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## A case study of homoeopathic treatment for Genital Warts

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### Abstract

Genital warts are a sexually transmitted infection caused by certain types of human papillomavirus (HPV). They may be flat or project out from the surface of the skin, and their color may vary; brownish, white, pale yellow, pinkish-red, or gray. There may be a few individual warts or several, either in a cluster or merged together to look cauliflower-shaped. They can be itchy and feel burning. Usually they cause few symptoms, but can occasionally be painful. Typically they appear one to eight months following exposure. Warts are the most easily recognized symptom of genital HPV infection.

**Keywords:** Homoeopathy, warts, genital warts, totality of the symptoms

### Introduction

We all know that the skin is the mirror of the soul! This understanding forms the basis of homoeopathic treatment of dermatological disorders. Warts are the cutaneous manifestations of human papilloma virus (HPV). Warts exist in different forms: common warts (verruca vulgaris), appear as firm, irregular verrucous surfaced papule's that vary in size, shape and number. These are distributed anywhere on the body and are asymptomatic [1]. Planter warts (verruca plantaris) occur on the planter aspects and are painful keratotic plaques with a central depressed area. Flat or planar warts (verruca plana) are smooth, skin-colored, flat topped papules that are more frequently seen in children on face or hands. They may be found anywhere in the anal or genital area, and are frequently found on external surfaces of the body, including the penile shaft, scrotum, or labia majora of the vagina. They can also occur on internal surfaces like the opening to the urethra, inside the vagina, on the cervix, or in the anus. They can be as small as 1-5mm in diameter, but can also grow or spread into large masses in the genital or anal area. In some cases they look like small stalks. They may be hard ("keratinized") or soft. Their color can be variable, and sometimes they may bleed.

In most cases, there are no symptoms of HPV infection other than the warts themselves. Sometimes warts may cause itching, redness, or discomfort, especially when they occur around the anus. Although they are usually without other physical symptoms, an outbreak of genital warts may cause psychological distress, such as anxiety, in some people.

Basically, homoeopathy is based on an understanding of the patient as a whole, including external signs and symptoms, mental state and general physical condition. This is called the sum of symptoms, except for local minor trauma that requires local treatment, all other disease require medical treatment on the basis of comprehensive understanding of the patient. According to homoeopathic principles choice of remedy depend on the totality of the symptoms [3].

### Case profile

The patient is a female, 34 yrs. old noticed genital warts few months back and gradually they are increasing in number, she went to AIIMS also and took treatment but it didn't help, she is afraid of lasers and cautery so she came seeking homeopathic treatment There is mild itching no discharge.

**Location:** Vulva

**Past History:** Jaundice 7 yrs. Back.

**Family History:** Father – HTN, Mother - DM

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**Physical Generals**

**Diet:** Normal Meals For 3 Times A Day, No Hunger Aggravate.

**Appetite:** Normal.

**Desire:** Sweets, Likes Rice.

**Aversion:** Na

**Thermal Reaction:** Can bear summers but it's difficult to tolerate winters. She has to take many layer to cover in Winters-Chilly+++.

**Thirst:** Completely Thirst less.

**Stools:** Normal.

**Urine:** UTI Sometimes but not frequent.

**Perspiration:** Profuse Perspiration on Whole Body No Offensive and Stain.

**Gynaec and OBST H/O**

Menarche- 14 yrs.

3-4 Days//28 Days Cycle.

Normal bright red bleeding without clots and Membranes.

No Leucorrhoea.

**Mental Generals**

Childhood -she stays in different places as father in army. Good Relations in family. She has 3 sisters and 1 brother with parents, Close to her family. Married since 4 yrs., it was arranged marriage. Good relations with husband, Good relations with in laws. She has one daughter. She is working

In a IT Company and Working Hrs. 9 to 6 work load is Sometimes Heavy She Is Satisfied with her Work. Anger-gets angry if someone repeats anything frequently, if kids do not listen to her. When angry she keeps quiet or she cries but never express anger most of the time she weeps after getting angry with redness of face she used to throw things in anger. 2 yrs. back she was tensed as everyone in her family in laws wanted her to deliver her a son she was really sad at that time she feels a lot for anger inside. She is very emotional++ gets hurt easily sometimes on small things. Weeping-on seeing emotional scene she cries ++, she cannot see horrible scene on TV, or if someone is crying in front of her Hobby-listening music.

**Case Analysis**

**Repertorial Totality**

Totality of the symptoms is constituted on the basis of physical general, physical particular, mental general. The case was repertorised using synthesis repertory from homoeopathic software (Radar).

Mind: ailments from anger suppressed.

Mind: sensitive.

Perspiration profuse.

Mind: Anger Throwing Things around.

Stomach Thirst less.

Mind: Horrible Thing Affect Her Profoundly.

Generals - Desire - Sweets.

	staph.	lyc.	nat-mur	sep.	hep.	aur.	chin.	calc.	phos.	kali.c.	sulph.	nit-ac
1. MIND - AILMENTS FROM - anger - suppressed (16) 1	3	3	2	1	1	1						
2. MIND - SENSITIVE (201) 1	3	3	3	2	1	2	3	2	3	2	3	3
3. PERSPIRATION - PROFUSE (210) 1	1	3	3	3	3	1	3	3	2	3	2	2
4. GENERALS - FOOD and DRINKS - sweets - desire (104) 1	2	3	1	2	2	1	3	2	2	2	3	2
5. STOMACH - THIRSTLESS (145) 1	2	2	1	2	1	1	3	1	3	2	1	1
6. MIND - ANGER - throwing things around (10) 1	3											
7. MIND - HORRIBLE things, sad stories affect her profoundly (45) 1	3	2	2	2	2	2	2	4	2	2	2	2

**Materials and Methods**

Method used was basis repertorisation by synthesis repertory on radar software.

**Results**

**Repertorial analysis**

Staphysagria 7/17.

Lycopodium 6/16.

Nat Mur 6/12.

Sepia 6/12.

Hep sulph 6/10.

**Analysis of the case**

After analysis of the case and repertorisation with RADAR software, Staphysagria 200 single dose was prescribed as similimum followed by placebo with improvement and then potency was stepped up to Staphysagria 1m. There was a progressive reduction in the size of warts and completely disappear within NINE MONTHS (Fig.1 -2). Follow up of the case given in table -1.

**Tables 1:** Show table Date, Indications and Prescriptions

Date	Indications	Prescriptions
3/6/2020	First prescription	Staph 200, placebo
4/7/2020	No change, no new eruptions	Staph 200, placebo
1/8/2020	No new eruptions, no itching now	Staph 1m, placebo
5/9/2020	Eruptions are reducing in size	placebo
15/10/2020	Warts are getting softer, no itching	Staph 1m, placebo
20/11/2020	Further reduction in warts and she is feeling happy now	placebo
3/1/2021	2-3 warts remaining now	Staph 1m, placebo
4/2/2021	Only one warts remaining	Staph 1m, placebo
5/3/2021	No eruptions now, area is clear	placebo

### Discussion & Conclusion

Homoeopathy is a Holistic system of medicine and treats the

patient based on totality of symptoms. In this case, Staphysagria<sup>[7, 8]</sup> was prescribed as similimum.



**Fig 1:** Before Picture June 2020



**Fig 2:** After Picture March 2021

### Conflict of Interest

Not available

### Financial Support

Not available

**Conflict of interest:** None

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