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## Origination of gerd and progression with miasmatic study

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### Abstract

Initiation of functional disorder with advancement and thorough application of doctrine of utilitarian. Complete study of GERD with miasmatic approach.

**Keywords:** GERD, psora, stomach, oesophagus, acid reflux, Lachesis

### Introduction

Functional disorder designated by reflux of content of gut through oesophageal canal. This later carries major role in severe damage to tissue lining of tubular pipe connecting mouth to stomach and may persist in permanent way.

### Gastro oesophageal reflux disease

Gastro oesophageal reflux disease is common phenomenon, where regurgitation of content of stomach especially undigested food particle as well as stomach acid used to reflux through oesophageal tube. The back flow of content of stomach plays important role in irritation of lining of tissue structure of tube which connects mouth to stomach.

### Clinical symptoms

- Burning sensation especially in chest region.
- Gagging and accumulation of bolus in food pipe.
- Nausea.
- Sensation of vomiting.
- Post nasal discharge.
- May leads to chronic sinusitis.
- Hoarseness of voice.
- Foul smell through mouth.
- Persistent feeling of itch in throat.
- Atypical regurgitation with difficulty in swallowing.
- Breath short and rapid.
- Loss of appetite.
- Marked weight loss.
- Bleeding; digestive tract.

### Miasmatic approach

According to Hahnemann's theory of chronic disease, all non-venereal diseases will belonged in Psoric manifestation.

### PSORIC symptoms for the GERD can be compiled as:

- Fluid discharge through stomach.
- Weak sensation all over the body.
- Nausea accompanied with vomiting and accumulation of saliva in the oral cavity.
- Indigestible food particle and vomiting.
- Sensation of emptiness preceded by salivation.
- Food reaches to stomach expelled out immediately.
- Burning pain in pectoral region.
- Heat flush and eructation in tube connecting mouth to stomach.

- Marked hunger; don't want to eat
- Sensation of heaviness of abdomen with bloating

**Homoeopathic therapeutic**

**Nux vomica**

Very thoughtful and sorrowful, Marked hunger with loathing for food, Food seems tasteless, Inclination to vomiting, Pain cramping in nature

**Arsenic**

Restless, Melancholic with sad patterns, Oppression of pectoral region, marked difficulty to take air, Halitosis

**Nat Mur**

Smarting type of ache; caused by food and drinks, Dry sensation in oral cavity with prolong presence, Complete absence of smell and taste, Perspiration especially on face after eating, Want for bitter food and drinks

**Carbo veg**

Feels as if accumulation of air in area of gut, Facial paleness, thinks about future, yellow brown-white coat over tongue, Sensation of swelling at inner line of GIT

**Bryonia**

Morning diarrhoea as soon as moves, Dark and brown complexion, Head; confusion cloudiness, Dryness of mouth with burning thirst, Putrid and foul taste.

**Name:** XYZ

**Age/Sex:** 40/Male

**Education:** Mechanical engineer

**Occupation:** work at company

**Address:** Borsad

**Marital status:** Widower

**History of present illness (O/D/P)**

Pt came with complain of water brass & regurgitation of food since 5 years after the death of his wife in an accident. Every time he eats something it comes upwards. Burning sensation in the throat and stomach. Nauseating feeling whole day. Pain in chest and heaviness of abdomen (left side) after eating. Pain stays for at least an hour. Spicy and fried food makes his condition more worse. Dry cough while lying down. Better after eructation and drinking carbonated cold drinks.

**Chief complain**

Location	Sensation	Modalities	Concomitant
GIT			
Throat		A/f: grief	
Abdomen	Burning	< Lying down	
Stomach	Dry cough	< Eating spa.	
Left side	Pain	Spicy & fried food	Thirst: for cold water & cold drinks
Chest	Regurgitation of food	> Eructation	
Since 5 years	Nausea	> Carbonated cold drinks	
D: 1 hour			
F: Daily			

**Physiological functions**

- **Appetite:** decreased since 5 years.
- **Thirst:** for cold water & cold drinks.
- **Bowel:** NAD, twice/morning.
- **Urine:** NAD.
- **Perspiration:** scanty, around neck, no odour, no

staining.

- **Desire:** Cold drinks, cold water, Brandy.
- Disagree.
- **Aversion:** Not specific.
- **Sleep:** Disturbed by slightest noise, light & dreams.
- **Dreams:** dead wife, snake.
- **Thermal:** C<sub>1</sub>H<sub>4</sub>
- Tendencies.
- Allergy.
- **Menses:** Not applicable.

**H/o Rx taken:** taken allo Rx

**P/H:** typhoid fever once before around 25 years

**F/H: Father:** HTN

**Mother:** HTN

**Life space**

40 yr old male came in OPD. Look up very attractive and wearing so many rings in his fingers. And continue tongue protruding.

**Childhood**

PT born and brought up in broad. At that time, in family mother, father, 2 brother and 1 sister in family. Good IPR with all. Mother Nature was cool and calm. Father nature was angry. Financial condition of house was good.

**School life**

In school life pt was very shy in nature. Not participation in any activity.

**Collage life**

Pt complete their collage from Ahmadabad. In starting he is shy in nature but after meet with room mate he start talking with strangers. And in collage pt was change by nature due to good friends. He is become talkative and starting participation in activity. At that time he meet one girl she was in computer engineering department and he like her. And he start talk with her and her also like him. After completing collage both got married. One day he sit with her in garden and one snake came near them and snake bite him. Pt was so afraid when watch snake. From that incidence he has a fear of snake. And also dream about snake. And after that incidence for few month continue dream about snake. So pt start puja path "Mane Nag Dosh Chhe". So he start doing puja and become very religious.

**Present Life**

His wife was death before 5 yr. ago due to accident. And after his wife's death, all the complains of pt were started. And he become more religious said that "Have to je 6e life ma badhu bhagvan per 6e kayare kone lay jay shu khbar. Sara karma karish to puniya thashe" and frequently their wife came in his dream. At the present pt is very talkative in nature, and religious. Daily go to temple specially mahadev temple and doing puja of mahadev and snake. And after death of hie wife pt start to drink alcohol (Brandy) at every weekend.

**Mental symptoms**

Grief+3: - wife's Death

Loqacity+3

Religious+3: Daily go to temple and doing puja

Fear of snake+3

Dream: Snake+3, Wife+3,

**Physical examinations**

**General appearance with built:** Medium built with fair complexion, baldness on frontal head.

**Weight:** 70 kg  
**Pulse:** 80/min  
**BP:** 130/90 mm of hg  
**Temperature:** A febrile  
**Throat:** NAD  
**Nails:** Pink, brittle  
**Conjunctiva:** Pink  
**Tongue:** White coated

**Systemic examination**

**CVS:** S<sub>1</sub>S<sub>2</sub> - Normal  
**RS:** AE - BLE  
**CNS:** NAD  
**Loco motor system:** NAD

**GIT:** NAD

**Investigations**

**Diagnosis of the disease**  
 GERD

**Totality of the symptoms**

Grief+3: - Wife Death  
 Loquacity+3  
 Religious+3: Daily go to temple and doing puja  
 Fear Of snake+3  
 Dream: Snake+3, Wife+3,  
 Sleep disturb by slight noise, light, & dreams  
 Sensitive to noise  
 Desire: Cold drink, cold food, brandy  
 Hot Pt

**Repertorial Result**

Remedy	NUX-V	LACH	PHOS	ARS	NAT-M	LYC	PULS
Totality	17	17	17	14	14	13	13
Symptoms Covered	8	7	7	9	9	7	7
[Kent ] [Mind]Loquacity (see Speech):	1	3	2	1	1	0	0
[Kent ] [Mind]Religious affections (see Anxiety, Despair, Fear):	1	3	0	2	1	2	2
[Kent ] [Mind]Grief:	2	2	0	1	3	2	3
[Kent ] [Mind]Sensitive, oversensitive (see Offended):Noise, to:	3	2	2	2	2	2	2
[Kent ] [Mind]Sensitive, oversensitive (see Offended):Noise, to: Slightest:	3	0	2	0	0	2	0
[Kent ] [Mind]Sensitive, oversensitive (see Offended):Light:	3	0	3	2	0	0	0
[Kent ] [Sleep]Dreams: Snakes:	0	0	0	0	1	0	0
[Kent ] [Sleep]Dreams: Death: Of:	0	3	0	1	1	1	0
[Complete ] [Mind] Fear: Snakes, of:	0	3	0	1	3	0	1
[Kent ] [Stomach] Desires: Brandy:	3	1	2	1	0	0	1
[Kent ] [Stomach] Desires: Cold drinks:	1	0	3	3	1	2	1
[Kent ] [Stomach] Desires: Cold: Food:	0	0	3	0	1	2	3

**Remedy selection:**

**Lachasis:** Grief+3: - wife's Death  
 Loquacity+3  
 Religious+3: Daily go to temple and doing puja  
 Fear Of snake+3  
 Dream: Snake+3, Wife+3,

Sleep disturb by slight noise, light, & dreams  
 Sensitive to noise  
 Desire: brandy  
 Hot PT

**Planning and Programming**

Define with reason the state	Potency Choice	Repetition
1.Susceptibility: Moderate	200	Infrequent
Age: 40		
Sex: Male		
Occupation: Job		
Pace of disease: Fast		
Stage of disease: Function Level	200	Infrequent
2. Sensitivity		
Mind: +++ Dreams: ++		
Sleep: + Nerves: -	200	Infrequent
3. Correspondence (degree & level)		
Mind + Body	200	Infrequent
4. Functional changes: Present	200	Infrequent
5. Structural changes: -	-	-
6. General vitality: Good	200	Infrequent
7. Dominant miasm: Psora	200	Infrequent
8. Fundamental miasm: Syco-Tubercular	30	Frequent

**Treatment**

Lachesis 200 1P HS  
 SL 3-3-3/2 wk

**Follow up**

Criteria for follow up:

1. Burning and pain in chest
2. Dry cough
3. Regurgitation of food
4. Nausea

Date	1	2	3	4	Other	Prescription
5/11/19	> 40%	> 50%	SQ	No	Grife- > -20%	Lachesis 200 1P HS SL 3-3-3/2 wk
19/11/19	> 60%	> 60%	> 40%	No		Lachesis 200 1P HS SL 3-3-3/2 wk
14/12/19	No	No	> 50%	1 Time		Lachesis 200 1P HS SL 3-3-3/4 wk
14/1/20	1 time when eat spicy food	No	> 70%	1 Time		Lachesis 200 1P HS SL 3-3-3/2 wk
11/2/20	No	No	No	No	No dream about wife and snake since 2 month	SL 200 1P HS SL 3-3-3/4 wk
10/3/20	No	No	No	No		SL 200 1P HS SL 3-3-3/4 wk
7/4/20	No	No	No	No		No Need for medicine

**Result:** Cured

#### Case summery

40 yr. old male complain of water brass & regurgitation of food since 5 years after the death of his wife in an accident. Every time he eats something it comes upwards. Burning sensation in the throat and stomach. Nauseating feeling whole day. Pain in chest after giving LACHESIS 200 all the complaint better in 4 months.

#### Conclusion

Acquired the knowledge about GIT and related disorder (GERD) with thorough about miasmatic approach.

#### Conflict of Interest

Not available

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