



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)

IJHS 2023; 7(1): 337-339

Received: 04-11-2022

Accepted: 06-12-2022

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## A case study of homoeopathic treatment for warts

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**DOI:** <https://doi.org/10.33545/26164485.2023.v7.i1f.773>

### Abstract

Warts are skin growth caused by human papilloma virus infection. These can be solitary, multiple, smooth, or cauliflower like and usually treated with topical application of medication or surgical excision procedures. Homoeopathy plays an important role in treating warts.

**Keywords:** Homoeopathy, warts, totality of the symptoms

### Introduction

We all know that the skin is the mirror of the soul! This understanding forms the basis of homoeopathic treatment of dermatological disorders. Warts are the cutaneous manifestations of human papilloma virus (HPV). Warts exist in different forms: common warts (*verruca vulgaris*), appear as firm, irregular verrucous surfaced papules that vary in size, shape and number. These are distributed anywhere on the body and are asymptomatic<sup>[1]</sup>. Planter warts (*verruca plantaris*) occur on the planter aspects and are painful keratotic plaques with a central depressed area. Flat or planar warts (*verruca plana*) are smooth, skin-coloured, flat topped papules that are more frequently seen in children on face or hands. Warts located in ano-genital region are due to sexual transmission of virus and are known as venereal warts. Condyloma acuminata is type of venereal warts that shows vegetative or cauliflower-like growth<sup>[2]</sup>. Basically, homoeopathy is based on an understanding of the patient as a whole, including external signs and symptoms, mental state and general physical condition. This is called the sum of symptoms, except for local minor trauma that requires local treatment, all other disease require medical treatment on the basis of comprehensive understanding of the patient. According to homoeopathic principles choice of remedy depend on the totality of the symptoms<sup>[3]</sup>.

**CASE PROFILE-** A 34 year old male came to our OPD with complain of warts on neck since 7 month. There is no itching or no burning. He took allopathic medication for warts but it was not any change in warts. Patient also complains of gastric headache due to acidity since one year.

#### Physical General

Appetite- n

Thirst- n

Desire- sour++, spicy+

Aversion- not specific

Perspiration- profuse especially on head

Thermal- hot

Stool- n

Urine-n

Weather change – coryza

Sun- sunlight cause headache

Acidity with headache

**FAMILY HISTORY-** not specific

**PAST HISTORY-**

Piles before 2 year ago took allopathic treatment.

**MENTAL GENERAL**

Extrovert

Memory- weak

Confidence-high

Decision-n

**CASE ANALYSIS (REPERTORIZATION)**

Totality of the symptoms is constituted on the basis of physical general, physical particular, mental general. The case was repertorized using complete repertory from homoeopathic software (CARA).

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**Totality of symptoms**

1. Warts on neck
2. Perspiration scalp
3. Headache gastric
4. Weather change cause coryza
5. Sun exposure cause headache
6. Memory sharp

**Rubric**

1. Generality-food and drink sour desire
2. Head-perspiration on scalp
3. Head pain- General gastric
4. Skin- verucca, situated, neck, arm, hand, soft, smooth
5. Generals-sun, from exposure to agg. or ailment from
6. Generals-weather change agg.
7. Memory active

**Diagnosis**

Warts

Priscription

Antim. crud 200 -3 dose every 5<sup>th</sup> day

Rubrum 30-4 BD for 15 days

Follow up

Date	Follow up	Prescription
10/12/22	Warts smooth and soft no pain during touching.	ANTIM.CRUD 200 - 1dose/once in week RUBRUM -4 BD for 15 days.
26/12/22	Warts hard and dry	RUBRUM -4BD for 7 days.
01/1/23	Warts completely dissolved.	RUBRUM -4BD for 7 days.



**Discussion**

This case shows the efficacy of homoeopathic medicines in the case of warts. Homoeopathic medicine selected on the basis of totality of the symptoms after a case taking and case processing and Antimonium crudum was prescribed.

### **Conclusion**

In this case homoeopathic medicine Antimonium crudum selected on the basis of totality of the symptoms.

### **Conflict of Interest**

Not available

### **Financial Support**

Not available

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#### **How to Cite This Article**

Das T, Gamit D. A case study of homoeopathic treatment for warts. International Journal of Homoeopathic Sciences. 2023;7(1):337-339.

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