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Impact of parental nurturing on the academic performance of first BHMS students of MNR homoeopathic medical college: A cross sectional study

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Abstract

Parenting includes all facets of raising a child, not only those with a biological connection. Parenting and child raising develop and support a kid's physical, emotional, social, spiritual, and intellectual growth from infancy through adulthood. Parenting practises all around the world have three basic goals in common: safeguarding children's health and safety, preparing them for adulthood, and instilling cultural values. A child's development depends on a good parent-child relationship. The most frequent carer in parenting is either the mother, the father, or both. Due to this scenario this study was conducted to find whether parental nurturing is having any impact on the academic performance of first BHMS students of MNR homoeopathic medical college.

An online survey using a self-administered questionnaire was given to First BHMS students at MNR Homoeopathic Medical College using a purposive sample strategy. They were instructed to complete the questionnaire using Google forms. The statistical score for each response was calculated and analysed.

85 students participated in this study, where as 93 percentage of students are having parental support and guidance that is positively influencing their studies, only 7 percentage of parents are giving extra parental pressure on students academics. and is negatively affecting their studies.

Keywords: Parents, students, support, studies

Introduction

Parenting is the process of encouraging and assisting a child's physical, emotional, social, and intellectual growth from infancy to adulthood. Parenting styles can be defined as a set or system of behaviours that explain and produce an effective parent-child interaction in a variety of scenarios. Parenting style is a decisive and effective factor in children's psychopathology and development.

Parental nurturing is essential in the formation and development of children's personalities and psychology. Quality parenting can be more important than quality time spent with the child. Parental nurturing, which includes both maternal and paternal warmth, is a comprehensive concept that includes caring for children, their friends, and their activities, as well as encouraging, supporting, involving, and appreciating their accomplishments.

A study was done by Milad Khajehpour & Sayid Dabbaagh Ghazrini to assess the role of parental involvement affect in children's academic performance. The sample was included 200 boy's students in Tehran. By these survey they found out that parental involvement have the most impact on the children's performance^[1].

A research article was published in International Journal of Advanced Research by Abdulrahim Umar Darma on the effect of socio- economic status of parents on the academic performance of Nigerian Architecture students. The findings of these Study confirmed that socio- economic background of parents has role on the academic performance of students^[2].

Parental influence includes home-based influence, school- based involvement and academic socialization. According to Mellen & Moutuvelis home- based activities like increased communication between parents and children about education, school engagement and creating a positive learning Atmosphere in homes are positively associated with school achievements^[3].

Parents plays a vital role in their child's academic outcomes by providing financial support, emotional support and motivational support.

In several studies, Boumrind reported positive association like most competent and most achievement oriented in Authoritative parenting style^[4].

Chile has taken an initiative in spreading the importance of collaborating relationship between families and schools. For this Ministerio de Educación, Gobierno de Chile, 2017 has developed a national policy for fathers, mothers, and legal guardians participation in the educational system in 2002 which was updated in 2017. Several local initiatives after the publication of this policy have sprouted with the aim of strengthening school and family relations^[5].

A journal of prevention and intervention in the community has published a research article on parent involvement and student academic performance by David R Topor, Susan P Keane and Susan D. Calkins. This study demonstrated that increased parent involvement, defined as the positive attitude parents have toward their child's education and was significantly related to increased academic performance^[6].

Materials and Methods

An online survey using a self-descriptive questionnaire via Google form was sent to first BHMS students of MNR Homoeopathic Medical College, Sangareddy, Telangana State, this was a cross-sectional prevalence study using non-randomized purposive sampling approach. This research was completed in August of 2022. Consent is obtained from all students who took part in this study. Their scores were then tallied, assessed, and examined using responses from the questionnaire to grade the influence of parental nurturing on their academic success.

Questionnaire to assess the impact of parental nurturing on the academic performance of Students

1. Do you think parental approach has impact on your academic performance
 - Yes
 - No
2. Do your parents give you choice to make decisions regarding your career
 - Always
 - Never
 - Sometimes
3. Is your choice of career based on your interest and value towards the career
 - Always
 - Never
4. Do your parents value your decision making regarding your career
 - Yes
 - No
5. Is your choice of career based on your parents pressure
 - Always
 - Never
 - Sometimes
6. Do you value your parents decisions regarding your career
 - Always
 - Never
 - Sometimes
7. Does your parents occupation affect your choice of career
 - Yes
 - No
8. Is it true that your parental socio-economic status affects your choice of career
 - Yes
 - No
9. Are your parents strict regarding your academic performance
 - Yes
 - No
10. How often do your parents discuss about your academic performance
 - Always
 - Never
 - Sometimes
11. Do your parents pressure you for getting good results
 - Always
 - Never
 - Sometimes
12. Will your parents motivate you when you get less marks or when you fail in your academics
 - Yes
 - No
13. Do you feel your parents pressure has a negative impact on your academics
 - Yes
 - No
14. Do your parents compare your academic performance with others
 - Yes
 - No
15. Does this comparison have a negative impact on your academics
 - Yes
 - No
16. Do your parents help you in your academics
 - Yes
 - No
17. Does your parents reward you for your performance in academics
 - Yes
 - No
18. Does reward from your parents for your academic performance make you study harder
 - Yes
 - No
19. Do you think students from high-income status parents achieve better academically than those from low-income status parents
 - Yes

- No
20. Do you think large family impacts on your academics
- Yes
 - No

Results

The research was conducted entirely online (Google form). This study included first-year BHMS students from MNR Homoeopathic Medical College who were willing to participate. This study was done on 26 August 2022. 85

students participated in this study, where 93 percentage of students are having parental support and guidance that is positively influencing their studies, only 7 percentage of parents are giving extra parental pressure on students academics. And it is negatively affecting their studies.

Table 1: Students having parental stress and support

Total no of study participants	Students having parental support and guidance	Students having extra parental pressure
85	79	6

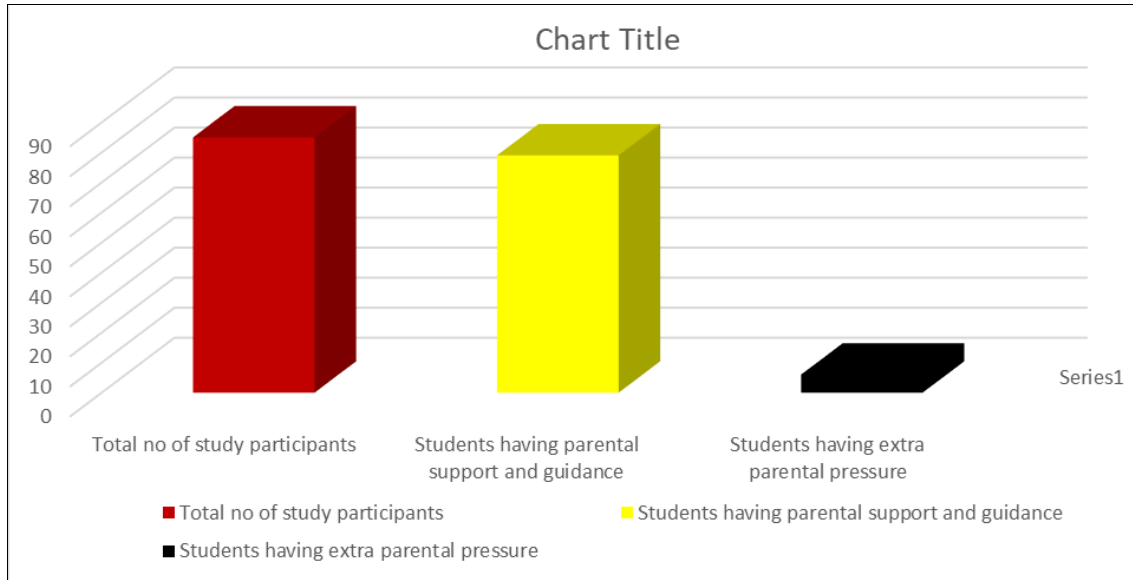


Chart 1: Students having parental stress and support.

Discussion

Among 85 study participants, 78 percentage of the participants think that parental approach is having, an impact on their academic performance, According to 22 percentage of study population parenting is not having any impact on their academic performance. Among study participants 74 percentage of parents will give suggestions to chose their career.

79 percentage of students choses their career based on their own interest and value towards the career. 6 percentage of the study participants had chosen their career only because of parental pressure.

Among study participants 98 percentage of parents value the decision making of the childrens regarding their career. 2 percentage of the parents never value the decisions of the students who take part in this study. 14 percentage of study participants, parents occupation is affecting the choice of their career. 86 percentage of the study population, parents occupation is not at all affecting the choice of their career.

According to students who had participated in this study to 24 percentage their parental socio-economic status is affecting their choice of career. 89 percentage of students are not affected by their parents socioeconomic status.

According to 71 percentage of students their parents are strict regarding their academic performance, to 29 percentage of students Parents are not strict in their academics. 66 percentage of study participants parents will give pressure for getting good results and 34 percentage of parents will never give any pressure for getting good results. 94 percentage of parents of the study participants motivate when they get less marks or when they fail in their

academics and 6 percentage will never motivates when they get less marks. To 87 percentage of students parental pressure is giving a positive impact on their academics and only 13 percentage of students think that parentel pressure is having a negative impact on their academics. 85 percentage of parents of the study participants helps in their academics and reward for their performance and that is really helping them to score good in their academics. 15 percentage of parents will never help or reward in their academics. According to students who had participated parents income and types of family is not at all influencing their academics

Conclusion

From this study findings indicated a positive correlation between parental influences and actual academic success. In compared to students who receive less supporting parental involvement, those who receive more monitoring and support from their parents perform better in their academic pursuits. The study also found that knowledgeable parents efficiently oversee their children's activities, resulting in improved performance.

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