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A retrospective case series study to understand the evolution of homoeopathic remedy sulphur in clinical situation

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Abstract

Sulphur a widely used homeopathic remedy that was proved by the founder Dr. Samuel Hahnemann. Sulphur is one of the most important constitutional remedies and a must in every practitioner's medical kit. It is also used as an anti PSORIC remedy with deep action. This Retrospective study shows the evolution of Sulphur in various clinical presentations in a well-defined manner. A sample of 100 cases has been selected to study from the OPD and IPD of Vinayaka missions Homoeopathic Medical College and hospital, Salem. From this study it shows the Importance of Sphere of Action of the remedy Sulphur mainly on Dermatology and Gastrointestinal system, mental generals, Physical Generals thermal relation, modalities and miasmatic relationship.

Keywords: Sulphur, clinical course and effectiveness of sulphur, psora, mental & physical generals, sphere of action

Introduction

Sulphur is one of the Hahnemann's Poly crest or "Drugs of Many Uses" has its wide usage as a Poly crest, probably most employed remedy out of all constitutional remedies. It is a medicine of marked individuality, and seems to have been a favorite with Hahnemann, who has very clearly defined its place as a drug in every practitioner's dispensary. Among this I was curious to study remedial diagnosis. For which I preferred, a widely prescribed anti miasmatic remedies in every day practice, Sulphur. The remedy without which a homeopathic physician is incomplete the results of the cases and the evolution of Sulphur in different clinical scenarios had fascinated me in selecting this topic.

There are various types of clinical studies among them I favoured observational studies, because these are the precursor for experimental studies. From these retrospective studies, the book data like drug proving and clinical proving is evaluated to assure its reliability for a physician. As elemental Sulphur is generously diffused throughout the earth's crust beneath the surface vegetation, its generosity also implies in its usage in homoeopathic prescriptions. It is also referred to as the salt that burns.

Sulphur was proved by Sir, Dr. Samuel Hahnemann. He first recognized *Sulphur* special significance to homoeopathy when he established it as the leading anti-psoric remedy in his theory of chronic diseases. Since he regarded Psora as the causal miasm at the root of most chronic conditions, a large proportion of patients- even those of a different constitutional type- will manifest the *Sulphur* diathesis at some point in their treatment.

Kingdom: Mineral

Color: Yellow

Formula: S

Synonym: Brimstone

Atomic weight: 32.07

Melting point: At about 115C it melts to yellow liquid, turns dark and viscid on further heating, it burns in air with a blue colored flame, indicated oxidization into Sulphur dioxide.

Solubility: It is almost insoluble in water and alcohol.

Sources: Sulphur is abundantly found in organic compounds like animal hair and the essential oil of onion, garlic and mustard.

Prover: Christian Fredrick Sameul Hahnemann.

Aim of the study

Retrospective study to understand the clinical course, effectiveness of Sulphur in clinical situations.

Objectives of the study

1. To know the Sphere of action of Sulphur.
2. To evaluate the Therapeutic efficacy of Sulphur.

Materials and methods

Study Setting: Patients from OPD and IPD of Vinayaka missions Homoeopathic Medical College and hospital from in and around Salem.

Selection of Samples: Based on retrospection previous cases in which Sulphur is prescribed and in which there is symptomatic relief for the patient.

Size of the sample: 100 cases.

Sample Technique: Random sampling.

Methods of Measurement: All the cases were screened with help of diagnosis or investigations

Posology: Selection of potency was based on the case.

Included criteria

Patients of all age groups, who are prescribed with sulphur and responded well are included for the study.

Excluded criteria

Cases with no significant improvement are excluded from the study.

Discussion

The retrospective experimental study is to evaluate the course of action and efficacy of Sulphur in clinical situations. Sample cases of 100 from OPD and IPD were included case details collected using case perfoma, evaluation was made using the symptoms based on age, gender, occupation, mental and physical symptoms, diagnosis, miasm, thermal state and medicinal relation to sulphur.

Through my study Sulphur found useful for the age group 21-30 years and 31-40 years and is about 20% respectively, from this observation it was evaluated that mostly affected gender is male and female adults for across diagnosis.

Considering the occupation 25% were students, 22% were housewives 14% were weavers, 8% were daily laborer, 6% were drivers and 4% were business, 3% were tailor, farmer, 2% were chef, security, teacher 1% of each were professor, carpenter, technician, astrologer, playschool.

According to this analysis, Sulphur becomes a powerful homeopathic medicine with a predominant action on skin with over 33% of cases involved in Dermatology, other systems cover 17% cases, 15% of cases in GIT, 12% of

cases were with Endocrine disorders. According to Bogers synoptic key the sphere of action of Sulphur is given as its regions of action are venous circulation, portal, abdomen, nutritive organs, Mucous membranes, Serous membranes, Rectum, Chest, SKIN, folds. Vertex, Soles, Joints and Glands.

Summary

The retrospective study was done for which 100 cases were evaluated, with a convincing improvement with Sulphur we came to know the effectiveness of Sulphur in various clinical presentations. The study shown that Sulphur is predominantly Psoric remedy which showed its significant action on the age group of 3rd and 4th decade, with more action on Female & Male of adult group, suited more for Students and house wives, with prominent affection on dermatology in individuals who were hot and Ambi thermal than chilly, where irritability, anxiety, obstinate and anger on contradiction has been the major mental symptoms.

From this study we observed most of sulphur requiring patients having Desire for sweets and spices. Few among them seemed to have marked aversions to meat and milk. Some of them have constipation, decreased appetite and disturbed sleep. Pulsatilla, Apis mellifica, Nux vomica were the remedies which are used the most along with sulphur and Tuberculinum, Thuja, and thyroidinum were used as intercurrent remedies. Sulphur was mostly prescribed in its 200th potency.

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