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## Plastic surgery in homoeopathy in relation to desire and aversion of food

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### Abstract

After plastic arts that we owe to painters and sculptors now for plastic surgeries that give shape to the nose, to the face we owe to Allopathy. We owe to Homoeopathy for plastic medicine.

By the help of these plastic medicines in homoeopathy, some parts of the body as regards their formation and color can be modified.

In homoeopathy the choice of remedy is based on a consideration of the totality of symptoms and circumstances, including personality, behaviors, fears responses to the physical environment, food preferences such as desires and aversions.

**Keywords:** Plastic surgery, desires & aversions, food and Homoeopathy

### Introduction

The word “plastic” in plastic surgery means “reshaping”, it is the art of modeling of malleable flesh<sup>[1]</sup>.

For plastic arts we owe to painters and sculptures and for plastic surgery we owe to Allopathy.

Homoeopathy has given plastic medicine i.e., plastic surgery without any surgical procedure. The first role of these remedies is to increase the blood flow in that part of the body to give a rosy appearance. The second role by causing the diminution of blood flow in that part of the body to bring about certain paleness.

With some appropriate remedies, the plumpness and the color of the part increases and with some other remedies obesity and color diminishes<sup>[2]</sup>.

Psychological factors can influence the intensity and nature of our food craving. Our emotional state normally has a great impact on cravings than hunger. It is regulated by the action of dopamine and serotonin. Dopamine makes the individual feel good and serotonin makes the individual happy<sup>[3]</sup>.

The uncommon symptoms like “desires and aversions” are simply the guiding symptoms to the choice of the remedy that will often be found to cover the “totality of symptoms” in the case<sup>[4]</sup>. The effects produced by a single dose of a remedy in 200 dilution, and it is to act for 3, 5 or 8 weeks.

Plastic medicines will preserve the health condition, ameliorate it and thus will contribute to longevity under the best conditions<sup>[2]</sup>.

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**Table 1:** Deformed parts of the body and their surgical medicine.

Part of the body	Medicine	Desire	Aversion
Breast disappeared	Iodium	Alcoholic drinks	Food <sup>[5]</sup>
<ul style="list-style-type: none"> <li>Breast has not developed.</li> <li>Small hips</li> </ul>	Ignatia	Acid fruits	Tobacco, mild and meat
<ul style="list-style-type: none"> <li>Breasts very small</li> <li>Big hips</li> </ul>	Calcerean carbonic	Salty or salty things	Warm food
Deformed breasts after feeding or after delivery	Mercurius vicus	Sweets	Brandy
<ul style="list-style-type: none"> <li>Breasts too big</li> <li>Limbs very thin</li> <li>Enormous double chin</li> <li>Obesity often bellies</li> </ul>	Nix vomica	Brandy	Cold water
Enormous cheeks	Sulphur	Sugared water	Beer
Unhealthy color of the skin	Mercurius cyanates	Milk	Food, sugared food <sup>[6]</sup>
Eyes surrounded with blue aura	Phosphoric acid	Juices and refreshing things	Bread
Blotched face	Graphite's	Beer and wine	Sweets
Very thin neck Lower chin very thin	Sepia	Acids	Everything
Back very big	Baryta carbonic	Nibble (eats food by nibbling)	Food
Back very thin	Tabacum	Narcotics	Cold water
Lips swollen	Opium	Beer, bread	Meat
Face yellow	China	Indistinct things	Drinks
Face very lean	Veratrum album	Cold food	Food
Face prematurely old	Morphine	Coffee	Vinegar <sup>[6]</sup>
Face wanting glaze	Magnesium carbonium	Bread, cold drinks	Milk
Nose plumped	Silica	Indistinct things and warm food	Meat
Eyes very protruding	Belladonna	Fat foods, aids	Water
<ul style="list-style-type: none"> <li>Hands very big, swollen.</li> <li>Chin fat (double)</li> </ul>	Pulsatilla	Beer	Rye
Lines on the belly of a women during pregnancy	Natrum muraticum	Cold drinks and fish	Water
Lips wanting in red flesh	Arsenic album	Bread and lemons	Butter
Face yellow being sun burnt	Nitric acid	Herring	Boiled meat
Face with varicose veins of the neck	Lycopodium	Sweets, oysters	coffee
Eyelids not sufficiently open	Agaricus muscaris	Bread, buttered	Meat
Eyes very much sunken	Staphysagria	Pickles and wine	Food
Eyes dull, wanting in glaze	Opium	Brandy & bread	Meat
Leanness	Alumina	Acids, cloves	Beer
Body circumference very big	Netrin carbonium	Nibble and sweets	Coffee and fat food
Neck very big	Ipecacuanha	Delicacies	Food
Very young women of 24 years seem to have only 16 years	Bryony	Cold drink & Beer	Coffee & Fat food

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