



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2023; 7(2): 159-160

Received: 18-02-2023

Accepted: 21-03-2023

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Gravity of bach flower in toddlers

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DOI: <https://doi.org/10.33545/26164485.2023.v7.i2c.823>

Abstract

ADHD is usual problem in toddlers & diagnosed at early age and may ceaseless into full blooms. Subject with ADHD may experience depression, control negative behavior (perhaps without considering the consequences), or become aggressive.

Inattention: Easily distracted, poor concentration and organization.

Impulsivity: Impressing others, eating dangerously

Hyperactivity: Never looking slow, talking and fidgety, difficult to work.

Keywords: Attention deficit hyperactivity disorder, bach flower remedy

Introduction

Hyperactivity, Inattentive temperament and Impulsivity

Is the real face of ADHD in present era? Child who born some year ago may present normal picture, but the real portrait is hidden in the form of ADHD. Which usually appears after the stipulated time in future? So the parents as well as people living in environment of particular child gets pseudo picture.

Homeopathy is a medicine for the mind and body. It evaluates and treats subtle changes in thought, emotion, relationship, psychology and behavior that directly affect health. Homeopathy is used to treat all kinds of emotional and mental disorders, including ADHD. It helps children return to their old mood and health without any side effects.

Homeopathy believes in a human treatment that can cure all children, not a disease and a disease. It takes into account the character and character quality and the characteristics of each child and writes accordingly.

Diagnostic symptoms ^[1]

1. It is most common in children under 7 years of age.
2. Children are constantly looking for work and work because their time is limited.
3. Easily distracted even when busy
4. Children are restless.
5. Sleep Disorder
6. The child is tired and sluggish from constant happiness.
7. Advances and delays.
8. You forget simple things and seek help to regain your strength.
9. In some cases, some children have disabilities such as dyslexia, but their intelligence is not affected.
10. Confusion causing poor motor skills and limited range of motion.

Fine motor and cognitive problems can delay participation in sports.

ADHD and Homeopathy

Mental and developmental disorders often include various symptoms such as attention problems, ADHD, dyslexia, autism, and Down syndrome. These children often suffer from a variety of physical and emotional problems, including epilepsy, obesity, poor dental care and medication side effects.

Homeopathy and Bach Flower Remedy

Bach flower therapy is alternative treatment. For problematic thinking. In the 1920s and 1930s, doctor and homeopath Edward Bach discovered 38 remedies for various diseases and

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mental disorders. All treatments overcome human emotions. Homeopathy believes that the body can heal itself. It uses small amounts of natural substances such as herbs and minerals to heal the body or mind. The philosophy behind Bach flower remedies is similar to homeopathy. However, they act directly on the emotions, not directly on the physical symptoms. They discovered the essence of the subtle power it created as an anther to cure many mental disorders.

The Principles are based on homeopathy. It is believed that a person's thoughts and feelings are affected first, and then their body produces physical symptoms. A state of equilibrium occurs when there is a conflicted mind causing illness and a re-entry into thought. Based on this principle, Bach flower therapy works and besides the benefits of Bach flower therapy on the mind, it creates a positive emotion instead of removing the negativity, and when ADHD is treated, the treatment takes place. Bach Remedies can be administered as a single dose or in combination.

Following Bach Flower Remedy for ADHD [2] Chestnut bud

It emends the erudition, especially if the subject has committed the similar mistakes in repeated form but unable to learn from them. Learning disabilities is the main disorder which comes under the spectrum of this remedy, by improving concentration and attention in subject.

Impatiens

Too much restless personality, unable to seat at one place, impatient with mental restless, intellectual.

Clematis

Subject is day dreamers and sensitive in manner for inspiration. Drowsy in nature so may look like unattractive. Self-centered and flaunty.

Wild Rose

Remedy creates the fresh enthusiastic personality and help patient to overcome in the cases of indifference. It helps to promotes patience and qualifies the improvement of learning process.

Cerato

Improvement in gross motor activity with mental ability. Also changes orientation towards thinking like intuition. Easily get advised and does foolish things.

Vervain

Having limitless energy with physical restlessness and over enthusiasm. Subjects are characterized by stress, tension, and nervous breakdown and unable to do own things. Remedy precisely counters the mental part of subject and determines that when one should active and one should rest.

Vine

Personalities who fail to follow the rules, because of dominant and inflexible nature.

White Chestnut

Mental restlessness with continuous thoughts about peripheral things. Problem solving seems to be difficult because of mental tiredness. Surprisingly this remedy creates calmness and quietness in mind of subject.

Scleranthus

Also known as balancing instrument in the subjects who suffer with low decision making power. Mind makeup is slow and depreciated in ability to perform mental work. Personality with dual mentality and remain stuck in yes and no.

Acknowledgement

Not available

Author's Contribution

Not available

Conflict of Interest

Not available

Financial Support

Not available

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How to Cite This Article

Panchani S, Tungar V, Vaghela R. Gravity of bach flower in toddlers. International Journal of Homoeopathic Sciences 2023; 7(2): 159-160.

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