



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2023; 7(2): 457-459

Received: 12-04-2023

Accepted: 19-05-2023

Dr. Alex A Volinsky

Department of Mechanical
Engineering, University of
South Florida, 4202 E. Fowler
Ave. ENG030, Tampa FL
33620, USA

A case of psoriasis treatment using psorinum autosode

Dr. Alex A Volinsky

DOI: <https://doi.org/10.33545/26164485.2023.v7.i2g.869>

Abstract

Psoriasis treatment using psorinum autosode is discussed. 50 years old male has been suffering from psoriasis for over three years with multiple psoriasis patches on his hands and feet. Psorinum autosode was prepared from psoriasis scales using Korsakov's method and taken twice a day. In about a month of taking the autosode, the psoriasis patches disappeared completely and have not come back for over two years.

Keywords: Psoriasis, chronic condition, isopathy, autosode, homeopathy

1. Introduction

Psoriasis is a chronic autoimmune condition when an over reactive immune system accelerates skin cell growth. In psoriasis skin cells grow over several days and remain on the skin surface without shedding, forming psoriasis scales and plaques on different parts of the body [1]. Normal healthy skin cells develop and shed in a month. Psoriasis plaques are quite common on knees, elbows, and scalp. Up to 3% of the US population, or over 7 million people suffer from psoriasis [2]. Modern allopathic medicine provides no cure for psoriasis, but there are therapies to alleviate the symptoms, including topical steroids, along with oral and intravenous medications. Psoriasis is considered to be a hereditary disease, and its first manifestations are often caused by stress, and it can be psychosomatic. Often psoriasis is associated with the Koebner phenomenon, where new psoriatic plaques appear in previously normal skin areas as a result of trauma [3], sometimes even minor like a mastectomy sleeve irritation [4]. This response is called isomorphic, from the Greek word ἴσος *isos* equal, since the new psoriatic plaques spread into the trauma sites. Naturally, this kind of response can be aggravated by tattooing [5].

This paper reports positive outcomes of the isopathic treatment of a 50 years old male with tattoos using autosode therapy. The subject has been suffering from psoriasis for over three years and his symptoms disappeared after taking psorinum autosode for a month prepared from his own psoriatic scales.

2. Isopathy and Homeopathy

Nosodes are made by the dilution and potentiation of bacteria, viruses, and pathological fluids. The word nosode comes from the Greek word νόσος *nósos*, which means disease. Autosodes are made from source materials originating from the same sick person using remedy preparation methods of successive dilution and succession as in homeopathy.

Homeopathy is a treatment system developed by Samuel Hahnemann (1755-1843). The Greek word ὁμοίος *hómoios* means similar, and πάθος *páthos* means suffering or experience. Thus, homeopathy means "like a disease", and is based on the main *simillimum* principle *similia similibus curentur* or "let like cure like" [6]. Homeopathic principles include *simillimum*, minimum dose, poetized remedy, one remedy at one time, proving using healthy people, and the theory of miasms. A homeopathic remedy is prescribed based on similar symptoms caused by the undiluted substance from which it is made. Homeopathic remedy preparation includes successive cycles of dilution and succession. Constantine J. Herring (1800-1880) introduced the term nosode to homeopathy and conducted the first proving of nosodes. This development had an impact on the miasm theory as well.

Isopathy means "let the same be cured by the same" and uses diluted and poetized pathogens to treat the disease they cause in the undiluted form.

Corresponding Author:

Department of Mechanical
Engineering, University of
South Florida, 4202 E. Fowler
Ave. ENG030, Tampa FL
33620, USA

German veterinarian Johann Josef Wilhelm Lux (1776-1849) used nosodes to cure animals [7]. Lux declared the main isopathy principle of *aequalia aequalibus curentur*, or the same is cured by the same. The history of nosode therapy can be found in references [8, 9]. The main difference between the use of nosodes in homeopathy and isopathy is that in homeopathy nosodes are proven using healthy subjects and are prescribed based on the symptoms using the *simillimum* principle, or as constitutional remedies, while isopathy implies the principle of *idem*. Although homeopathy and isopathy approaches appear different, the fact that the autosodes are prepared using dilution and succession (minimal dose), makes them viable remedies for treating diseases.

3. Psorinum autosode preparation

A 50 years old male has been suffering from psoriasis for over three years, which was triggered in 2017 by a bad divorce. Medical doctors diagnosed psoriasis and used suppressive therapy with steroid creams and prednisone without positive results. He lives in a northern state and visits Florida periodically. He has a very stressful job being a police officer and has multiple tattoos on his body.

At the time of inspection in 2020, large psoriasis patches were present on the hands and feet. To prepare the autosode, psoriasis patches on the hands and feet were scraped with a plastic knife. The knife was placed in a glass of water. About 50-100 ml of water from this glass was poured into an empty 1-liter glass bottle. About 700 ml of pure water was added to the bottle, which was closed with a screw-on cap. The water in the bottle was succussed 10 times by hitting the bottle over a hard surface, so it came to a complete stop. This completed the first remedy preparation cycle. Water was poured out of the bottle completely, and the bottle was filled with about 700 ml of pure water the second time. The water in the bottle was succussed 10 times by hitting the bottle over a hard surface. This completed the second remedy preparation cycle. This process was repeated four times, resulting in the psorinum autosode 4K after four dilution and succession cycles. The autosode preparation is based on the Korsakov method, where the same bottle is used for each dilution and succession cycle [9]. An instructional video about how to make nosodes is available on YouTube [10].

The autosode was taken twice a day in the mornings and evenings. The subject was instructed to add more water to the bottle once it was almost empty and succuss it ten times. He repeated this process twice over a month, so the final remedy taken had 6K potency. After about a month of taking the autosode, there were no psoriasis patches visible anywhere on the body, and it has not come back in over two years.

4. Discussion

The fact that psoriasis was cured by using only the psorinum autosode without any other remedies is remarkable. The subject visited Florida, and his psoriasis condition was very visible and apparent on his hands and feet. After making the autosode the subject left Florida and returned in a month with clear skin, which remained clean over two years later. Classical homeopathy relies on the proving of homeopathic remedies, results from which form Material Medical. Psorinum is one of the most proven and tested remedies, and just from the mental and emotional perspective is associated

with 152 symptoms in Kent's repertory [8]. The key here is that in classical homeopathy psorinum nosode is prepared from the psoriasis scales of one person and is given to other people for treatment. The autosode is made from the psoriasis scales and is taken by the same person. Nosodes made from pathogens taken from one person can cause exacerbation of symptoms in another person, which requires complementary drainage homeopathic remedies or much higher potencies. The author experienced this firsthand when taking commercially available herpes simplex nosodes, which caused a herpes outbreak [11]. While other homeopathic remedies were also used, herpes autosode eradicated the disease. The autosode made from tonsil stones used with other homeopathic remedies cured chronic tonsillitis without any exacerbations [12]. However, the treatment SARS-CoV-2 virus had to be complemented with homeopathic remedies, as the autosode alone did not provide a cure in a week, so the condition was cured in two weeks by the autosode combined with homeopathic drainage remedies [13]. Allergy can be treated with nosodes prepared from allergens, although higher potencies need to be used not to cause aggravation of symptoms [14].

5. Conclusions

The paper describes psorinum autosode preparation and treatment of psoriasis in a 50 years old male, who got rid of psoriasis patches in about a month of taking the remedy twice a day.

6. Acknowledgments

The author thanks Dr. Vladimir Gavrilovich Marchenko and Dr. Elena Vladimirovna Marchenko for valuable discussions.

7. References

1. Rendon A, Schäkel K. Psoriasis Pathogenesis and Treatment, International Journal of Molecular Science 2019;20(16):1475. DOI: 10.3390/ijms20061475
2. Armstrong AW, Mehta MD, Schupp CW, Gondo GC, Bell SJ, Griffiths CEM. Psoriasis Prevalence in Adults in the United States, JAMA Dermatology. 2021;157(8):1-7. DOI: 10.1001/jamadermatol.2021.2007
3. Sanchez DP, Sonthalia S, Koebner Phenomenon, Treasure Island (FL): StatPearls Publishing; c2022. <https://pubmed.ncbi.nlm.nih.gov/31971748/>
4. Rogowska P, Walczak P, Wrzosek-Dobrzyniecka K, Nowicki RJ, Szczerkowska-Dobosz A. Tattooing in Psoriasis: A Questionnaire-Based Analysis of 150 Patients, Clinical, Cosmetic Investigational Dermatology. 2022;15:587-593. DOI: 10.2147/CCID.S348165
5. Bernstein EF, Kantor GR. Treatment-resistant Psoriasis due to a Mastectomy Sleeve: An Extensive Koebner Response, Cutis. 1992;50(1):65-67. PMID: 1516381
6. Hahnemann S. Organ on of Medicine, The First Integral English Translation of the Original of the Definitive Sixth Edition of the Original Work on Homeopathic Medicine, Cooper Publishing, Blaine, Washington, translated by A. Naude; c1982.
7. Lux JJW. Isopathy of Contagions or All Diseases Carry in Their Substance Even the Means of Their Cure. C.E. Kollmann, Leipzig; c1833.
8. Galande TB. An Evaluative Study of Nosodes,

- International Journal of Homoeopathic Sciences. 2020;4(2):101-103.
<https://www.homoeopathicjournal.com/articles/155/4-1-20-969.pdf>
9. Galande TB. All That You Need to Know About Nosodes. Red Shine Publications, London; c2021.
 10. Potencies and the Korsakovian Scale, <http://www.sulisstruments.com/korsakovian.html>
 11. How to Make Nosodes and Autonosodes, Instructional Video, <https://youtu.be/nlHayHb-2Cg>
 12. Volinsky AA. A Clinical Case of Homeopathic and Isopathic Treatment of Human Herpes Simplex Virus, International Journal of Homoeopathic Sciences. 2021;5(1):146-148.
<https://www.homoeopathicjournal.com/articles/306/4-4-57-957.pdf>
 13. Volinsky AA. A Clinical Case of Chronic Tonsillitis Treatment Using Homeopathy and Autonosodes, International Journal of Homoeopathic Sciences. 2021;5(1):152-154.
<https://www.homoeopathicjournal.com/articles/308/4-4-51-656.pdf>
 14. Volinsky AA, Gunter SV. Two Cases of Isopathic and Homeopathic Treatment of Coronavirus Disease 2019, International Journal of Homoeopathic Sciences. 2021;5(3):321-323.
<https://www.homoeopathicjournal.com/articles/442/5-3-43-835.pdf>
 15. Volinsky AA. Allergy Desensitization Based on Allergens Dynamization Method, International Journal of Homoeopathic Sciences. 2020;4(4):198-201.
<https://www.homoeopathicjournal.com/articles/275/4-4-19-183.pdf>

How to Cite This Article

Volinsky AA. A case of psoriasis treatment using psorinum autosode. International Journal of Homoeopathic Sciences. 2023;7(2):457-459.

Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.