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Treating male reproductive disease with homoeopathy

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Abstract

Male reproductive disease are the diseases that affect the male reproductive system. There is rise in the number of patients of infertility and increasing male reproductive system abnormalities such as cryptorchidism, germ cell tumor from all over the world. In recent years, number of cases of male reproductive diseases have increased. They are principally found to be associated with life style and environment factors. Various Assisted Reproductive Technologies like IVF, IUI have been introduced to solve the problem, but common people cannot afford the cost of such procedures. With the modification in diet, living and working environment, lifestyle associated disease could be best controlled. Homoeopathy has the potential to play a significant role in the treatment of male reproductive diseases. It is a cost effective and safer system of medicine for various diseases including male reproductive diseases.

Keywords: Male reproductive disease, homoeopathy, Psora, miasm

Introduction

Male reproductive system is a collection of organs that primarily take part in reproduction. The male reproductive organs are the penis, testicles, epididymis, vas deferens and prostate gland. Male reproductive system diseases can interfere with growth and development, puberty, sexual intercourse and mental health. Reproductive health refers to a state of complete physical, social and mental wellbeing not only the absence of disease related to reproductive system and to its functions ^[1]. Male reproductive health is under the influence of various endogenous and exogenous factors. There is an association between male reproductive health and overall health. Associated significant health condition include Diabetes mellitus, metabolic disorders and cardiovascular disease.

There are reports of an increasing incidence of congenital malformation of the male reproductive tract, such as hypospadias and cryptorchidism ^[2] and of an increasing trend of testicular cancer ^[3].

Male reproductive health challenges also include Phimosi, cryptorchidism, genital ulcers, testicular cancer, and sexually transmitted disease.

Male factor as a cause of infertility occurs in one third of couples ^[4]. WHO has introduced infertility as a worldwide reproductive health issue? Factors that are contributing to the male infertility are as follows:

- Disorder of spermatogenesis-50%.
- Obstruction of the efferent ducts-30%.
- Disorders of sperm motility-15%.
- Sexual dysfunction.
- Unexplained-15%.

Many male reproductive system problems are infrequently identified in general practice as they are perceived as embarrassing.

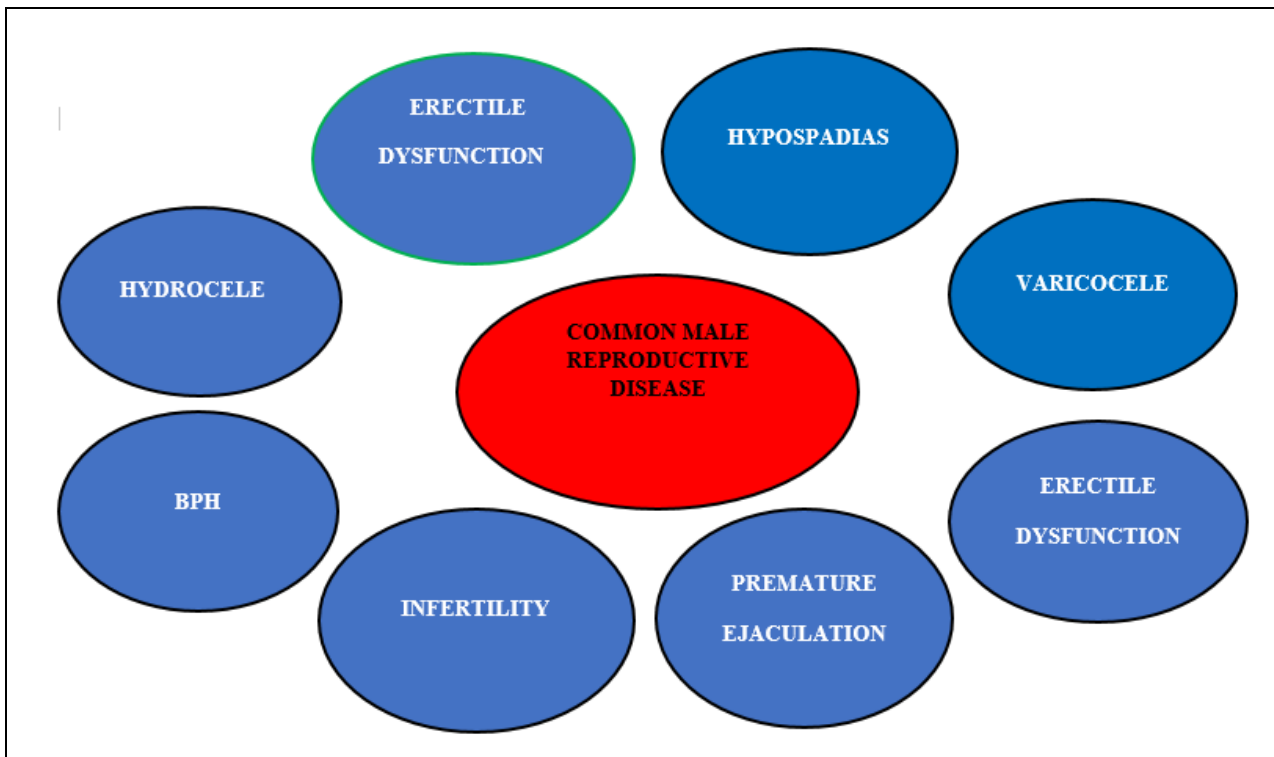


Fig 1: Common male reproductive disease

Psoric manifestations of Male Reproductive Diseases are as follows ^[5]

1. Constant dripping of the prostatic fluid. Discharge of prostatic fluid after a difficult stool and after urination.
2. Nocturnal emissions too frequent, one, two or three times a week or even every night.
3. Nocturnal emission immediately attended by evil consequences like dimness of the thinking power, diminished vividness of the imagination, want of thinking power, Gloominess, depression, melancholy, weakness of vision as well as digestion, rush of blood to head and towards the anus etc.
4. Involuntary loss of semen in daytime with little excitement often occurs even without erection.
5. Absence of complete erection, even with the most voluptuous excitement.
6. Painful twitching in the muscles of the penis.
7. Pain as if there is contusion in the testicle.
8. Dwindling, disappearance and diminution of one or both testicles.
9. Enlargement and Induration of the prostatic gland.
10. Itching of the scrotum. Sometime pimples and scabs may be present on scrotum.
11. Chronic swelling of one or both of the testicles with accumulation of water in the tunica vaginalis of the testicles (hydrocele)
12. Even with a proper erection, semen is not discharged during a long- continued coition. It passes off afterward at night or with the urine.
13. Drawing pain in the testicle.

Impotency is psoric in origin, according to Hahnemann sir. It can be cured by the employment of antisporic medicines more suitable for this miasm. In the aphorism 80, it is written that the producer of innumerable, forms of disease is the monstrous internal chronic miasm -the psora⁶. Nervous debility, imbecility, madness, mania,

melancholia, hysteria, hypochondriasis, epilepsy and convulsions of all sorts, softening of the bones (rachitis), caries, cancer, scoliosis and kyphosis, dropsy, amenorrhea, hemorrhage from the lungs, nose, stomach, bladder and womb, of impotence and barrenness, of megrim, deafness, cataract, amaurosis, urinary calculus, paralysis, defects of the senses and pains of thousands of kinds are the manifestation of psora. Psora is the only real fundamental cause and producer of innumerable diseases.

Hahnemann sir has suggested that those whose sexual powers are low should avoid eating young chickens and eggs. They should avoid the spice of vanilla and of truffles and cavaire as they are palliative so hinder a cure.

Explanatory case: A male, 34 year old, employed as a constable in police visited NHMC, Lucknow OPD with the complain of premature ejaculation, severe oligospermia and asthenospermia on 23/12/2022.

Chief complaints

1. Infertility – Married for 7 years. All the reports of wife were normal.
2. Premature ejaculation.
3. Severe oligoasthenospermia.

He was advised to come with new semen analysis report.

Semen analysis report dated 27 dec 22

- Ph-8.
- Total motility-30%.
- Sperm count = 15 million per milliliter.
- Ejaculatory volume = 1ml.
- There was a chronic history of alcoholism and tobacco chewing from 2014 to 2021. He had stopped tobacco chewing since 2021.

Past History

- Jaundice with raised alkaline phosphatase level in 2017.

- Recurrency of boils in childhood.

Physical Generals

- Built-Average.
- Appetite- normal.
- Thirst- thirsty.
- Thermal-Hot.
- Desire- Sweet.
- Stool- NAD.
- Urine-NAD.
- Sleep- 6 hours, sound sleep.
- Dreams- not remembered.

Mental Generals

Anger and irritability on trifles. Urge to hit whenever he is angry. Sometime hits the other person. Anger is quickly followed by quick repentance. Suspicious especially for his wife that she is having affair with someone in her office.

Physical make-up of the patient: Patient was of average height (5’6), average built (weight 65 kg), fair complexion.

Totality of symptoms

1. Addiction of alcohol
2. Easily angered followed by repentance
3. Suspicious for wife

4. Premature Ejaculation

Repertory selection: Repertorium Homeopathicum Syntheticum (edition 9.1) by Frederik Schroyens.

Repertorial totality [6]

1. Mind-alcoholism.
2. Mind- anger- alternating with repentance; quick.
3. Mind-suspicious.
4. Male genitalia/sex-ejaculation quick too.

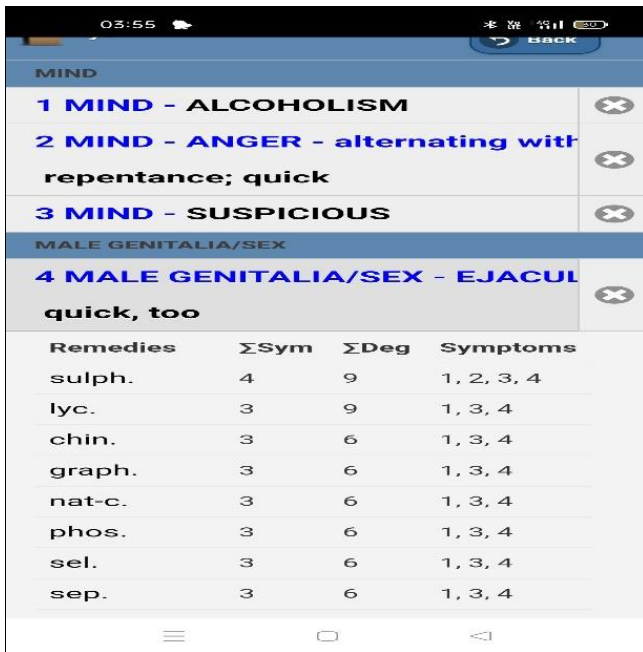
Table 1: Repertorial analysis

Medicine	Marks secured	No of rubrics covered
Sulphur	9	4
Lycopodium	9	3
China	6	3
Graphite’s	6	3

On repertorial analysis, it was found that *Sulphur* covered all rubrics followed by *Lycopodium*, *China*, *Graphites*

Prescription on 28-12-22

Sulphur 200 OD/3 Days with placebo 30/BD for 15 days was prescribed. *Sulphur* was prescribed because after repertorization, it covered all the symptoms with the highest grade.



bar-c.	3	5	1, 3, 4
calc.	3	5	1, 3, 4
carb-v.	3	5	1, 3, 4
nat-m.	3	5	1, 3, 4
nux-v.	3	5	1, 3, 4
sul-ac.	3	5	1, 3, 4
arn.	3	4	1, 3, 4
borx.	3	4	1, 3, 4
carbn-s.	3	4	1, 3, 4
con.	3	4	1, 3, 4
merc.	3	4	1, 3, 4
ph-ac.	3	4	1, 3, 4
plat.	3	4	1, 3, 4
staph.	3	4	1, 3, 4
vanil.	3	4	1, 3, 4
bufo	3	3	1, 3, 4
mez.	3	3	1, 2, 3
spong.	3	3	1, 2, 4

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वाह्य रोगी विभाग

राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय
 1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं०: 124031
 नाम: [Redacted]
 लिंग: पुरुष
 तारीख: 23/12/2022
 आयु: 34
 धर्म: हिन्दू

चिकित्सक का नाम: DR. ARCHNA KUMARI
 समय: 08:00:00-14:00:00
 विभाग:
 रूम संख्या: 5

यह पर्चा 07-01-2023 तक मान्य है।

दिनांक	रोग का लक्षण एवं जांच	उपचार	हस्ताक्षर
28 DEC 2022	<p>Case of Infati Severe oligo Asthenospermia. Adv- Semen Analysis</p> <p>28 DEC 2022</p> <p>23rd Dec Ejaculatory Vol. 5 ml Report pH = 8.0 Total Motility = 5% (540)</p> <p>History of Chronic Alcoholism Tobacco 2014 to 2021 Abstinence since 4 months</p> <p>नोट - (1) डॉक्टर को दिखाने के समय पुराने पर्चा तथा अपनी पुरानी फोटो चिकित्सक के रूप में साथ (2) बार-बार डॉक्टर को मत बदलें</p> <p>nasal since 2015 No child / ALP red</p> <p>steps 6 hrs Thermal -> Not</p>	<p>Rx</p> <p>① Sulphur 20/3 clus ② Saccae 30/B.D.</p>	

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 1, विराज खण्ड, गोमती नगर, लखनऊ

पंजीकरण सं०: 3575
 नाम: [Redacted]
 लिंग: पुरुष
 तारीख: 11/01/2023
 आयु: 34
 धर्म: हिन्दू



चिकित्सक का नाम: डॉ अर्चना
 समय: 08:00:00-14:00:00
 विभाग: चिकित्सा प्रदर्श
 रूम संख्या: 6

यह पर्चा 26-01-2023 तक मान्य है।

दिनांक	रोग का लक्षण एवं जांच	उपचार	हस्ताक्षर
	<p>Pec</p> <p>→ Asthenospermia → Itching + when changing clothes → Anger easily → Premature Ejaculation</p>	<p>Rx</p> <p>① RIMEA 20/3 clus ② Saccae 30/B.D.</p>	

वाह्य रोगी विभाग
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पंजीकरण सं: 10260
 नाम: [Redacted]
 लिंग: पुरुष
 तारीख: 01/02/2023
 आयु: 34
 धर्म: हिन्दू



चिकित्सक का नाम: डॉ अर्वना
 समय: 08:00-00-14:00:00
 विभाग: चिकित्सा पदार्थ
 रूम संख्या: 6

यह पर्चा 16-02-2023 तक मान्य है।

दिनांक	रोग का लक्षण एवं जाँच	उपचार	हस्ताक्षर
5/12	<p><i>Asphenspanon</i></p> <p>history of chronic Alcoholism</p> <p>→ warts on chin</p> <p>→ itching on back. Pres</p> <p>→ No New Complaint.</p> <p>Supphen 200/300</p>	<p>Rx</p> <p>① Rubrum met 200/3dose</p> <p>② Sac Lac 30/BD</p> <p>15 days</p>	

वाह्य रोगी विभाग
 राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय
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पंजीकरण सं: 32893
 नाम: [Redacted]
 लिंग: पुरुष
 तारीख: 06/04/2023
 आयु: 33
 धर्म: हिन्दू



चिकित्सक का नाम: डॉ. एस. एस. पाल
 समय: 08:00-00-14:00:00
 विभाग: धसन रोग
 रूम संख्या: 5

यह पर्चा 21-04-2023 तक मान्य है।

दिनांक	रोग का लक्षण एवं जाँच	उपचार	हस्ताक्षर
	<p><i>Infertility</i></p> <p>→ fuc</p> <p>→ Improment</p> <p>→ warts on face</p> <p>→ No New Complaint</p>	<p>Rx</p> <p>① Rubrum 200/3dose</p> <p>② S.L. 30/BD</p> <p>15 days</p>	

वाह्य रोगी विभाग
 राजकीय नेशनल होम्योपैथिक मेडिकल कॉलेज एवं चिकित्सालय
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पंजीकरण सं: 46528
 नाम: [Redacted]
 लिंग: पुरुष
 तारीख: 12/05/2023
 आयु: 33
 धर्म: हिन्दू

चिकित्सक का नाम: DR A B SINGH
 समय: 10:00-00-14:00:00
 विभाग:
 रूम संख्या: 5

यह पर्चा 27-05-2023 तक मान्य है।

दिनांक	रोग का लक्षण एवं जाँच	उपचार	हस्ताक्षर
12/8/2	<p>fuc</p> <p>→ Improment ++</p> <p>→ warts on face ↓</p> <p>→ No New Complaint</p>	<p>Rx</p> <p>1) Rubrum met - 200/3dose</p> <p>2) Sac. Lac - 30/BD</p> <p>15 days</p>	

Table 2: Follow-up

Date	Complaints	Prescription
28/12/23	Premature ejaculation, severe oligoasthenospermia	Sulphur 200 (3 dose) Placebo 30 / tds
11/01/23	Itching increased on changing cloths, perspiration	Placebo 30/ tds
1/02/23	Itching as it is but sexual complaint relief	Placebo 30/ tds
6/04/23	Improvement in sexual complaint. Size of Warts on face decreased	Placebo 30/ tds
12/05/23	Overall improvement. Warts on face decrease in size. No new complain	Placebo 30/tds

With only three doses of *Sulphur 200 potency* prescribed on 28 dec 22, not only his sexual problem has improved but also associated complain of warts on face has improved which even patient forgot to tell in the case taking. The above case show, the power of single medicine and individualization in homoeopathy. In aphorism 273 Hahnemann sir has written that in no case under treatment, it is permissible to administer to a patient more than one single, simple medicinal substance at a time [7].

Hence with the help of homoeopathy male reproductive diseases can be cured easily. In homoeopathy we recognize the fact that no two cases or patients even suffering from the same disease, are exactly alike but some homoeopathic medicines are found to be commonly indicated in various male reproductive disease. These homoeopathic medicines and their indications are as follows-

Table 3: Homoeopathic Medicine for Male Reproductive Disorder*

<i>Argentum nitricum</i>	When coition is attempted, erection fails. Impotence. Sexual desire absent.
<i>Gelsemium sempervirens</i>	Genitals are cold and relaxed. Spermatorrhea without erection
<i>Phosphoricum acidum</i>	Indifferent and apathetic. Parts become relaxed during coition. Nocturnal emission and emission at stool.
<i>Aswagandha</i>	Impotence, sexual debility, spermatorrhoea and premature ejaculations.
<i>Damiana</i>	Spermatorrhoea in weak, exhausted subjects.
<i>Salix nigra</i>	Male and female sexual complaints. Testicles movement is painful. Spermatorrhea after masturbation.
<i>Bufo</i>	Epilepsy caused by excessive masturbation. Involuntary emissions and impotency.
<i>Avena sativa</i>	Mental depression and physical exhaustion. Excessive indulgence in sexual intercourse. Enlarged prostate gland.
<i>Caladium seguinum</i>	No emission and no orgasm during embrace. Impotency. Male reproductive organs appear larger, puffed and relaxed. Cold perspiration present on them.
<i>Selenium metallicum</i>	Increased desire with the decreased ability. On attempting coition, penis relaxes. Semen dribbles during sleep. Semen is thin and odorless. Loss of sexual power with lascivious fancies.
<i>Digitalis</i>	Dropsical swelling of the genitals. Hydrocele, scrotum enlarged and appear like a bladder. Nocturnal emission, with the great weakness of genitals after an embrace.
<i>Nux vomica</i>	Easily excited. Bad effects of sexual excess. Constrictive pain in testicles.
<i>Agnus castus</i>	Scanty emission with cold, swollen hard and painful testicles. Desire is gone. Impotency
<i>Lycopodium clavatum</i>	Premature emission. Impotency. No erectile power. Condylomas on genitals. Enlarged prostate.
<i>Zincum metallicum</i>	Seminal emissions associated with the hypochondriasis. Drawing up of the testicles. Testicles draw in up to the spermatic cord.
<i>Yohimbinum</i>	Neurasthenic impotence. Erection is long lasting and strong. It excites the sexual organ.
<i>Rhododendron chrysanthum</i>	Testicular swelling worse left side. Testicles are painful and are drawn upward. Hydrocele
<i>Silicea</i>	Elephantiasis of scrotum. Hydrocele. Nocturnal emissions

*Recommended from Boericke’s New Manual of Homoeopathic Materia Medica with Repertory by William Boericke. These remedies are just symptomatic; every prescription must be followed with an individual approach

Several other medicines like *Chimaphila umbellate*, *Conium maculatum*, *Baryta Carb*, *Sabal serrulata*, *Hydrangea arborescens*, *Iodium*, *Kalium hydriodicum* are found to be effective in disease affecting prostate gland [8].

Homoeopathic medicines commonly prescribed for spermatorrhoea are *Avena sativa*, *Baryta carb*, *Caladium seguinum*, *Damiana*, *Ginseng*, *Kalium bromatum*, *Kalium carbonicum*, *Kalium phosphoricum*, *Natrum muriaticum*, *Onosmodium virginianum*, *Thymolum*, *Zincum picricum* [8].

Some Rubrics from “A Concise Repertory of Homoeopathic Medicines” by Dr. SR Pathak for Male Reproductive Disease

Erection (of penis): Cantharis; Graphites; Mercurius; Natrum carb, Natrum mur; Nux vomica; Phosphorus; Picric acid; Platina; Pulsatila; Thuja [9]

Erection

Coition, after: Sepia.
Coughing, when: Cannabis indica; Cantharis.
Dysuria, after: Radium.
Emission, after: Phosphoricum acidum.
Excessive, strong, violent: Cantharis; Flouricum acidum; Platina;
Incomplete, deficient, failing: Agnus castus; Argentum nitricum; Baryta carb; Caladium seguinum; Calcarea sulphurica; China officinalis; Conium maculatum; Graphites; Lycopodium; Medorrhinum; Nux vomica; Phosphorus; Selenium; Sepia; Sulphur; Sulphur iodatum; Tabacum.

Impotency: Caladium; Iodum; Kobaltum.
Diabetes, with: Coca; Moschus; Phosphoricum acidum.
Fright, during coition, from: Sinapis nigra.
Gonorrhoea, after: Caladium.

Imaginary: Strychninum phosphoricum.
 Melancholy, with+: Kali Bromatum
 Nightly emissions, with+: Uranium nitricum
 Onanism, after: Argentum-nitricum; Graphites
 Psychical: Onosmodium
 Sexual excess, after: Arnica montana, Graphites

Declaration of patient consent

The author certify that they have obtained patient consent. The patient has given consent for the pathological reports and clinical information to be reported in the journal.

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Conflicts of interest: None declared

Conclusion

In Homoeopathy we treat man in disease not disease in man. Homoeopathy is based on "Similia Similibus Curentur". A remedy having similar effect on healthy human being is finally employed as the homoeopathic therapeutic agent based on law of similia. In Homoeopathy, the root cause of the disease is treated. Along with the chief complain, it addresses emotional concern like stress & anxiety. It is safe for all age groups and it is cost effective. It is the natural, safe & effective system of medicine. Along with Homoeopathy treatment, proper diet and regimen, maintenance of personal hygiene with regular exercise in the open air and meditation should be followed.

Homoeopathy has cured many cases of male reproductive disease with no side effects. Homoeopathic treatment is popular for curing surgical cases of BPH, hydrocele and varicocele. Many couples got cured of infertility with homoeopathy. It has positive results even in unexplained type of infertility. Since male reproductive diseases are effectively treated with homoeopathy. It's the right way to treat such diseases.

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