



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2023; 7(1): 276-278

Received: 28-11-2022

Accepted: 05-01-2023

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Case of left toe gangrene

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DOI: <https://doi.org/10.33545/26164485.2023.v7.i1e.763>

Abstract

Diabetes-Related Complications Affect Many Organ Systems and Are Responsible For The Majority Of Morbidity And Mortality Associated With The Disease. The Vascular Complications of DM Are Subdivided Into Micro Vascular (Retinopathy, Neuropathy, Nephropathy) And Macro Vascular Complications (Coronary Heart Disease [CHD], Peripheral Arterial Disease [PAD], Cerebrovascular Disease). Autonomic Neuropathy Results in Anhidrosis and Altered Superficial Blood Flow in The Foot, Which Promote Drying of The Skin And Fissure Formation. PAD And Poor Wound Healing Impede Resolution of Minor Breaks In The Skin, Allowing Them To Enlarge And To Become Infected. Here In This Case Recurrent Diabetes Non-Healing Ulcer With Other Associated Complaints Witnessed Recovery With Deeper Understanding Of Silica As A Constitutional Remedy.

Keywords: Diabetic foot, numbness, pain wound

Introduction

53/F Comes with The Complaint Of Numbness In Bilateral Foot. Non Healing Wound In Left Foot (TOE) After Shoe Bite, No Sensation. For 1.5 Years.

H/O Right Toe Gangrene.

Numbness B/L Hands Too. < Pressure.

Gastric Headache Since Diagnosed with Dm.

Mind

Financial Worries Due to Non- Working Husband, Used to Think How the Things Will Be, How Things Will Go. For Money Asking Peoples Favour Was Not in My Favour, Used to Feel Bad About That.

About Complaints Used to Think If It Goes Bad Then I Will Handicap? Then Everybody Will Help Me I Will Not Like It, I Feel Bad. I Don't Want to Bother Any One.

Children And Husband Should Work So We Will Live Peaceful. This All Think That's Why Unable to Sleep.

Things Should Be Done According to Me, Nobody Should Interrupt Me.

Physical Generals

Chilly Patient

Gangrene of Left Toe

O/E- NO Sensation

Blackish discoloration

Surgeon advised-amputation

Investigations

RBS-185.9

HBA1C-8.7

Classification of Disease

Chronic Individual Dynamic Disease with Fully Developed Symptoms.

Interpretation of Miasma

Psora Miasma Reference: Aphorism 80

“The Psora, The Only Real Fundamental Cause and Producer Of All The Other Numerous.....”

Reference from Reverse Materia Medica of Silica (Complete Repertory)

- Inflammation Gangrenous Gangrene
- From Burns or Gangrenous Sores
- Inflammation Surgical
- Dry Burning –Skin
- Swelling General Bluish Black – Skin
- Swelling General Inflamed- Skin
- Ailments From Anxiety – Mind

- Anxiety Fear, With -Mind
- Anxiety Health, About -Mind
- Anxiety Trifles, About -Mind
- Cautious Anxiously -Mind

Totality of Symptoms

- Mind-Anxiety Conscience Of
- Mind-Contradiction Intolerant Of
- Mind-Ailment from Anxiety
- General-Inflammation Gangrene

Reportorial Totality

| | SI | As | Al | Ba | Ca | Ch | H | L | Ly | M | |
|---------------------------------------------------|----|----|----|----|----|----|---|---|----|---|---|
| Weighted | 10 | 7 | 7 | 5 | 5 | 4 | 4 | 4 | 6 | 5 | 4 |
| Rubrics covered | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| Rubric grades | 10 | 7 | 7 | 5 | 5 | 4 | 4 | 4 | 6 | 5 | 4 |
| CONTRADICTION intolerant of AILMENTS from anxiety | 2 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 |
| ANXIETY conscience, of INFLAMMATION gangrenous | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 |
| Generals | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 1 | 1 | 1 |

REMEDY PRESCRIBED:

Silica 200 One Dose

SL T.D.S For 15 Days



Fig 1: Gangrenous Left Toe with Blackish Discolouration

Follow Up Criteria:

- 1. General Sense of Well Being
- 2. Left Toe Gangrene, Numbness
- 3. Anxiety at Mental Level
- 4. Sleep
- 5. Appetite



Fig 2: After First 15 Days Follow Up Patient on Sac Lac

-Blackish Discolouration Reduced.
-Numbness- S.Q

-General Wellbeing Sensation Present
-Anxiety At Mental Level – Reduced.



Fig 3: After 15 Days One Dose of Silica 200 Repeated

-Good Sign of Inflammation Started
-Oozing Of Blood

-Sensation - Present
-Numbness And Pain – Reduced.



Wound Healed Completely.

-Sensation – Present
-Numbness- Reduced
-No Oozing of Blood, Or Any Discharge.

Acknowledgement

We are thankful to Dr. Jayesh Dave Homeopathic Clinic to refer the case for the treatment. We are thankful to Dr. Jayesh Dave the consultant.

We are thankful to Dr. Priyanka Vishwakarma, Dr. Javeria Shaikh and Dr. Bhagya Shree Abhinav for assisting this case throughout.

We are thankful to patient who trusted and was co-operative in her treatment journey.

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How to Cite This Article

Jayesh SD, V Priyanka, Shaikh J, SA Bhagy. Case of left toe gangrene. International Journal of Homoeopathic Sciences. 2023;7(1):276-278.

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