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Cervical polyp and its homoeopathic management

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Abstract

This review article throws a light on one of the cause for deterioration of health of women. Homeopathic medication is quite effective in treating cervical polyp. An insight on assessment of cervical polyp, and its homoeopathic approach have been presented in this article. Homoeopathy has good scope in controlling the further damage of health and helps in decreasing the size of polyp.

Keywords: Cervical polyp, homoeopathic approach, per vaginal bleeding, over growth

Introduction

Growths called cervical polyps are found on the cervical canal, which links the uterus and the vagina. The colour of them is frequently reddish, purple, or greyish. They could resemble a finger, a bulb, or a thin stem. They can be several millimetres to many centimetres long in size. Young women may experience infertility or loss due to several endometrial polyps.

Types

Ectocervical polyps

These are polyps that form on the cervix's outermost layer. Most frequently in postmenopausal women.

Endocervical polyps

These are growths inside the cervical canal. Premenopausal women are more likely to have them.

Causes

Sexually transmitted infections, Yeast infections, or bacterial infections, Cervical infections inflammation due to an aberrant response to the hormone oestrogen, Clogged blood vessels close to the cervix, Chemical irritants.

Symptoms

- Premenopausal or postmenopausal irregular uterine bleeding
- If the polyp is near or outside the cervix, contact bleeding may occur. There may also be excessive, unpleasant vaginal discharge.
- Vaginal bleeding or spotting
- After sexual intercourse
- Between Periods
- After menopause
- Vaginal discharge that may smell bad because of infection

Signs

If it comes out of the cervix, it is tiny, slick, and feels soft. It appears reddish from the speculum and is typically attached by a thin pedicle.

A general examination indicates anaemia in varied degrees.

Speculum examination

Reveals the polyp's size and colour, which is typically pale and may be hemorrhagic. While the pedicle's attachment to the cervix can be seen, the attachment higher up may occasionally be difficult to identify.

Investigation

- The polyp is seen as an echogenic mass on transvaginal sonography (TVS).
- Compared to TVS, saline infusion sonography (the gold standard) significantly improves the ability to detect polyps as an echogenic mass.
- Pap smear
- Biopsy is to rule out cancer.

Management

- Histological examination should be performed on all polyps
- -Polyps are removed by firmly holding the base with a sponge or uterine packing forceps.
- When malignant alterations are present in polyps, a detailed colposcopic examination should be carried out to rule out related cervical abnormalities.
- Patients with cervical polyps who are postmenopausal or using tamoxifen should get an endometrial assessment.

Homoeopathic therapeutics**Calcarea fluorica**

A pedunculated hard growth arising from the membrane of cervix. History of STD'S (or) suppression of syphilis. Bleeds on touch which is dark red colour. Pain in the back extended to sacrum. Patient is chilly. Patient is sad, depressed, melancholic, miserable & confused. Agg by cold application. Ame by warmth in general, motion.

Hydrocotyle

Inflammation of cellular proliferation of cervical tissue. Hypertrophy or induration of cells of cervix. Cervical growth protrude into vagina which bleeds on touch. Profuse leucorrhoea with burning and itching in the vagina. Ulceration of cervical mucosa. Cervix is red. Dull pain in the region of ovary.

Thuja occidentalis

History of suppressed gonorrhoeal infection. Fig warts are seen on the external genitalia. Catarrhal condition of mucus membrane. Leucorrhoea which is thick greenish with severe pain in the ovarian region. Stitching pain start in cervical region and extends to back. Fixed ideas. Agg from night from heat of bed. Ame from open air.

Sabina

Shooting pain from sacrum to pubis and from vagina to uterus. Overgrowth of the endocervix. Excessive hormonal stimulation factor for these growths. They are small size of pea. Single or multiple. Bright red colour bleeding. Chills during bleeding. Boeding between the periods. Agg by least movement, motion, heat. Ame by cool fresh air.

Calacarea carb

Bright red colour polyp with soft and slippery. History of headache colic chilliness and leucorrhoea before menses. Rheumatic pains. Breast tender and hot before menses. Patient is apprehensive, confusion, low spirited. Agg. exertion, cold in every form. Amel. Dry climate

Kali iodide

Subinvolution type of polyp arises from the endocervix. Very rarely these polyps may show adenomyomatous structure. Menses late and profuse. Leucorrhoea corrosive in nature. Profuse watery acrid coryza associated with cervical polyp. Harsh tempered, anxious sad irritable. Agg warm clothing, warm room. Amel. Open air, movemet.

Fraxinus americana

Fibrous growth on endocervix, which arises by the process of extrusion from submucous lining the tumor leaves the capsular bed and becomes pedunculated. The size may be moderate to Large. Depression with nervous restlessness, sensation of hot spot on top of head

Conclusion

This review article helps in understanding the condition hyperemesis gravidarum, and homoeopathic approach for treating the disease. In the system of homoeopathic medicine, we consider a holistic concept of individualizing the patient. This helps in understanding the difficulties faced by patients and we can guide them in the best way to deal with this condition and avoid the deterioration of health of the women.

Conflict of Interest

Not available

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