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## Homoeopathy in warts: An evidence based case study

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### Abstract

This clinical presentation includes the treatment of warts using homoeopathic medicines. In this clinical case presentation, I present a case 47years male businessman patient came with complaints of warts on his face and axilla and the case was completely managed by Homoeopathy without the intervention of modern medicine or any external application. Warts are generally small, rough, hard growths which are similar in color to the rest of the skin <sup>[1,3]</sup>. We can generally see warts on the hands and feet, they can also affect other parts of skin <sup>[1]</sup>. With holistic approach rather than solely depending on the modern medicine, homeopathy considers the overview of the patient, and considers individualization to select the medicine without external application.

**Keywords:** Warts, homoeopathy, nitric acid

### Introduction

Warts (verrucae) are growths on the skin caused by the human papillomavirus (HPV). They result from the rapid growth of keratin, a hard protein on the skin's surface. Different HPV strains cause various types of warts, like common warts, plantar warts, plane warts, filiform warts, mosaic warts, and genital warts. Preventive measures include regular handwashing, avoiding picking at warts, covering them with a bandage, keeping hands and feet dry, and wearing shower shoes in public facilities. Genital warts, caused by specific HPV strains, are not harmful themselves but may lead to more severe health issues.

### Case Study

Objective of this case report is to explore the effectiveness of Homoeopathic medicines in treating the warts without the intervention of modern medicine and external application.

### Case Summary

A male of aged 47 years, a business man, belonging to middle socio-economic family, visited the clinic on 26/03/2022 with the complaint of warts on whole body, especially on face, in axilla, with generalized weakness since 3 years.

**History of presenting complaint:** Patient is having pediculate warts on face, in axilla.

There are numerous small rough warts on whole body specially forehead, cheek, axilla. Warts are painful to pressure. There is generalized weakness. Patient is having hard stools and there is offensive perspiration.

### Past history

Diabetic since 4years (medicine Metformin 2times)

Hypertension since 4years (using medication Telma 20 Only one time)

### Family history

**Mother:** Diabetic

**Father:** Asthmatic

**Brother:** Diabetic

### Personal history

- **Diet:** Mixed diet
- **Appetite:** Good
- **Thirst:** 7 to 8 glasses (when he feel thirsty, drinks 2 glasses)

- **Desire:** Salt
- **Urine:** 4-5/2 – D/N
- **Stool:** Hard pain full while passing, difficulty in passing stool
- **Perspiration:** Offensive
- **Sleep:** Refreshing
- **Dreams:** Not specific
- **Thermal:** Want to cover
- Taking bath all season with hot water
- Cannot bear cold breeze
- Fanning not required
- **Food:** Not specific

**Mental state:** Sensitive to noise

**General examination:** Moderate built, Dark complexion

**Vital signs**

- **Blood Pressure:** 120/80mm of Hg
- **Heart Rate:** 74/min
- **Pulse Rate:** 74/min
- **Temperature:** 98.6°F

**Local examination of warts**

**The appearance of the warts is as follows**

- Numerous small, rough, pediculate lesions on whole body, axilla, cheeks, forehead
- Rough growth on the face
- Rough, round and oval lesions are seen on axilla -- flat or slightly raised warts which are painful on pressure.

**Provisional Diagnosis:** Warts



**Case Analysis**

**Mental general:** Sensitive to noise

**Physical general**

- Salt desire
- Hard stool, pain full while passing
- Chilly Patient
- Perspiration offensive

**Particulars**

- warts on the body, face, axilla

**Evaluation of Symptoms**

**Grade 1:** Sensitive to noise

**Grade 2:**

- **Desire:** Salt
- **Stool** Hard stool, pain full while passing
- **Thermals:** Chilly
- **Perspiration:** Offensive

**Grade 3**

- Warts on the face, Neck, and axilla

**Reportorial totality**

- Sensitive to noise
- Salt desire
- Hard stool
- Perspiration offensive
- Chilly
- Warts pediculate

**Repertory sheet**



Symptoms: 6		Remedies: 986		Show Repertorisation Tools							Prescribe	Remedy List	Record	Replace	View All
Remedy Name	Nit-ac	Sep	Thuj	Sil	Phos	Caust	Nat-m	Carb-v	Nat-s	Sulph					
<b>Totality</b>	24	22	22	20	19	18	18	18	18	18					
<b>Symptoms Covered</b>	6	6	6	6	5	6	6	5	5	5					
<b>Kingdom</b>															
[Complete] [Skin]Warts, condylomata: (191)	4	4	4	4	4	4	4	3	4	4					
[Complete] [Mind]Sensitive, oversensitive:Noise, to: (372)	4	4	3	4	3	3	4	3	4	3					
[Complete] [Generalities]Food and drinks:Salt or salty food:Desir...	4	3	3	1	4	3	4	4	3	3					
[Complete] [Rectum]Constipation: (853)	4	4	4	4	4	4	4	4	4	4					
[Complete] [Skin]Warts, condylomata:Large: (17)	4	3	4	3		3	1								
[Complete] [Perspiration]Offensive: (215)	4	4	4	4	4	1	1	4	3	4					

**Repertorial Result**  
**Nitric Acid:** 6/21

**Thuja:** 6/19  
**Phosphorus:** 5/19

**Sepia:** 5/19**Carbo-veg:** 5/18**Prescription****Indicated remedy:** Nitric Acid**Indications**

- warts pediculate
- chilly
- Sensitive to noise, hard stool with pain full
- Offensive perspiration <sup>[6]</sup>

**Potency selected:** Nitric Acid - 200potency – 1 dose on (26-3-2022)**Follow up**

Date	Medication	Potency & dose	Complaints
26-3-2022	Nitric acid	200 - 1 dose for 30 days	warts
28-4-2022	Placebo	2times morning and night	Patient said warts are decreasing
25-5-2022	Placebo	2 times morning and night	Warts have fallen out. Patient is satisfied.

**Materials and Methods**

In the present case 47years male businessman patient came with complaints of warts on his whole body especially face and axilla and this case was completely managed by Homoeopathy without the intervention of modern medicine or any external application.

**Results**

Warts are cured with a single individualized homoeopathic medicine.

**Conclusion**

This case report highlights the potential of Homeopathic remedies, which offer a side-effect-free alternative without the need for external application. Despite the patient's poor and highly disturbed general condition, Homeopathy demonstrated promising results in improving the quality of life for individuals afflicted with warts. It further reinforces the efficacy of Homeopathic medicines in treating such cases, emphasizing their therapeutic value and robust potency.

**Single remedy rubrics for warts from different repertory From Phatak:** <sup>[7]</sup>

**Warts****Bleeding:** Caus**Granular:** Arg-n**Horny:** Ant-c; sil**Itching:** Kali-c**Pendunculated:** Thu**Shooting:** Bov**From BCCR:** <sup>[8]</sup>**Warts****Drawing In:** con**Fissured:** Thu**Fleshy:** Caust**Palm:** Nat.m**Limbs Lower:** Thu**Nose On:** Caust**Rough, Seed Wart:** Caus**Thick:** Dul**From T.P.B:** <sup>[9]</sup>  
**Warts****Smooth:** Dul**From synthesis:** <sup>[10]</sup>  
**Warts****Bathing agg:** Psor**Bleeding, Touching agg:** Nit. acid**Cold Washing Agg:** Dulc**Cracked:** Lyco**Cylindrical:** Carc**Discharging:** Nit. aci**Drawing:** Con**Fissured:** Thu**Granular:** Arg. Nit**Growing:** Kali. Carb**Hollow, Become:** Cal**Lupoid:** ferr-pic**Round:** Calc**Shining:** Sil**Tearing:** Am-C**Thick:** Dul**Thin epidermic with:** Nitr.acid**Warm bed agg:** Psor**Conflict of Interest**  
Not available

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Not available

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