



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

[www.homoeopathicjournal.com](http://www.homoeopathicjournal.com)

IJHS 2023; 7(2): 511-514

Received: 04-03-2023

Accepted: 10-04-2023

**Dr. Ankita Sharma**

PGR, Department of Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Dr. Pankaj Sharma**

HOD, Department of Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Dr. OP Sharma**

Professor, Department of Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Dr. Harish Jabdoliya**

Associate Professor, Department of Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Dr. Geetanjali Mathur**

Assistant Professor, Department of Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Dr. Kanak Choudhary**

PGR at Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

**Corresponding Author:**

**Dr. Ankita Sharma**

PGR at Organon of Medicine and Philosophy, Swasthya Kalyan Homoeopathic Medical College and Research Center, Jaipur, Rajasthan, India

## Alopecia areata case report in a 25-year-old boy

**Dr. Ankita Sharma, Dr. Pankaj Sharma, Dr. OP Sharma, Dr. Harish Jabdoliya, Dr. Geetanjali Mathur and Dr. Kanak Choudhary**

**DOI:** <https://doi.org/10.33545/26164485.2023.v7.i2h.876>

### Abstract

Homoeopathy is a unique form of medicine that is based on the uniqueness and symptomatic similarity of each patient. It treats a man's sickness as a full, distinct entity. Homoeopathy can be effective in the treatment of several skin disorders, as demonstrated by the case study of a boy who received treatment for alopecia areata over the course of 7 months with a homoeopathic similimum selected based on individualization.

**Keywords:** Alopecia areata, Autoimmune, Homoeopathy, inflammation

### Introduction

Scarring and non-scarring are the two main types of alopecia. Fibrosis, inflammation, and hair follicle loss are all symptoms of scarring alopecia. Clinically, the scalp is often smooth with fewer follicular holes, although in certain cases,

The changes are only visible in biopsy samples taken from the affected locations. Since the hair follicles are still present despite the hair shafts' absence or miniaturisation, non-scarring alopecia can be reversed. Androgenetic alopecia, telogen effluvium, alopecia areata, tinea capitis, and the early phases of traumatic alopecia are the most common causes of non-scarring alopecia. Diffuse hair loss can also be caused by drug exposure and is often caused by telogen effluvium. An exception is the anagen effluvium that is associated with antimetabolic medications like daunorubicin. Alopecia is a known side effect of several medications, including warfarin, heparin, propylthiouracil, carbimazole, isotretinoin, acitretin, lithium, beta-blockers, interferons, colchicine, and amphetamines. Alopecia areata is characterised by circular, well-defined areas of hair loss that range in size from 2 to 5 cm [1].

### Materials and Methods

**CASE:** A 25-year-old boy reported to our opd, Jaipur, Rajasthan on 28 May 2022, came with complaint of baldness in patches and hair fall for 1 year, he took allopathic treatment with no outcomes and hence referred to homoeopathy via his relative.

### History of the current complaint

The patient was healthy a year ago, but after using an energy booster and receiving injections to build muscular mass, he started complaining of patchy hair loss. He subsequently tried allopathic treatment for a while, but there was no improvement—instead, his black hairs started to turn white.

### Past History

At the age of 18, the patient experienced sinusitis. His medical history spans a period of six months, during which he has used allopathic creams and medications.

### Family history

Healthy and alive parents.

### Physical characteristics

He has trouble enduring the heat. Even in the dead of winter, the soles of his feet and the palms of his hands were drenched in copious amounts of sweat. Each day, he consumes 6-7 litres of water.

His appetite is good, and he consumes a diet strong in protein as he trains for the army. Both bowel and urinary habits were typical. Sleeping for 7-8 hours was restorative.

was preparing for NDA exam for armed services, but he didn't succeed in last 2 attempts and was giving his 3<sup>rd</sup> attempt. His economic condition was not good.

**Mentals generals**

Patient was confident and brave with anger suppressed. He

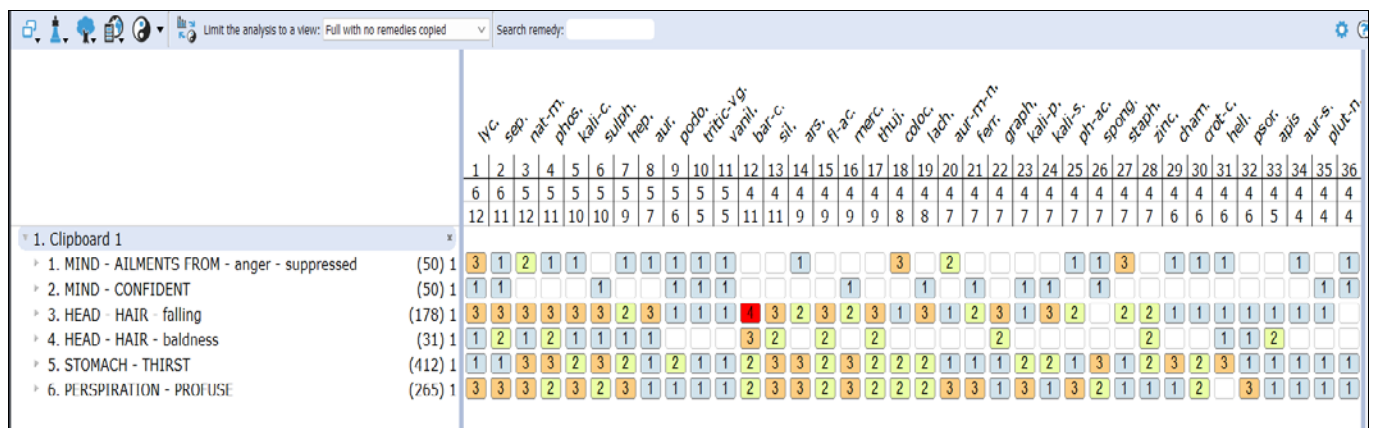
**Diagnosis: ALOPECIA AREATA**

**Table 1:** Analysis and assessment of symptoms

S. No.	Symptoms	MG/PG/Particulars	Intensity
01	Anger Suppressed	MG	++++
02	Confident	MG	+++
03	Perspiration profuse	PG	++++
04	Thirsty	PG	++++
05	Hair falling	Particulars	+++
06	Baldness in patches	Particulars	++++

**Table 2:** Repertorial totality

S. No.	Symptoms	Chapter/Rubrics
1.	Anger Suppressed	MIND-AILMENTS FROM-Anger-Suppressed
2.	Confident	Mind-Confident
3.	Hair Falling	HEAD-HAIR-Falling
4.	Hair Baldness	HEAD-HAIR-Baldness
5.	Thirsty	Stomach-Thirst
6.	Profuse Perspiration	Perspiration-Profuse



**Fig 1:** Repertorial sheet

**Table 3:** Repertorial analysis [2]

S. NO.	Remedies and their relative values
1.	<i>Lycopodium clavatum</i> 12/6
2.	<i>Sepia officinalis</i> 11/6
3.	<i>Natrum muraticum</i> 12/5
4.	Phosphorus 11/5
5.	Kali carbonicum 10/5
6.	Kali sulphuricum 7/4

**The remedy**

Kali sulphuricum 200-single dose, followed by rubrum. With the use of the RADAR version 10 software, a medication was chosen after carefully reviewing the patient's case history and taking into account all of their symptoms. Since lycopodium, sepia, natrum muraticum, phosphorous, kali carbonicum, and kali sulphuricum all met the majority of the criteria and received a better grade, Finally, it was determined that Kali sulphuricum was the most suitable remedy for this instance, spanning the entire

spectrum, including the overall physical, mental, and thermal picture. A reference from the materia medica is used to authenticate the remedy once more.

The following factors were considered when validating the remedy from multiple texts:

- Bald spots, Dandruff, and scald head (crusty eruptions) [3]
- Hair falls out easily when combing [4]
- Hot patient [4]
- Profuse, easy perspiration [4]
- Discouragement: indecision [5]

The potency was chosen based on the patient's susceptibility. As stated in aphorism 278 that only real experience is the finest guidance for a doctor to know how small a quantity should be in order to bring about a cure without needlessly exacerbating the ailment, one dose of kali sulphuricum is administered to prevent undue aggravation [6].

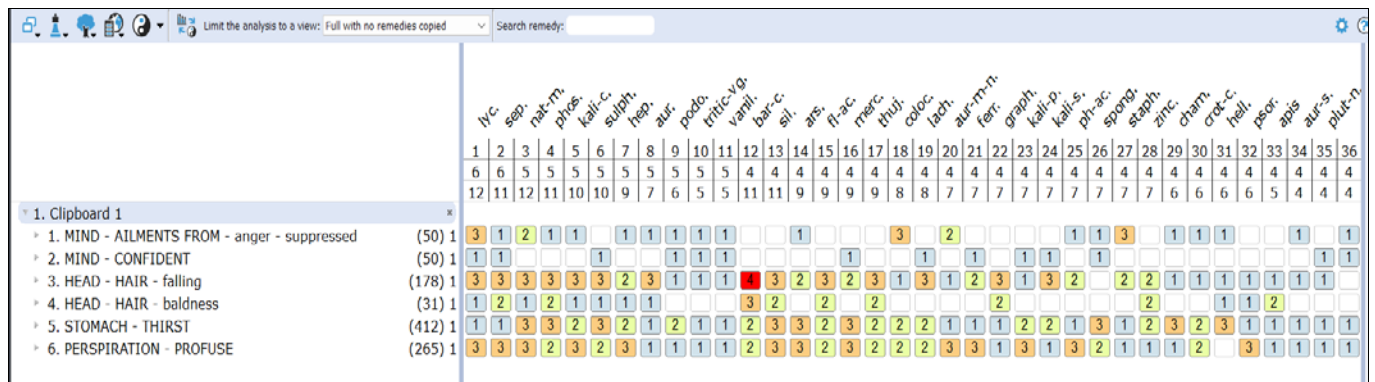
**Table 4:** Follow up

Date	Symptoms	Remedy
28/5/2020	Hairfall with baldness. white hairs Perspiration heavy	Kali sulphuricum 200/1dose Phytum 30/TDS*ONE MONTH
30/06/2020	White hairs Regeneration of hair follicles	Phytum 200/TDS*ONE MONTH
24/07/2020	Growth of hairs from follicles but not much significant Anger increased. Immense white hairs- -hairfall	Phytum 30/TDS*one month
28/08/2020	White hairs hairfall Growth of new hairs	Kali Sulphuricum 200/1 dose Phytum 30/TDS*one month
06/10/2020	Black hairs growth No white hairs left	Phytum 30/TDS*one month
01/11/2020	Black, shiny hairs Growth increased. No Hairfall	Phytum 30/TDS*one month

**Results**

Although more research using a better approach is advised, individualised homoeopathic intervention may be a viable

alternative in the treatment of alopecia.  
Figure format:



**Fig 2:** Repertorial sheet

**Table 5:** Analysis and assessment of symptoms:

S.NO.	Symptoms	Mg/pg/particulars	Intensity
01	Anger Suppressed	MG	++++
02	Confident	MG	+++
03	Perspiration profuse	PG	++++
04	Thirsty	PG	++++
05	Hair falling	Particulars	+++
06	Baldness in patches	Particulars	++++

**Table 6:** Repertorial totality

S.NO.	Symptoms	Chapter/rubrics
1.	Anger suppressed	Mind-ailments from-anger-suppressed
2.	Confident	Mind-confident
3.	Hair falling	Head-hair-falling
4.	Hair baldness	Head-hair-baldness
5.	Thirsty	Stomach-thirst
6.	Profuse perspiration	Perspiration-profuse

**Table 7:** Repertorial analysis [2]

S.NO.	Remedies and their relative values
1.	<i>Lycopodium clavatum</i> 12/6
2.	<i>Septia officinalis</i> 11/6
3.	<i>Natrum muraticum</i> 12/5
4.	Phosphorus 11/5
5.	<i>Kali carbonicum</i> 10/5
6.	<i>Kali sulphuricum</i> 7/4



**Fig 3:** Discussion

### Conclusion

In homoeopathy, doctors treat a variety of skin and hair illnesses daily, choosing the best medication based on reportorial analysis and individualization. As stated in the Organon of Medicine, Fifth and Sixth Editions, Aphorism 270-Foot Note, potency selection is based on susceptibility [7].

### Acknowledgments

It is important to acknowledge the funding source, the institutional leader, coworkers, field assistants, residents, etc., and to declare any conflicts of interest that may exist with the study.

### Conflict of Interest

Not available

### Financial Support

Not available

### References

1. Penman ID, Ralston SH, Strachan MWJ, Hobson R, editors. Davidson's principles and practice of medicine. 24th ed. London, England: Elsevier Health Sciences; 2022.
2. Schroyens F. Synthesis 9.1: English Edition. Aberdeen, Scotland: Homeopathic Book; 2021.
3. Boericke W, Boericke OE. Homoeopathic materia medica with repertory comprising the characteristic and guiding symptoms of the remedies. 2nd ed. Savage RB, editor. Sittingbourne, England: Homoeopathic Book Service; 1990.

editor. Sittingbourne, England: Homoeopathic Book Service; 1990.

4. Rai A. Scholar's manual of homoeopathic materia medica: For BHMS, NIH, post-graduate students, research scholars & homoeopathic physicians. New Delhi, India: B Jain; 2021.
5. Tyler ML. Homoeopathic Drug Pictures. London, England: Ebury Digital; 2012.
6. Hahnemann S. Organon of Medicine 5 & 6 Edition. New Delhi, India: B Jain; 2023.
7. Hahnemann S, Dudgeon RE, Boericke W. Organon of homoeopathic medicine: The classic guidebook for understanding homeopathy - the fifth and sixth edition texts, with notes (hardcover). Morrisville, NC: Lulu.com; 2019.

### How to Cite This Article

S Ankita, S Pankaj, OP Sharma, J Harish, M Geetanjali, C Kanak. Alopecia areata case report in a 25-year-old boy. International Journal of Homoeopathic Sciences. 2023;7(2):511-514.

### Creative Commons (CC) License

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.