Homoeopathy in warts: An evidence based case study

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DOI: https://doi.org/10.33545/26164485.2023.v7.i3e.920

Abstract
This clinical presentation includes the treatment of warts using homoeopathic medicines. In this clinical case presentation, I present a case of a 47-years male businessman patient came with complaints of warts on his face and axilla and the case was completely managed by Homoeopathy without the intervention of modern medicine or any external application. Warts are generally small, rough, hard growths which are similar in color to the rest of the skin [1, 3]. We can generally see warts on the hands and feet, they can also affect other parts of skin [1]. With holistic approach rather than solely depending on the modern medicine, homeopathy considers the overview of the patient, and considers individualization to select the medicine without external application.

Keywords: Warts, homoeopathy, nitric acid

Introduction
Warts (verrucas) are growths on the skin caused by the human papillomavirus (HPV). They result from the rapid growth of keratin, a hard protein on the skin's surface. Different HPV strains cause various types of warts, like common warts, plantar warts, plane warts, filiform warts, mosaic warts, and genital warts. Preventive measures include regular handwashing, avoiding picking at warts, covering them with a bandage, keeping hands and feet dry, and wearing shower shoes in public facilities. Genital warts, caused by specific HPV strains, are not harmful themselves but may lead to more severe health issues.

Case Study
Objective of this case report is to explore the effectiveness of Homoeopathic medicines in treating the warts without the intervention of modern medicine and external application.

Case Summary
A male of aged 47 years, a business man, belonging to middle socio-economic family, visited the clinic on 26/03/2022 with the complaint of warts on whole body, especially on face, in axilla, with generalized weakness since 3 years.

History of presenting complaint:
Patient is having pediculate warts on face, in axilla. There are numerous small rough warts on whole body specially forehead, cheek, axilla. Warts are painful to pressure. There is generalized weakness. Patient is having hard stools and there is offensive perspiration.

Past history
Diabetic since 4 years (medicine Metformin 2 times)
Hypertension since 4 years (using medication Telma 20 Only one time)

Family history
Mother: Diabetic
Father: Asthmatic
Brother: Diabetic

Personal history
- Diet: Mixed diet
- Appetite: Good
- Thirst: 7 to 8 glasses (when he feel thirsty, drinks 2 glasses)
- Desire: Salt
- Urine: 4-5/2 – D/N
- Stool: Hard pain full while passing, difficulty in passing stool
- Perspiration: Offensive
- Sleep: Refreshing
- Dreams: Not specific
- Thermal: Want to cover
- Taking bath all season with hot water
- Cannot bear cold breeze
- Fanning not required
- Food: Not specific

Mental state: Sensitive to noise

General examination: Moderate built, Dark complexion

Vital signs
- Blood Pressure: 120/80mm of Hg
- Heart Rate: 74/min
- Pulse Rate: 74/min
- Temperature: 98.6°F

Local examination of warts
The appearance of the warts is as follows
- Numerous small, rough, pediculate lesions on whole body, axilla, cheeks, forehead
- Rough growth on the face
- Rough, round and oval lesions are seen on axilla -- flat or slightly raised warts which are painful on pressure.

Provisional Diagnosis: Warts

Case Analysis
Mental general: Sensitive to noise

Physical general
- Salt desire
- Hard stool, pain full while passing
- Chilly Patient
- Perspiration offensive

Particulars
- warts on the body, face, axilla

Evaluation of Symptoms
Grade 1: Sensitive to noise
Grade 2:
- Desire: Salt
- Stool Hard stool, pain full while passing
- Thermals: Chilly
- Perspiration: Offensive

Grade 3
- Warts on the face, Neck, and axilla

Reportorial totality
- Sensitive to noise
- Salt desire
- Hard stool
- Perspiration offensive
- Chilly
- Warts pediculate

Repertory sheet

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin/Warts, condyloma: (191)</td>
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<td>[Complete]</td>
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<td>Skin/Sensitive, oversensitive/Nose: to (572)</td>
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<td>Generalities/Food and drinks/Salt or salty food Desir...</td>
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<td>Rectum/Contraction: (689)</td>
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<td>Skin/Warts, condyloma:large: (17)</td>
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<td>Complete</td>
<td>(Perspiration/Offensive: (215)</td>
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</tbody>
</table>

Repertorial Result
Nitric Acid: 6/21
Thuja: 6/19
Phosphorus: 5/19
Prescription

Indicated remedy: Nitric Acid

Indications

- warts pediculate
- chilly
- Sensitive to noise, hard stool with pain full
- Offensive perspiration

Potency selected: Nitric Acid - 200 potency – 1 dose on (26-3-2022)

Follow up

<table>
<thead>
<tr>
<th>Date</th>
<th>Medication</th>
<th>Potency &amp; dose</th>
<th>Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>26-3-2022</td>
<td>Nitric acid</td>
<td>200 - 1 dose for 30 days</td>
<td>warts</td>
</tr>
<tr>
<td>28-4-2022</td>
<td>Placebo</td>
<td>2 times morning and night</td>
<td>Patient said warts are decreasing</td>
</tr>
<tr>
<td>25-5-2022</td>
<td>Placebo</td>
<td>2 times morning and night</td>
<td>Warts have fallen out. Patient is satisfied.</td>
</tr>
</tbody>
</table>

Materials and Methods

In the present case 47 years male businessman patient came with complaints of warts on his whole body especially face and axilla and this case was completely managed by Homoeopathy without the intervention of modern medicine or any external application.

Results

Warts are cured with a single individualized homoeopathic medicine.

Conclusion

This case report highlights the potential of Homoeopathic remedies, which offer a side-effect-free alternative without the need for external application. Despite the patient's poor and highly disturbed general condition, Homoeopathy demonstrated promising results in improving the quality of life for individuals afflicted with warts. It further reinforces the efficacy of Homoeopathic medicines in treating such cases, emphasizing their therapeutic value and robust potency.

Single remedy rubrics for warts from different repertory

From Phatak: [7]

Warts

Bleeding: Caus
Granular: Arg-n
Horny: Ant-c; sil
Itching: Kali-c
Pendunculated: Thu
Shooting: Bov

From BBCR: [8]

Warts
Drawing In: con
Fissured: Thu
Fleshy: Caust
Palm: Nat.m
Limbs Lower: Thu
Nose On: Caust
Rough, Seed Wart: Caus
Thick: Dul

From T.P.B: [9]

Warts
Smooth: Dul

From synthesis: [10]

Bathing agg: Psor
Bleeding, Touching agg: Nit. acid
Cold Washing Agg: Dulc
Cracked: Lyco
Cylindrical: Care
Discharging: Nit. aci
Drawing: Con
Fissured: Thu
Granular: Arg. Nit
Growing: Kali. Carb
Hollow, Become: Cal
Lupoid: ferr-pic
Round: Calc
Shining: Sil
Tearing: Am-C
Thick: Dul
Thin epidermic with: Nitr.acid
Warm bed agg: Psor

Conflict of Interest
Not available
Financial Support
Not available

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9. Augmented clinical synthesis, repertorium Homoeopathicum Syntheticum edited by dr. Frederick schroyens, edition 9.1b Jain Publishers (p) l.t.d

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