
</tr>
<tr>
<td></td>
<td>Area of hair fall is as it is.</td>
<td></td>
</tr>
<tr>
<td>2/11/2021</td>
<td>Complaint of dandruff and hair is stand still.</td>
<td>Rx Natrium Muraticum 1M 1 Dose Stat Rubrum 30 TDS 6 Hourly x 15 Days</td>
</tr>
</tbody>
</table>
Improvement in dandruff, no new patch of hair fall. 
Stool- regular, satisfactory.  
Rx  Rubrum 30 TDS 6 Hourly x 15 Days

Decrease in dandruff on scalp area.  
No complaint of hair fall.  
Rx  Rubrum 30 TDS 6 Hourly x 15 Days

New hair present on patchy area.  
No complaint of dandruff.  
Rx  Rubrum 30 TDS 6 Hourly x 15 Days

No complaint of dandruff.  
Improvement in hair fall.  
Rx  Rubrum 30 TDS 6 Hourly x 15 Days

Dandruff present again n scalp.  
Stool little bit hard. satisfactory.  
Rx Natrium Muriaticum 1M 1Dose Stat  
Rubrum 30 TDS 6 Hourly x 30 Days

No complaint of dandruff.  
Stool is satisfactory, regular. Improvement in hair of beard area.  
Rx  Rubrum 30 TDS 6 Hourly x 30 Days

Growth of hair much better.  
No complaint of dandruff.  
Rx  Rubrum 30 TDS 6 Hourly x 30 Days

Patient feels good.  
No complaint of hair and dandruff.  
Stool regular, satisfactory.  
Rx Natrium Muriaticum 1M 1Dose Stat  
Rubrum 30 TDS 6 Hourly x 30 Days

2.10 Picture

Fig 2: Before Treatment

Fig 3: After Treatment

3. Conclusion
Homoeopathy has massive and beautiful work on the quality of life (Qol) of those who are suffering from Alopecia Areata barbae. Homoeopathy has proved its effectiveness in such type of cases and so this case further proves the therapeutic value and strong power of homoeopathic medicines in cure of Alopecia Areata barbae.

4. Conflict of Interest
Not available

5. Financial Support
Not available

6. References

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